

Grade Ruan Gazette

August / September 2014

Vol. 28 No. 6



Inside This Month

Dates for the Diary
Noticeboard
200 Club Draw Result
Great War "Lights Out"
What's On
National Trust News
Village Hall News
School Spot
Grand Fishing Comp.
Quiz Night News
Rector's Ramblings...
Church & Chapel Service Times

Gardening by *David Endean*
Recreation Ground News
Strawberries and Cream at the
Palace by *Jilly McNair*
Herbal Medicine by *D Greenwood*
Quiz
John Tovey Obituary
Parish Council AGM Minutes
Parish Council Minutes - June
Spot the Ball Competition
Surgery Opening Times
Numbers You Might Need
Advertisers' Directory

70p

One copy free to
each household



IVAN'S CAR SALES HELSTON



**This month's hand picked selection of pre-loved vehicles
New stock just landed**

- | | |
|---|---|
| 2005 (05) FIAT PUNTO 1.2 , in red, efw, c/l tidy car, suit first time driver
£1,895 | 2002 (02) RANGE ROVER HSE 2.5 6 CYLINDER TURBO DIESEL , in green with beige leather, nice spec including towbar, 84k with history, very clean, genuine example value at
£5,999 |
| 2007 (57) RENAULT MEGANE 1.5 TURBO DIESEL , in grey, 71k fully serviced long MOT
£3,295 | 2007 (07) MAZDA 3 SPORT 4 DOOR , in dark silver, 6spd, cruise, aircon etc. 42k with history
£4,699 |
| 2002 (02) BMW 316TI COMPACT , in green, Quality sport hatch great value at only
£2,499 | 2006 (56) FIAT GRANDE PUNTO DYNAMIC 3 DOOR , in red, aircon, efw remote locking, 52k value at
£2,999 |
| 1997 (R) BMW Z3 1.9i , in silver, tidy future classic 2 seater sport convertible value at
£2,795 | 2005 (55) FORD FOCUS C-MAX , in red, economical 1.6i 5spd manual, value family mpv for
£2,999 |
| 2007 (57) TOYOTA COROLLA VERSO SR VVT (PETROL) 7 SEATER MPV , in grey 111k, fsh one lady owner
£4,995 | 2007 (07) TOYOTA AVENISIS AUTO ESTATE T-SPIRIT, TOP OF RANGE , in black met with black leather trim
£4,999 |
| 2003 (03) NISSAN MICRA S AUTOMATIC 3 DOOR , in silver, pas, efw, c/l, etc. Genuine 43k and only
£2,999 | 2006 (06) TOYOTA AVENISIS D4D T/DIESEL COLOUR COLLECTION 5 DOOR , in silver fern low miles fsh only
£4,999 |
| 2002 (02) TOYOTA RAV 4 TURBO DIESEL VX 5 DOOR , in grey with black leather trim 75k with fsh superb
£4,750 | 2004 (54) MINI COOPER S , in blue, old English white roof and alloys, half leather, stunning at
£5,299 |
| 2003 (03) AUDI A4 v6i QUATTRO SPORT SALOON , in black, 6 speed manual Stunningly quick, value at
£3,495 | 2007 (07) TOYOTA YARIS T SPIRIT 3 DOOR , in silver, low mileage top of range example with history
£4,999 |
| 2006 (56) NISSAN NOTE SE 1.6i , in white, popular model with aircon, ew, remote locking etc.
£3,695 | 2007 (56) VAUXHALL ASTRA SRI 5 DOOR , in grey metallic, alloys, aircon etc. 67k with history, only
£3,999 |
| 1999 (T) MAZDA MX-5 S , in blue, heated rear screen, pas, efw, alloys, low miles, only
£2,999 | 2001 (51) ROVER 75 CLUB SE 1.8i , in light green, beige cloth trim, low mileage, choice from
£1,295 |
| 2004 (04) TOYOTA AVENISIS T2 5 DOOR HATCH , in gold, tidy family car low miles with history, value at
£2,795 | |

**P/X WELCOME, CREDIT CARD PAYMENTS ACCEPTED
CARS COME SERVICED WITH MOT AND TAX**

**IVAN CAN SOURCE ANY CAR OR VAN FOR YOU
(REMOVE THE HASSLE OF HIGH PRESSURE DEALERS).**

**TELEPHONE 01326 221486 OR EMAIL IVAN@IVANSCARSALES.CO.UK
WITH YOUR REQUIREMENTS**

For photos and DETAILS OF NEW stock, check my website www.ivanscarsales.co.uk

★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

DATES FOR THE DIARY

Alternate Weds	Recycling - 6, 20 August, 3, 17 September
Alternate Tues	Mobile Library - 12, 26 Aug, 9, 23 Sept. Kuggar 10.45am - 11am, Glebe Place 11.05am-11.20am, Cadgwith Car Park 11.35-11.55am
2nd Monday	7.30pm Parish Council meeting, Methodist Chapel, 8 Sept.
3rd Tuesday	12.15pm Soup, Pasty, Pudding, Methodist Chapel, 19 Aug, 16 Sept.
3rd Saturday	10am - 12noon Farmers Market at Mullion School, 16 Aug, 20 Sept.
Mon & Thurs	7.00pm Short Mat Bowling, Village Hall
Every Tues	(except 3rd Tues) 10am Coffee morning, Methodist Chapel
Every Weds	Rainbows, Brownies & Guides. Contact Joy Prince 01326 290280
Every Thurs	9.15am -11.45am Market and refreshments - Village Hall
Every Sunday	11am - 5pm Open day and Car Boot Sale, Bolenowe Horse Sanctuary

AUGUST

2 August	Night before the Rally, Trevedden Field. 7.30pm
3 August	Grade Ruan Vintage Rally, Trevedden Field, from 11am
4 August	Anniversary of Outbreak of WWI see "The Great War 1914-1918"
6 August	Beach BBQ organised by the Gig Club
6 August	Ruan Revellers Summer Season, see "What's On"
8 August	"Gogmagog", Recreation Ground, see "What's On"
9 August	Buller Day
13 August	Beach BBQ organised by the Lights Committee
13 August	Ruan Revellers Summer Season, see "What's On"
14 August	Cadgwith Cove Fishing Comp, Mackerel
16 August	Cadgwith Fishing Festival, 5pm start, see "What's On"
17 August	Cadgwith Fishing Festival weigh-in, 5pm, see "What's On"
20 August	Beach BBQ organised by the Rec Committee
24 August	Regatta Day
27 August	Beach BBQ organised by the Gig Club
27 August	Ruan Revellers Summer Season, see "What's On"
28 August	Cadgwith Cove Fishing Comp, Wrasse
30 August	Football Tournament, Recreation Ground, see "What's On"
31 August	Fun Cricket at the Recreation Ground, see "What's On"

SEPTEMBER

3 September	Beach BBQ organised by the Lights Committee
4 September	Start of Autumn Term
7 September	Ruan Arranging Club Meeting
11 September	Cadgwith Cove Fishing Comp, Bass
17 September	Book Club, Cadgwith Cove Inn, 8pm
18 September	Deadline for contributions to the October Gazette
24 September	Gazette AGM, see "What's On"

ADVANCE DATES

11 October	Autumn Show, see "What's On"
15 October	Book Club, Cadgwith Cove Inn, 8pm
5 November	Bonfire Night on the Recreation Ground, 6pm
12 November	Book Club, Cadgwith Cove Inn, 8pm
6 December	Christmas Lights Switch on
10 December	Book Club Christmas meal

MAGAZINE DISTRIBUTORS

Cadgwith	Rose Bowcher
Cadgwith South	Andrea Betty
Chapel Terrace	Val Jane
Glebe Place	Johno
Grade	Paul Penrose
Higher Moor	Janette Coates
Kuggar	Ron Wilson
Ledra Close	Helen Kemp
Long Moor	Jill Thomas
Treleague Cross	The Green family
Mundy's Field	Babs Hughes
Penhale	Rita Hallam
Poltesco	Jeff Lee
Prazegooth	Sally Sugrue
Ruan Major	Paul Penrose
St Ruan	Margaret Coates
Treal	Suzy Bosustow
Trelugga/Tresaddern	Avril Evens
Village centre	Ginny Sealey
Postal/advertisers etc	Judith Green

All houses in the parish, (holiday lets and those permanently occupied), should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Sally Sugrue on 01326 240211.

CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the letterbox at New Thatch or in the Mag Bag behind the door at Spar. **The deadline is the 18th of the month prior to publication, but may occasionally be earlier or later (check the Diary Dates).**

Please ensure your piece does not exceed 1500 words, or approximately three pages of A4. Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!

See us online at www.cadgwith.com
See us on Facebook Grade Ruan Gazette

ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approximately 565 copies are distributed every month and the rates are reasonable! The Gazette is a not-for-profit publication - the advertising income is used purely to cover the printing costs. A ¼ page is £5, a ½ page £8 and a full page £15 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

GAZETTE CONTACTS

Editor:	Moira Hurst 01326 290257 graderuan.gazette@btinternet.com New Thatch, Ruan Minor, Helston. TR12 7JN
Treasurer:	Peter Martin 01326 290566 pjanddlm@gmail.com 14 Ledra Close, Cadgwith. Helston. TR12 7LD
Printing:	The Andover Printing Company Ltd, 01264 334220
Advertising:	Moira Hurst 01326 290257
Distribution:	Sally Sugrue 01326 240211
Subscriptions and Over the Counter Sales:	Judith Green 01326 290118 judith@treleague.net
Subscriptions:	£15 per annum for non-parishioners
Cheques made payable to	Grade-Ruan Gazette and sent direct to the Treasurer

The Gazette is a not-for-profit publication and is created and distributed by volunteers.

Noticeboard

It is with great sadness that I have to let you know of the passing of **Peggy Hobbs**. She had been such a long standing friendly face in the parish that she will be sadly missed.

John Tovey, a frequent visitor to Cadgwith, died in May. Sarah Stephens kindly provided me with a copy of his obituary, which is included in this issue.

Happy Birthday in August to: Sally Sugrue, Ashton K, Helen Kemp, Rowan H, Katie H, Pip Sealey, Sue Codling, Ruby Langley, Peter Mason, Shamaun Hall, Theodore H, Jo Sugrue, Gemma Lester Bennett, Sam C, Charlie B, Christine Whitehorn, Ellie J, Toby F, Barbara R, Ben R, Dylan V, Willow Ma, Billy J, Ruth Alfrey-Cryan, Bryher Trewin, Maebh M, Richard Palmer, Thomas W, and... myself!

In **September**, we wish happy birthday to: Matt Russell, Nick Jane, Elwyn Jones, Max C, Jessica Robertson, Ellie H, Nell Philippotts, Johnno (Sidney) Johnson, Lachlan Perry, Christine Legge, Bruce Bray, Keith Johnson, Heather Blight-Anderson, Sarah Legge, Abigail G, Doreen Basey, Thalia H, Sarah Rudd, Steve Collins, Martin Ellis, Chloe H, Alex Strike, Jill Thomas (a big 0!), Malcolm Scott, Chloe P, Ronnie Jane, Stephen Green, Alan Humby (a milestone...), David Goddard

Well, the Romans Rest signs have been complemented with one for **Higher Moor** and some of the houses are occupied already. We even have a new Gazette distributor for the estate: **Janette Coates**, to whom thanks for volunteering.

The lovely sunny weather we've had

recently has also brought complaints about **bonfires** being lit just when the washing has been put out. It seems this is most prevalent around Prazegooth, New Road and Ledra Close - all very residential areas. Cornwall Council does not have any laws regarding when bonfires may be lit, but they have a leaflet which can be viewed on their website or obtained from their One Stop Shop. Essentially it advises people to be considerate and not to light a bonfire without consulting neighbours and to ensure that it does not cause a nuisance to neighbours.

In June, **Clive and Jilly McNair** attended the Not Forgotten Association's garden party at Buckingham Palace. Jilly has written an excellent account of the day, which is included in this issue.

Best wishes go to **Ronnie Lingard** and his partner **Diana** who married in June after 32 years together. We don't know what took them so long but, by all accounts, it was a lovely day and we wish them a long and happy marriage.

Well done to **Victoria Harrison** of Little Beach Stores, who has been awarded a 5 star Food Hygiene certificate.

At last, I have discovered who has been quietly and voluntarily keeping the bus stop looking nice with beautiful flowers. Thank you **Mary Keeley**, it's much appreciated.

There will not be a Gazette in September. Have a great summer (the "What's On" section is packed with things to do) and we'll be back in October.

Moira Hurst

cont.

Front Cover:

This year's Grade Ruan school leavers: Matilda, Ellie, Jack, Rowan, Joal, Ewan, Freddy with Mrs Goldsack, who taught them when they were all in Reception.



Norbert Varga

Domestic Electrician

- Rewires, New Builds, Extensions
 - Consumer Unit Upgrades
 - Showers, Cookers, Heating
 - Socket & Telephone points
 - Internal / External lighting
 - Testing & Inspecting
 - Computer networking
- FREE QUOTATION

tel: 01326 241 657

Mob: 07438 747 319

E-mail:

varga_norbert1984@yahoo.com



SAXOPHONE AND CLARINET TUITION

Experienced, qualified
professional performer and
teacher

All styles, all standards welcome

Contact Diston

01326 564244 / 07824811504

email

diston.dryburgh@aol.com

Release the musician

within!!

Theory also
available



Last Stop Tackle Shop

In Lizard Village

Open all year for
Rods, Reels, Lures, Tackle &
Bait

During the Winter months and
adverse weather the shop may be
closed

**BUT just call 07794666781 or
01326290698 and we can be there
in minutes**

Follow us on Facebook for news
and special offers

Find us tucked away in Haelarcher Farm
Courtyard behind
THE COWSHED FARM SHOP

Noticeboard, cont.

From Alison Goldsack

The family of Peggy Hobbs would like to thank everyone for their cards, messages, prayers and acts of friendship and kindness during Peggy's illness and when she died. It is very much appreciated and helped us through our sadness. What a lovely community we live in!

From Jean Bourne

Thank you to all the visitors who rescued me from my lonely exile with a broken foot at Veronica Cottage. I am so grateful to them. And a special thanks to Sally Ellis who helped me every day on her way to and from the Crow's Nest. I could not have managed without them.

From Edwina Pogson

Peggy Thompson and I spent a very enjoyable evening when the Aladdin pantomime video was shown recently. A great performance by all those who took part and a big Thank You to Angela, who made it all happen.

Peggy and I had to smile as we watched



the girls performing the dance of the Little Swans. It brought back nostalgic memories of when we did the Swans dance on that stage back in the 1980s. In those

days our little group was known as the Cornish Creamies and our inspiration and brilliant leader was Joanna Coudrille - Jonathon's mother.



We had wonderful times with concerts and the annual Carnival.

Whatever we appeared as, be it Majorettes, Can-can girls, Roly Polys etc. we always performed in Wellingtons - our insignia!! Happy days - such a pity the Carnival is no more.

The photographs show, from left, Gwyneth Hill who used to live in the Cove, myself, the late Marjorie Whitehead and Peggy.

From Richard Palmer

A full house really seemed to enjoy the return of Aladdin to the Village Hall, this time on film. Everyone spontaneously applauded and boo'd in all the right places along with the audience on film. General comments were that it was a lovely atmosphere and Angela Thomas Agutter seems to have created a new family of Ruan Revellers.

Our thanks must go to a number of people, not least David Critchfield who spent many hours in front of his computer "cutting and pasting" all the different footage from the 4 shows which was videoed by Chris, Tristan and Andrew Hunt. The sound was a little difficult to hear when put through powerful speakers due to a very small microphone on the hand camera and the poor acoustics of the hall. However, it's fine when viewed on your home TV. Still a few DVD's left at £6 (all proceeds to the Revellers). Please contact me at Maen Veor Cottage or tel 290150.

A huge vote of thanks to everyone involved especially those who provided raffle prizes and the delicious food. Jane and her team did a wonderful job on the catering front. Also those who stayed behind and helped clear away, to return the Village Hall to its pristine condition. Thank you to the new Village Hall Team who made the evening stress-free and to Claire in the Shop for kindly helping to promote the evening.

The Cadgwith Fish Seller

**In the cove
Open May to October
Weekday afternoons
from 3.00 p.m.**

We use our many years of experience in Cornish Fishing to bring you a wide variety of the best local produce.

We provide recipes and advice.

We pack insulated boxes for you to take home.

We even sell lemons, cooking foil and instant barbecues!



“The freshest fish I have ever tasted!”

Tel: 01326 290746

Mobile: 07960 714687

Noticeboard, cont.

Looking forward to the next Panto.....

From Amy Stephens

Hello there friends, family and neighbours! I am planning on going to India to work as a Team Leader on a health and sanitation project. At the moment, I don't know exactly what my project will entail, but it will be something along the lines of constructing toilets, gravity fed fresh water systems and hands free tippy taps.

In order to take part in this project, I am required to raise a total of £800 for the charity – Raleigh International. I hope to be hosting some events in our local area to raise money, and I'll also be doing a sponsored walk from Lands' End to Newquay - that's nearly 63 miles!! I hope you'll be able to sponsor me. My fundraising website is www.justgiving.com/AmyRaleighInternational I've also got my own personal text donation

number – Text AMYR96 and your amount, eg £5 to 7007 (for example AMYR96 £5 to 7007). And I will be around to take cash donations if that's easiest for you.

If you've been wondering, I've just spent the last 10 months living and working as a primary school teacher in Northern Cyprus. Hours of fun with 17 five year olds!

The Saint Ruan 200 Club Save your beautiful 11th century Church

Information: Sheila Stephens 290583

The winning ticket in the July 2014
Draw was

Ticket number 83:

Claire Bollard

JONATHAN CARE **PLUMBING & HEATING**

OFTEC TECHNICIAN

Oil fired central heating

Boiler installations, service and repair

Underfloor heating

All domestic plumbing

Reliable, local service -
we guarantee to return your call
promptly

01326 231987 or
07791 079002

Penvounder, Manaccan, Helston.
TR12 6HR

THE GREAT WAR 1914 - 1918

On 3rd August 1914, the then Foreign Secretary, Edward Grey, said "The lamps are going out all over Europe; we shall not see them lit again in our lifetime". It was his observation about what was going to happen.

At 10pm on 4th August 1914, Britain declared itself at war with Germany. To commemorate the anniversary, the organisers of "Lights Out" hope every home will mark the event by leaving a single light or candle burning from 10pm to 11pm for a shared moment of reflection.

The switch off will be led by a candlelit vigil at Westminster Abbey, with the flames extinguished until only one remains by 11pm. The Eden Project will be observing the anniversary in a similar way.



COVE SERVICES



**Plumbing and Heating Engineers
Oil, Gas, L.P.G. and Solid Fuel
Boiler Service and Repair
Gas Safety Certificates
Under floor Heating
Approved Heat Pump Installers
Gas Safe and Oftec Registered
01326 290254 or 07793586256**

PROPERTY MAINTENANCE

FOR ALL YOUR HOUSEHOLD NEEDS

Carpentry - Stud wall, architrave and skirting, doors hung, shelving.

Bespoke Joinery - Windows, Doors, Cabinets.

Painting and Decorating and Wallpapering.

Tiling floor and wall.

General Interior and Exterior Maintenance.

Electrical Domestic installation and Test.

Appliance Testing (PAT)

**Roland
White**

Phone: 01326 290575

Mob: 07971 007 028

What's On



Gogmagog

Ancient Cornish Myth gets the Flash Gordon treatment

What happens when you take an ancient Cornish Myth, spice it up with an eclectic mix of space-age ingredients and serve it inside a medieval rocket-ship arena?

This is 'Gogmagog' - a futuristic re-telling of our ancient Cornish creation myth that will transport you to a whole new world of epic, immersive theatre. Tracing their roots back to the siege of Troy, *the Pirates of the Dream Goddess* have crash-landed their gleaming spacecraft in Kernow.

Heading up this press gang of cosmic-smugglers is Cap'n Brutus. He is rounding-up a bunch of unsuspecting refugees to help him make his dream come true; before you know it we will all be sailing off through space-time to colonise an uncharted planet. But, defending the New World against all in-comers is that most fearsome of all legendary giants; *Gogmagog*. Where amongst us is the hero who might challenge this alien monster to a Cornish Wrestling bout and fulfil the ancient prophecy? Step up Corin, the Intergalactic Giant-Slayer!

Golden Tree Productions, the makers of 'Kernocopia' and 'Seize the Day', promise us an extraordinary collision of ancient and contemporary Cornish culture. As in a medieval 'Plen an Gwari' amphitheatre, the set, staging and performers surround the audience, immersing them in the action. Epic!

**Gogmagog will be performed at the Recreation Ground in Ruan Minor
on**

Friday 8th August

**Doors open at 6.30 with the show starting at 7.30pm
(50 minute performance)**

Café Irie will be serving up their delicious, *Cosmic Cornish Menu*.

**Tickets are available from Ruan Minor Spar, Cadgwith Gig Club
and www.crbo.co.uk**

*The Village Restaurant
Mullion*

Fresh Fish, Seafood and Steaks

David and Lynda look forward to welcoming you to our restaurant again in 2014

**Opening Times: Tuesday,
Thursday, Friday and Saturday**
**Lunch from 12noon and
Dinner from 6.30**

FOR TABLE RESERVATIONS
AND ENQUIRIES CALL
01326 241007 or 290035

**BOLENOWE
ANIMAL SANCTUARY**

Ruan Minor TR12 7NA

We are open every **SUNDAY** until
October 11am - 5pm

Come and meet our lovely horses,
ponies and donkeys

Adoption for a year, from just £10 -
makes a wonderful gift.

FREE ENTRY

Cafe open for cream teas and light
snacks.

Food served until 4pm

CAR BOOT SALE every Sunday
from **11am**

Suggested donation by stall holders
£4

Val 01736710587
val@bolenowe.co.uk



**Lizard Life
Therapies**

Christine Whitehorn HND

Guided Meditations £10 (1 hour)
for Spiritual Growth and Relaxation

Choice of Card Readings £20 (1 hour)
gain a new perspective on your
Past, Present and Future life choices

Reiki Treatments from £10 (30 mins)
for Rebalancing your Natural Energy

Gift Vouchers now available

Call **07531 258588**

www.lizardlifetherapies.co.uk



**Lizard Life
Therapies**

Christine Whitehorn HND

Confidential Holistic Counselling

- Bereavement and Terminal Illness
- Domestic Violence
- Rape and Abuse
- Victim of Crime
- Relationship and Stress
- Depression and Anxiety
- Counselling Fee: £25 per hour

Learn easy coping techniques to deal with
Anxiety and Phobias

Call **07531 258588**

www.lizardlifetherapies.co.uk

What's On - continued

Sports Weekend at the Rec

Saturday 30th August: Football Tournament

Organised by Ruan Rascals Children's Football Club

For any children who love football!

(Also open to adults and teenagers)

It will be a great day full of fantastic football!

You can enter as a School, as your own made up team or, if you can't get a team together, let us know and we will try and put you in a team.

Free entry for children and teenagers and just a small donation for each adult team.

BBQ, raffle, bar, music, cake stalls, games, face painting, etc.

If you would like to hire a table for a stall of your own, please let us know.

To enter a team or for more information, please contact:

Gemma Bennett 07855254810 / 290962

email: bennettgemma@aol.com or

Sam Jane 290464.



Sunday 31st August: Fun Cricket

Play starts at 1.30pm

Team selection at the Rec at 1.00pm

Players of all standards and ages, male and female, are welcome. If you haven't got your own kit, that's not a problem, there'll be plenty to go round. Please wear white or near white clothing.

There'll be a bar, tea and coffee, snacks and hot dogs.

Bring your family and friends and make a fun day of it. Spectators should bring a chair or rug to sit on.

For further information, contact Tim Hurst 290257

Lizard Cars

Private Hire / Taxi

Based in Lizard Village

Call or text 07813 913980

1 - 6 Passengers, Local or
Long Distance, Stations,
Airports, One-Way Walks,
Baggage Transfer, Dog Friendly

CHENPUMP UK LTD

THE PUMP DIVISION OF CORNWALL PUMP & MOTOR REWINDS LTD
WATER PUMP & ELECTRIC MOTOR SPECIALISTS
SALES, SERVICE & REPAIRS

BOREHOLES * WELLS * PRIVATE WATER SUPPLIES
SEWAGE PACKAGE STATIONS

SWIMMING POOLS * POND PUMPS * MARINE PUMPS

PH, UV, IRON AND UNDER SINK WATER FILTERS

PRESSURE BOOSTING * DIRTY WATER SYSTEMS

HIGH PRESSURE JETTING

SERVICE & MAINTENANCE CONTRACTS

ELECTRIC MOTOR REWINDS, SALES & CONTROL PANELS
SITE & FULL WORKSHOP SERVICE

24hr Penzance (01736) 330440

AARON BRAY 07973 120244

Aaron.bray@chenpump.com

www.cpmr.co.uk

www.chenpump.com

A family company providing a professional service
Branches also in St Austell & Plymouth

Ruan Revellers Summer Season

You are cordially invited to

"Lady Gilpin's Soiree"

An evening of 1920s and 30s music and recitation followed by
Noel Coward's one act play

"Hands Across The Sea"

Wednesday 30th July at 8:00

Wednesday 6th August at 8:00

Wednesday 13th August at 8:00

Wednesday 27th August at 8:00

At Ruan Minor Chapel.

Refreshments available.

**Tickets on sale at Ruan Minor Shop and
Post Office from July 14th and at the door
on the night.**

Do join us Dahlings!



Herbal Medicine

Hello, my name is Deanne Greenwood and I'm a herbalist living in Poltesco. I use traditional, plant-based medicine to help heal mind, body and spirit – and I practice in a corner of Cornwall that is a natural healing environment.

I see people with all sorts of ailments, including longterm, chronic health problems that herbal medicine can be very effective at relieving.

If you are visiting Cornwall, this may be the time and space you need to start your healing process. Follow-up consultations can be conducted by phone and/or skype. Traditional herbal practice meets the modern world!



BSc (Hons), MCPP

www.deannegreenwood.com 01326 291 371

THE 
COWSHED
FARM SHOP.

The Cowshed,
Haelarcher Farm,
The Lizard.
2 minutes from the Post Office.

We are open throughout the year, seven days a week,
come rain or shine.

Mon - Sat 10 - 5, Sun 10 - 4.

Fresh fruit and veg every day.
Cornish eggs, dairy produce and bread.

Household products, pet food.
Coal, logs and kindling.

Cheeses and deli treats.

Tobacco.

Confectionery.

Cards, gifts and a small selection of
antiques.

Debit and credit cards accepted.

01326 290465

What's On - continued

Grade Ruan Gazette AGM

Wednesday 24th September
7.30 p.m.

New Thatch, Ruan Minor

Please come along and

- give your feedback
- let us know how the Gazette should develop
- meet the team

Further information:
Moira Hurst, tel 290257

Cadgwith Cove Fishing Festival

*Saturday 16th August
5pm start*

*Sunday 17th August
5pm weigh-in*

*In aid of Cornwall Leukaemia Trust
For further information,
contact Jimmy Hammell,
tel: 290930*

The Night Before **GRADE RUAN VINTAGE RALLY**

Come to the
Party

Saturday
2nd August

Trevedden Farm,
Ruan Minor

From 7.30 p.m.

Music by
Merlin's Rockit

Free Entry
Licensed Bar

GRADE RUAN VINTAGE RALLY SUNDAY 3RD AUGUST 2014 TREVEDDEN FIELD, RUAN MINOR GATES OPEN AT 11 AM



For further
details, phone
01326 290980

- Vintage & Classic Vehicles
- Steam & Stationary Engines
- Farm Machinery
- Heavy Horses
- Model and Craft Tent
- Stalls & Trade Stands
- Fair-ground Organ
- Refreshments & Bar
- Rare Breeds
- Fun Dog Show
- Live Music
- Free Car Park



The Cadgwith Cove Inn

*as featured on BBC's
'The Fisherman's Apprentice'*

Garry and Helen would like to update you on

What's New for August

WE SERVE FOOD ALL DAY
Including **BREAKFAST** from 8.30am - 9.30am

Weekly every Saturday
Seafood Buffet
Served outside from 5pm, 2 courses £10.70pp

Buller Day Gig Racing in the Cove
9th August 2014
- Pimm's Pitcher £10
- Bucket of Beer Bottles £10
Live music by Jordan Jane 5.30pm - 8.30pm

Fishing Festival
Sunday 17th August 2014
Roast - including roasted Monkfish - served from 12 noon
Live Music 3.30pm by Graeme Mathieson

Live Music August Bank Holiday Weekend 2014
Saturday 23rd 5.30pm Jordan Jane
Sunday 24th 3.30pm Harry Rowland
Monday 25th 3.00pm Jordan Jane

**Let's make The Cadgwith Cove Inn the social hub of our community
- we look forward to seeing you all very soon.**

Cadgwith, Helston, Cornwall. TR12 7JX
Telephone - 01326 290513 Website - www.cadgwithcoveinn.com
Email - garryandhelen@cadgwithcoveinn.co.uk
Facebook and Twitter - [cadgwithcoveinn](https://www.facebook.com/cadgwithcoveinn)

What's On - continued

Summer Beach BBQs

On the Slip at Cadgwith

Wednesdays, from 6pm

(See "Diary Dates" for dates)

Locally Sourced Fish

incl. Mackerel, Tuna, Shark

Hot Dogs, Hamburgers, Cakes and Desserts

Bar ~ Raffle ~ Music ~ Singing

A Great Time to be in Cadgwith!

Ian Noble - Electrician

Available for all types of electrical work, including repairs, installations, testing, PAT testing.



Fully qualified
Professional insurance
NAPIT registered.

Call IMN Electrical
for a free quote

24 hour emergency service

01326 291237 or
07980 285513

**INCOME TAX
CONSULTANT**

Specialising in
completing accounts,
Income Tax returns,
VAT etc for individuals
and small businesses.

**E M TOMLINSON
01326 241049**

Emma's Crafts

Handmade cards and prints
featuring local scenes

Individually designed jewellery

Cat nip toys & Trevarno soaps

Available at

Ruan Minor Market

2nd Thursday of each month

Follow us on Facebook

“Lowen Ki” for collectables,
household items & furniture



A S Jane Services

- * Firewood rings, split, bags & by the load
- * Chainsaw carvings & furniture
- * Garden jobs & clearance
- * Tree & hedge pruning / clearance
- * Fencing repairs
- * Windows, gutters & fascia boards cleaned
- * Any odd & interesting jobs

07752465846
AaronJane@hotmail.com



GARDEN RESTORATION & MAINTENANCE

FULLY TRAINED AT MERRIST WOOD IN ARBORICULTURE & HORTICULTURE

LET US RESTORE YOUR GARDEN TO IT'S FORMER BEAUTY

ANY GARDEN SIZE WELCOME

&

WORK CONSIDERED

PHONE US FOR A CHAT ABOUT YOUR GARDEN

MOB: 079 84 64 96 98

TEL : 01326 29 05 86

RUAN MAJOR, LIZARD



GRADE-RUAN HORTICULTURAL SOCIETY

President: Mr J Bosustow

Schedule of the 67th

AUTUMN SHOW

RUAN MINOR VILLAGE HALL

Saturday 11th October 2014

Officially opened at 3.00pm

by Reverend Deidre McKrill

Followed by Presentation of Trophies

Entrance fee: 50p

Children 16 years and under: free

Raffle drawn at 4.45pm

J & L Garden Machinery Repairs & Servicing

Proprietor: John George

Providing service and repairs for all makes and models
of petrol-driven garden machinery.

I also supply new garden machinery inc. mowers, ride on mowers,
strimmers , chainsaws etc

- ★ Collection and delivery
- ★ Reasonable rates
- ★ Breakdown call-outs
- ★ No job too small

Tel: 01326 240617 Mob: 07790 276060

Leggy's Pasties

Gwelmor, Ruan Minor

Telephone: Christine Legge

Home: 01326 290683

Mobile: 07976 511317

Cooked or Uncooked Frozen Pasties
made to order

Opening Hours

9am - 1pm Monday to Saturday

Evening bakes Thursday and Friday



**National
Trust**

National Trust News August 2014

Since our last Gazette update in the Spring, we've welcomed lots of new faces to the Poltesco based Ranger team, as well as wishing Ranger Elle, and residential volunteers Nathaniel and Kellan all the best as they moved to pastures new. New Rangers Martin and Darren have been kept busy, tackling all the practical work that comes with our many miles of coastline around the Lizard. Strimming the coastpath always features highly in task lists between Easter and August, with some more sheltered places needing 3 cuts a year to keep them open. As well as new staff members, we've recently welcomed 5 new Poltesco based residential volunteers to the team. Ryan is with us on a summer placement from Bangor university. Chasing unco-operative ponies will be the fun part, as later he has to write a 10,000 word project on his time with us! Kathy is a recent graduate in Conservation Biology from Tremough and Australian Shannon has come to us via a year or two in Canada. We're now also partaking in an internship scheme, whereby volunteers come to us for 6 months to take forward a specific project. Megan has joined us to help evaluate and develop what we offer in the way of activities for schools and families, and Mary is assisting us in creating a new and improved wildlife watch-point at Lizard Point.

For the last decade or so there has been a chough watch-point during the nesting season beside Polpeor café, manned by local volunteers. This year the National Trust has taken over the running of the watch-point from the RSPB, and we wanted to extend both its opening period and its breadth, to include all wildlife. The choughs were the stars early in the season with a new pair raising 3 youngsters in sight of the watch-point. Now the choughs have fledged, the grey seals are stealing the show, with up to 18 hauled out on the rocks at low tide, individually identifiable by their fur patterns. The wildlife watch-point is proving really popular with visitors, and will be open daily 10-4 weather permitting till mid September. If you like wildlife and chatting to the public, please do contact us as we'd love to add a few new faces to our merry band of volunteers.

Summer term is always a hectic time for Claire, our Wild Lizard Education Ranger, and together with Megan she has been entertaining and enlightening kids in a multitude of ways! Claire and her team joined all 5 of the schools in Grade-Ruan's partnership for a pirate themed beach day at Kennack, and Landwednack have been learning how to survive in the wilds with bushcraft sessions at Tremayne, plus rockpooling at Kennack. As I write, Poltesco is busy with the final preparations for hosting the opening night of Grade-Ruan's summer play in the orchard, with somehow familiar looking nuns darting back and forth with armfuls of props!

As term draws to a close we're looking towards our August holiday boredom busting events. In partnership with Miraclewood, we're offering a Go Wild Bushcraft Club on Tuesdays at Poltesco (call Sarah Henn on 231757 to book), and Claire will be running drop in rockpooling and nature craft sessions at Kennack on Wednesdays.

Please do call by the Shepherd's Huts or give us a ring if you'd like to chat to us about our work locally.

Rachel Holder

Poltesco Rangers' Office 01326 291174

lizardandpenrose.blogspot.com/

www.facebook.com/NTLizard



RUAN MINOR VILLAGE HALL

Reg. Charity No. 225626

WHAT'S GOING ON AT THE VILLAGE HALL?

THE THURSDAY MARKET

The market is held every Thursday morning from 9.15am to 11.45am or later in the summer. Come along, browse our stalls, for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie'. If you prefer, just stay for a chat and catch up with the local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Pets & Bird Care	Leggy's Pasties	Flowers & Plants
Fruit, Veg., Eggs & Specials		

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all done to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

Tasha Allen on 291232 or 07792292665

or just call in on a Thursday morning to see what's going on.

SHORT MAT BOWLS

Sessions are held on Monday and Thursday evenings at 7.00pm

It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

QUIZ NIGHT

Quizzes are held on the 4th Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contests begin at 7.30pm. Any changes to dates will be notified on the Village notice boards.

SPECIAL EVENTS

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

ARRANGING AN EVENT?

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information on these arrangements call

Tasha Allen on 291232 or 07792292665.

We are wheelchair friendly.

NEWS FROM THE VILLAGE HALL



Well, here it is! Summer is upon us! Looking back to the storms of the early part of the year, I thought it would never arrive. And so far we've been blessed with quite a nice spell. Village Hall life is ticking over nicely and all seems to be running smoothly. We've done a few running repairs along the lines of sticking down floor tiles, and updating first aid boxes, lots of little jobs, keeping us busy.

We held our Grand Bric-a-brac sale on the 28th June and we were very well supported by the village. Thank you for your support, and thank you to those of you that helped with sorting books and items after the sale. If you would like to purchase some books then please visit the downstairs room during the Thursday market and peruse the boxes to your heart's content.

Short Mat Bowls, just to confirm that if you have any queries with regards to the bowls please contact Steve Griffiths on 290154.

Jan Halliday and I have been having a lot of fun doing our stints in The Market Cafe. This month we would like to say a special thank you to Mark Outten, Moira Hurst and Emma Trewin for popping in and donning a pinny to help out! Mark of course carries off the look far better than us ladies!! And Sally Watts is also due to help us soon. We're very grateful for the help, thanks guys!

Quiz Night, please see the Quiz Night News for up to date information.

Upcoming events at the hall are a little quiet at the moment other than the regular clubs, quiz and market, Grade Ruan under 5's are on summer hols, and life seems to get a little more chilled as attention runs down Barn Hill to the Cove and the sea.

We will be holding the Village Hall Harvest Festival on the 27th September and the planning for this is in the pipe line, and there may be a few events that will come in over the summer. We will be putting up an events notice board in the hall during the market, so please keep an eye to that as well as the notice boards round the village. Also if you receive a facebook invite to a function or event then please please share it on!

So have a peaceful, sunny and above all enjoyable summer.

Tasha Allen

Mobile Hairdresser Unisex



All services:

Cuts, perm, blow-dry, set, colour, etc.

Rebecca Langdon

01326 573556

City & Guilds

NVQ 1, NVQ 2, NVQ3



L.H. Williams Tree Contracting & Consultancy



- Complex / large tree removals
- Pruning
- Emergency call out 24/7
- Planting & aftercare
- Surveys, inspections & reports
- Dry logs
- Mulch
- **New: milling planks / beams**

Call or email for free quotations

07791540207 01326 290961

LHWilliamsArborist@gmail.com

Liam Hywel Williams BSc(Hons)Arbor, MArborA



Grade-Ruan Under

School Spot



Grade-Ruan C of E



Mullion School

Under 5s. There are spaces available at Grade Ruan Under 5s for the autumn term starting on Friday 5 September. Prices are £3.50 per hour for children unaccompanied (from 2 yrs); £1.50 for 1yr and over accompanied by parent/carer and under 1s are free.

Sessions are

Mon/Tues/Wed - 08.45 - 3.00 and

Fri - 08.45-12.45.

The health visitor comes on the first Tuesday of each month and the toy library also visits, times for the new term are to be confirmed.

Any enquiries please ring me on 01326 290978

Jan Halliday

Grade-Ruan held its annual Summer Play in Poltesco - this year it was Never-ever-ever-EVER Land. Thank you to the volunteers that helped with the set, donating props and on the performances. It was a great shame the Thursday night performance had to be cancelled but the easterly winds and thunderstorm were more suited to The Tempest of two years ago! Love that people still braved the weather to tramp down to Poltesco to collect their pre-ordered pasties! But after all that WOW, what an incredible production - Wednesday night and Friday night's performances were astonishing. Year after year we think it can't get any better and it just does. This

year not wind, not rain, not power cuts, not electrical glitches nor an errant garden flare could dampen the children's spirits and enthusiasm. A cracking script delivered by some exceedingly talented comic actors, beautiful singing voices and stage presence from all corners - Grade-Ruan you are amazing (and the staff are pretty darn good too)!! Thank you for giving our children and the audience some fabulous, priceless memories.

Thank you Kate Phillips for organising the clothes swap party at the end of June and to everyone who went along and supported this event. We raised £70.00 for the HRCST. Congratulations to our Reception children on their graduation from Early Years - Y1 organised a lovely ceremony for them in Church. Well done to Poppy, Hettie, Chloe P and Teagan who attended the Feetbeat competition at Mullion School. The girls danced to 'Happy' by Pharrell Williams and all did really well. Thank you to Mrs Birchmore for taking them!

Now that we are an Academy we have been able to secure funding to replace the Elliots. When we get to the stage that the buildings have to be removed from site, if they can be of any use to any reader please ring the School Office on 290613. They have been approved as free of asbestos and all existing services will be professionally disconnected

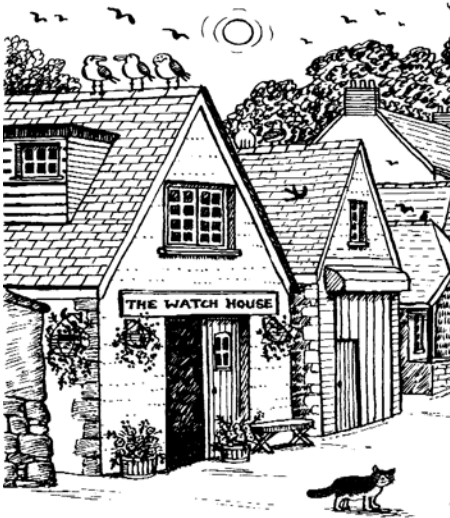
cont....



The Watch House



Cadgwith's Ice Cream & Gift Shop



Cadgwith's Ultimate Ice Cream Parlour

Choose from -
19 Ice Cream Flavours!

Now Available -
Raspberry & Mango Sorbet

Still Available -
your Favourite Lollies
Something for everyone!

Home-Baked Cornish Pasties, Drinks and Sweets,
Beach Toys and Souvenirs

Fashion Scarves, Pictures by Local Artists

Local Products inc.

Jewellery, Fudge, Biscuits

Halzephron, "B" Skincare & Cornish Sea Salt

Smocks, Lobster Pots & Nets

A fine selection of Wines, Beers, Ciders, Rum

Also Tobacco



Open 7 Days a week

Tel No: 01326 290365

Facebook - The Watch House

Email: shop@thewatchhouse.co.uk

but they would be free to any takers to avoid demolition charges!

Finally - goodbye to our Year 6s - Ellie, Ewan, Freddy, Jack, Joal, Matilda and Rowan, ... cannot believe it has come round so quickly. We will miss you but know you are going to have an amazing time at secondary school.

Have a wonderful summer - the Autumn Term starts on 4th September.

The **Mullion School** term has ended with its usual array of activities. Work experience has seen the Year 10s dotted around the country with some going as far afield as London and Bristol. The Year 7s travelled to Brittany and at time of going to press they had only just returned with the verdict from one traveller being 'I'm tired but it was soooooo good!' For the Year 7s, 8s and 9s that remained at school other activities were arranged, including a coastal walk to Gunwalloe for beach games and pasties and groups spending the day at Mullion Holiday Park.

It's not all frivolous fun. Year 8 Maths students have been taking a mathematical journey into the fourth dimension and exploring NASAs research into the possibility of using the 4th dimension for 'hyperspace' travel. The argument that you never use half the maths you learn in 'real life' just seems irrelevant when looking at something so extraordinary!

The School took part in the annual National School Sports Week with the PE Department organising a week long

programme of sports events that fortunately coincided with days of glorious sunshine. Records were broken across the board - perhaps the most surprising was the defeat of the teachers in the Staff vs Pupils 4 x 100 relay - the first time this has happened in living memory!

Local gig clubs Cadgwith and Coverack have taken it in turns over the past four years to host school trials in order to select crews for the Cornwall School Games. This year we entered teams into all four categories and the school returned from the championships held at Mylor with two winner's trophies, a second and a third place. Huge thanks to the gig clubs for their hard work and congratulations to Aaron Goddard and Billy Jane for being part of the crews! A team from Mullion are the Cornwall School Golf Champions following a competition at Truro Golf Club. And if that wasn't enough, the U16 Basketball Squad are County Champions beating Poltair, Humphry Davy, Hayle and Callington - congratulations to two parish pupils, Nic Strike and Wade Toy for being part of the side that has worked so hard all season and been handsomely rewarded for their efforts.

Wade and Nic are both Year 11s - what a way to finish their time at Mullion. Icing on the cake was the super-stylish Prom, held once again at Tregenna Castle in St Ives. Good luck to the Year 11s for their GCSE results in August. Have a wonderful summer - the Autumn Term starts on 4th September.

Ginny Sealey

TELSTAR TRAVEL PRIVATE HIRE

Local transport for the
Lizard & Meneage area

01326 221 007

R.E. Tonkin & Son Funeral Directors



Family run & Independent
Professional but personal service



Providing Golden Charter
pre payment funeral plans

24 Hour service

The Old Dairy, Lender Lane, Mullion, TR12 7HW
Tel: 01326 240752 or 240137
email: retonkinandson@yahoo.co.uk

CADGWITH COVE

GRAND FISHING COMPETITION 2014

<u>DATE</u> <u>High Tide / Height</u>	<u>Species</u>	<u>Record</u> *Senior record **Junior Record
12th JUNE 16.56 (17.7)	Pollack	*Emma Lloyd 11lbs 11oz 2001 **Tommy Phillips 8lbs 12oz 2008
26th JUNE 17.09 (17.7)	Cuckoo Wrasse	*Martin Lloyd 1lb 4 ³ / ₄ oz 2004 **Tommy Phillips 1lb 1 ¹ / ₄ oz 2010
17th JULY 21.27 (17.7)	Dogfish	*Richard Williams (LSD) 3lbs ¹ / ₄ oz 2011 **Jamma Phillips (LSD) 2lb 5 ³ / ₄ oz 2010
31st JULY 20.12 (17.1)	Gurnard	*Pat Hayes 1lb 15oz 1999 **Ryan Mitchell 1lb 1 ¹ / ₄ oz 2004
14th AUGUST 20.17 (19.0)	Mackerel	*Dave Rogers 1lb 11 ³ / ₄ oz 2002 **Roxanne Hosking 1lb 3 ³ / ₄ oz 2003
28th AUGUST 19.13 (17.7)	Wrasse	*Arthur Coupland (BALLAN) 5lbs 6 ¹ / ₂ oz 2006 ** Jamma Phillips (BALLAN) 4lbs 3 ¹ / ₄ oz 2006
11th SEPTEMBER 19.10 (19.7) FOLLOWED BY PRESENTATION OF CUPS	Bass	*Ian Mitchell 5lbs 12oz 2004 **Jamma Phillips 3lbs 11 ¹ / ₄ oz 2009

All competitors to assemble off the Cove and wait for Steven Holyer to sound his horn to start. In case of bad weather the competition will still be considered to be running until a group decision is made on the beach at 6pm. Please enter competition with Norma on the beach before fishing commences. Cheers and good fishing!

MULLION MECHANICS

FULL WORKSHOP FACILITIES

- * SERVICING TO ALL PETROL & DIESEL VEHICLES
- * AIR-CONDITIONING SERVICING & REPAIRS
- * ECU & ABS FAULT CODE READING
- * GENERAL VEHICLE REPAIRS
- * MOT REPAIRS
- * EXHAUSTS

01326 240620 or 07977 596366

Unit 2D Willis Vean Industrial Estate, Mullion, Cornwall. TR12 7DF

KUGGAR STOVES (01326) 573643

St John's Business Park, Helston

Over 60 display
models including

VILLAGER
HUNTER
STOVAX
AAROW
JOTUL
YEOMAN

at unbeatable
prices



Glass
Supplied
For All Stoves



Closed
All Day Sunday

9am-5pm Weekdays 9am-1pm Wednesday 10am-2pm Saturday

QUIZ NIGHT NEWS

June's Quiz Night at the Village Hall saw a 'Battle Royal' fought out for the honour and privilege of achieving the **Quiz Night Champions'** crown. It looked for all the world that **The Mixed Bunch** would beat off the challenges of **New Blood** and **The Buccaneers** to claim the prize but a stirring 'second half' performance crowned by a brilliant 'All-Nighter' saw **The Buccaneers** sail ahead and claim a second consecutive top berth. At the other end of the proceedings, despite fighting to the last breath, it was **Viv's Crew** who were presented with the much coveted **Wooden Spoon** and I have a sneaking suspicion that they weren't too disappointed at all about that!

Jacqui Noonan tested everyone with a challenging round of science fiction based questions which certainly sorted the men from the boys (and the women from the girls!). It's **Margaret Evans'** turn next time so I reckon there's a good chance you had all better brush up on your number work. Margaret always sets some really good posers so **you have been warned.**

Despite all of the fun and games, the evening, unfortunately, had a tinge of sadness to it as it was **Viv's last Quiz Night** before upping sticks and moving back home to England. Viv has been a regular quizzier for a number of years and has also contributed many a good set of Guest Round

questions during that time. We shall all miss her. As a special leaving present, Viv was presented with her own wooden spoon, tied, of course, with a Cornish ribboned bow.

Thanks to everyone for another excellent evening's entertainment with, of course, some top notch quizzing as well. After all of the excitement (and tears!) had died down the final **'Scores on the Doors'** were as follows:

<u>Position</u>	<u>Team</u>	<u>Score</u>
1 st	The Buccaneers	139.5
2 nd	The Mixed Bunch	136.5
3 rd	New Blood	123.5
4 th	The Motley Crew	122.0
5 th	Inbetweeners	116.0
6 th	Bob's Band	110.5
7 th	The Jumblies	110.0
8 th	Cliffhangers	108.5
9 th	Viv's Crew	91.0

Can you handle the pressure? Can you cope with the strain? Can you rise to the challenge and defeat some of the finest brains mankind has ever known? Give it a go and see just how good you are!!!

Go well and see you all at next month's **Quiz Night at the Village Hall.**
Quizmaster Dave.

Interior • Exterior • Dry Lining • Coving

Leggy Painter

PAINTER & DECORATOR

Steven Legge

01326 241066 / 0779 4422 446

Leggy1982@hotmail.co.uk



3 SHORTWOODS,
CHURCHTOWN,

MULLION.

TR12 7BX

Rector's Ramblings

I like summer rain! There, I've said it. Not that I would wish to dampen or pour water upon your enjoyment if you are on holiday down here (*sorry for the dreadful puns*). And what follows is for holiday-makers and hosts alike.

There's something special about those large, warm, summer raindrops that fall that makes it worthwhile going outside and just simply standing there, feeling the heaven-sent water on your face. Summer rain refreshes the often parched soil, bringing a vibrancy back into the gardens and hedgerows, settling the dust and – after a good downpour – giving rise to the most incredibly relaxing 'just-washed' scent.

Of course, there are the downsides: the slugs & snails which emerge from nowhere and munch their way through bedding plants and vegetables regardless of the 'deterrents' which they seem either to ignore or positively to enjoy; and the short sharp summer showers can often reveal things like leaks in the roof (house / greenhouse / conservatory) which need to be seen to before the winter storms come with a vengeance.

For many of us the holiday season is incredibly busy as we welcome holiday-makers – whether guests in our B&Bs and holiday cottages, or our families coming down to stay – all to recharge their batteries and soak in the peace and beauty of this place which we are blessed to be able to call 'home'.

But I do hope that somewhere in all the busy-ness of their stay (and if you are a welcome visitor, *your* stay), you will be able to find time for, if not a holiday, then at least a 'Sabbath moment': a time for seeds of faith to be sown in your life; or a time to deal with the things that emerge from nowhere and eat into what you thought was a well-established faith; a time to check out the leaky bits in your resolve to follow Jesus and deal with them before some really big challenge presents itself with a vengeance; a time to let the dust settle / make amends with those with whom you have perhaps had some falling-out or disagreement; a time to bring vibrancy back into your spiritual life; a time to breathe in and be refreshed by the Holy Spirit; a time to commit yourself once again to God.

Blessings,

Revd Deirdre

deirdre.mackrill@btinternet.com

Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
PCC Secretary, Chris Lovelock	290181
Church Treasurer, Derek Elliott	290432

Church Services



Church of England Services

AUGUST

Sun 3rd	United Service at the Vintage Car Rally	11am
Sun 10th	Holy Communion, St Ruan Church	9.30am
	Evensong (<i>BCP</i>), St Grade Church	6pm
Sun 17th	Family Service, St Ruan Church	11.15am
	Evening Praise, St Mary's Church, Cadgwith	6pm
Sun 24th	Holy Communion, St Ruan Church	9.30am
Sun 31st	Holy Communion (<i>BCP</i>), St Ruan Church	9.30am

SEPTEMBER

Sun 7th	Morning Praise, St Ruan Church	11.15 am
Sun 14th	Holy Communion, St Ruan Church	9.30am
	Evensong (<i>BCP</i>), St Grade Church	6pm
Sun 21st	Family Service, St Ruan Church	11.15am
	Evening Praise, St Mary's Church, Cadgwith	6pm
Sun 28th	Holy Communion, St Ruan Church	9.30am

Methodist Services

Rev'd Steve Swann 01326 240200

Service at 11.00 a.m. Each Sunday

Roman Catholic Mass Times

Fr. Gilbert 01326 572378

Sunday Mass at

St. Mary's, Helston at 9.00 a.m.

St Michael's, Mullion

3rd, 10th, 17th and 24th August - 5.00 p.m.

From 31st August - 11.00 a.m.



*Poltesco
Preserves*

*Primrose Cottage,
Poltesco.
TR12 7LR*

*Home-made Pickles,
Chutneys & Relishes*

*Phone or come round
01326 290409*

Karen Rosevear

*Mobile Hairdresser
City & Guilds Qualified
'Traditional and Creative'*

01326 241975

07814268433



Sam James

PLUMBING & HEATING

- Emergency repairs
- Refurbishment
- New build 1st and 2nd fix
- Heating systems

Contact us for a reliable fast and
efficient answer to all your plumbing needs

tel. 01326 290276

mob. 07896674084



Ruan Rascals News



Well the Rascals have had a busy few months! And it all started one cold Sunday morning in November, with about 5/6 children. Well just a few months on and we now have between 15 and 20 children turning up each week, with new children joining each week and they all thoroughly enjoy it!

Each week Tony and Paul with the help of Rob, Steve, Dylan, Billy, Charlie and Jack, run a series of training activities, followed



by a very entertaining football match at the end!

In February, we were invited over to Culdrose for our first game. We lost 15-1, with Casey scoring our goal but that didn't put them off! It made them more determined to improve and that is exactly what they did!



They have carried on training all through the winter and now into the summer.

A few weeks ago we entered the Norman Nichols Football Tournament in St Keverne and did extremely well. The Rascals played 5 games, winning 3 out of the 5 and the 2 games they lost, were against year 6 children! Lots of people commented on how well they did and said that they are a team to watch out for in the next few years. We are so proud of them!

This then got us thinking, and we have decided to do a tournament of our own on Saturday 30th Aug at the Rec at 12.30, so if anyone would like to enter a team (U5s, childrens, teenagers or adults) or hire a table for a small donation, please get in
cont.

THE OLD CELLARS RESTAURANT



CADGWITH COVE

Licensed restaurant

Open daily from 11 a.m.

Morning coffee, lunches

Homemade pizzas, fresh Cadgwith crab sandwiches

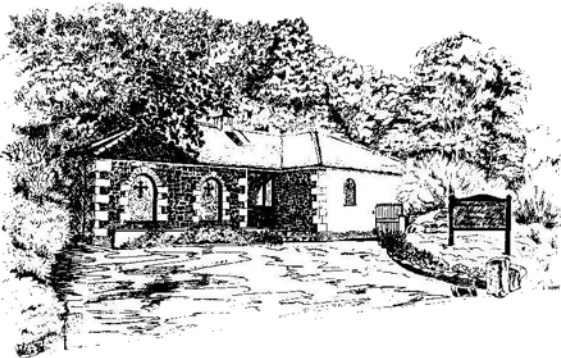
Delicious homemade cream teas

(01326) 290727

Pendle Funeral Services

For a caring and dignified personal service

Prepayment Funeral Plans accepted



Tony and Dee Richards

FUNERAL HOME

The Firs, St Johns

Helston TR13 8HN

Tel: 01326 573080

Farthings, St Keverne

Helston TR12 6NS

Tel: 01326 280132

contact. It's going to be a fantastic, fun, day with lots to see and do with a bar, BBQ, stalls, bouncy castle, face painting, music and lots and lots of football fun! Please come along and support our little Rascals!



Our new shirt! Thank you Russ and Paula! Also, last month, we had a visit from Russ and Paula, who found out about us on our Facebook page. Russ and Paula live in Gloucester and come on holiday regularly down here. They are grass root trainers for elite boys for West Bromwich Albion and understand how hard it is to get a club started. They have been so supportive! When they came down, they gave us a football kit, lots of footballs and a big bag to keep them in. The kids were over the moon! Thank you so much Russ and Paula and we look forward to seeing you again soon!

We have also been given a few donations and had lots of offers of help on the committee from local people and would like to say a very BIG thank you for your support and help!

I would also like to say well done to the OLD Ruan Rascals for entering 2 tournaments recently! They won the one in St Keverne, bringing home a Cup! And did very well recently in the Mullion FC tournament!

If any children would like to have a go at football, just pop over on a Sunday to the rec at 10am. We only ask for a £1 donation toward kit. We would be very happy to see you!

For more information just call: Gemma/Tony on 01326 290962 / 07855254810 or Email: bennettgemma@aol.com



Tony, Chris, Paul, Gary, Rob, Matt, Richard



Richard, Chris, Rob, Paul, Gary, Tony

Cornish Chough Brewery

Lizard Storm 4.8% £15.00 Per Case

Kynance Blonde 4.2% £15.00 Per Case

Serpentine 4.0% £15.00 Per Case

Fire Raven 4.7% £15.00 Per Case

Pins (36pts) and Firkins (72pts) - Available

cornishchoughbrewery@hotmail.co.uk

Tel: 01326 290670 or 290908

CORNWALL I.T. SERVICES

Have a problem with your computer?

We are happy to quote for any job

01209 831322

07775 713404

Email: info@cornwallitservices.co.uk

www.cornwallitservices.co.uk



Gardening in August and September

by David Endean

Well the seasons are really rolling through, we are now deep into summer, looking into autumn and, as a real gardener, you are thinking months ahead to next spring. We have had a pretty good summer so far and I have noticed that many people have grabbed the chance to enjoy the garden and have a barbeque.

There is much less to be able to sow and plant at this time of the year, as we are really into a harvesting phase. When it comes to most vegetables they are best picked when they are young and tender and even better if they can be picked fresh from the garden just minutes before you intend to eat them. Peas and beans are best picked every 3 or 4 days and pick everything which is ready. If you leave beans on the plants they will only go tough and the plants will give up on producing any more. There is nothing worse than eating a stringy Runner Bean; it is almost like chewing on bits of plastic.

If you are looking for some ideas for things to plant in the veg patch now, try some of these: plant out your autumn brassicas, and there is still time to sow some spring greens such as Durham Early in August or the ball headed variety Spring hero. If your ground is not too heavy, you can plant some autumn onions, sets are the easiest to grow. These will mature much earlier next year but they will not keep all winter long so I do not recommend them as your main crop, try varieties like Radar or Electric. Choose a patch which has been well worked and manured, possibly where you grew potatoes this summer. If you have a spare large tub I think it's worth sowing some quick maturing carrots especially if you can bring it into the greenhouse later

in the autumn. These should mature to finger carrots for Christmas. If you have some large pots or tubs and you can get hold of some second crop potatoes these are worth a shot. These are early potato sets which have been put into cold store and once planted will grow away fast and yield a crop of small new potatoes for Christmas. Growing them in a tub means that you are able to give them some extra protection later in the year when the winds come, either bring them into the greenhouse or cover them with some garden fleece.

Hopefully your tomatoes will be swelling and beginning to change colour now. When they do start to change colour, you can begin to remove some of the lower leaves. My advice is only to remove the leaves up to the truss which is ripening, as this will allow more air and light in around the plant. Do not be over zealous with the leaf removal because the plant needs them to produce the energy to put into the fruits which are still forming. It is often good to remove the growing tip of the tomato plant when it reaches the greenhouse glass, or after five trusses have formed, whichever is first. This stops the plants rotting against the glass and all the energy is put into ripening the fruit in the short summer. Commercial growers do not bother - their plants can have thirty trusses, but they have much more space and can lay the plants down and have different feed regimes and more access to heat to keep the crop going.

Those of you who are growing the beetroot for the autumn show should have some nice plants now. Keep them weed free and reasonably watered. If you make sure that the shoulders of the beetroot bulbs are covered with soil it stops

cont.



Registered
Business

HAWK STOVES

ECO BRIQUETTES

for

OPEN FIRES, WOOD BURNING &
MULTI-FUEL STOVES

- Clean & compact
- Efficient & convenient
- HIGH HEAT OUTPUT

The best alternative to logs

ALAN HUMBY 01326 241590



Registered
Business

HAWK STOVES

Suppliers of traditional & contemporary multi-fuel stoves

Full design and installation service

Aftercare & annual servicing of multi-fuel stoves, including chimney/flue
sweeping

Service and repair oil-fired appliances

Cowls & bird guards fitted

Sweeping of open fire chimneys carried out

HETAS & OFTEC registered

ALAN HUMBY 01326 241590

them looking slightly corky, and they should then remain that deep maroon colour. Next time I will tell you how to prepare them for the show.

Hedges are growing well and, like most things in life, little and often is best with pruning to keep it looking neat and compact. Down here, most hedges seem to grow all year round, but try to time it so that your last trimming of Leylandii type hedges is somewhere around mid- September. This will give it some time to recover but also toughen up before the winter salt-laden winds return to burn the foliage. Later trimming could well lead to the hedge burning - wow - did things get burned last winter! This timing tends to hold true for all evergreen hedges.

Some lawns have had a tough time of it this year and generally in September they pick up for one last major growth spurt. So keep mowing regularly but not too low. This is about the last opportunity that you will have to do a weed and feed treatment but use an autumn treatment as this has less nitrogen. The nitrogen encourages fast, soft growth which is not ideal going into the winter phase, as the grass would be more susceptible to damage and diseases. It is also a good idea to give the lawn a good raking. This will remove some of the dead thatch and lift up some of the lying grasses so that they can be cut off by the mower.

Now and in the spring are the ideal times to sow grass seed either for a new lawn or to repair patches. Even after raking out all that thatch and moss, if you think the lawn is too thin, you can over-sow some seed into it. If you are sowing a new lawn, time spent at the start will never be wasted, so make sure the site is weed free with no large stones and that the surface is reasonably level so that there are no large humps and hollows. This will

make mowing in the future easier. Add fertiliser and sow the seed evenly, rake it in then let the warmth and damp of the autumn do its business.

I think the flowers which come into their own now are Dahlias. They can be used as features all around the garden and they come in nearly all colours and in several forms to suit the needs of most situations. You can have the spiky cactus forms, the little neat pompoms, the huge and blousy decoratives and the more refined water lily types. Sizes vary also from the small bedding types up to those that grow to 5 foot tall. They do require the slugs to be kept away early on and regular dead heading will keep them blooming until the first frosts. For showing the blooms I disbud the plants so that I just leave the big fat central flower bud; this also gives you better blooms if you want to use them as cut flowers. Staking is always necessary but they grow so fast that they soon cover that up.

The flower borders just need a tidy at this time of year, dead heading and cutting back any dying foliage. If you have some gaps appearing, you can always plant some autumn/spring bedding of wallflowers, violas, primroses or something similar. Alternatively you could sow some small patches of hardy annuals which will flower extra early next year - things like candytuft, Love in the Mist, pot marigold, and Californian poppies are all worth a try.

Whilst you are out and about you will start to see daffodil and other spring flowering bulbs for sale. Buy a few now whilst you have the choice, even if you do not get to plant them for a week or two. Two blinks and we will be talking about the spring flower show. Well enjoy the last of the summer in your garden I hope that I have given you enough to do for the next two months.



Chartered Financial Planners

We specialise in:

Savings & Investments

Retirement planning

Inheritance Tax planning

Long Term Care planning

Life and Critical Illness planning

Please telephone **01872 276699**

www.knightobyrne.co.uk

Carrine, Kea, Truro, TR3 6EB

Authorised and regulated by the Financial Conduct Authority (FCA)



Recreation Ground News

New Pavilion Design and Build

Thank you to Paul Ferrari who came forward after my appeal for help with the new pavilion project. Paul is very experienced in all aspects of building design and management and has just the skills we were looking for. We've had an initial meeting and look forward to developing the project as soon as we all have the time.

If there are any builders who would like to quote for the work, do please get in touch.

Funding

We have submitted a funding application to SITA Cornwall Trust and have been short listed for their special £100k fund. We have to present to the board in October and will know the outcome shortly after that. Keep everything crossed!

We should hear in September whether our Sport England application was successful. If we get that one and the SITA one, we'll have enough to go ahead with the new pavilion. It would probably be a bit tight, so we're exploring other potential sources of funds and will be submitting applications in the coming months.

Marquee

As mentioned last month, when we hired the marquee for the May Festival, there was much discussion about whether it would make sense for the community to buy a marquee. The

reasoning was that so many organisations need marquees that we could recoup the cost very quickly. However we could foresee a number of problems that decided us against this option. For example, where to store it, who would be responsible for hiring it out and getting any damage repaired, etc. But most of all was the question of who would erect it and dismantle it. It seemed unlikely that we would be able to recruit a group of volunteers who would be prepared to keep putting up and taking down the marquee. If you have any views on this, please let me know.

Summer Beach BBQs

It's that time of year again. By the time you read this, the Rec Committee will have done the first one. We'll be doing another one on 20th August, and we hope you'll all be there.

Have a good summer and don't forget the Rec is there to be used by everyone in the Parish and visitors to the area. It has the most marvellous views and can be used for tennis, ball games, picnics, running around and generally enjoying the outdoors. However, please don't use it to exercise your dog, ride bikes, ride horses, light bonfires, etc. and please don't leave any litter behind.

Moira Hurst,

*Secretary, Grade Ruan Recreation
Ground Management Committee*



little beach stores
@ long loft, cadgwith

come & check out cadgwith's new village shop
oooh! exciting news! from may 30th – all-day breakfast sandwiches!!!

a selection of cakes, quiches, savoury pies, scones
home-made, hand-churned ice creams
toasted tea cakes & crumpets & bagels
jams & marmalade & honey

great for breakfast, elevenses, lunch or afternoon tea
indulge yourself & gaze at the sea with a cup of tea or coffee or an ice cream cone!

as well as a shop full of needs & treats
from sweets to shampoo ... from cheeses to cereals ... from crisps to nuts

coke & sprite & fanta (oh my!)

milks & creams ... flours & sugars
loo roll & kitchen roll ... baby wipes & nappies
tobacco & rolling papers ... lighters & matches

fresh fruit & vegetables

'tis the season for picnics & sandwiches & breakfast rolls

i scream, you scream ... we all scream for
ice cream!!!



come & get it!

all this & so much more!

ring (01326) 290 179 or email littlebeachstores@outlook.com to pre-order your shopping
from may bank holiday weekend: open 9.30am to 6.00pm ... 7 days a week



STRAWBERRIES AND CREAM AT THE PALACE

By Jilly McNair

Ruan Minor Resident and Member of the West Country branch of the QARANC Association

Sadly few people have heard about the Korean War 1950 - 1953. This was a horrible war with many thousands of both civilian and service casualties, and in which I also paid a very minor role - serving as a 24-year-old Lieutenant in the Queen Alexandria Royal Army Nursing Corps in both Japan (in the 1,000 bedded base hospital) and also in the British Commonwealth Zone Medical Unit in South Korea (a small 100 bed hospital based in an old school - with running water!).

“Taxi for McNair” called the hall porter, as my husband Clive and I stepped out into the lovely sunshine and into the waiting cab, asking the London cabbie for Buckingham Palace!

The day was Thursday 26th June 2014, and leaving Lancaster Gate we were soon driving through the outskirts of Mayfair with its bright flowerbeds and then on, passing the magnificent green trees of the Mall as we drove along the red tarmac to the palace precincts, where our driver stopped at the corner drop-off point. Clambering out of the cab, I grabbed the two sturdy hospital sticks which my kind GP had especially organised for me (after my cry for help realising that with my poor mobility, that I needed something reliable to lean on!).

It was exciting to pass through the crowds of spectators who were clustered outside the immense and impressive palace gates, with their beautifully gilded crests gleaming in the bright sunshine, and to suddenly realise that we were actually going in. Handing our security passes and driving licences to the Policeman at the gate, we were waived through with a smile into the forecourt of the Grand Entrance, followed by a number of other guests. However on seeing me somewhat hobbling on my sticks, a kind lady from the “Not Forgotten Association” came straight across to greet us, insisting that she would call the Royal buggy for us and at the same time giving us two lone red plastic chairs to rest on whilst we waited.

As the buggy was some time in arriving, the kind lady gave us a brief but interesting history of how the Association was founded in 1920 and, as far as I can remember, this was by a famous actress or opera singer who, when visiting some of the wounded servicemen from the First World War in hospital, was so touched by their bravery, told the Matron “I should like to take them all out for tea”, The Matron replied “All six hundred of them!” And so the association was formed by that lady and HM Queen Mary, with whom she was friendly and since then I believe this special, smaller and less formal garden party has been held annually.

cont.

Heel 2 Toe Foot Clinic

Working towards healthy feet

Mobile foot clinic bringing professional treatment in the comfort of your own home.

Treatment of:

Callus / Dry Skin, Corns,
In growing Toenails, Nail Trimming and Thickened Nails

Contact

Demelza Vincent
SAC Dip FHPT/FHPP

01326 291173
07790420244

Drawing & Painting Classes

All Year ~ 2014

Wednesday ~ 9.00 am ~ 1.00 pm.

Friday ~ 9.00 am ~ 1.00 pm
(if enough attendees)

*Venue: the lovely Ruan Minor
Methodist Church Annexe ~ a
room with a view!*

(Contrary to inaccurate public belief, please note my Classes at this particular venue are restricted from supporting Nude Life Classes)

Holidaymakers/Visitors

*welcome to attend any Class ~
please book in advance*

*MAY KIMPTON (BA Hons) ~ Ruan
Minor ~ the Lizard ~ Cornwall*

(Full details ~ Landline:

01326~291106/Mobile:

07876498856/Email:

maydcards@googlemail.com)



FLOW PATROL

24h drainage solutions



CCTV surveys, blocked drains & drain repairs

**Septic tanks, soakaways, treatment plants & pump stations
repaired, maintained & installed**

www.flowpatrol.co.uk

Tel: 01726 824209

We were told that HM Queen Elizabeth does not normally attend this party because HRH the Princess Royal is the Patron of the Association but that, on this particular occasion, she would be here. Also that it is the only day of the year that the Queen allows the front forecourt of the palace to become a parking lot, to enable many of the disabled to park cars, coaches and specially adapted vehicles conveniently and, turning around, we could see many cars, vans and coaches comfortably parked, including a large one from the famous Star and Garter Home in Richmond. Remembering that the Queen had only recently left N Ireland after a three day visit, it was with admiration and amazement that we heard that this very morning she had already received three Ambassadors, (realising that now, at almost eighty-seven, we ourselves feeling pretty bushed!).

Close by were several Policemen, including one kind Police lady who enquired if we should like a drink of water as it was quite a hot day. Soon after, small plastic glasses of cold water were passed to us and one of the Policemen at the gate amusingly raised his glass to me in salute and with the spectators still watching beyond the gates!

Interrupted by the arrival of the buggy - a cream coloured sort of four-seater golf type buggy - we were settled into it as privileged passengers and started the rather stately but exhilarating drive across the front forecourt, weaving through the parked vehicles, eventually turning into the large archway at the end of the esplanade.

Our driver, who was quietly spoken and very helpful, remarked to me that quite recently the Queen had been sitting in the seat that I was occupying - I really did feel privileged. He also mentioned that he had been employed by the Queen for fifteen years. Passing under the archway we were handed a programme of the events, and as we gently swept around the corner to the right saw a large and lovely flowerbed, before completing the considerable drive across the back of the palace to the far corner where we alighted.

Two enormous marquees at right angles distanced themselves across the beautiful parklands surrounded by the magnificent old trees and many tables and chairs were set across the grass, and once settled the afternoon tea of delicate sandwiches and an assortment of delicious little cakes and in the company of some of the Veterans, one of whom impressed us with his quiet modesty, as he related his Army service during WW2, having survived Dunkerque, he arrived in Singapore just before it fell, and was taken POW by the by the Japanese, jailed in Changi and then forced to work on the infamous Burma Railway and, despite the utter deprivation and blistering taunts of "Speedo Speedo", he survived and has frequently re-visited the bridge since - such bravery - and typical of the many veterans present.

The Queen arrived on the steps of the palace to a fanfare of trumpets accompanied by the Duke of York, and she gracefully proceeded down on to the lawn to meet her guests. As there was rather a crush of people pushing ahead, we stayed put and enjoyed watching the variety of fashions (including more than one in sandals and bare feet and some in colossal hats!).

It was also exciting to mix with the Beefeaters and the Chelsea Pensioners in their colourful uniforms, and I mentioned to one that long ago when I was stationed at the Royal Victoria Hospital Netley sometime during each summer we always kept one ward vacant for the sole use of the Chelsea Pensioners to have a seaside holiday

cont.



CORNISH GARDENING SERVICES

PAUL WILLIAMS

All general garden maintenance

Lawn mowing

Hedge trimming

Light/heavy strimming

Pruning etc.

Basic DIY

Free quotations

Call Paul on:

Home: 01326 241960

Mobile: 07749 815358

Need an Electrician?
let me help

ESP Installations *a friendly and reliable service*

- from fixing a light to a complete rewire
- landlord certificates
 - PAT testing
 - BT wiring
- electrical problems solved

Phone Ronnie Lingard
07751 456160 or
01326 291228 (Ruan Major)

Elecsa registered.

Quality of the work guaranteed.

Part of Electrical Safety Register

www.electricalsafetyregister.com

**CARPETS & THREE PIECE SUITES
SAFELY & PROFESSIONALLY
'STEAM CLEANED'**



**With the ever-increasing cost
of carpets & upholstery,
it makes sound financial sense
to have them cleaned**

Ring your local specialists

CLEANSWEEP

for a quote

01326 240936

21 Trembel Road, Mullion TR12 7DY

DENNIS ARCHER CHIMNEY SWEEP



TELEPHONE:

01326 240936

plus a full barrel of beer at the end of the ward. He thought the beer especially was an excellent idea!

Throughout the afternoon we were entertained by the band of the Scots Guards, who were ensconced in their own small marquee between the two larger ones. The Queen stayed for about an hour and toward the end of her visit, she walked over to and from the rear end of the huge tea-tent to meet some deserving veterans and where we had a good view of her. The National Anthem sounded the conclusion of her visit. Soon afterwards, little plastic pots of the most delicious strawberries and clotted cream were offered by the very attentive staff to all who wished to have them.

Clive and I were particularly impressed by the kind helpfulness of all the young currently serving members of the Forces there (having both been serving members ourselves). However, I felt somewhat sad that I had not been able to find any other members of my Corps of Korean veterans so far, but on leaving the (very nice) "lavatories", I bumped into a serving Major QARANC and holding up my marcasite Association brooch remarked on "QA" to another! We chatted for a minute or two, sharing a mutual agreement of loving our respective years of service.

This wonderful afternoon closed with the "Beating of the Retreat" and then we hitched a lift back with other guests in the larger general buggy to the forecourt of the Palace, where the London Police were tremendously helpful in flagging down a taxi for us in the middle of the busy rush hour, into which we flopped, somewhat exhausted but feeling much privileged to have spent three hours at such a venue.

COMPUTER / LAPTOP PROBLEMS?

I can restore your Computer or Laptop
to full working order for a fantastic price.

NO FIX NO FEE

Professional repairs

Call today for a FREE, no obligation quotation.

CALL TeeCeeTech TODAY

07730283433

Smugglers Fish & Chips

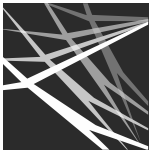
Fresh local fish delivered daily

Opening Hours
Monday to Saturday
4.30pm - 8pm

Tel: 01326 290763



1 Kynance Terrace, The Lizard TR12 7NH



Helston
Physiotherapy
Practice

Helston Physiotherapy Practice is a team of Chartered Physiotherapists who understand the effects of pain and injury on the body. We provide a range of proven treatments to relieve symptoms and ease movement.

Specialist treatment on your doorstep

We provide treatments for:



- Back & sciatic pain
- Neck pain & whiplash
- Shoulder pain
- Sports related injuries
- Post surgery rehabilitation
- Work place injuries
- Women's health
- Reduced balance

Telephone 01326 561 012 www.hppcornwall.co.uk

Email enquiries@hppcornwall.co.uk 11A Water Ma Trout Industrial Estate, Helston TR13 0LW



The Herbal Medicine Cabinet

by Deanne Greenwood

BSc (Hons) Herb Med

I have been watching hops (*Humulus lupulus*) stealthily winding themselves around surrounding foliage through July, waiting for the flowers (*aka* strobiles) to appear in August, when I will pluck them off and make a tincture to use as a soothing sleep, digestive and hormonal remedy. Hops contain oestrogenic compounds, which are reputed to boost libido in women – although I think this is more likely to be due to the stress-relieving properties of hops. Conversely, the hops in beer have been blamed for ‘brewer’s droop’ in men, although methinks this is more likely a result of excess alcohol consumption...

The reputation of hops as a remedy for insomnia was given the royal seal of approval by King George III, who swore by a hop-filled pillow for a good night’s sleep. To make one yourself, strip the strobiles, when they are papery and yellow, from the plant and spread them out to dry in a cool place. Then simply fill a small cloth sachet with the dry hops, seal and place inside your pillowcase so that you inhale the soothing aroma as you sleep. Lavender (*Lavandula angustifolia*) is another good one to try and add to a ‘sleep pillow’.

If we get a run of hot, sunny days in August, I’ll also be tincturing rosemary (*Rosmarinus officinalis*), sage (*Salvia officinalis*) and thyme (*Thymus vulgaris*), as the heat brings the medicinal oils to the surface of the leaves and makes for a potent remedy. Rosemary is best known as a circulatory stimulant, boosting concentration and memory, and is good for headaches; sage can be quite stimulating, too, but conversely is also a calming nerve tonic, as well as a good antiseptic remedy for coughs, colds and sore throats; thyme is stimulating, and has antiseptic properties that help relieve sore throats, summer colds and digestive problems. You can make tasty, medicinal teas, to drink (or gargle with sage or thyme for a sore throat), with fresh or dried rosemary, sage and thyme. Add just-boiled water and leave to infuse for ten minutes before drinking (or leave to cool before gargling). All three herbs are reputed to have anti-ageing properties, by the way!

September is berry-picking time for me – hawthorn, for a gentle but powerful heart tonic, and elderberry, which, among other things, is a wonderful immune system stimulant.



Phoenix TRADING

A unique range
of high quality greeting cards,
gift wrap & fun stationery
for every occasion

Available at the Thursday Market
in Ruan Minor
or direct from Ginny
01326 290593

* Gift vouchers available *

* Mail order service - free p&p *

www.phoenix-trading.eu/web/ginnysealey



Holiday cottage to let?
Cadgwith Cove Cottages



is your local friendly professional
 holiday property letting agency.

We offer:

- the most competitive commission rates around
- excellent knowledge of the area
- an office team always on hand
- a desire to offer a good service to owners and visitors alike

Most of our visitors return year after year and so, if you have a holiday cottage, why don't you give us a call and we can give you information and advice with no obligation.

Debbie Collins

Tel: 01326 290162

e-mail: covecottages@aol.com

C. M. BIDDICK

ELECTRICAL CONTRACTOR, RADIO & TELEVISION ENGINEER
RESTORMEL, CHURCHTOWN, MULLION, CORNWALL TR12 7BZ
TELEPHONE: MULLION (01326) 240277
FAX: (01326) 240277

FOR ALL YOUR ELECTRICAL REQUIREMENTS

Creda and Dimplex Storage Heaters ~ Cookers
Microwaves ~ Refrigerators ~ Washing Machines
Tumble and Spin Dryers ~ Toasters ~ Kettles
Irons ~ Vacuum Cleaners ~ Food Mixers etc

REGISTERED MEMBER



Radio

Television

Video

Torches and Batteries

Lamps and Shades

August Quiz

1. Where is Poets' Corner?
2. Which T.V. Chef's parents were both professional actors?
3. What is the most Northerly capital city in the world?
4. What is the regulation height of a tennis net, at the centre?
5. In Morse code, what letter is represented by four dots?
6. What was the last league club George Best played for?



Answers to the July Quiz

1. What is the seaside setting for "Foyle's War"? *Hastings*
2. The source of the River Thames is in which County? *Gloucestershire*
3. Who was the first English Christian martyr? *St. Alban*
4. Who was the first monarch to reside at Buckingham Palace? *Queen Victoria*
5. How did motor racing driver Graham Hill die? *Plane crash*
6. What was Richard Burton's last film? *1984*

Questions set by Norma Gossip

CORNWALL OVEN CLEANING

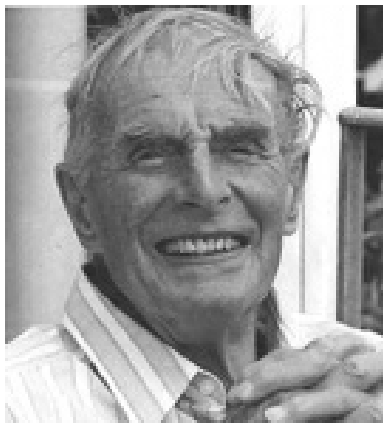
ovens - hobs - extractors - microwaves

- Non-Caustic, Non-Toxic cleaning products used
- Leaves no mess in your home
- Removes stubborn and burnt in grease & carbon
- Returns your oven to "like new" condition
- Your oven is ready to use as soon as we leave!

www.cornwallovencleaning.com

Free: 0800 566 8804 --- Local: 01326 710107

JOHN TOVEY 1922 - 2014



Our dear friend John Tovey passed away on the 9th May this year at the grand old age of 92. His funeral was held at home in Henley-on-Thames, along with a special service of Thanksgiving for his life at St Mary's Church in his beloved Cadgwith on the 12th July. Attended by his family and many friends, it was wonderfully led by Rev. Deidre Mackrill with musical accompaniment by Robin Bates. It included a very funny and touching eulogy by his son-in-law Martin Falkner (see below) and a reading by Peter Greenslade, former Landlord at the Top House, where John enjoyed many a pleasurable evening. The collection was donated to the Lifeboat, of which he was a great supporter.

I would like to take this opportunity to thank the family for the chance to say good bye to John here in Cadgwith and for their generous hospitality at Spinnaker afterwards. It was a wonderful day and John, I'm sure, would've been delighted at the Cove's send off. Farewell Mr Tovey, we shall miss you very much.

Sarah Stephens

John was born in 1922 in High Wycombe, Buckinghamshire. He left school in t1940, intending to go to Oxford University but, like most young men leaving school at that time, his destiny was to be elsewhere. He joined the Oxford and Berkshire Light Infantry and was dispatched to India where he underwent Officer training. He returned to the UK in 1946 and studied to become an Accountant and joined a local firm of accountants in Reading, and wisely married the boss's daughter.

I got to know him in 1977 when I starting dating his eldest daughter. From the start the family were very friendly. His wife Elizabeth, who many of you knew well, was a fantastic cook and very homely and very welcoming. To be able to get on with John at that time there were two things that you had to be able to do: one was to be able to talk reasonably sensibly about sport, and the other was to be able to hold your drink. John Tovey never was a particular heavy drinker himself in the time I knew him, but he always insisted that his guests were and the expression to be 'Toveyed' was originally started in Reading but then spread to Cadgwith, as many of you know and many of you will have experienced that this involved turning up at the house sober and sensible and leaving somewhat later in a somewhat worse state.

Apart from his family and his work John had three main areas of interest in his life; his time in India left him with a lasting interest in that country and all things Indian and Pakistani. He was always very interested in his sports and he had a great love of Cornwall and Cadgwith.

John was a very keen sportsman. He played cricket, hockey and rugby for his county. He had a golf handicap in single figures and was a strong swimmer. He played his last game of first class hockey at the age of 55 and was known in the local press at the Old

Man of Reading. However, his first love was always cricket. He played his first senior county game just after his seventeenth birthday. He continued to play county cricket into the 1960's. His illustrious cricket career included the Visitors vs Cadgwith. I heard various versions of these cricket matches from the 60's from the late Arthur Williams who I believe was no mean cricketer himself and led the village side. He realised very quickly watching this visitor that the village had a problem but he told me that John was always the perfect gentleman and never dominated these matches.

Finally we have John's love of Cornwall. Quite how his connection with Cadgwith began I am not sure. I do know it was in the early 1950's. Unfortunately, all the people around to ask are either too young to remember or too old to remember. I do know that he spent part of his honeymoon with Elizabeth in the Cadgwith Cove Inn in 1953. What happened in the intervening years until 1959 I do not know. In 1959 Pink Cottage was purchased by the Weatherley family who were related through marriage to Elizabeth. This was the start of the regular Tovey family holidays in Cadgwith and his enduring love of the village.

John, Elizabeth, Patsy & Gillian would always come at Easter, again in the summer and sometimes at Christmas to stay at Pink Cottage. In 1989 he bought Spinnaker where he continued to holiday at least three times a year and he was actually on holiday only two weeks before he died.

There were many things he really liked about Cadgwith, especially the warm welcome he seemed to have over the years from the local people. In his younger days he was a great walker on the cliffs. He enjoyed swimming from the beaches which he continued to do well into his mid and late 80's. He, in his early days, was a great contributor to the profits of the Cadgwith Cove Inn and later to the The Top House at The Lizard and I remember many nights in the old days on rum and shrub in the local pub. He was really interested in the fishing in the village, though himself not an angler in any way. He did occasionally go out on the crabbing boats, I think in particular with Arthur Williams and Tim Goddard which he regarded as a very relaxed fishing boat and I think there was a lot of banter and filling of pipes and not a lot of fishing.

Though John got a lot out of the village he was also keen to give something back. He was always very sociable and many people, both in the early days at Pink Cottage and latterly at Spinnaker were 'Toveyed' as the expression goes as they tried to sneak past. He was a supporter of local causes, and supported the Cadgwith lights and some might remember a few years ago when they used to be on the end of Spinnaker when he used to come down at Christmas. This always led to a problem as John had always been an early riser and had a tendency to go to bed particularly early as well. He would often go to bed at 8.30. One of John's particular anxieties was electricity at night and fire risk.; before he went to bed everything had to be not just switched off but unplugged. As people were admiring the lights at around 8pm, suddenly all the ones our end of the village would go off.

He also was a great supporter of the gig club. Though he never rowed himself, he was a generous donor to that cause. As a keen sportsman himself he felt he was encouraging the youngsters in the village. And finally towards the end of his time for the men of the village he gave you Dorota.

Amongst the social events in Cadgwith, he enjoyed his parties held at the beginning of July each year to celebrate his birthday. Had he still been with us, we would have been celebrating his 92nd birthday.

Local B&B Accommodation

COLVENNOR FARMHOUSE, CURY



Mrs Tricia Wright

01326 241208

colvennor@btinternet.com

www.colvennorfarmhouse.com

CHYHEIRA, RUAN MINOR



Chrissy and Nick Etchells

01326 290343

chrissy@chyheira.co.uk

www.chyheira.co.uk

CADGWITH COVE INN, CADGWITH



Garry and Helen Holmes 01326 290513

garryandhelen@cadgwithcoveinn.co.uk

www.cadgwithcoveinn.com

Facebook or Tweet us at
[cadgwithcoveinn](https://www.facebook.com/cadgwithcoveinn)

THE HAVEN, RUAN MINOR



Denise Wilson

01326 290410

denisewilsontr12@gmail.com

[www.cornwall-online.co.uk/
thehaven-lizardpeninsula](http://www.cornwall-online.co.uk/thehaven-lizardpeninsula)

Minutes of the Monthly Meeting of the Grade Ruan Parish Council held in the Sunday School Room of the Ruan Minor Methodist Chapel on Monday 9 June 2014 from 7.30pm

Present: Parish Councillors J Preston (Chair), N Green (Vice-Chair), J Clifton, P Collins, M Fleetwood, P Freeman, J Lee, S Stephens, J Trewin, Cornwall Councillor C Rule, PCSO Julia Berry, Clerk J Castle

and 2 Members of the Public (Richard Woods , Colin Curnow)

1. Absences and apologies: Parish Councillor C Cooper (apologies accepted by the Council)

2. Declarations of interest: Councillor Clifton declared an interest in item 8, re planning in respect of Glenelg and tree pollarding at the Rectory; Councillor Stephens declared an interest in item 9, re Sharkey's Road and Councillor Preston declared an interest in item 9, re grant request form Helford River Children's Sailing Trust.

3. Presentation by Lizard Adventure – Annette Eatock gave background information with regard to Lizard Adventure's request to use the car park at Mundy's Field. She stressed their association with the National Trust and focus on environmental issues. The proposal is to use the car park for coasteering at Enys Head, which is a good sheltered east-facing location. It would normally involve 3 vehicles (for a party of 8) although there may be bookings that involve vans or minibuses. She provided a map showing both the walking route through Ruan Minor and the coasteering route.

The Council explained that the land which forms the car park has a covenant restricting its use to motor cars and therefore vans and minibuses may not park there. It was requested that Ms Eatock asks her partner to consider alternative coasteering routes which could use the large car parks at Cadgwith and Kennack.

4. Public time:

Mr Woods of Glenelg, who has submitted an application to build another property in his garden, stated that the proposed build would be more appropriate to his current needs and he would sell his existing home , releasing a property into the community. Mr Curnow stated that he objected to the proposal on the basis that there would be an unacceptable impact on the local community. It would also set a precedent for garden development and loss of trees.

5. Police report: PCSO Berry presented her report. There were no reported crimes during May but she asked that parishioners be vigilant with regard to a current scam where people are being phoned by a person claiming to be from a police force not in this area asking for bank account details or the transfer of funds to a "safe" account. She asked that any such requests are reported to the police immediately. It was requested that PCSO Berry report this issue to Cornwall Council.

6. Cornwall Councillor's time: Councillor C Rule reported that she had dealt with a number of issues by e-mail since the last meeting.

With regard to concerns about the return bus from Lizard to Helston not calling into Ruan Minor, Councillor Rule asked for specific names of those concerned so that she can take the matter further.

Councillor Rule again reminded the Parish Council that she now has funds for this year in her community pot and can send out the application form.

cont.

Parish Council Minutes - cont.

Councillor Rule stressed the importance of the Housing Plan Consultation Survey and stated that she will update the Council on the results when they are available.

Councillor Rule confirmed that it was pure rumour that 1 purchaser had bought 5 affordable homes, although she did acknowledge that a purchaser could buy any number of the open-market houses. It was noted that there are 18 affordable homes, including 4 for shared ownership.

With regard to the Council's concerns about the time-frame it has to comment on planning applications due to delays in the issue of paperwork and placing on the website, Councillor Rule confirmed that the 21 day period starts from when the application goes on the web. She asked that the Council let her know if there is a problem in getting an extension.

7. Minutes for acceptance:

Annual General Meeting - the minutes of the annual parish meeting held on 12 May had been circulated. After some minor amendments had been made, Councillor Green proposed the amended minutes be accepted and Councillor Lee seconded. Carried 8 votes for and 1 abstention.

Monthly Parish Meeting – the minutes of the monthly meeting held on 12 May had been circulated. It was proposed by Councillor Freeman and seconded by Councillor Collins that the minutes be accepted. Carried 8 votes for and 1 abstention.

8. Planning:

PA14/004058 - Erection of dwelling at Glenelg, Ruan Minor. This is an outline application. Mr Woods confirmed that he is proposing to build a 3 bedroom house. It was noted that there was a very negative report from the Tree Officer. It was originally proposed that the Council would request a deferral for further exploration of the Tree Officer's response. However a substantive amendment was proposed by Councillor Green, which was seconded by Councillor Fleetwood and this was carried by 5 votes for, 2 against and 1 abstention. The revised proposal made by Councillor Green and seconded by Councillor Fleetwood was to oppose the application, having taken note of the Tree Officer's strong objection and the resulting loss of visual amenity. Carried by 5 votes for, 2 against and 1 abstention.

PA14/03877– Agricultural Chalet, Gwealgues Farm, Kuggar. It was noted that this was an extension request in respect of a permission that expired in December 2012. There is a ruined farmhouse on the site. It was proposed by Councillor Trewin and seconded by Councillor Green that the application for a further 3 years be supported on the basis that it is still tied to agricultural need. Carried 9 votes in favour.

PA14/05006 – Re pollard crown of Fraxinus Excelsior at the Rectory, St Ruan. It was noted that this tree had been previously pollarded. Councillor Preston proposed and Councillor Collins seconded that this application be supported. Carried 8 in favour and 1 abstention.

PA14/01730/PREAPP – Corgerrick Farm, Kuggar re conversion of a traditional stone agricultural barn into a single dwelling. This was noted.

PA14/03166– Land at Ruminella View, Cadgwith. It was noted that this application had been approved. The Chairman reported that he had dealt with a number of letters expressing concerns regarding this.

cont.

PA14/01926/PREAPP– Chy An Deylek. It was noted that this had gone to Pre-application to consult on the lifting of the fisherman's need condition.

9. Finance:

- Financial Report – the report was noted
- Finance Committee minutes – the draft minutes for the previous two meetings, subject to some amendments, were noted.
- Reserves Schedule – the revised reserves schedule put forward by the Finance Committee was discussed. It was proposed by Councillor Preston and seconded by Councillor Fleetwood the revised schedule be adopted. Carried 9 votes in favour. It was agreed that the reserves set aside for low level lighting be reconsidered at a future meeting.
- Annual Return for approval – the Chairman reported that that the Finance Committee had considered both the report from the internal auditor and the annual return at its recent meeting. It was proposed by Councillor Trewin and seconded by Councillor Collins that the Annual Return for the financial year ended 31 March 2014 (including both the Accounting statements and the Annual governance statement) be approved for submission to the external auditor. Carried 9 votes in favour.
- Sharkey's Road – the work has been completed and the Council is awaiting the contractor's invoice and the contribution from the Fishermen's Mission. Keith Dickson to be contacted. **ACTION : Clerk**
- Grant request from Helford River Children's Sailing Trust – in view of the Chairman's declaration of interest in this item, Councillor Green took the chair for this item. It was proposed by Councillor Trewin and seconded by Councillor Freeman that a grant of £150 be made. Carried 8 votes for and 1 abstention.
- Payments Schedule –the Payments Schedule, with the addition of the above grant of £150, was proposed for approval by Councillor Collins and seconded by Councillor Green. Carried 9 votes in favour.

9. Matters arising from the minutes:

- Former Church of Ruan Major St Rumonus- the Chairman reported that the trees growing in the tower had been dealt with and there would be further work in September.
- Storm Damage – it was noted that the repair to the concrete slip was urgent and it was too slow and bureaucratic to wait for Government grants. However £600 had been pledged by Cadgwith Conservation, £600 by the Community Trust, £600 from the Fishermen's Mission and £200 from the Community Pot.

The Chairman reported that he had an estimate for renewing the wall down the steps for Little Beach access of £450 - £500. It was proposed by Councillor Lee and seconded by Councillor Fleetwood that we proceed with this work as it is urgent for the holiday season and try and claim back in retrospect from Cornwall Council and /or the Community pot. Carried 9 votes in favour.

- Bus Stop Consultation - it was noted that the consultation has stalled whilst Cormac negotiate with Coastline. Consultation will take place at the appropriate

cont.

time.

- Lizard Adventure – having regard to the earlier presentation by Lizard Adventure, Ms Eatock was advised that Mundy’s Field is available to park motor cars but that vans and minibuses must be parked elsewhere. She was also notified that on Thursday mornings, when the market takes place in the Village Hall, the car park and adjacent roads are likely to be full. Other events likely to cause parking congestion would be notified to Lizard Adventure
- Local Needs Housing – it was noted that Alison Johns of Coastline was happy to attend a future meeting, if the nature of the questions could be notified in advance.
- Old council house (number 1) at Kuggar – it was noted that the Council had received no response to its request regarding the allocation of funds from the sale and the Clerk was asked to chase this. **ACTION: Clerk**
- Housing Plan Consultation Document – it was proposed by Councillor Collins and seconded by Councillor Fleetwood that the submission prepared by Councillor Freeman, together with any amendment notified by councillors in the next few days, be submitted as the Council response. Carried 9 votes in favour. **ACTION: Councillor Freeman**
- Grass Glebe Place – it was noted that the process to register the land as Village Green had commenced.
- Right to Bid – it was noted that the nominations in respect of Ruan Minor Methodist Hall and St Rumon’s Church had not been accepted. Councillor Freeman agreed to request a re-consideration in respect of the churchyard. **ACTION: Councillor Freeman**

It was reported that the Parish Council had received notification from the Land Registry that the Cadgwith Car Park and Toilets are subject to Right to Bid restrictions.

- Emergency Plan – the Chairman reported that this was still in progress and would cover community initiatives when support from the main emergency services was unobtainable or delayed. **ACTION: Chairman**
- Play Area – The Chairman reported that the Play Area Supervision committee had gone through and dealt with a number of issue in the Report. However a number of larger issues were outstanding that will need to be dealt with within the 3 months deadline. This process will fit in with the next stage of the grant application process.

It was proposed by Councillor Collins and seconded by Councillor Preston that Councillor Clifton be co-opted onto the committee. Carried 8 votes for and 1 abstention.

10. **Matters for consideration:**

- Todden Erosion – the further erosion was noted and it was agreed that there was a need to investigate further with Cornwall Council as to what support might be available and what alternative actions are possible. The Chairman agreed to come back to a future meeting with proposals for dealing with the potential danger. **ACTION : Chairman**

11. **Correspondence:** nothing further to discuss.

cont.

12. Footpaths, environment and treewardeners:

- It was noted that one of the workers for the contractor trimming Footpath 23 had been subject to verbal abuse. It was important that parishioners understood that they should contact the Chairman or the Clerk with any concerns.
- A query had been raised regarding a section of Footpath 43 (Kuggar to Gwendreath) not being cut. The Chairman had met Mr Adrian Seymour at Gwendreath who confirmed that he would soon be cutting the section alongside his property and that he is happy to maintain it in the future. The Parish Council will monitor this.
- Footpath 6 past Ledra Mill - it was agreed that this just needs some aggregate and the contractor would trim.
- Verge Trimming – it was noted that the exits onto the Lizard road from Ruan and Cadgwith has been trimmed and needed to be treated as a priority in future years. It was noted that visibility is poor at Ebenezers Triangle.
- Ruan Bridge - it was noted that the bridge had been damaged and the Clerk was asked to notify the Highways Department. **ACTION: Clerk**

13. In Committee:

It was agreed that the next part of the meeting be held in 'closed' session.

The meeting closed at 10.30pm.

Kelynack Cornish Fish

Proud suppliers of the best Cornish Fish

Collect your

FRESH FISH DAILY

MONDAY to FRIDAY MIDDAY

From Unit 2c, Willis Veau Industrial Estate,

Mullion

Tel/Fax: 01326 241373

Mob: 07974 141922

Email: kelynack.fish@btconnect.com

Spot the Ball Competition

Send your entry in the form of a grid reference (e.g. A1) to graderuan.gazette@btinternet.com

or place it in the magbag at Spar. Please include a telephone number.

by 10th September.

A £5 prize, sponsored by the Editor, will be payable to a local organisation of the winner's choice, e.g. Village Hall, School, Church, Rec

Those in the picture are not eligible to enter, although they probably also don't know where the ball is!



Private Car Hire

Martin Ellis
 Ruan Minor /
 Cadgwith / Lizard
07581
356591
 (24/7)
www.nuttynoaah.co.uk

R H JANE & SONS LTD

Painters & Decorators

The Orchard, Cadgwith, TR12 7JU



Telephone:

01326 290464
 01326 290700
 07976 928663
 07970 100480

SURGERY HOURS

Ruan Minor Surgery - 290852

Monday 9am - 12noon
Appointments 9.10am - 11.20am
 Tuesday 3pm - 5.30pm
Appointments 3.30pm - 5pm
 Wednesday CLOSED
 Thursday 2pm - 6pm
Appointments 3pm - 5pm
 Friday 9am - 12noon
Appointments 9.10am - 10.40am

Mullion Health Centre - 240212

Mon 8.50-11.10am & 3.50-5.40pm
 Tue 8.40-11.10am & 3.50-5.40pm
 Wed 8.40-11.10am & 3.50-5.40pm
 Thu 8.40-11.10am & 3.50-5.40pm
 Fri 8.40-11.10am & 3.50-5.40pm

NUMBERS YOU MIGHT NEED

ST RUAN CHURCH & ST WYNWALLOW		GRADE-RUAN UNDER FIVES	
Churchwarden: Sheila Stephens	290583	Jan Halliday	290978
Treasurer: Derek Elliott	290432	GRADE-RUAN C OF E SCHOOL	
ST MICHAEL'S, MULLION &		Secretary: Sharon Rowe	290613
St Mary's, Helston. Fr. Gilbert	572378	MULLION SCHOOL	240098
METHODIST MINISTER		GRADE RUAN PARISH COUNCIL	
Rev Steve Swann	240200	Chairman: Jeb Preston	07964215277
SURGERY		CORNWALL COUNCILLOR	
Mullion	240212	Carolyn Rule	240144
Ruan Minor	290852	VILLAGE HALL BOOKINGS	
Out of Hours	0870 242 1242	Janet Gascoigne	290536
NHS Direct	0845 4647	SPAR SHOP & POST OFFICE	
POLICE		Claire Bollard	290138
Helston Police Station	08452 777444	RECREATION GROUND COMMITTEE	
Emergency calls	999	Chairman: Mike Fleetwood	290365
Non urgent calls	101	CADGWITH GIG CLUB	
Crimestoppers	0800 555111	Secretary: Mike Hardy	290282
MOBILE LIBRARY	0300 1234111	NATIONAL TRUST	
		Rachel Holder	291174

ADVERTISERS' INDEX

A S Jane Services <i>Firewood</i>	p20	Mullion Antiques	p66
Art Classes - Cornish Mayd	p48	Mullion Mechanics	p32
B&B Accommodation	p58	Norbert Varga Electrician NEW	p6
Bolenowe Horse Sanctuary NEW	p12	Old Cellars	p38
Cadgwith Cove Cottages	p54	Pendle Funeral Services	p38
Cadgwith Cove Inn	p18	Phoenix Trading <i>Stationery</i>	p53
Cadgwith Fish Seller	p8	Physiotherapy- Helston Practice	p52
Chenpump UK Ltd	p14	Poltesco Preserves	p36
CleanSweep/Chimney Sweep	p50	Private Car Hire - Martin Ellis	p64
CM Biddick <i>Electrician</i>	p54	Property Maintenance <i>R. White</i>	p10
Computer Repairs Tee Cee Tech	p51	RE Tonkins <i>Funeral Directors</i>	p30
Cornish Chough Brewery	p40	RH Jane & Sons <i>Decorators</i>	p65
Cornish Gardening Services	p50	Ruan Minor <i>Post Office & Store</i>	p68
Cornwall I.T. Services	p40	Sam James <i>Plumbing & Heating</i>	p36
Cornwall Oven Cleaning	p55	Smugglers Fish & Chips	p52
Cove Services - <i>Plumbing&Heating</i>	p10	Telstar Taxis	p30
Cowshed <i>Farm Shop</i>	p16	Tree Contractor, LH Williams	p26
Deanne Greenwood - <i>Herbalist</i>	p16	Village Hall	p24
Diston Music Tuition - NEW	p6	Village Restaurant	p12
Emma's Crafts	p20	Watch House	p28
ESP Installations - <i>Electrical</i>	p50		
Flow Patrol - Drainage	p48		
Hawk Stoves and Briquettes	p42		
Heel2Toe - <i>Foot Clinic</i>	p48		
Ian Noble - <i>Electrician</i>	p19		
Income Tax Consultant	p19		
Ivan's Car Sales	p2		
J&L Garden Machinery Repairs	p22		
Jonathan Care <i>Plumbing&Heating</i>	p9		
Jumunjy Garden Services	p20		
Jumunjy Thai Cuisine	p67		
Kelynack Cornish Fish	p63		
Knight O'Byrne <i>Financial Planners</i>	p44		
Kuggar Stoves	p32		
Last Stop Tackle Shop	p6		
Leggy Painter	p33		
Leggy's Pasties	p22		
Little Beach Stores	p46		
Lizard Cars - <i>Taxi</i>	p14		
Lizard Life Therapies	p12		
Mobile Hairdressing - Karen	p36		
Mobile Hairdressing - Rebecca	p26		

MULLION ANTIQUES

Antiques and Collectables
Bought and Sold

Always looking to buy old furniture,
old china, costume jewellery, gold
and silver items
including hallmarked gold for scrap -
top prices paid

Linda Wilkinson,
The Post Office,
Nansmellyon Road,
Mullion,
TR12 7DQ

01326 241302
Mobile 07887 955326

Follow Mullion Antiques on Facebook

JUMUNJY

THAI CUISINE 

free home delivery service

**Cadgwith
Ruan Minor
Kuggar
Lizard Village
Mullion**

Please view our
menu @ www.jumunjy.com

**Monday to Saturday
5pm till 11pm**

Meals are prepared fresh to order. Jumunjy is a small family run kitchen, quality takes time so please book from 4:45pm
We are not a hi-speed take-away service Thank You

01326 291 306



Our main news this month is our late night opening (until 9pm) on Thursdays, Fridays and Saturdays. This will continue through the Summer holidays, to help you make the most of the lovely Summer evenings.

You may also have noticed that we have replaced the 35 year old chiller with a number of brand new fridges. They are not only far more eco-friendly, but we have also been able to remove the large, noisy external fan from the rear of the building. The additional fridge space has enabled us to bring the milk and cream together with the other chilled products as well as providing an area for chilled beer and wines. Perfect for those long, hot, Summer evenings.

Finally, we've moved the fruit and vegetables outside to provide an attractive display for you to browse but also to tempt passing visitors. As always, please ask if there is something you'd like that we don't have.

For those of you heading away this Summer, in the Post Office we have Euros on demand and other currencies, if ordered before 2pm, are delivered the following day. We also have the Travel Money card, travel insurance and the Post Office credit card which doesn't charge commission on overseas purchases.

Telephone 01326 290138

