

# Grade Ruan Gazette

March 2015  
Vol. 29 No. 1



## Inside This Month

All our regular features, plus:

Spring Show	Page 12
National Trust News	Page 28
Grass Verges, Parish Council canvass views	Page 40
Paris by Brandon Holmes aged 14	Page 46

**90p**

One copy free to  
each household



# IVAN'S CAR SALES HELSTON



## This month's hand picked selection of pre-loved vehicles

- 2004 (04) TOYOTA COROLLA 1.6 vvti-t-spirit** in thunder grey, top of the range o/o with history . value at **£3,499**
- 2009 (09) LANDROVER DEFENDER** swb hardtop stunning in grey with alloys **£12,775+VAT**
- 2001 (51) MERCEDES S CLASS 320cdi** diesel auto-matic in silver, light blue leather, outstanding **£3,999**
- 2007 (57) RANGE ROVER SPORT 2.7 HSE**, 68k with history, stunning four wheel drive **£19,999**
- 2007 (07) PEUGEOT 207 HDI SPORT**, economical sport turbo diesel 117k hence bargain price **£2,999**
- 2004 (53) TOYOTA CELICA**, in red, face lift model new engine and clutch fitted, bargain sports **£1,999**
- 2007 (57) FORD MONDEO TITANIUM TURBO DIESEL 5 DOOR** in silver, very tidy family hatch, value at **£3,999**
- 2006 (55) FORD FIESTA 1.4 HDI ZETEC**, 3 door in blue, 88k, £30 road tax, great value at **£2,999**
- 2007 (07) VW TOURAN 2.0 DIESEL**, seven seater in blue 116k with history value at **£5,299**
- 2002 (52) MINI COOPER S**, in blue with 75k on the clock, original and genuine, awesome **£3,795**
- 2006 (56) PEUGEOT 207S 3 DOOR 1.4i**, in silver, manual, suit first time driver, value at **£2,999**
- 2005 (55) TOYOTA RAV D-4D VT3 TURBO DIESEL**, in silver average mileage 1 year warranty **£4,999**
- VAUXHALL ASTRA 1.8i CONVERTIBLE** in silver, very clean for year and great fun for **£1,999**
- 2007 (07) TOYOTA AURIS TR 1.6VVTI 5 DOOR**, in blue, lovely example of this popular model **£4,799**
- 2008 (58) VAUXHALL ASTRA CDTI 1.3T/DIESEL 5 DOOR**, in grey, economical family hatch value at **£4,599**
- 2006 (06) VAUXHALL ASTRA ELITE LTD EDITION AUTOMATIC**, in silver with black leather and air con **£3,999**
- 2000 (W) TOYOTA MR2**, in sapphire blue with air con and hard top, stunning **£2,999**
- 2003 (03) MERCEDES SLK**, in silver exceptional two seater sport convertible at **£5,799**
- 2006 (56) MAZDA MX5 SPORT**, in red with hard top, low mileage value at only **£6,999**
- 2006 (06) PEUGEOT 207 SE, 5 DOOR**, in silver, tidy economical family hatch yours for only **£3,799**
- 2002 (02) RANGE ROVER HSE 2.5 6 CYLINDER TURBO DIESEL**, in green with beige leather, nice spec **£5,599**
- 2001 (51) VAUXHALL ASTRA ESTATE 1.6i** in grey, 2 owner, low mileage, tidy and cheap motoring for **£1,299**
- 1999 (V) VW POLO 1.4 5 DOOR** in silver e/f/w, pas, e/m etc. nice starter car for only **£999**
- DUE IN SOON: ASTON MARTIN DB9**, in silver burnt charcoal leather outstanding and yours for **£29,999**

**IVAN CAN SOURCE ANY CAR OR VAN FOR YOU  
(REMOVE THE HASSLE OF HIGH PRESSURE DEALERS).**

**TELEPHONE 01326 221486 OR EMAIL IVAN@IVANSCARSALES.CO.UK**

**WITH YOUR REQUIREMENTS**

**For photos and DETAILS OF NEW stock, check my website [www.ivanscarsales.co.uk](http://www.ivanscarsales.co.uk)  
FULLY BACKED UP BY ONSITE WORKSHOP AT IVANS GARAGE 01326 221300**



# DATES FOR THE DIARY

Alternate Weds  
Second Tuesday

Recycling - 4, 18 March

NEW SCHEDULE: Mobile Library

Glebe Place 10.25 am-10.45 am, 11 March

2<sup>nd</sup> Monday

7.30pm Parish Council meeting, Methodist Chapel,  
9 March.

3<sup>rd</sup> Tuesday \*

12.15pm Soup, Pasty, Pudding, Methodist Chapel, 17 March

4<sup>th</sup> Tuesday

7.30pm Quiz in the Village Hall, 24 March

Mon & Thurs

7.00pm Short Mat Bowling, Village Hall

Every Tues

(except 3rd Tues) 10am Coffee morning, Methodist Chapel

Every Weds

Rainbows, Brownies & Guides.

Contact Joy Prince Tel: 01326 290280

Every Thurs

9.15am -11.45am Market and refreshments - Village Hall

## MARCH

7 March

"Mad March Hop" with Merlin's Rokit 7.30 pm Village Hall

11 March

Cadgwith Book Club, 8pm at the Cadgwith Cove Inn

12 March

Grade Ruan School Charity Art Exhibition see "What's On"

15 March

Mothering Sunday

18 March

Deadline for contributions to April Gazette

18 March

Floral Art Class for Spring Show see "What's On"

19 March

7 pm First AGM Ruan Minor Community Land Trust see "What's On"

21 March

Spring Flower Show at the Village Hall see "What's On"

21 March

Seashore foraging event, National Trust see p27 for contact details

3 March

Beach Clean - Cadgwith Fishing Beach see "What's On"

27 March

End of Spring Term

27 March

Carn to Cove "Alaska", 8pm, Village Hall, see "What's On"

29 March

British Summer Time

31 Mar - 1 Apr

Bushcraft days, National Trust see p27 for contact details

## ADVANCE DATES

4 April

A very Nutty Arts & Crafts Show see "What's On"

8 April

Cadgwith Book Club, 8pm at the Cadgwith Cove Inn

16 April

Coffee Morning for Meningitis Now see "What's On"

18 April

Deadline for contributions to April Gazette

13 April

Start of Summer Term

24 April

Local History Group - Windmill Farm see "What's On"

25 April

The People's String Foundation, 9pm see "What's On"

23 - 25 May

May Festival at Ruan Minor Recreation Ground

25 - 29 May

Half Term

18 July

Folk Day, Noon till late, Cadgwith Cove Inn

22 July

End of Summer Term

22 July

Beach BBQ, organised by Lights Committee

29 July

Beach BBQ, organised by Rec Committee

5 August

Beach BBQ, organised by Gig Club

9 August

Cadgwith Fishing Festival in aid of Cornwall Leukaemia Trust

12 August

Beach BBQ, organised by Lights Committee

19 August

Beach BBQ, organised by Rec Committee

26 August

Beach BBQ, organised by Gig Club

2-4 October

Beer and Cider Festival - Cadgwith Cove Inn

## DISTRIBUTORS

Cadgwith	Rose Bowcher
Cadgwith South	Andrea Betty
Chapel Terrace	Val Jane
Glbe Place	Johno
Grade	Paul Penrose
Gwendreath	Nick Whittle
Higher Moor	Janette Coates
Kuggar	Ron Wilson
Ledra Close	Helen Kemp
Long Moor	Jill Thomas
Mundy's Field	Babs Hughes
Penhale	Rita Hallam
Poltesco	Jeff Lee
Prazegooth	Sally Sugrue
Ruan Major	Chris Hunt
St Ruan	Margaret Coates
Treal	Annie Norcutt
Treleague Cross	The Green family
Trelugha/Tresaddern	Avril Evens
Village centre	Ginny Sealey
Subscribers and Retail	Judith Green

All houses in the parish, (holiday lets and those that are permanently occupied), should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Peter Martin on 01326 290566.

## CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Mag Bag behind the door at Ruan Minor Stores. **The deadline is the 18th of the month prior to publication.**

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

**Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!**

See us online at [www.cadgwith.com](http://www.cadgwith.com) and on Facebook Grade Ruan Gazette

## ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield.

Approx. 590 copies are distributed every month and the rates are reasonable!

A ¼ page is £5, a ½ page £8 and a full page £15 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

## GAZETTE CONTACTS

Editor:	Moira Hurst 01326 290257	<a href="mailto:graderuan.gazette@btinternet.com">graderuan.gazette@btinternet.com</a>
	New Thatch, Ruan Minor, Helston. TR12 7JN	
Alternate Editor:	Sally Watts 01326 291395	<a href="mailto:graderuan.gazette@btinternet.com">graderuan.gazette@btinternet.com</a>
	Bryher, Ruan Minor, Helston. TR12 7JT	
Treasurer:	Peter Martin 01326 290566	<a href="mailto:pjanddlm@gmail.com">pjanddlm@gmail.com</a>
	14 Ledra Close, Cadgwith. Helston. TR12 7LD	
Printing:	The Andover Printing Company Ltd, 01264 334220	
Advertising:	Moira Hurst 01326 290257	
Distribution:	Sue Cadman 01326 291129	
Subscriptions and Over the Counter Sales:	Judith Green 01326 290118	
	<a href="mailto:judith@treleague.net">judith@treleague.net</a>	
Subscriptions:	£17.50 per annum for non-parishioners	

*The Gazette is a not-for-profit publication and is created and distributed by volunteers.*

# Noticeboard

March marks the start of a new year for the Gazette which has been published continuously for 28 years. We wish the Gazette many happy returns and thank all our contributors and advertisers for their continuing support.

**Thelma Quik** would like to thank all her neighbours and friends for their kindness and support when she had her stroke in December. She wishes them all a Happy New Year with thanks again and best wishes.

**Sue Stephens** and family would like to thank all the family, friends and neighbours who attended Tone's celebration of life at Treswithian, for the cards and messages of sympathy and for the donations to Pulmonary Fibrosis UK. Thank you all very much.

Best wishes for a speedy recovery to **Sheila Stephens** who has broken her arm.

## **Happy Birthday in March to:**

Lesley & David Wood, Derek Agutter, Basil Bolitho (and twin Beryl), Tim Basher, Matilda P, Dave Leggett, Mark Outten, Brian Jenkins, Henry Peate, Juliet Edwards, Paddy Alfrey-Cryan, Jake Woodley, Toby G, Jane Vowles, Arthyen B, Norma Gossip, Olivia Mae Cooper, Dave Rogers, Jessica Bennet, Tilly A-C, Jake Scolding, Teagan R, Jamma P, Jenny Scolding, Mel Downing, Susan Stephens, Ali Russell, Treve Harry, Paul Collins, Alfie W, Terry Stephens, Bruce Jane, Abigail T, Paul Collins, Jimmy Quirke, Sheila Collins, Brian Brown, Sophie Rose J, Laura

and Pete (Plugger) Jane, Deborah Stephens.

**GOOD NEWS!** I pleased to be able to report that a volunteer has come forward to help with the distribution of the Gazette. We are very pleased to welcome **Sue Cadman** and all the Gazette Committee join me in thanking her very much for volunteering. Sue and her husband Gavin have moved to Higher Moor and this will be a brilliant way to get to know the community.

The **MOBILE LIBRARY** service has been cut from a fortnightly to a four weekly schedule with a loss of the Kuggar and Cadgwith venues. The Library now only calls at Glebe Place on the second Tuesday of the month from 10.25 - 10.45am. This is a different time slot to the previous scheduled visit tot Glebe Place so do make a note or you might miss it altogether.

*From Martin Ellis*

Thanks to all those who kindly donated at Nutty's Nautical Noel which raised £300 for the Community Defibrillator. A Nutty Art & Craft Fair this Easter (advertised in "What's On") will be collecting for the Fishermen's Mission.

**The Saint Kuan 200 Club**  
Save your beautiful 11th century Church

*Information: Sheila Stephens 290583*

The winning ticket in the February  
2015 Draw

was Ticket number 134:

**David Holmes**

# MULLION ANTIQUES

07887 955326 / 01326 241302

**ALWAYS LOOKING TO BUY**

*Costume jewellery (pre 1960's), gold and silver jewellery, scrap or broken gold, old watches, old clocks, old wooden boxes, vintage pens, silver items, canteens of cutlery, Oriental, Asian or Russian artefacts, small pieces of furniture.*

*Please feel free to telephone to discuss any items you have for sale.*

*I will happily visit you by appointment at a time to suit you.*

*Thank you.*

*Linda Wilkinson*

**Find me on FB Mullion Antiques**



## The Watch House



### Cadgwith's Ice Cream & Gift Shop



New Ice Cream Flavours  
Cornish Pasties, Drinks, Sweets  
Beach Toys, Souvenirs & Leisurewear

Local Products including  
Jewellery, Fudge, Biscuits, Halzephron,  
'B' Skincare  
Pictures by local Artists, Lobster Pots &  
Nets

Also Available  
A fine selection of Wines, Beers, Ciders, etc.  
Also Tobacco

Open Early March - 7 days a week

Tel: 01326 290365  
Facebook: The Watch House,  
Email: [shop@thewatchhouse.co.uk](mailto:shop@thewatchhouse.co.uk)

# Noticeboard - cont...

*From Judith Green*

Amazingly funds have now been raised to fund two defibrillators, one to be located in Cadgwith and one in Ruan Minor. When they have been positioned and fitted I hope to organise a demonstration session in the Village Hall, possibly on a Saturday afternoon. This would take around an hour and be open to anyone. After this there is a possibility that the same qualified paramedic would run a 3 hour First Aid Session with up to 10 people. The cost would be £15 per person on a first come first served basis. There is a possibility that part of all of this cost might be met. If anyone is interested in attending a session like this please phone me on 290118 to book a place and I will do my best to organise it.

*From Sheila Stephens*

Subscriptions are now due for renewal for 200 Club draws in the coming year. Please would you leave your £12 sub in an envelope at Ruan Minor Store. Thank you for contributing to the upkeep of our lovely church building and, who knows, you may win £100 in the monthly draw

**Coastwatch** at Bass Point are hoping to increase their team of volunteers. If you can give 4 to 5 hours, two or three times per month (depending on the time of year) and would like further details, please contact Peter Martin on 01326 290566.

Four members of the **Lizard Lifeboat** crew gratefully received a cheque for £600 from the proprietors of the Three Tuns in St Keverne. A fundraising evening was held with support from local



businesses in Helston who provided a variety of prizes. Bernice Putt of the RNLI provided the above photograph which shows the licensees of the Three Tuns Hotel, St. Chris & Dawn Mckay presenting a cheque for £600 to crew members. From left to right Sam James, Burnie Nixon, Dawn and Chris Mckay, Kevin Kinvig and Melissa Tall. To find out more about The Lizard lifeboat station please visit the station website at [www.thelizardlifeboat.org.uk](http://www.thelizardlifeboat.org.uk)

We have a fascinating story from Brandon Holmes (p47 about his trip to Paris while the Charlie Hebdo terrorist attack took place. It would be great to have contributions from other youngsters in the community on any subject.

Having concluded my first ever publication I hope you will not look too closely! My most important lesson is what a huge debt of gratitude we all owe Moira Hurst for the work she has put into keeping the Gazette going for all this time. Thank you Moira.

Contributions for the magazine are always welcome. You can use the mag bag in the Ruan Store or email [graderuan.gazette@btinternet.com](mailto:graderuan.gazette@btinternet.com)

*Sally Watts*



Fully insured, trained, experienced, local Tree Surgeon and Consultant

- Complex / large tree removals
- Pruning
- Emergency call out 24/7
- Planting & aftercare
- Surveys, inspections & reports
- Firewood and mulch/woodchip
- Portable milling planks/beams
- **New: large hedge trimming**

Call or email for free quotations

**07791540207 01326 290961**

[LHWilliamsArborist@gmail.com](mailto:LHWilliamsArborist@gmail.com)

Liam Hywel Williams BSc(Hons) Arbor, MArborA

## SAXOPHONE AND CLARINET TUITION

Experienced, qualified professional performer and teacher

All styles, all standards welcome

Contact Diston

01326 564244 / 07824811504

email

[diston.dryburgh@aol.com](mailto:diston.dryburgh@aol.com)

Release the musician  
within!!

Theory also  
available



## R H JANE & SONS LTD Painters & Decorators

The Orchard, Cadgwith, TR12 7JU



**Telephone:**

01326 290464

01326 290700

07976 928663

07970 100480



## What's On

### **COMMUNITY LAND TRUST**

#### **The first AGM of Grade Ruan CLT Ltd.**

**will be in the Methodist Church Sunday School Room  
on Thursday 19<sup>th</sup> March at 7pm**

The Board of Directors will be elected at this meeting for a 3-year term by the members attending the meeting

To vote you must be a member but you will be able to join at the door before the meeting

If you would like to stand for election as a Director of Grade Ruan CLT you must be a member and let the Secretary

(Peter Freeman, 290642, peter@grclt.co.uk) know by noon on Wednesday 11<sup>th</sup> March at the latest.

After the business of the AGM has been concluded there will be a general discussion about the future of affordable housing in the parish. Here's your chance to have your say about anything to do with affordable housing, find out what progress the Trust has made so far and what it plans to do this year.

### **Big Spring Beach Clean**

**Monday 23<sup>rd</sup> March**

**CADGWITH FISHING**

**BEACH**

from 10.00 to 11.00 am.

If you are able to assist  
please contact

Alison Goldsack and Kate Phillips

Tel: 01326 290613

goldsack@grade-ruan.cornwall.sch.uk

**Meeting point:**

**Cadgwith Fishing Beach**

**ALL WELCOME**



**SURFERS  
AGAINST  
SEWAGE**

### **LOCAL HISTORY GROUP**

*Windmill Farm*

**Friday 24<sup>th</sup> April at 7pm**

**by Nick Marriott of the Corn-  
wall Wildlife Trust**

An illustrated talk about the history of Windmill Farm, with an open invitation to everyone to contribute memories, photos and stories about the farm as it used to be. He will also describe what's going on there now and how his Trust are using it as a base to study and encourage the native wildlife of the open moorland.

## What's On - continued

### **Floral Art for the Spring Show**

Calling all shrinking violets and budding floral artists!

A demonstration of floral and foliage arrangements

for the various classes in the Spring Show

with Lorraine Wickens at

**7pm on Wednesday 18th March at the Village Hall**

You can also bring your own materials to try out one or two arrangements.



### **Coffee Morning and Afternoon Tea**

at Anvoaze Barns  
nr. Grade Church on

**Thursday 16th April**

from 10:30 onwards

in aid of

**MENINGITIS  
NOW**

Any queries call Sarah  
Drummond on 290233

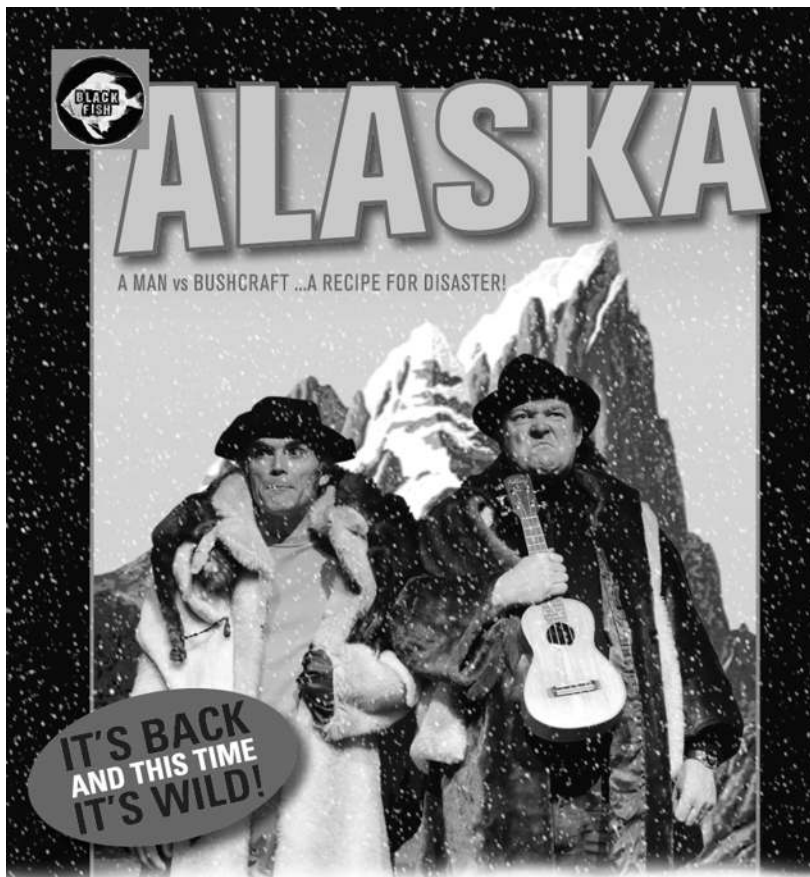


### **Cookery for the Spring Show**

If anyone would like to  
improve/freshen up their  
cooking skills

Nicky Jose has kindly offered  
a pre-show cooking session  
venue and date "tba"  
depending on level of  
interest.

Please call Sarah Drummond  
on 290233 ASAP



**"ALASKA" BY BLACK FISH**

Friday 27<sup>th</sup> March, 8.00 p.m. in the Village Hall

Tickets will be on sale at Ruan Minor Stores

*Alaska* takes you to one of the last great frontiers of the modern world. A land where steam freezes, fish have mastered cryogenics and the Yukon River can make you disappear. But faced with "a piece of the good life" the reality is no picnic, with plummeting temperatures, technical disaster and virtually no practical skill *Alaska* is a story of one man's carefree, joyous journey which becomes a nightmarish plunge into extreme survival, overshadowed by all things dead, alive and Alaskan.

*Alaska* is an odyssey of epic proportion challenging our views on modern living for a life all of us would rather have, big or small.

**Carn  
toCove**  
Performing Wonders in Every Corner of Cornwall



Classes open  
for all to  
enter.



# GRADE-RUAN. SPRING FLOWER SHOW. March 21<sup>ST</sup>. 2015.



Doors open... 2-30pm.  
Formal opening with  
presentation of awards  
at... 3pm.



By CLARE GIRLING  
Raffle prizes donated  
by local traders.



Admission 50P

Refreshments

Under 17 years  
FREE

# WHY NOT ENTER THE *Spring Flower Show?*

Everyone is encouraged to 'give it a go' especially if you've never tried before and even if you cook or garden professionally. We are hoping to improve on the high number of entries last year. There is a simple recipe for Spiced Easter Biscuits in the Spring Show Schedule which should be fun for any member of the family. For those who are feeling ambitious why not try a traditional Easter Simnel cake. Below is a sample recipe but we welcome any kind of Simnel Cake!



### INGREDIENTS

4oz (100 grams) glacé cherries  
8oz (225 grams) butter, softened  
8oz (225 grams) light muscovado sugar  
4 large eggs  
8oz (225 grams) self-raising flour  
8oz (225 grams) sultanas  
4oz (100 grams) currants  
50g/2oz chopped candied peel  
2 lemons, grated zest only  
2 tsp ground mixed spice

For the filling and topping: 1lb marzipan (450 grams)  
1-2 tbsp apricot jam, warmed

1. Preheat the oven to 150C/280F/Gas 2. Grease and line a 8in (20 cm) cake tin.
2. Cut the cherries into quarters, put in a sieve and rinse under running water. Drain well then dry thoroughly on kitchen paper.
3. Place the cherries in a bowl with the butter, sugar, eggs, self-raising flour, sultanas, currants, candied peel, lemon zest and mixed spice and beat well until thoroughly mixed. Pour half the mixture into the prepared tin.
4. Take a third of the marzipan and roll it into a circle the size of the tin and place it on top of the cake mixture. Spoon the remaining cake mixture on top and level the surface.
5. Bake in the pre-heated oven for about 2½ hours, or until well risen, evenly brown and firm to the touch. Cover with tin foil after one hour if the top is browning too quickly. Leave to cool in the tin for 10 minutes then turn out, peel off the parchment and finish cooling on a wire rack.
6. When the cake is cool, brush the top with a little warmed apricot jam and roll out half the remaining marzipan to fit the top. Press firmly on the top and crimp the edges to decorate. Mark a criss-cross pattern on the marzipan with a sharp knife. Form the remaining marzipan into 11 balls (representing the 11 Apostles of Christ excluding Judas)
7. Brush the marzipan with beaten egg and arrange the marzipan balls around the edge of the cake. Brush the tops of the balls with beaten egg and then carefully place the cake under a hot grill until the top is lightly toasted.

# Lizard Cars

Private Hire / Taxi

*Based in Lizard Village*

**Call or text 07813 913980**

1 - 6 Passengers, Local or  
Long Distance, Stations,  
Airports, One-Way Walks,  
Baggage Transfer, Dog Friendly

## Leggy's Pasties

Gwelmor, Ruan Minor

Telephone: Christine Legge

Home: 01326 290683

Mobile: 07976 511317

Cooked or Uncooked Frozen Pasties  
made to order

Opening Hours

9am - 1pm Tuesday to Saturday

(Closed on Mondays throughout the winter)

Evening bakes Thursday and Friday

RUAN MINOR VILLAGE HALL

PRESENTS

# MARCH HOP

WITH

MERLINS ROCKET

*Tickety-boo for all the family too!*

**On Saturday 7<sup>th</sup> March 2015 Doors open at 7.30p.m.**

**In the Village Hall.**

**Tickets £3.50 per person available to purchase from Ruan Minor Store or on the night.**

**Licensed Bar on the night.**

**Pasties available during interval.**

*Al Hayball*

**THE LIZARD LIFEBOAT**  
**BOATHOUSE SHOP/**  
**GUIDE VOLUNTEERS NEEDED**



**DO YOU HAVE A FEW HOURS A MONTH TO  
SPARE ON A REGULAR BASIS?**

**WOULD YOU LIKE TO SUPPORT ONE OF  
CORNWALL'S MOST ADMIRRED SERVICES?**

**DO YOU THINK YOU COULD HELP TO RUN OUR  
SOUVENIR SALES SHOP AND TO WELCOME  
VISITORS?**

**IF YOU THINK YOU MIGHT BE INTERESTED IN  
HELPING US PLEASE GIVE DAVID GASCOIGNE  
A CALL ON 01326 290536 OR 07814118179  
TO FIND OUT MORE.**

**WE WILL BE ABLE TO EXPLAIN WHAT'S  
INVOLVED & SHOW YOU HOW IT ALL TAKES  
PLACE AT THE LIFEBOAT STATION TO HELP**





## What's On - continued



### **ART EXHIBITION 12 MARCH 2015 at 2 pm** **GRADE RUAN C of E SCHOOL**

Each half term the pupils focus on a different value as part of their Values for Life programme. Having focused on "Peace" last half term, the pupils in Years 5 and 6 have decided to sponsor a charity called "War Child", which raises money to help children who are victims of conflict in all areas of the world. To raise funds for this worthwhile cause, the children are organising their own art exhibition at school on **Thursday 12<sup>th</sup> March from 2:00 pm**. Their works of art will be on display and available for purchase, as well as refreshments.

Local artists Nigel Legge and Sarah Stephens have already offered their support and if there are any other artists in the community who would like to become involved, please contact the school on 290613.

Everybody is invited to come along to view the art work and have a cup of tea and a piece of cake. This could be an opportunity for you to see what goes on in school and chat to members of staff and the pupils. We are always looking for ways of including the community in the life of the school so if you have any skills that you could offer or would just like to be involved in some way, do come along and let us know. We hope to see you on 12<sup>th</sup> and look forward to raising lots of money for this deserving charity!

## LIKE AVON PRODUCTS?

*Want to see a Catalogue?*

I'm Chrissie, Independent Avon Representative for this area



Personal, reliable and friendly  
service, door-to-door

Welcoming customers old and new!

Please text or call

**07980 816426**

email me on

[chrissielovelock@virginmedia.com](mailto:chrissielovelock@virginmedia.com)  
or you can order via the AVON website

CARPETS & THREE PIECE SUITES  
SAFELY & PROFESSIONALLY  
'STEAM CLEANED'



With the ever-increasing cost  
of carpets & upholstery,  
it makes sound financial sense  
to have them cleaned

Ring your local specialists

**CLEANSWEEP**

for a quote

**01326 240936**

21 Trembel Road, Mullion TR12 7DY

**DENNIS ARCHER**  
**CHIMNEY SWEEP**



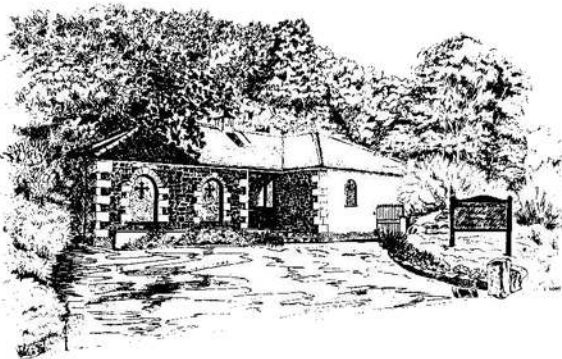
**TELEPHONE:**

**01326 240936**

# Pendle Funeral Services

*For a caring and dignified personal service*

*Prepayment Funeral Plans accepted*



Tony and Dee Richards

FUNERAL HOME

The Firs, St Johns

Helston TR13 8HN

Tel: 01326 573080

Farthings, St Keverne

Helston TR12 6NS

Tel: 01326 280132

## What's On - continued



A very NUTTY Cadgwith Arts & Crafts Easter Fair

Up at the Village Hall in Ruan Minor  
Saturday 4th April 2015

12 Noon to 5pm

FREE entry - Collection for The Fishermen's Mission



**Poltesco  
Preserves**

**Primrose Cottage,  
Poltesco.  
TR12 7LR**

**Home-made Pickles,  
Chutneys & Relishes**

**Phone or come round  
01326 290409**

Need an Electrician?  
let me help

***ESP Installations***  
*a friendly and reliable service*

- from fixing a light to a complete rewire
- landlord certificates
- PAT testing
- BT wiring
- electrical problems solved

Phone Ronnie Lingard  
07751 456160 or  
01326 291228 (Ruan Major)

Elecsa registered.  
Quality of the work guaranteed.  
Part of Electrical Safety Register  
[www.electricalsafetyregister.com](http://www.electricalsafetyregister.com)

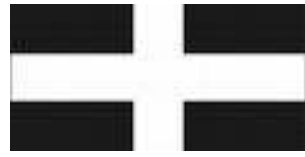
*The Village  
Restaurant  
Mullion  
Fresh Fish, Seafood  
and Steaks*

**Opening Times:**

**Tuesday, Thursday, Friday  
and Saturday**

**Lunch from 12 noon and  
Dinner from 6.30**

**FOR TABLE  
RESERVATIONS AND  
ENQUIRIES CALL  
01326 241007 or 290035**



**CORNISH GARDENING  
SERVICES**

**PAUL WILLIAMS**

**All general garden maintenance**

**Lawn mowing**

**Hedge trimming**

**Light/heavy strimming**

**Pruning etc.**

**Basic DIY**

**Free quotations**

**Call Paul on:**

**Home: 01326 241960**

**Mobile: 07749 815358**

*Smugglers Fish & Chips*

**Fresh local fish delivered daily**



**Opening Hours  
Thursday, Friday, Saturday  
4.30pm - 8.00pm**



**Re-opens on 13<sup>th</sup> February**

**Tel: 01326 290763**

**1 Kynance Terrace, The Lizard TR12 7NH**

**What's On - continued**

**The People's  
String Foundation  
Trio**

**"The Big Hitters"**

Huw Stephens - BBC Radio 1

*The Lost Dreams  
Of Gilgamesh*

[www.peoplesstringfoundation.com](http://www.peoplesstringfoundation.com)

**Saturday 25<sup>th</sup> April 9pm**

**Ruan Minor Village Hall**

Prices: £8 Adult | £6 Concs | £5 Child | £22 Family

Tickets / Info: 01326 290 118

Or In Person at The Store, Ruan Minor

**Carn  
to Cove**

[www.crbo.co.uk](http://www.crbo.co.uk) - [www.carntocove.co.uk](http://www.carntocove.co.uk)



# The Cadgwith Cove Inn

*as featured on BBC's  
The Fisherman's Apprentice\**

Garry and Helen would like to update you on

## **What's New for March 2015**

### **Mothers Day Sunday 15<sup>th</sup> March**

**FREE Roast and a FREE glass of Wine for Mum**

*T & Cs To claim the free roast mum must be accompanied  
by a guest paying for an adult roast*

**LIVE MUSIC BY HARRY ROWLAND FROM 2.30 - 4.30 PM**

**FOOD SERVED ALL DAY**

### **St Patrick's Day - 17<sup>th</sup> March**

All Things Green Theme!

“Pot of Gold” for the most Green outfit

Buy a Steak & Guinness Pie and get a pint of Guinness FREE

Live Irish Folk Music

2 Baby Guinness Shots £5

### **The Cadgwith Cove Inn is “Donating a Dish”**

**Every Cream Tea in March, money will be donated to the**

**“Love your Local” charity**

During March Cornwall Hospice Care is running a fundraising campaign called “Love your Local”, with money raised going to supporting adults living in Cornwall with a life limiting illness at the Hospice.

**Let's make The Cadgwith Cove Inn the social hub of our community**

**We look forward to seeing you all very soon**

**Cadgwith, Helston, Cornwall. TR12 7JX**

Telephone - 01326 290513 Website - [www.cadgwithcoveinn.com](http://www.cadgwithcoveinn.com)

Email - [garryandhelen@cadgwithcoveinn.co.uk](mailto:garryandhelen@cadgwithcoveinn.co.uk)

Facebook and Twitter - [cadgwithcoveinn](https://www.facebook.com/cadgwithcoveinn)



Grade-Ruan Under 5s

# School Spot



Mullion School

## UNDER 5s

Grade Ruan Under 5s have been learning lots about polar animals over the last few weeks and are now looking forward to Spring. Our beautiful tulips from last year are peeping up out of the soil in the school garden and daffodils are beginning in our troughs at the hall.

It's been a chilly and illness ridden half term so we hope the sunshine will have put paid to all that and we'll look forward to a healthier March.

We have been delighted to welcome Jack and Layla to our group and Elowen has taken on the mantle as 'Playgroup Baby' for now.

The Spring Show and Easter will be upon us before we know it so creative juices will begin to flow as the children build up a display in the hall. It's always a little sad to see current displays disappear but the polar bears and penguins must make way for

something new.

The children have been excited to watch the developments in the school playground but were disappointed that as we arrived to watch the 'big crane', it was down tools and tea-break time! Back in the hall it's hard to get our little builders to take time off to have a snack.

Opening times:

Mon/Tues/Wed 08.45-3.00

(Lunch 12.15-12.45)

Fri 08.45-12.45

(Lunch 12.15-12.45)

**All welcome**

Under 1s - Free

Over 1 and accompanied children - £1.50 per session

2 and over unaccompanied - £3.50 per hour

Includes healthy snack and milk or water to drink.

cont.



## Private Car Hire

**Martin Ellis**

Ruan Minor /  
Cadgwith / Lizard

**07581  
356591**

(24/7)

[www.nuttynoh.co.uk](http://www.nuttynoh.co.uk)



## **Last Stop Tackle Shop**

In Lizard Village

Open all year for  
Rods, Reels, Lures, Tackle &  
Bait

During the Winter months and  
adverse weather the shop may be  
closed

**BUT just call 07794666781 or  
01326290698 and we can be  
there in minutes**

Follow us on Facebook for  
news and special offers

Find us tucked away in Haelarcher Farm  
Courtyard behind

**THE COWSHED FARM SHOP**

## **INCOME TAX CONSULTANT**

Specialising in  
completing accounts,  
Income Tax returns,  
VAT etc  
for individuals  
and small businesses.

**E M TOMLINSON  
01326 241049**

# **MULLION MECHANICS**

## **FULL WORKSHOP FACILITIES**

- \* SERVICING TO ALL PETROL & DIESEL VEHICLES
- \* AIR-CONDITIONING SERVICING & REPAIRS
- \* ECU & ABS FAULT CODE READING
- \* GENERAL VEHICLE REPAIRS
- \* MOT REPAIRS
- \* EXHAUSTS

**01326 240620 or 07977 596366**

Unit 2D Willis Veian Industrial Estate, Mullion, Cornwall. TR12 7DF



## GRADE RUAN

Grade-Ruan has its new classrooms and very smart they look too! At the time of writing the finishing touches are being applied, ready for the children to move into when they go back after half term.

The new building is slightly larger than the previous classrooms. There is a central entrance to a lobby and cloakroom area, with the classrooms opening off to each side. Having the central area instead of a party wall between the classrooms will remove a lot of the distraction caused by listening to and wondering what they are doing 'next door'!

Thank you to Mrs Rusga who has been with Turtle Class the first half of this term. The children really enjoyed the forest school sessions down at Poltesco.

Starfish and Seahorse Classes visited Gweek Seal Sanctuary in February. They have been studying Seals and Penguins in the Arctic and Antarctic as part of their topic 'The Deep' so they were keen to see them for real.

They had a very cold but enjoyable day finding out about the seal hospital, the sea lions (who tried to splash the children!) the grey seals, the otters, the penguins and even rock pool inhabitants. They also

enjoyed being pirates in the adventure playground!

The first joint Cats rehearsal took place at St Keverne Parish Hall and the hard work at each school has really paid off as it all came together superbly. The next joint rehearsal now doesn't need to take place until the middle of March.

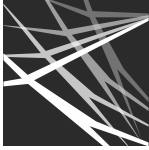
Orca Class visited Nigel Legge at work in his shed in the Cove to see how he makes the traditional willow lobster pots and learn about the history of the industry. The children also had the opportunity to see some of his art work, in preparation for their own art exhibition.

A big thank you to Nigel from all the Orcas for coming to visit them in school and for allowing them to visit you!

The school will be celebrating World Book Day with a difference. As it shares St Piran's Day this year, children will be asked to dress up as their favourite Cornish book character and two local authors will be visiting- Andre Ellis who has just published a pirate book and Jenny Scolding, whose most recent book is called Percy Pengelly and the Wibble-Wobble.

We are looking forward to reading the entries to the BBC Radio 2 Five Hundred Word Story Competition. We will also be holding a competi-

cont.



## Helston Physiotherapy Practice

Helston Physiotherapy Practice is a team of Chartered Physiotherapists who understand the effects of pain and injury on the body. We provide a range of proven treatments to relieve symptoms and ease movement.

*Specialist treatment on your doorstep*



We provide treatments for:

- Back & sciatic pain
- Neck pain & whiplash
- Shoulder pain
- Sports related injuries
- Post surgery rehabilitation
- Work place injuries
- Women's health
- Reduced balance

Telephone 01326 561 012 [www.hppcornwall.co.uk](http://www.hppcornwall.co.uk)

Email [enquiries@hppcornwall.co.uk](mailto:enquiries@hppcornwall.co.uk) 11A Water Ma Trout Industrial Estate, Helston TR13 0LW



**NV**  
**electrics**

# Norbert Varga

## Domestic Electrician

- Rewires, New Builds, Extensions
  - Consumer Unit Upgrades
  - Showers, Cookers, Heating
  - Socket & Telephone points
  - Internal / External lighting
  - Testing & Inspecting
  - Computer networking
- FREE QUOTATION

Tel: 01326 241 657

Mob: 07438 747 319

E-mail:

[varga\\_norbert1984@yahoo.com](mailto:varga_norbert1984@yahoo.com)



tion in school for the best stories in each year group which, space permitting, might make it into future editions of the Gazette.

### **MULLION SCHOOL**

Mullion School has been visited by scientists from Exeter University, invited by EcoSoc, a science club that runs every Friday lunchtime.

Mrs Royle in the recent edition of *The Mullion Flyer* said: "Last term we found out about the Albatross Project in Brazil, Turtle conservation in the Mediterranean, Parrots in London and other invasive species, how to run an expedition to Borneo and the development of intelligence in birds amongst many others.

Mullion EcoSoc started in January 2014 and has now developed a strong reputation amongst young research scientists at Exeter University.



This is because members of EcoSoc ask such unexpected but searching questions, they often give the researchers new ideas! Indeed it was after an EcoSoc session that we had the inspiration to put in a successful grant with The Royal Society to investigate bird intelligence. Research inspired by pupils, fantastic stuff! We now have a waiting list of research scientists keen to come and share their ideas with the group and see what the group come up with!

This shows what inquisitive and inspiring pupils we have here at Mullion." More information on The Royal Society grant can be read on the school's website:

[www.mullionschool.org](http://www.mullionschool.org).

World Book Day is on Friday 5th March and there will be three competitions for pupils to take part in:

- 1) Create the first line of a story,
- 2) Bake a cake with a literary theme - the cakes will then be sold at lunchtime
- 3) Dress as a character from your favourite book.

You can enter one, two or all three if you like!

---

Photo shows some members of the EcoSoc society clearly enjoying learning about Turtle conservation. See [www.mullionschool.org.uk](http://www.mullionschool.org.uk)



**National  
Trust**

## NATIONAL TRUST NEWS

As the days start to lengthen and the weather improves getting out and about again seems all the more appealing. If you find you have even just a few hours spare per month, and fancy trying something a little bit different this year, then why not consider volunteering with us here on the Lizard. There are many ways to get involved, whether your interest is wildlife, heritage, or simply getting out and active, all of which will help in caring for, and helping people enjoy this part of Cornwall we're lucky enough to call home.

After a hugely successful first year, the wildlife watchpoint at Lizard Point is back for 2015. We are looking for enthusiastic people, with a love of wildlife, to join the watchpoint team and help inspire visitors at Lizard Point with stories and sightings of choughs, grey seals, porpoise, dolphins, thousands of seabirds and much more. You'd don't need to be a wildlife expert, so long as you have a friendly outlook and enjoy talking to people you can learn on the job. Shifts are typically 4 or 7 hours long, the watchpoint is open from 10-4pm every day from March until mid- Sept.

We are also looking for volunteers to help us protect the local choughs. The nest protection programme at Lizard Point was formerly run by the RSPB, but with more nests springing up out west they are going to focus their attention over there while we help out by looking after the Lizard choughs. Join the nest protection team to help protect Cornish choughs by monitoring their nest site and kindly asking visitors to look out for them, without getting too close. Give visitors great views and inspire them with the story of the return of Cornwall's magical crow. Shifts are typically 4 hours long in all weather conditions, March until July. We protect the nest round the clock so there are day and night time shifts available, offering plenty of flexibility.

If heritage is more your thing, they why not consider joining the enthusiastic band of volunteers who open Lizard Wireless Station to the public. This unassuming little wooden hut above Housel Bay, hosted some of Marconi's pioneering wireless experiments in the early 1900s. Most volunteers give 3 hours a fortnight Easter to October, and the role involves opening up the museum and providing a welcome to our visitors. You don't need to be a radio expert, just happy to chat!

For those of you who regularly stroll the cliffs, we'd love to have a few more folk we can call upon as part of a rota to help us check our conservation grazing ponies. The ponies need looking at daily, for a simple count and look over. Our herd of 5 is currently at Beagles Cliff, just this side of Black Head, and if you are prepared to take a drive/walk that way even just once or twice a month it helps

cont...

a great deal.

And back in the Parish, we've a busy schedule of events, from school groups to Bushcraft club, with occasional specific requirements for ghouls, pixies or similar! Do get in touch if you think an education/events role might be for you. Or if you prefer a quieter life, and could offer to take on some routine tasks that make all the difference, like for example clearing beach litter from Carleon Cove, there's a role for you too! If you'd like to take part in a group beach clean, the Friends of Poldhu meet twice a month, once to clean Poldhu and once to clean Church cove, Gunwalloe.

To find out more about any of these opportunities please call by the Shepherd's Huts or contact us on the details below. Full training and support is available, plus mileage expenses for some roles outside the parish. Our volunteers (subject to minimum hours commitment) receive benefits including free admission to Trust properties, and discounts at Trust outlets. Plus of course plenty of 'job' satisfaction and fun!

The Lizard Rangers

Poltesco Rangers' Office

1326 291174

[lizardrangers@nationaltrust.org.uk](mailto:lizardrangers@nationaltrust.org.uk)



# Sam James

## PLUMBING & HEATING

- Emergency repairs
- Refurbishment
- New build 1st and 2nd fix
- Heating systems

Contact us for a reliable fast and efficient answer to all your plumbing needs

**tel.** 01326 290276  
**mob.** 07896674084



Registered Business



RUAN MINOR VILLAGE HALL

Reg. Charity No. 225626

## **WHAT'S GOING ON AT THE VILLAGE HALL?**

### **THE THURSDAY MARKET**

The market is held every Thursday morning from 9.15am to 11.45am or later in the summer. Come along, browse our stalls, for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie'. If you prefer, just stay for a chat and catch up with the local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Pets & Bird Care	Leggy's Pasties	Flowers & Plants
	Fruit, Veg., Eggs & Specials	

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all done to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

**Tasha Allen on 291232 or 07792292665**

or just call in on a Thursday morning to see what's going on.

### **SHORT MAT BOWLS**

Sessions are held on Monday and Thursday evenings at 7.00pm

It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

### **QUIZ NIGHT**

Quizzes are held on the 4<sup>th</sup> Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contests begin at 7.30pm. Any changes to dates will be notified on the Village notice boards.

### **SPECIAL EVENTS**

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

### **ARRANGING AN EVENT?**

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information on these arrangements call

**Tasha Allen on 291232 or 07792292665.**

We are wheelchair friendly.



Reg. Charity No. 225626

RUAN MINOR VILLAGE HALL

## **WHAT'S GOING ON AT THE VILLAGE HALL?**

Hello All!!

How are you all getting on? Hibernation has been lovely, warm and snuggly but now I'm starting to feel the need to flex the duster and start sorting! This has my better half in a flat spin in case I should decide to sort and tidy his MAN draw! Heaven forfend I should throw out that very useful screw that was left over from assembling something originating from IKEA. Or if I dared to chuck out one of the 96 allen keys that reside within said draw. So I'll stick to the rest of the house I think!

Anyway, because the sap is beginning to rise and the snowdrops and daffs are beginning to make a showing, we at the village hall have decided to host our.....

### **MARCH HOP!**

With

**MERLIN'S ROCKIT**

This is to be held on 7<sup>th</sup> of March (please see "What's On" and our advert in this edition)

We really want to see everyone come along and have a lovely time, young and old, hard core dancer or wall flower. I'm hoping it's going to be a really lovely event and a great chance to catch up after hibernation lol!

The market still has vacancies for traders if anyone is interested or if you can think of anyone who might like to spend a Thursday morning with the wonderful rabble that regularly congregate! I of course am only speaking about us girls in the café!!

So it's a short and sweet one this edition, because that MAN draw won't sort itself!

I hope to see you all at the HOP! Have a wonderful March!

Tasha Allen x

## ***Rector's Ramblings***

It's Lent again, and there is no shortage of things to do: Lent Courses, Lent Books, 40 Day Action Guides, special services and many more. But what will its purpose be, for you and me, what will be its lasting impact?

There is no doubt that we need something from Lent; if we look at the state of the Church it's clear that it is in need of something in the face of seemingly inexorable decline or disintegration; look at our world and the same is true, the old answers seem powerless in the face of the same forces.

Against this, God's word stands as a sign post; "rend your hearts and not your garments. Return to the LORD your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster" (*Joel 2.13*), and "seek the LORD your God and you will find him, if you search after him with all your heart and with all your soul" (*Deuteronomy 4.29*).

It is not that I am against all the doing, but rather that I want (for myself first, as much as for all of us). To raise this word like a banner over all our plans and doing, to make this our overwhelming agenda and passion.

I use the word 'agenda' because I think that we (I) usually come to everything we do with an agenda: there are so many voices in the Church and the world calling us this way or that, and I know that my heart is doing the same thing – but Jesus stands before us saying 'I am the way, I am the Truth, I am the Life ... seek me, without me you all your desires and doing will be barren, only in My way, My truth and My life, will you know fruitfulness that lasts'.

I am not sure what you expect in these letters, I don't want them to be preachy or just another sermon, but there is an urgency in this season and being interesting or entertaining just doesn't seem to be right.

Life will go on in Lent, with all the other necessities and urgencies – including accounts and annual meetings, repairs and maintenance, lunch clubs, youth groups, visiting, baptisms, marriages and funerals. But in all this, may we recognise the season and hear God's call and make it all a returning, seeking, submitting, passionate hunger for God, for his ways and his work amongst us.

As companions for this season there are many that I can think of in God's word, but the two that stand out as I write this are the Rich Young Man (*Mark 10.17ff*) and Paul (*Philippians 3.4ff*). If we allow them to inspire us it will mean different things for each of us, but as we bring them together and share them, we may find a way forward both for our churches and communities.

Yours in Christ

Revd Peter Sharpe  
peter@petersharpe.net





# Church Services



## Church of England Services

### MARCH

Sun 1st	Morning Praise, St Ruan Church	11.15am
Sun 8th	Holy Communion, St Ruan Church	9.30am
Sun 15th	Family Service, St Ruan Church	11.15am
Sun 22nd	Holy Communion, St Ruan Church	9.30am
Sun 29 <sup>th</sup>	<b>Palm Sunday</b> Holy Communion (BCP) St Ruan Church	9.30 am

Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
PCC Secretary, Chris and Barry Lovelock	290181
Church Treasurer, Derek Elliott	290432

## Methodist Services

**Rev'd Steve Swann 01326 240200**

Service at 11.00 a.m. Each Sunday

## Roman Catholic Mass Times

**Fr. Gilbert 01326 572378**

Sunday Mass at

St. Mary's Helston at 9.00 a.m.

St. Michael's Mullion at 11.00 a.m.

# Local B&B Accommodation

## **COLVENNOR FARMHOUSE, CURY**



Mrs Tricia Wright

01326 241208

[colvennor@btinternet.com](mailto:colvennor@btinternet.com)

[www.colvennorfarmhouse.com](http://www.colvennorfarmhouse.com)

## **CHYHEIRA, RUAN MINOR**



Chrissy and Nick Etchells

01326 290343

[chrissy@chyheira.co.uk](mailto:chrissy@chyheira.co.uk)

[www.chyheira.co.uk](http://www.chyheira.co.uk)

## **CADGWITH COVE INN, CADGWITH**



### **NEWLY REFURBISHED ROOMS!**

Garry and Helen Holmes 01326 290513

[garryandhelen@cadgwithcoveinn.co.uk](mailto:garryandhelen@cadgwithcoveinn.co.uk)

[www.cadgwithcoveinn.com](http://www.cadgwithcoveinn.com)

Facebook or Tweet us at

[cadgwithcoveinn](https://www.facebook.com/cadgwithcoveinn)

## **THE HAVEN, RUAN MINOR**



Denise Wilson

01326 290410

[denisewilsontr12@googlemail.com](mailto:denisewilsontr12@googlemail.com)

[www.cornwall-online.co.uk/](http://www.cornwall-online.co.uk/)

[thehaven-lizardpeninsula](http://thehaven-lizardpeninsula)

# **THE KENNACK RANGERS**

## **MEN'S SUNDAY LEAGUE FOOTBALL TEAM**

Unfortunately, the Rangers weren't able to play their matches in February, due to problems getting the team together. However, they have the following fixtures in March:

- 1 March Home v Shortlanesend (Sunday)
- 8 March Home v Mullion (Sunday)
- 22 March Away v Prazegooth (Sunday)
- 29 March Home v Wendron Utd (Sunday)

Kick off for home matches is at 1pm, and at 10.30am for away matches. We wish the team success for the rest of the season.

If you would like to try for the team, contact Chris Ensink on 290592 or Kai Tutton on 565677.

### *Drawing Workshop*

*January/February/March  
/April ~ 2015*

*Coil ~ Stick Drawing +  
Anatomical ~ Gesture / CIS ~  
Foreshortening*

*Tutor demonstrations*

*Manikin model for longer  
unhindered poses*

*Social Art Group &  
Refreshments*

*Holidaymakers, Visitors or  
Private Tuition*

*MAY KIMPTON (BA Hons)*

*Details: 01326~291106*

*Mobile: 07876498856*

### ***Ian Noble - Electrician***

Available for all types of electrical work, including repairs, installations, testing, PAT testing.



Fully qualified  
Professional insurance  
NAPIT registered.

Call IMN Electrical  
for a free quote  
24 hour emergency service  
01326 291237 or  
07980 285513

# KUGGAR STOVES (01326) 573643

St John's Business Park, Helston

Over 60 display  
models including

VILLAGER

HUNTER

STOVAX

AAROW

JOTUL

YEOMAN

at unbeatable  
prices



Glass  
Supplied  
For All Stoves



Closed  
All Day Sunday

9am-5pm Weekdays 9am-1pm Wednesday 10am-2pm Saturday

## TELSTAR TRAVEL PRIVATE HIRE

Local transport for the  
Lizard & Meneage area

01326 221 007



# Recreation Ground News

## PAVILION FUNDING

We are still waiting to be told whether our project will be accepted for registration with the body that administers projects funded by land fill tax grants. We're hopeful of a positive outcome, as SITA has recommended us. We have to provide a bit more information on costs and so we're working on that.

## PAVILION DESIGN

We have consulted those neighbours who can see the pavilion from their properties. As a result of getting this feedback, we have asked the architect to make some adjustments, particularly to the roof line. We believe we have done everything possible to minimise the impact on neighbours,

while still having a visually pleasing building. The plans will be published as soon as they are finalised, hopefully in next month's Gazette.

## MAY FESTIVAL

The May Festival will be held on the late May bank holiday as usual, i.e. Saturday 24<sup>th</sup> May to Monday 26<sup>th</sup> May inclusive. Put the dates in your diary!

The marquee has been booked, and the program is taking shape. If you would like to have a stall or run a fund raising activity on the Fun Day on Monday 25<sup>th</sup> May, please let me know. Donations for the tombola stall would be appreciated; also we will need the use of a van or large car, so if you can help, please get in touch.

*Moira Hurst, tel 290257*

Interior • Exterior • Dry Lining • Coving

## Leggy Painter

PAINTER & DECORATOR

Steven Legge

0779 4422 446

01326 291326

Leggy1982@hotmail.co.uk



23 HIGHER MOOR,

RUAN MINOR.

TR12 7JJ



# Gardening in March

by David Endean

Well, isn't nature wonderful, every year is different. Conditions differ wildly but things like snowdrops and daffodils still flower within a week or so of when they always flower. This is good because we have to plan well in advance for events such as the Spring Flower Show which will be with us once again on the 21<sup>st</sup> March in the Village Hall. I hope that you will all have a go and enter some of your prized blooms. Do not be put off by all of the different classes, there is information in the schedule to help you and there will be people to help on the day should you need it. Good daffodils in the main should be unblemished with faces looking up at you with broad, flat petals at right angles to the trumpet. Match your flowers for colour, age and size. Some types of daffodil differ slightly from this but this is explained in the schedule. Daffodils can be opened up indoors once the calyces begin to split and you can see colour begin to show in the petal. This helps to reduce weather and pest damage, stand the picked stems in buckets of water.

March is a really mad month lots going on everywhere in the garden. Days are lengthening and warming up and this means that the weed seedlings start to germinate with haste and without a remedy you will soon get your favourite plants overrun with weeds. Seedlings are easily managed with a hoe but perennial weeds will need digging out with a trowel or fork. This is the ideal time to tackle one of those weeds which is a bane to many of us around here, three cornered leek, wild onion, wild garlic are a few of the polite common names for it. Once you have got it you rarely get rid of it, it stinks of garlic when bruised and has white flowers around bluebell time. Now it spreads from bulbils underground and if left with the flowers on it will happily set seed around although they do not travel far. Spraying them with weed killer is generally ineffective as they grow strongly and seem not to absorb it plus they like to grow in amongst your more precious plants. The only real answer is to dig them up with a trowel or small fork. This can be done in the summer when all you have is the bulbils in the ground, but that is like

picking fleas off the proverbial elephant's back. Plus it's easy to miss the odd stray bulbil, at this time of year before there is too much flower the stems are quite strong so handling them is easier and you get rid of the whole problem. Later on the stems are much weaker when the energy is put into seeds and more bulbils and the ground is harder so the bulbs do not come out so easily. Whatever you do, do not compost them as you are only going to transfer the problem, best job is a bonfire. The small first year seedlings which come up like grass can be controlled by hoeing but older ones are more persistent.

Lawns need work now. I have noticed a lot of moss in them this year. This keeps the lawn area looking green but it does build up and choke the grass out competing with it. The best option if the problem has not got so that the lawn is just moss is to apply a specific moss killer a few days after cutting the lawn. The moss generally goes black, when it looks dead it needs to be removed from the lawn. If you have a small area scratch it out with a spring tined rake but for bigger areas use a motorised scarifier or rake. If you do not have one I advise that you beg borrow or steal one. Once that you have done this job the lawn will look awful. More work is now needed to rectify the reason why there is moss there in the first place. Reasons for moss in the lawn are poor drainage, shade and lack of nutrients. Combat this by spiking with fork and brushing in sand, thinning and lifting the canopy of the surrounding trees and shrubs and giving regular dressings of balanced fertilizer. If the grass in the lawn is looking particularly sparse then it may well be a good idea to over sow some fresh grass seed into the lawn which will quickly germinate at this time of the year.

March is the month for hydrangea pruning. Remove a third of the old stems, these are the paler ones. Cut them out low down into the crown of the bush. Then go all around the bush removing the old flower heads take them back removing a couple of buds, once you have done this remove any straggly bits which spoil the shape. Lastly a handful of general

cont.

purpose fertiliser.

While you have the secateurs in your hand trim back your hardy Fuchsias and another job that may remain is the pruning of your raspberry canes and this is your last chance to complete it. The easiest types to care for are the autumn fruiting varieties such as Autumn Bliss, Autumn Gold and Joan J. These are Primo cane types and fruit on wood that has grown in the same year. Pruning here is dead simple, just cut the whole lot to the ground keep the runners in control with a spade and feed well. Then sit back and wait until late summer and start picking over what can be a long season. This can be from late July August through to October/November. Standard raspberry varieties crop in June/July and crop on canes which grew the year before these should have been pruned by now but if not tidy them up now. Remove all the cane which fruited last year they will look much greyer than the young golden brown canes. Often when you come to cut them with the secateurs you will find the old canes will be dead anyway. Next tie in the young canes to a wire frame work to stop them blowing in the wind and causing damage. If they are much taller than the top of your framework gently bend them over and tie in in a hoop like fashion. This will encourage them to fruit better as with young fruit trees and climbing roses.

When the ground is fit now is the time to start planting in the veg patch, March is the normal time to get your early potatoes in the ground if you have no extra protection, usually by the time the shoots poke through the ground the risk of frost has all but passed and regular earthing up of the rows will protect them from any frost which may occur. The end of the month is a good time to plant your onion sets and broad beans are good hardy vegetables which need little warmth to germinate. A row of peas is worthwhile also along with some salad leaves. I am a big fan of starting off some veg in plugs and small pots as this gives them a head start with warmth from the protection of a greenhouse or cold frame and when they are planted out they are much more advanced than the weed seedlings. I grow many things this way like salad leaves, beetroot, spring onions nearly all the brassicas including turnips and celery all of these can be sown now.

There are absolutely tons of seeds that can and should be sown now in the greenhouse but do not do it all at once as you will get a glut of crops and even more so, too much pricking out and potting on to do at one time. Sowing bedding plants starts in earnest now, these are generally half hardy annuals like Marigolds, Petunias, Lobelias, Antirrhinums to name a few. Growing from seed gives you far more choice of varieties but I can see many advantages of buying in plugs of seedlings and growing these on. This is especially useful for slow growing plants like Begonias and Busy Lizzies as to grow these they need to be sown earlier requiring a lot more expensive heating. You can get a large range mail order these days plus many supermarkets and DIY stores carry them and generally you are assured of better results. Those of you that have ordered some will find them begin to arrive this month along with any you buy, so get them home and pot them on into good fresh potting compost and keep them frost free in good light, they will then surely romp away.

Now is the time to start off begonias from tubers. These are great showy plants in bright colours ideal for pots and beds. Obtain some good firm tubers something like the nonstop series then decide which is the top and which is the bottom if the tuber this is easy if the buds are beginning to break generally they look like red pin heads beginning to swell this is the top of the tuber where the stems will come from. If you cannot see any buds the top has a scar mark where last year's stem was and it is often slightly dished. Put these tubers into pots a little larger than the diameter of the tuber leave the top of the tuber slightly raised above the surface of the compost. Soak the pots then place them in a warm light spot preferably with some bottom heat, make sure they do not dry out, spraying them occasionally with water helps. As they grow on they can be potted on or planted out.

What else will I be doing this month? Well there is potting on of the chrysanthemum cuttings and lifting the dahlia tuber and encouraging them to grow to produce material for cuttings next month. I may even lift some lily of the valley roots, pot them on to force for earlier blooms.

Whatever you do get out there and enjoy your gardening.

## VERGE TRIMMING

We have all heard that Cornwall Council has to make really severe spending cuts in line with the reduced amount of funding it will be receiving from central government. They have done a complete review of all their spending and finally approved a much-reduced budget for the coming year. To help with their savings, they are keen for any services they currently provide to be taken over locally by parish or town councils. One thing our Parish Council has identified is to take over the trimming of all the roadside verges in the parish, because they will not get done by Cornwall Council in future except for little bits at road junctions and around road signs. We have managed to get a grant of up to £3000 to prepare plans for doing this, but in the long run it will mean that the cost will fall on the parish precept and have to be shared out between us as part of the Council Tax. But the advantages will be that we can have our roads kept tidy in the way and at the times we want, more cheaply than they are maintained at present, and providing a bit of work locally instead of to a Cornwall-wide contractor.

**How do our parishioners feel about this? Are you willing to pay a bit more in Council Tax to have our roads kept tidy? Have you got any suggestions about the best way of doing it, or what most needs doing? Are there any other services that we currently get from Cornwall Council that we could do better for ourselves? All answers and comments, please, to the Parish Clerk, Jan Castle, 231922, [clerk@grpc.org.uk](mailto:clerk@grpc.org.uk).**

**They will help shape future parish policy.**

### PROPERTY MAINTENANCE

FOR ALL YOUR HOUSEHOLD NEEDS

Carpentry - Stud wall, architrave and skirting, doors hung, shelving.

Bespoke Joinery - Windows, Doors, Cabinets.

Painting and Decorating and Wallpapering.

Tiling floor and wall.

General Interior and Exterior Maintenance.

Electrical Domestic installation and Test.

Appliance Testing (PAT)

Roland  
White

**Phone: 01326 290575**

**Mob: 07971 007 028**



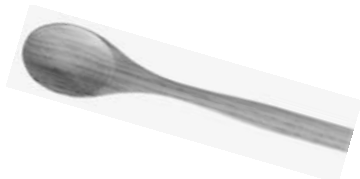


# QUIZ NIGHT NEWS

**QUIZ NIGHT AT THE VILLAGE HALL** started the New Year with a bang and eight teams gave it their all in the first battle of wits of 2015.

It was any one from four teams for the Champions Crown going into the last two rounds. Much to the Quizmaster's dismay, every team, showing unusual new year caution, survived the dreaded 'Wipe Out' round and it was left to the 52 available points in the 'All-Nighter' to finally determine the outcome.

Building on a Top 2 place throughout the first 7 rounds, **THE MIXED BUNCH** amassed a very creditable 40 points from the All-Nighter to run out overall winners and take the Januy title of 'Quiz Night Champions'. An even better final round total of 42½ points saw **INBETWEENERS** gain the runners-up spot. At the lower reaches of the score chart a valiant but ultimately unsuccessful fight saw **JUST US FOUR** claim the honour of taking 2015's first 'Wooden Spoon Award'.



Many thanks were due to Sarah Legge for a very interesting and challenging Guest Round which comprised a selection of photographs of 'well known' village sights which weren't as well known as the teams had first thought!! Thanks Sarah.

At the end of a super contest the final scores on the doors were as follows:

<u>Position</u>	<u>Team</u>	<u>Score</u>
1st	The Mixed Bunch	103.5
2 <sup>nd</sup>	Inbetweeners	101.5
3 <sup>rd</sup>	Cliffhangers	98.5
4 <sup>th</sup>	New Blood	93.5
5 <sup>th</sup>	Daffy Dillys	91.5
6 <sup>th</sup>	The Buccaneers	91.0
7 <sup>th</sup>	Bob's Band	87.5
8 <sup>th</sup>	Just Us Four	83

**Can you handle the pressure?  
Can you cope with the strain?  
Can you rise to the challenge and defeat some of the finest brains ever assembled in the northern hemisphere? Give it a try and find out just how good you are!!!**

Take care and see you all next time  
*Quizmaster Dave*

**Next Quiz Night Dates:**

Feb 24<sup>th</sup> and Mar 24<sup>th</sup>



The Cowshed,  
Haelarcher Farm,  
The Lizard.  
2 minutes from the Post Office.

We are open throughout the year, seven days a week,  
come rain or shine.

Fresh fruit and veg every day.  
Cornish eggs, dairy produce and bread.  
Cheeses and deli treats.  
Confectionery.

Household products, pet food.  
Coal, logs and kindling.  
Tobacco.  
Cards, gifts and a small selection of  
antiques.

Debit and credit cards accepted.

**01326 290465**

## COMPUTER / LAPTOP PROBLEMS?

I can restore your Computer or Laptop  
to full working order for a fantastic price.

NO FIX NO FEE

Professional repairs

Call today for a FREE, no obligation quotation.

**CALL TeeCeeTech TODAY**

**07730283433**



# The Herbal Medicine Cabinet

by Deanne Greenwood

BSc (Hons) Herb Med

First of all, I'd like to thank everyone who came along to my talk about herbal medicine in the National Trust Education Room in Poltesco last month. It was great to see so many local faces. Thanks for your support!

## Hay fever relief

If you suffer from hay fever, March is a good time to take preventative action. There are many medicinal plants with anti-allergic, antihistamine, anti-inflammatory and anti-pruritic (anti-itching) properties that can help relieve the symptoms of hay fever, but treatment is more effective if started before you start experiencing symptoms. Plants can help desensitise your body to all sorts of substances, including pollen and mould – a common allergen in Cornwall!

## Natural antihistamines

Nettle (*Urtica dioica*), broadleaf plantain (*Plantago major*), elderflower (*Sambucus nigra flos*) and eyebright (*Euphrasia officinalis*) are all herbs that can help relieve hay fever, and last year I harvested all four myself here on the Lizard, and prepared tinctures from them. In my experience, using plants that are harvested locally to treat local people is particularly effective – in the same way that eating local honey is known to help people with hay fever. It works a bit like a natural vaccine. Also, like most of the plants I gather on the Lizard, the plants tend to be particularly strong and vibrant, bursting with an almost tangible energy that translates into medicinal potency.

## Time for tea

Nettles are packed with vitamins and minerals, such as vitamin C, iron and potassium, and make a great spring tonic and detoxifier. Nettle tea can also help relieve symptoms of hay fever, and is often more effective when combined with elderflower, which appears in early July. You can also add broadleaf plantain, as this is a great anti-catarthal and antihistamine herb. To make nettle tea, use a handful of fresh young nettle tops per cup and leave to brew for 10-15 minutes before drinking. Good for gout and arthritis, too.

Eyebright flowers around July. An infusion (tea) made with about an ounce (30g) of the flowers and leaves to a pint (500ml) of water, and left to cool, can be used as a wonderfully soothing eyebath for sore, itchy, inflamed eyes.

## Longterm relief

Other herbs which can be helpful include chamomile (*Chamomilla recutita*), Dandelion leaves (*Taraxacum officinale folia*), meadowsweet (*Filipendula ulmaria*) and yarrow (*Achillea millefolium*), all of which grow in abundance all over the Lizard. You can make tea with these herbs, too (fresh or dried). But it's important to remember that herbal medicine seeks to rectify the underlying cause of a health problem – which varies from person to person – not just treat the symptoms. Hence it's best to see a herbalist for longterm relief.

# J & L Garden Machinery Repairs & Servicing

Proprietor: John George

Providing service and repairs for all makes and models  
of petrol-driven garden machinery.

I also supply new garden machinery inc. mowers, ride on mowers,  
strimmers , chainsaws etc



- ★ Collection and delivery
- ★ Reasonable rates
- ★ Breakdown call-outs
- ★ No job too small



Tel: 01326 240617 Mob: 07790 276060

## Cornish Chough Brewery

Lizard Storm 4.8% £15.00 Per Case

Kynance Blonde 4.2% £15.00 Per Case

Serpentine 4.0% £15.00 Per Case

Fire Raven 4.7% £15.00 Per Case

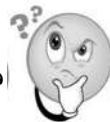
Pins (36pts) and Firkins (72pts) - Available

[cornishchoughbrewery@hotmail.co.uk](mailto:cornishchoughbrewery@hotmail.co.uk)

Tel: 01326 290670 or 290908

## March Quiz

1. What are the rival gangs in *West Side Story*?
2. Henry Moore and David Hockney are both natives of which County?
3. Into which sea does the *Mekong River* flow?
4. In what year was the first *Notting Hill Carnival*?
5. Who won the first *Heineken European Cup* in 1996?
6. *Scurvy* is caused by a deficiency of which vitamin?



## Answers to the February Quiz

1. What is known as the "King of Spey"? *Salmon*
2. In which country was the *Bayeux Tapestry* embroidered? *England*
3. *Eboracum* is the Roman name for which English city? *York*
4. Name the six annual *Nobel Prize* categories.  
*Chemistry, Economics, Literature, Medicine, Peace and Physics*
5. Who was the child with the magic *Talking Piano*? *Sparky*
6. How many *Psalms* are there in the *Book of Psalms*? *150*

Questions set by *Norma Gossip*



# DECORATING



and general building maintenance

# JON SPALDING

30 years' experience – references supplied

01326 290450 07733 440436

[jonaspalding@yahoo.co.uk](mailto:jonaspalding@yahoo.co.uk)



Registered  
Business

## **HAWK STOVES**

### **ECO BRIQUETTES**

for

**OPEN FIRES, WOOD BURNING &  
MULTI-FUEL STOVES**

- Clean & compact
- Efficient & convenient
- HIGH HEAT OUTPUT

*The best alternative to logs*

**ALAN HUMBY 01326 241590**



Registered  
Business

## **HAWK STOVES**

Suppliers of traditional & contemporary multi-fuel stoves

Full design and installation service

Aftercare & annual servicing of multi-fuel stoves, including chimney/flue  
sweeping

Service and repair oil-fired appliances

Cowls & bird guards fitted

Sweeping of open fire chimneys carried out

HETAS & OFTEC registered

**ALAN HUMBY 01326 241590**

# PARIS

by Brandon Holmes aged 14

In January this year I went on holiday to Paris and there was a big incident that happened there that hit headline news around the world. There was a terrorist attack on a French magazine company. Charlie Hebdo was murdered by a terrorist because he made a living by drawing cartoons that mimicked the prophet Mohammed, which upset some extremists. The magazine company building was a short distance from the hotel in Paris that we stayed in.

Luckily, we had experienced Paris and the sights before the attack took place, we left Paris central to travel to Eurodisney the day before. Our hotel window looked out on the Liberty statue on the Place de la Republique, it was a very quiet area of the city and I felt safe there.

The most scary thing after the attack took place though for me, was that the terrorists had not been found. We followed the events

cont...

**JUST PUBLISHED**

**A HISTORY OF RUAN MINOR**

*[Including Grade, Cadgwith and Ruan Major]*

By John Hilton

**THIS IS A STRICTLY  
LIMITED & NUMBERED EDITION  
OF 50 COPIES**

**NO FURTHER COPIES WILL BE PRINTED**

*Copies available from*

*Ruan Minor Post Office @ £5 a copy.*

Published by Tresaddern Books, Tresaddern House, Ruan Minor



## Holiday cottage to let? **Cadgwith Cove Cottages**



is your local friendly professional  
holiday property letting agency.

We offer:

- the most competitive commission rates around
- excellent knowledge of the area
- an office team always on hand
- a desire to offer a good service to owners and visitors alike

Most of our visitors return year after year and so, if you have a holiday cottage, why don't you give us a call and we can give you information and advice with no obligation.

Debbie Collins

Tel: 01326 290162

e-mail: [covecottages@aol.com](mailto:covecottages@aol.com)

# CORNWALL **OVEN** **CLEANING**

*ovens - hobs - extractors - microwaves*

- Non-Caustic, Non-Toxic cleaning products used
- Leaves no mess in your home
- Removes stubborn and burnt in grease & carbon
- Returns your oven to "like new" condition
- Your oven is ready to use as soon as we leave!

[www.cornwallovencleaning.com](http://www.cornwallovencleaning.com)

**Free: 0800 566 8804 --- Local: 01326 710107**



closely on the news, it was everywhere. Finally, that night when we got back to our hotel room in Disneyland, we saw on the news that the terrorist had been captured. I was very relieved. I realised though that we would have to travel back into the centre of Paris in a few days time to catch the Eurostar back to the UK and the thought of that scared me.



We travelled back by taxi to the Gare du Nord and as we went through the city I saw posters saying, "Je Suis Charlie" and "R.I.P Charlie" everywhere. The Place de la Republique was full of TV crews in vans with satellite dishes on them and people climbing on the Liberty statue. It was the place where the French people choose to protest but a few days before it was such a peaceful place. I felt really sad because it showed me

how many people cared about him and what he stood for.

When we arrived at the station there were French policemen with guns everywhere and the security was intense. I could hear on the tannoy that a bag had been left in the Eurostar terminal and that it was being treated as suspicious. The doors of the station then shut and everyone was locked inside and told to stay where we were. I saw a bomb disposal person walk past us dressed in a fully padded uniform. 15 minutes later that same man told us that we were allowed to go through to the terminal and the station doors were re opened for everyone. It was a scary 15 minutes. When we set off on the train I saw some French policemen with machine guns walking down the aisle. Seeing them made me feel safe, I felt that we would be protected if anything were to happen on the train. When the train arrived in Ashford I felt relieved. I had a good holiday but it really wasn't the best time to be in Paris!



**bespoke stone design + supply**

Duke Stone specialises in the design and manufacture of natural stone products for home, garden and commercial projects. Our workshop handcrafts every commission and takes an individual approach to each job. We produce quality worktops, vanities, fireplaces, hearths and many other household and garden items, manufactured from your chosen material.

A selection of natural stone slabs, reclaimed items and off cut granite is on display at our workshops. We also stock a range of tiles, setts, building and landscaping materials with a sample service available.

Local and national fitting and delivery service available.

So whether it's a kitchen worktop, bathroom, fireplace or a new outdoor look you're after, please call our friendly team to discuss your project, or visit the workshop to view our selection of beautiful natural stone from Cornwall and around the world.

Unit 7A & 19 Rural Workshops, Higher Bochym, Cury Cross Lanes, Helston, Cornwall, TR12 7AZ • Tel: 01326 241111 • Email: sales@dukestoneofcornwall.co.uk •

Web: www.dukestoneofcornwall.co.uk • We are open Monday to Friday 8am-4.30pm and Saturday 9am-12 noon



## *Herbal Medicine*

Hello, my name is Deanne Greenwood and I'm a herbalist living in Poltesco. I use traditional, plant-based medicine to help heal mind, body and spirit – and I practice in a corner of Cornwall that is a natural healing environment.

I see people with all sorts of ailments, including longterm, chronic health problems that herbal medicine can be very effective at relieving.

If you are visiting Cornwall, this may be the time and space you need to start your healing process. Follow-up consultations can be conducted by phone and/or skype. Traditional herbal practice meets the modern world!



BSc (Hons), MCPP

[www.deannegreenwood.com](http://www.deannegreenwood.com) 01326 291 371

## **Minutes of the Monthly Meeting of the Grade Ruan Parish Council held in the Sunday School Room of the Ruan Minor Methodist Chapel on Monday 12 January 2015 from 7.30pm**

**Present:** Parish Councillors, J Preston (Chair), N Green (Vice-Chair), J Clifton, P Collins, M Fleetwood, P Freeman, J Lee, S Stephens, J Trewin, Cornwall Councillor C Rule, Clerk J Castle and 13 members of the public.

### **1. Absences and apologies:**

Parish Councillor C Cooper; PCSO J Berry; (these apologies were accepted by the Council)

### **2. Declarations of interest:**

Councillor Trewin declared an interest with regard to land at Penreenes and Councillor Collins declared an interest as a neighbour. Councillor Lee also reported that the applicant carried out work for him but did not consider that this would affect his views.

### **3. Public time:**

- Mr Paul Bateman of Influence Planning spoke with regard to planning application PA14/10495, representing Mr & Mrs Lake. This regards two self-build dwellings on land south of Penreenes. Mr Bateman explained that it was Government policy for councils to bring forward self-build plots and although this scheme was only in its pilot stage and Cornwall Council was not involved, he felt it was appropriate for the parish council to take this into account. The criteria to be used included locations where there is other development, connection to sustainable elements of a settlement and with proximity to other dwellings. He considered that the proposal is within 200 metres of the main services of the village.
- Mrs Dunmall spoke with regard to the application to lift the holiday occupation restriction on the cottage property at Bodrigy Lodge (PA14/11619). She stated that she did not consider the objections raised by the Planning Department when looking at the pre-app were appropriate.
- Mrs Coad wished the Parish Council to note the objections she has made with regard to the resubmitted planning application re the erection of a dwelling at Glenelg (PA14/11827).

### **4. Police report:**

In the absence of PCSO Berry, the Clerk read out the monthly report. Two burglaries (non-dwelling) had been reported in the Parish in December, which are currently under investigation. It was noted that there had been some damage to the Gents toilets in the village and Councillor Lee agreed to report this. Telephone 101 to report any crimes or 01326 555158 to leave a message for PCSO Berry.

### **5. Cornwall Councillor's time:**

Councillor Rule reported that she had obtained information with regard to the net lofts and Chy An Deylek. She warned that the redundancy programme is now under way and certain officers will no longer be there.

Councillor Rule confirmed that she still had a small amount available in her Community Fund but that the deadline is soon and in particular she is still awaiting some information regarding

cont.

# MULLION FLOWERS

Lender Lane Mullion TR12 7HW

*Fresh cut flowers*

*Bouquets, arrangements, weddings & funeral tributes*

*Helium balloons*

*Compost & gardening supplies*

*Coal & Logs*

*Free Delivery*

*Open 9am - 1pm (Closed Weds & Sun)*



*Briony Tonkin*

07964 589 097

*mullionflowers@yahoo.com*

## **CHENPUMP UK LTD**

**THE PUMP DIVISION OF CORNWALL PUMP & MOTOR REWINDS LTD  
WATER PUMP & ELECTRIC MOTOR SPECIALISTS  
SALES, SERVICE & REPAIRS**

**BOREHOLES \* WELLS \* PRIVATE WATER SUPPLIES  
SEWAGE PACKAGE STATIONS**

**SWIMMING POOLS \* POND PUMPS \* MARINE PUMPS  
PH, UV, IRON AND UNDER SINK WATER FILTERS  
PRESSURE BOOSTING \* DIRTY WATER SYSTEMS**

**HIGH PRESSURE JETTING  
SERVICE & MAINTENANCE CONTRACTS**

**ELECTRIC MOTOR REWINDS, SALES & CONTROL PANELS  
SITE & FULL WORKSHOP SERVICE**

**24hr Penzance (01736) 330440**

**AARON BRAY 07973 120244**

**Aaron.bray@chenpump.com**

**www.cpmr.co.uk**

**www.chenpump.com**

**A family company providing a professional service  
Branches also in St Austell & Plymouth**

the application for the play area bin. Councillor Collins confirmed he would provide this.

**Action: Councillor Collins**

The next meeting of the Community Network, of which she is Chairman, will take place on 4 February. All councillors are welcome to attend but there is only one vote entitlement per parish/town council.

Councillor Rule confirmed that verge trimming will only be done on an emergency basis in the future, due to budget constraints and she considered that this was a service that parish councils might join together to provide.

**6. Minutes for acceptance:**

Having been previously circulated, it was proposed by Councillor Collins and seconded by Councillor Trewin that the minutes of the meeting held on 8 December 2014 be accepted. Carried 9 votes in favour.

**7. Planning:**

Planning Applications for consideration

- PA14/11827 Erection of dwelling at Glenelg, Ruan Minor – it was noted that the previous application had been withdrawn, following a negative report from the tree officer, objections from a neighbour and opposition from the Parish Council. A letter of objection has been received with regard to the revised proposal and this was considered. It was however felt that an effort has now been made to preserve trees and the ridge height is no higher than the adjacent property. Although there is no longer a planning presumption to allow buildings in gardens and the Parish Council



## Lizard Life Therapies

**Christine Whitehorn HND**

**Guided Meditations** £10 (1 hour)  
for Spiritual Growth and Relaxation

**Choice of Card Readings** £20 (1 hour)  
gain a new perspective on your  
Past, Present and Future life choices

**Reiki Treatments** from £10 (30 mins)  
for Rebalancing your Natural Energy

Gift Vouchers now available

Call **07531 258588**

[www.lizardlifetherapies.co.uk](http://www.lizardlifetherapies.co.uk)



## Lizard Life Therapies

**Christine Whitehorn HND**

### **Confidential Holistic Counselling**

- Bereavement and Terminal Illness
- Domestic Violence
- Rape and Abuse
- Victim of Crime
- Relationship and Stress
- Depression and Anxiety
- Counselling Fee: £25 per hour

Learn easy coping techniques to deal with  
Anxiety and Phobias

Call **07531 258588**

[www.lizardlifetherapies.co.uk](http://www.lizardlifetherapies.co.uk)

# THORNLEY

GARDEN RESTORATION & MAINTENANCE  
FULLY TRAINED AT MERRIST WOOD IN ARBORICULTURE & HORTICULTURE  
LET US RESTORE YOUR GARDEN TO IT'S FORMER BEAUTY  
ANY GARDEN SIZE WELCOME

&

WORK CONSIDERED

PHONE US FOR A CHAT ABOUT YOUR GARDEN

MOB: 079 84 64 96 98

TEL : 01326 29 05 86

RUAN MAJOR, LIZARD



## FLOW PATROL

24h drainage solutions



**CCTV surveys, blocked drains & drain repairs**

**Septic tanks, soakaways, treatment plants & pump stations  
repaired, maintained & installed**

**[www.flowpatrol.co.uk](http://www.flowpatrol.co.uk)**

**Tel: 01726 824209**

does not endorse the carving up of gardens into smaller plots, it was proposed by Councillor Green and seconded by Councillor Stephens that this application be supported. Carried 5 votes in favour and 4 against.

- PA14/11898 – felling of sycamore, National Trust car park, Cadgwith – this had been supported by the Tree Officer with a replanting scheme put in place and therefore it was proposed by Councillor Preston and seconded by Councillor Lee that this application be supported. Carried 9 votes in favour.
- PA14/11619 – removal of holiday occupancy condition, with regard to permission in 2012 concerning conversion of an annex and garage to provide holiday accommodation, Bodrigny Lodge. Cornwall Planning department had not been supportive when the Pre-App was submitted, but the applicants cannot understand what impact lifting of the condition will have on the community, particularly as they may occupy it themselves whilst undertaking work on the main property. It was proposed by Councillor Trewin and seconded by Councillor Clifton that the application to lift the restriction be supported. The voting was 4 in favour and 4 against, with one abstention. The Chairman used his casting vote in favour and the motion was therefore carried.
- PA14/06078 – Land off Ebenezer Road, retention of extension to agricultural building to use as a dwelling. A number of Parish Councillors had visited the site and photographs were provided to the meeting. The building sits on an island in the middle of a pond and has been crafted from natural/reclaimed materials. The occupiers who are making the application state that they are on site to look after livestock and this is supported by a letter from the landowner. However it was noted that there is a formal procedure to establish agricultural need and this has not been followed. It was proposed by Councillor Collins and seconded by Councillor Lee that this application should not be supported on the basis that this is a new dwelling in a rural setting with no proven agricultural need. Carried 8 votes in favour and 1 abstention.
- PA14/12157 – to site a freestanding mobile shipping container to act as a kitchen, Ruan Major Cottage. This had been supported by Cornwall Planning department at the Pre-App stage as it was for the benefit of a local business. The Parish Council has received 3 letters of objection from neighbouring properties, particularly with regard to traffic problems in a single track lane, loss of residential amenity, impact of lighting and the proximity to a Grade I listed church and Grade II listed farmhouse. There were also concerns about the speed of vehicles down the lane. It was noted that this is expected to be a short-term solution whilst the business continues to get established at which point new premises would be sought. Councillor Green proposed and Councillor Preston seconded that the application should be opposed on the basis that, although the Parish Council is supportive of young and growing businesses, this was the wrong location for the business. Councillor Collins proposed an alternative resolution that the application is supported for a 12 month period and thereafter be subject to annual review. This was seconded by Councillor Lee. The vote to make this the substantive proposal was 5 in favour, 3 against and 1 abstention. This became the proposal and was carried 5 in favour, 3 against and 1 abstention.
- PA14/10495 – 2 self-build affordable dwellings on land south of Penreenes. Councillors Trewin and Collins withdrew from the meeting. It was noted that when a

# Kelynack Cornish Fish

*Proud suppliers of the best Cornish Fish*

Collect your  
**FRESH FISH DAILY**  
**MONDAY to FRIDAY MIDDAY**  
From Unit 2c, Willis Vean Industrial Estate,  
Mullion  
Tel/Fax: 01326 241373  
Mob: 07974 141922  
Email: [kelynack.fish@btconnect.com](mailto:kelynack.fish@btconnect.com)

## Mobile Hairdresser Unisex

All services:  
Cuts, perm, blow-dry, set, colour, etc.



Rebecca Langdon



01326 573556  
07799 898003

City & Guilds

NVQ 1, NVQ 2, NVQ3



Pre-App was submitted for a 3 bed-roomed house 12 months ago, the planning officer commented on the rural location outside of a town or village and that there were more appropriate sites located within the village. Concerns were expressed regarding a permanent location in a coastal and rural setting within an AONB. Although the Parish Councillors were sympathetic to the applicants need for affordable self-build housing, it was felt that this site was not appropriate for development. There is constrained access, it would lead to southern sprawl and harm the Cadgwith Conservation area. Councillor Lee pointed out that there are other areas in the village with potential for affordable housing. It was proposed by Councillor Lee and seconded by Councillor Freeman that, although the Parish Council supports both self-build and affordable housing, in this particular instance the Council objects to this application on the basis that it would sit outside the village envelope, would harm the AONB and create a precedent. Carried 7 votes in favour.

Councillors Trewin and Collins returned to the meeting.

- PA14/12218 – Corgerrick Barn, Ruan Minor, conversion and re-use of agricultural building to a single storey dwelling. This is an application by the National Trust for the conversion of the barn, plus a new outbuilding and a new access onto the highway. This is a sustainable form of development, bringing a building back into use. A covenant will be placed on the development as to what further work would be allowed on the site, including tree retention. The funds raised will be used to refurbish / re-roof Poltesco Mill House. It was proposed by Councillor Trewin and seconded by Councillor Preston that this application be supported. Carried 9 votes in favour.

#### Planning applications decided by the planning authority since the last meeting

- PA14/03917/PREAPP: Pre-application consultation request - Proposed installation of 30m High Lattice Tower Mobile Phone Base at Treleague Farm, Ruan Minor – deferred.
- PA14/10225 Tregullas Farm – Discharge of condition – discharged.

#### Pre-applications and consultations:

- PA14/04249/PREAPP Demolition and erection of new dwelling, 1 Gwendreath Cottages - awaiting formal application.
- Net lofts conversion, Cadgwith –it was noted that there had been 2 enforcement enquiries in 2013 and these had confirmed that only maintenance work had been carried out. No further action is considered necessary.
- Chy an Deylek – it was noted that s106 condition had been discharged in 2013. The Clerk was asked to enquire via Councillor Rule as to whether the condition has been lifted from the whole property (including the field) and also as to whether the certificate of lawfulness regarding living in the property whilst not engaged in fishing applies only to the current occupant or applies to the property. **Action Clerk**

#### **8. Matters arising from the minutes:**

- Weed spraying quotation - a revised quotation has been received from Cormac for bi-annual spraying of roadside weeds for the designated reduced area at a charge

# R.E. Tonkin & Son

## Funeral Directors

*Family run & Independent*

*Professional but personal service*

*Providing Golden Charter  
pre payment funeral plans*

*24 Hour service*

\*\*\*

Lender Lane, Mullion, TR12 7HW  
Tel: 01326 240752 or 240137  
email: retonkinandson@yahoo.co.uk

## **JONATHAN CARE**

### **PLUMBING & HEATING**

OFTEC TECHNICIAN

*Oil fired central heating*

*Boiler installations, service and repair*

*Underfloor heating*

*All domestic plumbing*

Reliable, local service -  
we guarantee to return your call  
promptly

01326 231495 or  
07791 079002

Penvounder, Manaccan, Helston.  
TR12 6HR

## **Karen Rosevear**

### **Mobile Hairdresser**

Cutting - Colouring -

Sets/Blow Dries - Perming -

Hair up

Covering: Helston - Mullion -

Ruan Minor - Cadgwith -

Lizard

NVQ & City&Guilds  
Qualified

Unisex

**01326 241975**

**07814268433**



- Councillor Rule for funding towards this project. However it is possible that there will be an extra charge for emptying this bin. It was proposed by Councillor Preston and seconded by Councillor Lee that, if necessary, the Parish Council will cover this cost. Carried 9 votes in favour.

#### 10. Finance

- Financial Report – the Financial Report was noted. The level of commitments against funds held was discussed.
- Donation to Cornwall Air Ambulance Trust - following a donation request, it was proposed by Councillor Lee, and seconded by Councillor Clifton that a donation of £500 be made. Carried 9 votes in favour. Councillor Collins queried whether it would be possible to ascertain the level of donation made by other local parishes. **Action: Clerk**
- Payments Schedule Approval of the schedule of payments, totalling £3,170.28, including the budgeted payment towards the cost of upkeep of the churchyards was proposed by Councillor Collins, seconded by Councillor Lee and carried 9 votes in favour.
- Grant towards setting up verge trimming provision – Councillor Freeman reported that a potential grant of £3,000 for training and organisation may be available and he will continue to explore this. **Action: Councillor Freeman**

#### 11. Correspondence:

- No items for discussion

#### 12. Footpaths, environment and treewardens:

- Footpath 6 (Cadgwith car park to cove) - Councillor Preston reported that PAROW (Penwith Access and Rights of Way) had requested help with the cost of materials and the Parish Council may be asked to cover the cost of gravel at £100. Ownership issues have been sorted.
- Tree planting - Councillor Preston reported that the tree wardens are ready for the next phase of tree planting at a cost of £200. Trevena Cross Nurseries are the new supplier.
- Work at Gwendreath - it was noted that Rob Sanders has not yet billed the cutting back work he has carried out there .
- Polstangey Bridge - it was noted that part of the parapet is damaged and this needs to be reported to the Highways Department. **Action: Clerk**
- Mundy's Field car park - Councillor Green reported at the end of his month's inspection duty that the car park was generally clear and reasonably tidy.
- Road signs it was noted that the hill gradient sign for Admiral's Hill, Kuggar is damaged as is the 30mph sign by the recreation ground in Ruan Minor. This should be reported to the Highways Department. **Action : Clerk**
- SAS Sign on the Todden – it was agreed that they should be asked to move this down into a suitable location in the cove. **Action: Councillor Preston**

#### 13. In Committee:

It was agreed that the next part of the meeting be held in 'closed' session.

The meeting closed at 10.30pm

## ***DUCKS ALLEY - NOW AND THEN...***

Below is a picture of Rutters Farm believed to have been taken in the 1930s, apparently it was a Dairy Farm, does anyone



remember it and know anything about it's demise? Look at the current picture taken a couple of weeks ago from 'the Store' end of Ducks Alley. Quite a difference !



## Heel 2 Toe Foot Clinic

Working towards healthy feet

Mobile foot clinic bringing professional treatment in the comfort of your own home.

Treatment of:

Callus / Dry Skin, Corns,  
In growing Toenails, Nail Trimming and Thickened Nails

Contact

**Demelza Vincent**  
SAC Dip FHPT/FHPP

**01326 291173**  
**07790420244**

## SURGERY HOURS

### Ruan Minor Surgery - 290852

Monday 9am - 12 noon  
*Appointments 9.10am - 11.20am*

Tuesday 3pm - 5.30pm  
*Appointments 3.30pm - 5pm*

Wednesday CLOSED

Thursday 2pm - 6pm  
*Appointments 3pm - 5pm*

Friday 9am - 12noon  
*Appointments 9.10am - 10.40am*

### Mullion Health Centre - 240212

Mon 8.50-11.10am & 3.50-5.40pm

Tue 8.40-11.10am & 3.50-5.40pm

Wed 8.40-11.10am & 3.50-5.40pm

Thu 8.40-11.10am & 3.50-5.40pm

Fri 8.40-11.10am & 3.50-5.40pm

## NUMBERS YOU MIGHT NEED

### ST RUAN CHURCH & ST WYNWALLOW

Churchwarden: Sheila Stephens 290583  
Treasurer: Derek Elliott 290432

ST MICHAEL'S, MULLION &  
St Mary's, Helston. Fr. Gilbert 572378

METHODIST MINISTER  
Rev Steve Swann 240200

SURGERY  
Mullion 240212  
Ruan Minor 290852  
Out of Hours 0870 242 1242  
NHS Direct 111

POLICE  
Helston Police Station 08452 777444  
Emergency calls 999  
Non urgent calls 101  
Crimestoppers 0800 555111  
MOBILE LIBRARY 0300 1234111

GRADE-RUAN UNDER FIVES  
Jan Halliday 290978

GRADE-RUAN C OF E SCHOOL  
Secretary: Louise Raybould 290613  
MULLION SCHOOL 240098

GRADE RUAN PARISH COUNCIL  
Chairman: Jeb Preston 07964215277

CORNWALL COUNCILLOR  
Carolyn Rule 240144

VILLAGE HALL BOOKINGS  
Tasha Allen 291232 or 07792292665.

RUAN MINOR STORES & POST OFFICE  
Claire Bollard 290138

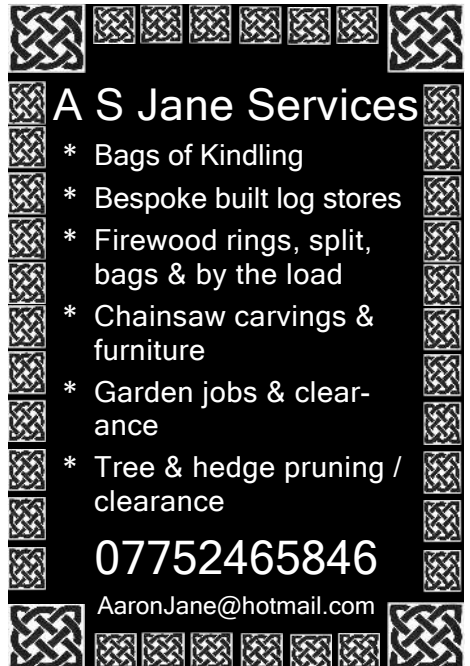
RECREATION GROUND COMMITTEE  
Chairman: Mike Fleetwood 290365

CADGWITH GIG CLUB  
Secretary: Mike Hardy 290282

NATIONAL TRUST  
Rachel Holder 291174

# ADVERTISERS' INDEX

A S Jane Services <i>Firewood</i>	p62	Mullion Flowers	p54
Art Classes	p33	Mullion Mechanics	p24
<b>Avon - New</b>	<b>p17</b>	Music Tuition: Sax & Clarinet	p8
B&B Accommodation	p34	Norbert Varga <i>Electrician</i>	p26
<b>Cadgwith Art &amp; Craft Show New</b>	<b>p19</b>	Pendle Funeral Services	p18
Cadgwith Cove Cottages	p48	Physiotherapy- Helston Practice	p26
Cadgwith Cove Inn	p22	Poltesco Preserves	p19
Chenpump UK Ltd	p49	Private Car Hire - Martin Ellis	p23
CleanSweep/Chimney Sweep	p18	Property Maintenance <i>R. White</i>	p40
Computer Repairs Tee Cee Tech	p38	RE Tonkins <i>Funeral Directors</i>	p58
Cornish Chough Brewery	p44	RH Jane & Sons <i>Decorators</i>	p8
Cornish Gardening Services	p20	Ruan Minor <i>Post Office &amp; Store</i>	p64
Cornwall Oven Cleaning	p48	Sam James <i>Plumbing &amp; Heating</i>	p29
Cowshed <i>Farm Shop</i>	p42	Smugglers Fish & Chips	p20
Deanne Greenwood - <i>Herbalist</i>	p42	Telstar Taxis	p36
Drawing Workshop	□ p35	Tree Contractor, LH Williams	p8
Duke Stone	p50	Village Hall	p30
ESP Installations - <i>Electrical</i>	p19	Village Restaurant	p20
Flow Patrol - Drainage	p54	Watch House	p6
Hawk Stoves and Briquettes	p46		
Heel2Toe - <i>Foot Clinic</i>	p61		
Herbal Medicine	p50		
<b>History of Ruan Minor - New</b>	<b>p47</b>		
Ian Noble - <i>Electrician</i>	p35		
Income Tax Consultant	p24		
Ivan's Car Sales	p2		
J&L Garden Machinery Repairs	p44		
Jonathan Care <i>Plumbing&amp;Heating</i>	p58		
Jonathan Spalding <i>Builder</i>	p45		
Jumunjy Garden Services	p54		
Jumunjy Thai Cuisine	p63		
Kelynack Cornish Fish	p56		
Kuggar Stoves	p36		
Last Stop Tackle Shop	p24		
Leggy Painter	p37		
Leggy's Pasties	p14		
Lizard Cars - <i>Taxi</i>	p48		
Lizard Life Therapies	p53		
Mobile Hairdressing - Karen	p58		
Mobile Hairdressing - Rebecca	p56		
Mullion Antiques	p6		



**A S Jane Services**

- \* Bags of Kindling
- \* Bespoke built log stores
- \* Firewood rings, split, bags & by the load
- \* Chainsaw carvings & furniture
- \* Garden jobs & clearance
- \* Tree & hedge pruning / clearance

**07752465846**

AaronJane@hotmail.com

# JUMUNJY

THAI CUISINE



**free home delivery service**

**Cadgwith  
Ruan Minor  
Kuggar  
Lizard Village  
Mullion**

Please view our  
menu @ [www.jumunjy.com](http://www.jumunjy.com)

**Monday to Saturday  
5pm till 11pm**

Meals are prepared fresh to order. Jumunjy is a small family run kitchen, quality takes time so please book from 4:45pm  
We are not a hi-speed take-away service Thank You

**01326 291 306**



**Don't forget Mothering Sunday on 15<sup>th</sup> March!**

We have plenty of goodies for Mums including pink bubbles, chocolates and lovely flowers. There are also the beautiful boats made by Toana Ellis. There is a good selection of Easter Eggs in preparation for Easter Sunday on 5<sup>th</sup> April too.

Finally, I'd like to repeat last months advertisement detailing the services that are available through the Post Office. With so many banks now provided for, there is less reason for you to make the trip to Helston or beyond to carry out simple transactions – we're right on the doorstep;

With so many banks closing branches in the surrounding towns, it's useful to know that the Post Office is contracted by most banks to provide cash and cheque deposit facilities, free cash withdrawals as well as bill payment services. The notable exception is Santander. Only accounts transferred from Alliance and Leicester can make use of the Post Office.

**Other services provided by the Post Office include;**

<b>Insurances</b>	<b>Travel</b>	<b>Money</b>
Life cover	Travel money	Savings accounts
Motor insurances	Insurance	Lending
Home and pet insurance	Passports and documents	End of life planning
Business cover	National Express ticketing	Banking services
Travel insurance		International services

**Phone and broadband packages      Licences and permits      Identity services**

Many of these services are available locally, otherwise I can provide leaflets and contact details for those which are available via telephone or internet.

Finally, please remember when picking up a parcel at the Post Office, you will need to bring ID with the same address as the parcel you are collecting. Also note that when posting a parcel, you must know what is inside. We have to ask about parcel contents for safety reasons. Both areas are covered by our contract with the Post Office, so we do need to adhere to them.



**Telephone 01326 290138**