

Grade Ruan Gazette

March 2016

Vol. 30 No. 1



Inside This Month

All our regular features, plus:

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90p

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DATES FOR THE DIARY

Alternate Weds	Recycling - 2,16, 30 March
Every 4 weeks	Mobile Library: Glebe Place 10.25 am -10.45 am, 9 Mar, 6 Apr
1 st Sunday	Friends of Kennack Beach Clean. Meet at car park 10am 6 March
2 nd Monday	7.30pm Parish Council meeting, Methodist Chapel, 14 March
3 rd Tuesday	12.15pm Soup, Pasty, Pudding, Methodist Chapel, 22 March
4 th Tuesday	7.30pm Quiz in the Village Hall, 22 March
Mon & Thurs	7.00pm Short Mat Bowling, Village Hall
Every Tues	(except 3 rd Tues) 10am Coffee morning, Methodist Chapel
Every Weds	Rainbows, Brownies & Guides. Contact Joy Prince Tel: 290280
Every Thurs	9.00am - 11.45am Market and refreshments - Village Hall
Every Thurs	Yoga at the Village Hall - 5.30 - 6.30 pm

MARCH

(SEE "WHAT'S ON" FOR MORE DETAILS)

19 March	Spring Flower Show, 2.30pm Village Hall
23 March	Cadgwith Book Club, 8pm Cadgwith Cove Inn
24 March	End of Spring School Term
25 March	Good Friday,
27 March	Easter Sunday

ADVANCE DATES

11 April	Start of Summer School Term Grade Ruan Primary School
7 May	Flora Day
14 May	"The Brie, the Bullet and the Black Cat" - Murder Mystery with Three Course Meal at the Village Hall - 7.15 prompt
21 May	Unconfirmed Opening event for new Pavilion - Ruan Recreation Ground
28 - 30 May	May Festival, Recreation Ground
30 May - 3 June	Summer Half Term Grade Ruan Primary School
25 June	Midsummer Music featuring Duchy Opera at the Recreation Ground. Starts 5pm with a picnic interval
16 July	Annual Folk Day - Cadgwith Cove Inn
20 July	Beach BBQ, organized by the Gig Club
27 July	Beach BBQ, organized by the Lights Committee
28 July	RNAS Culdrose Air Day
3 August	Beach BBQ, organized by the Rec Committee
6 August	Vintage Rally Night Before Party
7 August	Grade Ruan Vintage Rally
10 August	Beach BBQ, organized by the Gig Club
14 August	Cadgwith Fishing Festival, in aid of Cornwall Leukaemia Trust
17 August	Beach BBQ, organized by the Lights Committee
24 August	Beach BBQ, organized by the Rec Committee
7-9 October	Beer & Cider Festival - Cadgwith Cove Inn

Front Cover: The cast of Black Frog Creek

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All houses (holiday lets and those that are permanently occupied) and businesses in the parish, should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Sue Cadman on 01326 291S129.

CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Mag Bag behind the door at Ruan Minor Stores. **The deadline is the 18th of the month prior to publication.**

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!

See us online at www.cadgwith.com and on Facebook "Grade Ruan Gazette"

ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approx. 590 copies are distributed every month and the rates are reasonable!

A ¼ page is £5.50, a ½ page £9 and a full page £16.50 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

GAZETTE CONTACTS

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The Gazette is a not-for-profit publication and is created and distributed by volunteers.

Noticeboard

The Gazette celebrates 30 years of publication this edition and is grateful for all the support throughout this time from contributors and advertisers. Here's to the next 30 years!

Happy Birthday in March to: Derek Agutter, Basil Bolitho, Peggy Thompson, Matilda P, Mark Outten, Brian Jenkins, Juliet Edwards, Paddy Alfrey-Cryan, Jake Woodley, Toby G, Jane Vowles, Arthyen B, Norma Gossip, Olivia Mae Cooper, David Rogers, Jessica B, Tilly A-C, Jake Scolding, Teagan R, Jamma Phillips, Jenny Scolding, Mel Downing, Susan Stephens, Ali Russell, Treve Harry, Alfie W, Terry Stephens, Bruce Jane, Abigail T, Paul Collins, Jimmy Quirke, Sheila Collins, Brian Brown, Sophie R J, Deborah Stephens

It is now 5 years or so since the advertising rates for the Gazette were last reviewed. Since then costs have crept up and the print run has increased for the extra housing in the area. Our printers will be revising their rates in April however they still remain highly competitive.

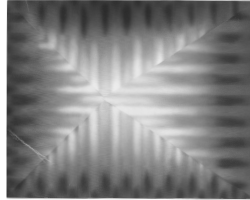
Inevitably this mean that the advertising rates must now be revised and these are set out below and will take effect from the April edition or on renewal of the annual payment, whichever is later. Of course, for those who do pay annually, the 10% discount will continue. I hope you agree that these rates still represent good value.

Quarter page £5.50

Half Page £9.00

Full page £16.50

(excludes inside front and back cover)



Barrie Cook, Artist, whose studio is in Ruan Minor, is having a one-man exhibition at Lemon Street Gallery in

Truro. Entitled "Bonded Spirits", it includes paintings created over the last couple of years, as well as some older work. The exhibition is on until 12th March, - do visit the Gallery if you are in Truro.

Sally Watts

From The Friends

The Friends of St Ruan and St Grade Historic Church Buildings are pleased to announce they are now a registered charity under number 1164632. Our purpose is to preserve these two special church buildings that bring pleasure to both residents and visitors alike. The membership fee is £10 for an individual and £15 for a couple and leaflets can be found in the church

The Saint Ruan 200 Club
Save your beautiful 11th century Church

The winning ticket in the
February 2016 draw was
Ticket No: 185 Yvonne Stephens.

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and collection is now underway
for the 200 Club draws for 2016.

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Noticeboard cont...

buildings or you can contact Jane Spalding our secretary on 01326 290450 or by e-mail: janespalding@btinternet.com.

We have two events coming up shortly, a Murder Mystery (see What's On) to be held on May 14th 2016 at the Village Hall and a Midsummer Music event on June 25th 2016 at the Recreation Ground showcasing the Duchy Opera. more information about this event will be available shortly..

From Di Fitzsimmons

Jeff Lee of Poltesco House, Poltesco Valley. Jeff's family (brothers) and I would like to say thank you for all the help and good wishes during Jeff's recent heart scare, where he spent 5 days in The Cardiac Investigation Unit at Treliske Hospital. Jeff is out and about again but he is taking it slowly. All the help and good wishes were very much appreciated!

From Margaret Fielder

I and my family would like to offer sincere thanks to everyone at Ruan Minor Surgery for their help and kindness during Gordon's illness. Also thanks to the people of Ruan for the

beautiful cards, flowers and many offers of help - all greatly appreciated, Thank you.

From Sue Cadman

Dog Fouling, particularly on Higher Moor is still a problem and folk are, quite rightly, unhappy about it. There has been a lot of support for my suggestion that everyone 'chips in' to buy 2 new bins for Higher Moor and Glebe place; but, before getting them, I want to be sure that we are approaching the problem in the right way. Providing poo bags is one idea and I have notices that will go up by the end of the month.

I am looking into supplying bags for all households and at the costs involved. I am happy to empty any new bins in the short term, but might need volunteers to help in the long term. Folk can follow the saga on the Ruan Noticeboard on Facebook and all suggestions are welcome. I am pleased and very grateful for all the help that has been offered - both financial and physical. This is such a lovely village, lets keep it that way. I can be contacted by email on patriciascadman@aol.com and by telephone on 01326 291129.

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Grade Ruan Spring Flower Show

Saturday 19th March

Doors open at **2.30pm**

Official opening and presentation of awards by Mrs Jan Halliday at **3pm**

Grade Ruan Spring Flower Show

This is just a gentle nudge to you all that our annual spring flower show will take place once again in the Village hall on Saturday 19th March. The classes are open to all to enter so please have a go. You may not have much control on what flowers are ready but there are other classes that you can prepare for like Art, Photography, research your recipes and there will be classes for the young folk as usual. The schedules are available in the village shop around the village and in the surrounding villages of the peninsula. Please have a go and enter failing that come down on the day to have look around and have chat, there will be refreshments and a lovely raffle with many horticultural and other prizes donated by local businesses. For more information or schedules contact Charlie Coates on 290943.





The new Spring / Summer 2016 Phoenix Brochure is now available.

There are lots of new products as well as many of the "old favourites".

I am at Ruan village hall market on Thursday mornings.

Liz Newton
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(in reality the Village Hall on Saturday 14 May 2016)*

He is unable to invite everybody so spaces are limited

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with a welcome cocktail on arrival*

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It is imperative that you arrive promptly at 7 pm

Tickets are £20 per head and will be available from April

*Proceeds to the Friends of St Ruan & St Grade Historic Church Buildings
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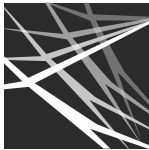
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RECIPE SPOT - EGGS NEPTUNE

With Spring on the way and the boats going back out to sea, locals and visitors will be wondering what simple dish they can make with our locally caught crab. Here's one which is exactly the same as Eggs Benedict but using fresh crabmeat instead of ham.

Ingredients:

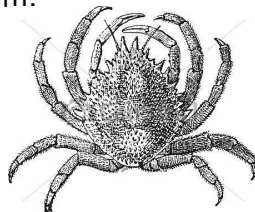
1 split toasted muffin

2 fresh local eggs, poached

2 tablespoons fresh local white crabmeat

A couple of tablespoons of Hollandaise sauce

(easily available in jars from the supermarket if you don't want to make your own)

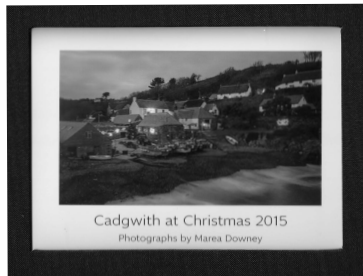


Put the crabmeat onto the two halves of toasted muffin, top with the poached eggs and spoon over the Hollandaise. Easy, delicious and quick.

Thanks to Carolyn Ferrari for this contribution

Cadgwith at Christmas 2015

By Marea Downey



Marea Downey's latest book of photographs of Cadgwith has arrived. It contains lovely photographs taken over the Christmas period: from the Christmas lights switch-on, through Christingle, Nativity, Christmas Fayre, "Ladies Night", the Christmas Day swim and much more.

Marlan and Marea have generously donated copies of the book to be sold at £15 each for the benefit of the Christmas Lights fund. They have paid the printing and shipping costs, so the entire £15 will go towards the long awaited project to hard-wire the Todden side of the Cove, which should help make the lights more reliable in future.

Books can be obtained from Tim and Moira Hurst, New Thatch, Ruan Minor. 01326 290257 or email tim.moira@btinternet.com and we can deliver.

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Friends of Kennack

Only 3 of us were able to make the beach clean on Sunday 7th February, so many thanks to Danielle and Anne who joined me. We still managed to fill 3 large sacks between us.

Unfortunately there have been some developments at Kennack Sands which mean we will be facing a massive problem this summer. The council will no longer be collecting the rubbish and are removing all the bins. This will come into effect on April 1st, and no, this is not an April Fool's joke - it is the council that are a joke!

Kennack Sands is such a popular beach for locals and visitors with lifeguards during high season and local dog walkers all year round. The logic of the decision defies belief. We have been having meetings with all interested parties and hope to have a system in place for when the council pull out. The next Beach Clean is Sunday 6th March, so I hope we will get lots of folk joining us.

Of a less urgent nature I am involved in a project regarding Kennack Sands during the war and would be most interested to receive any photographs. I would arrange for copies to be taken and for the photos to be returned unharmed.

I can be contacted by email on patriciascadman@aol.com and by telephone on 01326 291129 with regard to both matters.

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WHAT'S GOING ON AT THE VILLAGE HALL?

THE THURSDAY MARKET

The market is held every Thursday morning from 9 am to 11.45 am or later in the summer. Come along, browse our stalls, for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie'. If you prefer, just stay for a chat and catch up with the local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Knitware & Quilting	Leggy's Pasties	Flowers & Plants
Bric-a-Brac	Needlecraft	Books

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

Tasha Allen on 291232 or 07792292665

or just call in on a Thursday morning to see what's going on.

SHORT MAT BOWLS

Sessions are held on Monday and Thursday evenings at 7.00pm

It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

QUIZ NIGHT

Quizzes are held on the 4th Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contests begin at 7.30pm. Any changes to dates will be notified on the Village notice boards.

SPECIAL EVENTS

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

ARRANGING AN EVENT?

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information on these arrangements call

Tasha Allen on 291232 or 07792292665.

We are wheelchair friendly.

GRADE RUAN PARISH COUNCIL

Traffic speed survey, December 2015

The Parish Council receives frequent complaints that traffic drives too fast through Ruan Minor and Kuggar, exceeding the 30mph speed limit and creating danger.

The Council recently commissioned Cormac to carry out radar speed surveys in both places. These were done between 10th and 17th December using unobtrusive speed detectors that were unlikely to have caused drivers to change from their usual habits. The interesting results are summarised here.

	Kuggar		Ruan Minor	
	Number	Percent	Number	Percent
Total Number of Vehicles	2938		6326	
Average Speed	20.6 mph		22.1 mph	
Below Speed Limit	2391	99.90%	6121	96.80%
30mph - 40 mph	7	0.10%	202	3.20%
Over 40 mph	0	0.00%	3	0.00%

Cormac have provided more detailed figures looking at the two directions of traffic separately and potential differences between weekday and weekend traffic, but they all give similar results.

There seems to be no speed problem in Kuggar at all, only one vehicle per day exceeding the limit. In Ruan Minor the proportion exceeding the limit is still very small by national standards but if a speed camera were to be installed, strictly set to 30mph, it would issue about 25 tickets per day, until drivers learned to slow down. But in practice, cameras are usually set to allow anything up to 33mph, so tickets would be noticeably fewer.

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Grade-Ruan Under 5s

School Spot



Mullion School

Grade Ruan Under 5s: For the latest news please go on line and check Facebook "Grade Ruan Under 5s"

Grade-Ruan School

Has had a very busy first half to the Spring Term! Starfish and Orcas children took part in a netball competition at Mullion School, as part of the Lizard Primary Schools Sports Cluster - thank you to the parents that came to support. Orcas visited the Light & Life Centre in Helston for an interactive bible exhibition. Starfish Class were treated to a storytelling and drama session with Liane, to complement their learning about Chinese New Year and Storytelling Week. The School Council organised a Book Swap to celebrate Storytelling Week - thank you to everyone that brought in a book and the School Council for organising it. £10 was raised from the Book Sale of leftover books!

Turtles Class have been learning about famous inventors and their inventions, as part of this term's topic, *Making a Difference*. A treasure hunt in Cadgwith, gave them a clue on a life ring - to learn about a man with the initials HT. This took them to Helston Museum, where they learned about Henry Trengrouse and his life-saving rocket system. Whilst at the museum, Katey Jane found a desk in the Victorian school room that used to be in her classroom at Grade-Ruan!

The school hosted a Carn to Cove workshop for Orcas class with Light Theatre, who then put on a fabulous show in the evening, *The Magic Beanstalk*. Thank you very much to the Friends of Grade-Ruan for organising teas, coffees and pasties.

Grade-Ruan School is a drop off point for Helston & Lizard Foodbank - if you would like to donate anything, please take it to Louise in the office. The children are also collecting stamps for CLIC Sargent - there is a big box in Reception if you would like to send any in.

It's a very short second half of term, before we finish for the Easter holidays but in that time the children will be packing in a Spelling Bee, a music afternoon at Mullion School, a football competition at Mullion School, World



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Eggstravaganza on the last day of term, Friday 18th March! They'll be in need of their holidays!

For all this information and more, please see the school website at www.grade-ruan.cornwall.sch.uk.

Mullion School

Humanities Department held an Inter Faith Day for all Year 7 students. They took part in a variety of activities including the making of Buddhist prayer flats, learning a traditional Jewish song and dance and finding out about a variety of religious views on the environment. The students made a 12 pence meal of dhal and rice with they ate altogether in the hall at the end of the day.

Year 11 Maths students are the last to be studying for the 'old style' GCSE, with its grades A*-G. Current Year 9 and 10 students will take a GCSE that is graded 9-1 with more problem solving and formula learning. Challenging times for students and teachers!

Year 10 Resistant Materials students visited the David Gilbert Joinery industrial workshop in Cury - they were given a tour of the workshop and all its machinery, showing how a product is manufactured from idea to reality. The students were then fortunate enough to have a Master class in wood-working skills with David himself (a former Mullion School pupil!).

Year 7 pupils were able to learn practical judo skills from expert coaches from Penrose Judo Club, during a Judo PSHE Day.

The School has purchased 150 Chromebooks following a successful pilot led by Mr White, Head of Science. He said "We need to transform our technology and give students a device so they can access the learning resources they need at any time. We chose Chromebooks because they are easy to manage, cost-effective and hard wearing enough to handle day-to-day use in a school environment." Utilising The Cloud for unlimited data storage, the addition of the Chromebooks to the three ICT suites ensures that more and more students can access ICT at any one time.

Still to go before the Easter holidays are the Hootenanny and the KS3 Games Day and Parents' Evenings for Year 9 and current Year 6 children.

See the calendar on the school website for all dates and information - www.mullionschool.org.uk.

Herbal Medicine

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Recreation Ground News

MAY FESTIVAL

The programme for the festival is coming together. The format will be the same as in previous years, but with the addition of a Sports Event on the Sunday afternoon. Here is an overview of what's planned so far:

May Festival Programme

(so far)

Saturday 28th May

Live Music

7.00pm Graeme Mathieson

9.00pm Nightshift

Food available.

Bar from 7.00pm - Midnight

Sunday 29th May

Sports Event from 1.30pm

Five-a-side Football, Tennis, Beat the Goalie, Tug-o-War, Rounders, Novelty Races, Basketball Shoot-the-Hoop,

Open Mic Session:

2pm - 4.30pm in the pavilion

Bar and food from 1pm

Live Music

6.00pm 2 Simple

9.00pm 3 Daft Monkeys

Food available. Bar open till 11.45pm

Monday 30th May

Family Fun Day from 12.30pm

Bouncy castle, Face painting, Table-top Sales, Tombola, Fairground Organ, Coconut Shy, Dog Show, Performers and Entertainers, Ice creams, BBQ,

Refreshments, Cakes, Bar

Bar and Food from 12.30pm



The **pavilion** is coming along nicely, with the roof trusses in place and the rest of the roofing about to start.



The picture above shows the social area, looking towards the wall where the bar will be. The gap on the left is for large patio doors, affording a great view of the football pitch and the sea beyond. It's a wonderful place to have a pavilion.

Keep the Date: We think that the opening event will be on Saturday 21st May, and hope to be in a position to confirm this in the next couple of weeks. Meanwhile, please put the date in your diary.

Recreation Ground Committee
c/o Moira Hurst tel: 290257
moira@ruanrec.uk



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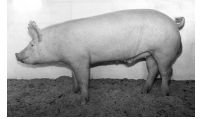
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Spring Detox

March signifies not only the beginnings of Spring, for me, but also months of happy foraging for medicinal plants to make herbal remedies. I'm either on foot with my dogs, or astride my trusty little cob replete with saddlebags for collection of goodies.

Cleavers: Cleavers (*Galium aparine*) is one of the most important springtime medicinal plants for detoxification purposes and boosting the immune system. It can help clear lingering coughs and phlegm, but also has much deeper and far-reaching effects. It is renowned for cleansing the lymphatic system, which is an integral part of our immune system, and can help resolve a wide range of health problems. As Master Herbalist Nicholas Culpeper (1616-1654) said: '*It is a good remedy in the Spring, eaten (being first chopped small, and boiled well) in water-gruel, to cleanse the blood and strengthen the liver, thereby to keep the body in health, and fitting it for that change of season that is coming.*'

You'll find this plant all over The Lizard, its incredible stickiness enabling it to attach itself to anything, including you. It's also known as goose grass, and sticky willy! Herbalists use it as a tonic for people with cancer, but it makes an effective home detox remedy. Eat the young shoots chopped in salads, or juice them and add to smoothies. I find it particularly helpful for skin disorders such as eczema and psoriasis, and urinary problems as it's a great diuretic.

Nettles: Stinging nettle (*Urtica dioica*) is another ubiquitous plant that, like cleavers, makes a great detoxifying tonic, helping with skin disorders and urinary problems, arthritis and anaemia. It's packed with vitamins and minerals, including iron and vitamin C. The body needs vitamin C to absorb iron, by the way, so this is a very clever plant. Nettles also have an antihistamine effect, so often feature in herbal remedies for allergies such as hay fever and asthma. Use fresh young nettle tops to make a soup or tea. Chop finely and use about a tablespoon per mug, leaving to infuse for 10-15 minutes before straining and drinking. You can add cleavers to this, or dandelion leaves, for one of the most cleansing and fortifying spring tonics ever!

Dandelion: Fresh young dandelion (*Taraxacum officinale*) leaves, just like nettle, are a naturally balanced herbal remedy. As well as being a potent diuretic, they are packed with potassium – which is handy, as strong diuretics can leach the body of this vital mineral that is essential for proper functioning of our organs, including the heart. The potassium that is flushed out in the urine is simply replaced by the plant's own supply. How simple, and brilliant, is that? Mother Nature always knows best.

Sadly, this is the last of my regular columns on foraging and herbal medicine, although I hope to contribute to the Gazette on an occasional basis. If you wish to continue following me – you'll need a horse! Alternatively, visit my website at www.deannegreenwood.com and sign up for my Herbal Ramblings blog. To all those who regularly contact me with information about medicinal plants they've spotted, or asking for advice, please continue to do so via email, at deannegreenwood@me.com. I really appreciate and enjoy your interest and input.

Rector's Ramblings

Lent - Be Reconciled

In nearly every church I have come to in my ministry there have been people who come back to church having left under the previous vicar because of something he/she did or did not do. That doesn't make me perfect - I am aware that some will stop coming to church in *my* time because of something in me (although I may never know as people rarely take up their issues directly with the vicar). How many people like this are in our parish; hurt, un-reconciled, perhaps still grieving?

Not all leave in these circumstances, and it's not all about the vicar. Other things happen in church: things are said, or not said, sometimes it's hard to remember what happened, but relationships are broken. Sometimes people leave because of this. Sometimes they may stay, but withdraw a bit from the life of the church. Sometimes they may remain active, but there is some distance, some lack of trust.

And yet we know, or ought to know, that Christ came to reconcile each of us to God (Rom 9.10; 2 Cor 5.18) and to one another (Eph 2.14-18). It would not be taking it too far to say that the essence of being a Christian is the renewal of relationship – Reconciliation. The heart of that renewal is in our relationship with God. But that relationship cannot be renewed without our relationships with others being changed; especially with our brothers and sisters who have been redeemed with us by the same blood (1 John 4.20-21; Acts 20.28).

Surely this brokenness grieves our Lord's heart. It grieves mine, though I am aware that reconciliation is not easy and can be very costly; and there are always 'reasons' why we hold back from it, yet God's call to us all remains – Be Reconciled (2 Cor 5.20).

This Lent, I want to offer an opportunity to hear this call. It was the theme of our Ash Wednesday services and some of our Lent Courses. On Maundy Thursday there will be a special joint Service at St Keeverne, to reflect upon our need to seek a real reconciliation with those who have hurt and, most importantly, with those we have hurt. Please pray about how you can be part of this, even if you do not immediately think that you need reconciling; as a Church we do.

For some, this may stir up difficult memories. For some, it will require honest reflection on relationships that are not broken but out of joint. For some, the thought of crossing the church threshold may seem daunting. It may also require the church offering its penitence and seeking forgiveness.

I am not suggesting that one Lent will sort things out - reconciliation is a process (a way of life); it will be costly - but we must take a step into this with Jesus who has borne the greatest weight of that cost. Jesus will guide our steps and perfect our hopes as we trust in him. As St Paul said:

"All this is from God, who through Christ reconciled us to himself and gave us the ministry of reconciliation; that is, in Christ, God was reconciling the world to himself, not counting their trespasses against them, and entrusting to us the message of reconciliation. Therefore, we are ambassadors for Christ, God making his appeal through us. **We implore you on behalf of Christ, BE RECONCILED to God.**" (2 Cor 5.18-20).

If you would like to speak to me about any issues that have affected you and separated you from the church, I should love to hear from you. I do want to be serious about reconciliation - because Jesus is.

Yours in Christ,

Peter Sharpe, Vicar

The Vicarage, Lemon Street, St Keeverne; ☎ 01326 280999; e-mail: peter@petersharpe.net



Church Services



Church of England Services		
March		
Sun 6th	Morning Praise, St Ruan Church	11.15am
Sun 13th	Holy Communion, St Ruan Church	9.30am
Sun 20th	Palm Sunday Family Service, St Ruan Church	11.15am
Thurs 24th	Maunday Thursday Holy Communion, St Keverne Church	7.30pm
Sun 27th	Easter Day Holy Communion, St Ruan Church	9.30am

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Service at 11.00 a.m. Each Sunday

Roman Catholic Mass Times

Fr. Gilbert 01326 572378

Sunday Mass at

St. Mary's Helston at 9.00 a.m.

St. Michael's Mullion at 11.00 a.m.

Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
PCC Secretary, Chris and Barry Lovelock	290181
Church Treasurer, Derek Elliott	290432

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Gardening in March

by David Endean

Glug, glug, glug, gurgle, gurgle... well it now seems to be a regular occurrence of long wet periods, here we have had another sodden winter. There is little I can say other than wait for the ground to dry out a little before you attempt to do too much on it.

I have had to resist the urge to go ahead with sowing lots of seeds in the greenhouse as it has been just too early. But with March here now sowing will happen in earnest and the plug plants that I have ordered will arrive at the end of the month. I mainly order plugs of plants that require a long growing season and plenty of heat, which is expensive even though fuel prices are 40% down on last year. Even if the weather is poor there will be plenty to do in the greenhouse, so much so that I will struggle to do it all even with the lengthening days and the time altering at the end of the month.

I seem to rely on the spell we get this month when the ground opens up and drains whilst we have a spell of drying north wind; then I can prepare the ground well incorporating lots of garden compost and dung ready to plant my onion sets directly into the soil. This year I am sticking to my trusted varieties of Sturon and Red Baron. I have lots of seed onions to plant out at a later time these are Kelsae and some more Red Baron. I

seem to find if you do not take advantage of that spell you will wait another month until things become fit once again. Follow the planting instructions on the packs but bear in mind, within reason, the more space you give the onion the bigger it will get. Whilst you are in the veg patch plant a few broad beans, peas and get a row of early potatoes in. If you have a spare piece of clear plastic about, cover your newly planted potato rows with it, do not worry if it only covers half of your potato patch as this will bring those plants on remarkably quicker than the uncovered ones. Who knows you may be able to draw your first potatoes for Flora Day.

The warmer days will encourage the weed seed to arise from their slumber all around the garden so as time and the weather allows get out there with the hoe and desist their efforts. For the larger brutes a fork will be a useful ally, especially a neat little border fork to work around those perennials in your flower beds. Docks, Buttercups and Nettles are beasts but are easily tamed but you have more work to control the Bindweed, Creeping Thistle and Ground Elder. The ground is soft so you will be able to manage the job.

One job I have to do this month is to plant a new Yew hedge. This is to replace an old diseased

cont.



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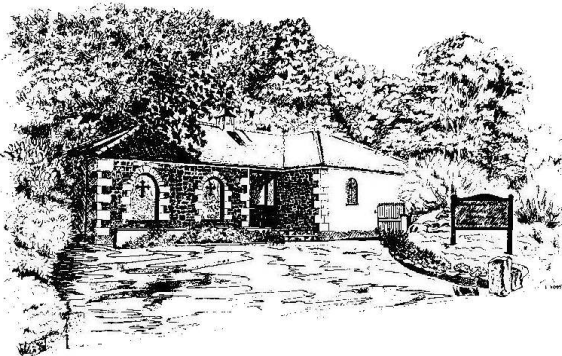
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Escallonia. This is the latest really to do it using bare root plants, but the spot which is planned is a little shady and near the cliff tops so early planting tends to mean that the plants are not well rooted and drawing up enough moisture to prevent severe or catastrophic wind burn when we have those winter gales, like we suffered once again this February. All the remnants of the Escallonia will be dug out and the soil will be well prepared with extra organic matter and fertilizer. They will need to be kept well-watered throughout the next year to ensure their survival.

Do not plant yew trees anywhere near where browsing animals are liable to chew, like your boundary hedge against a field. This is because they are poisonous when

eaten and are not good for the farmer's cattle or sheep.

March will mean the sowing of some hardy annuals outside as well as the half hardy ones in the greenhouse. Tomatoes will also be sown along with some cabbage and salads. Chrysanthemum cuttings will need potting on and dahlias sorting out. Then there are all the daffodils to enjoy and try to sort the best out for the Spring Flower Show which takes place once again in Ruan Minor Village Hall on 19th March. Schedules can be obtained from the village shop and around, all those involved would love to see you there especially with some exhibits. Do not be worried or confused by the schedule as there will be people on hand to help you on the day. Well keep dry and enjoy your gardening.

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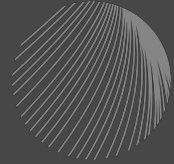
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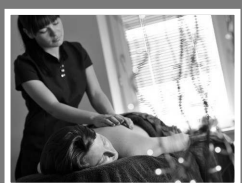
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QUIZ NIGHT NEWS

The worst that 'Storm of the Century Jonas' threw at us could not deter Ruan's faithful and seven teams assembled on the battlefield to fight tooth and nail for the honour of being crowned the first RUAN MINOR VILLAGE HALL QUIZ NIGHT CHAMPIONS of 2016.

The new Quiz Year began as the old one had finished with no quarter being asked or given by any of the assembled warriors. Over the first six rounds THE BUCCANEERS, JUST US THREE and THE MOTLEY CREW fought their ways to the top of the leader board but, as we have seen so many times before, it was the 'Wipe Out' and 'All-Nighter' rounds which proved to be decisive.

The Pirates sailed into a stormy patch over these last two laps and slipped away to third place. The Moor's Threesome could not quite keep up their pressure all the way to the finishing line and had to settle for the runners-up spot. So it was that a brilliant last two rounds by The Crew saw them battle their way to the top and claim the 'Blue Riband' of the quizzing world. BOB'S BAND fought tooth and nail throughout every one of the eight, hard fought, rounds but had to settle for the honour of guarding 'The Wooden Spoon' until the February contest.

A big thank you was well deserved by Kevin who delivered an excellent Guest Round which had everyone, including The Quizmaster, thinking hard. It is Janet's turn next time. It will be her first set of posers so who knows what will happen!

After the dust had settled, the battle wounds dressed and the points double checked the final 'scores on the doors' were as follows:

<u>Position</u>	<u>Team</u>	<u>Score</u>
1 st	The Motley Crew	145.0
2 nd	Just Us Three	136.5
3 rd	The Buccaneers	125.0
4 th	Cliffhangers	122.5
5 th	The Mixed Bunch	119.0
6 th	The 'A' Team	105.5
7 th	Bob's Band	79.0

Thanks again everyone for another super evening of quizzing fun and games. Take care and see you all next time with, hopefully, some better weather!

Quizmaster Dave.

Next Quiz Night Dates: 22nd March, 26th April



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March Quiz



1. What do the stripes on the U.S. Flag represent?
2. Who was the first Protestant Archbishop of Canterbury?
3. For who did Paul McCartney write "Hey Jude"?
4. What was Princess Anne voted in 1971?
5. Whose home ground is the Liberty Stadium?
6. What do "almost" and "biopsy" have in common?

Answers to the February Quiz

1. What is a Liana? *A climbing plant*
2. What do Ichthyologists study? *Fish*
3. Where was the racing driver Ayrton Senna killed in 1994? *San Marino*
4. How many chambers does the heart have? *Four*
5. Which 19th Century English poet got a black eye from a cricket ball? *John Keats*
6. Whose soul goes marching on? *John Brown's*

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RUAN MAJOR, LIZARD



WILD WEST COMES TO RUAN



Cowboy hat's off to the Ruan Revellers and their latest production - Black Frog Creek. Ruan Minor Village Hall was transformed into a gun slingers saloon and the audience sat at tables for this energetic production.

Angela Agutter Thomas did an outstanding job directing and controlling her vibrant cast and Robin Bates took responsibility for the music. Expectations were high after the Ruan Revellers Aladdin production in 2014 also directed by Angela but no one was disappointed. Audience participation was the name of the game with lots of singing and dancing.

Teething problems on the first night meant that the smoke machine tripped the electrics putting the electric piano out of action just as Old Ma Treacle was about to start her solo. Jackie Griffiths was completely unphased and carried on regardless like a pro !

A fabulous time was had by the cast and the audience alike as the Muldoon Mob rode back into town to recover their booty from Diamond Tooth Lil, only to be thwarted by Old Ma Treacle, Big Brad the Sherrif, Filthy Frank Chisholm, Yippee Brown and Angel Delight. This show had all the right ingredients with goodies and baddies abounding.

cont.

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cont..

The full cast are as follows:

Angel Delight: Judith Green
Big Brad The Sherrif: James Bosustow
Diamond Lil: Sheila Collins
Dumbo Dawson: Garry Gunn
Filthy Frank: Brian Jenkins
Filthy Frank: Jonathan Fletcher
Hairy Hannah: Sally Ellis
Marshall McKenzie: Richard Palmer
No Nose Muldoon: Paul Collins
Old Ma Treacle: Jackie Griffiths
Yippee Brown: Pat Palmer
Those taking part in the Chorus :

Brian Brown, Sandra Burgess, Janet Gascoigne, Jess Johnson, Nickie Jose, Mary Keeley, Mark Outten, Gill Thomas, Peggy Thompson, Anne Vaultier,

Many, many others were involved in making this production such a success and thanks must go to everyone in the community who made this such an enjoyable and high profile village event.

John Bosustow below gave a spirited performance as Big Brad the Sheriff.



Paul and Sheila Collins as Diamond Lil and the ultimate baddie, No Nose Muldoon.



I think we all knew not to mess with Sally Ellis, anyway she was clearly a natural in her role of Hairy Hannah!





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Brian Jenkins is pictured left as Filthy Frank. Inside sources reveal that the beard was grown especially for the part - now that's dedication! Rumour has it that it might stay - we will have to wait and see!

From left to right below are:

Diamond Lil (Sheila Collins), Old Ma Treacle (Jackie Griffiths), Big Brad (James Bosustow), Angel Delight (Judith Green) and Yippee Brown (Pat Palmer).



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Minutes of the Monthly Meeting of the Grade Ruan Parish Council held in the Sunday School Room of the Ruan Minor Methodist Chapel on Monday 11 January 2016 from 7.30pm

Present: Parish Councillors: J Preston (Chair), N Green (Vice-Chair), J Clifton, P Collins, P Freeman, J Lee, G Pollard, S Stephens and Clerk J Castle and 2 members of the public.

1. Absences and apologies:

There were apologies from Councillors M Fleetwood, M Jones and J Trewin, Cornwall Councillor C Rule and PCSO Berry. These apologies were accepted.

2. Declarations of interest: None

3. Public time:

Sophie Bennetts, the applicant regarding the Equestrian Barn and Arena application, spoke to the meeting. She noted that Councillors Preston, Green and Stephens had made a site visit and invited any other Councillor who wished to do so. She understood that there were concerns from the Councillors regarding the visual impact. In response to questions, she reported that the business involves the training and rehabilitation of horses using specialist skills in a holistic approach. It was noted that St Ruan Farm is a separate farm to Worvas Farm and the site chosen has good drainage and does not use land with more agricultural potential.

4. Police report:

In her absence, PCSO Berry had sent her report. 3 crimes had been reported to the police in December: a theft from dwelling and a criminal damage which had been investigated as far as possible. There had also been a report of a burglary that is currently under investigation.

5. Cornwall Councillor's time:

In the absence of Cornwall Councillor Rule, there were no matters to discuss. It was noted that she is in e-mail contact as necessary.

6. Minutes for acceptance:

Having been previously circulated, it was proposed by Councillor Lee and seconded by Councillor Freeman that the minutes of the meeting held on 14 December 2015 be accepted. Carried 8 votes in favour.

7. Planning:

Planning Applications for consideration

- PA15/10880 - Removal of condition 1 of decision notice 2/10/77/00336/FR03 dated 24/07/86 and condition 3 of decision notice 2/77/0336/GRA dated 15/06/77, Gwendreath Farm Holiday Park Ruan Minor TR12 7LZ. It was noted that this was an extension of the opening period for the park to year-round. It was proposed and seconded that this application be supported. Carried 8 votes in favour.

cont.

- PA15/11831- Proposed Conversion of Conservatory and Internal Alterations, 19 Mundys Field Ruan Minor TR12 7LF. It was proposed and seconded that this application be supported. Carried 8 votes in favour.
- PA15/07655 – Equestrian Barn, Worvas Farm, Ruan Minor. Following the site visit by 3 Councillors, it was noted that the site will be well screened from the roadside and by scrub from the fields. The green-colour cladding will help the building to not look out of place. There is a wish to support local business and the bringing of work to the area. A thorough business plan had been received and it is the location and impact on the AONB which remains the major issue of concern. A query was raised concerning signage and it was confirmed by Miss Bennetts that this would be kept to the minimum.

It was proposed and seconded that, taking into account new information received and discussion with the applicant, Grade Ruan Parish Council supports this application with the provisos that sufficient screening is put in place to protect the AONB, that a porous surface is used for the hard-standing area to reduce run-off and that Highways Department approval is given, confirming suitable highway access, particularly with regard to emerging visibility. Carried 6 votes in favour and 2 abstentions.

Planning applications decided by the planning authority since the last meeting
cont.

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- PA15/11054 - Submission of details to discharge conditions 3 and 4 in respect of decision notice PA12/08391 Land West of Atlinto Cadgwith TR12 7LA [Discharged]
- PA15/09453 - Replace and repair slate roof covering Cove Cottage Cadgwith TR12 7JX. Replace and repair slate roof covering [Approved with conditions]
- PA15/09454 - Replace and repair slate roof covering Cove Cottage Cadgwith TR12 7JX. Replace and repair slate roof covering - Listed Buildings application [Approved with conditions]

Pre-applications, consultations and appeals:

- The Parish Council has been informed by the landowners that a full application to Cornwall Council for a small house and studio in a position on Prazegooth Lane next to 'Moorlands' is being submitted, following an earlier pre-application.

8. Finance

- Financial Report – the bank reconciliation was noted, together with the statement of Income & Expenditure for December 2015.
- Payments Schedule - it was proposed by Councillor Preston and seconded by Councillor Pollard that a donation of £500 be made to the Cornwall Air Ambulance Trust and that this sum be added to the payment schedule, making an amount due for payment of £815.04. Carried 8 votes in favour.
- VAT Return – it was noted that the return to 31 December 2015 had been submitted.

9. Matters arising from the minutes:

- Highway Verge Trimming – Councillor Freeman reported the need to chase up when the follow-up meeting with Cornwall Council representatives will take place. In May/June, the Parish Council will need to check that Cornwall Council are cutting the visibility splays and what other verges they trim.

cont.



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- Play Area update – Councillor Preston confirmed he will draft an invitation to be published in the Gazette and noticeboard to persuade parishioners to attend a meeting in early February to discuss the next phase. It was noted that in order to submit further grant applications, details of future expenditure plans are required and deadlines are coming up shortly. No feedback regarding the first phase had been officially requested but Councillor Freeman had received a number of supportive comments, although concerns had been expressed about the cost of the equipment. **Action: Chairman**

The swings had been looked at and the loose shackles will be tightened.

- School Bus Shelter – Councillor Preston had held further discussions with the owners of Zoar Garage and unfortunately a smaller bus cannot be used due to the number of schoolchildren involved. The drivers will try and turn by the school and the provision of extra signage outside the school may be useful. However, it would appear that the designated parking spaces on both sides of the road where the bus would turn will remain a problem and it was suggested that a representative from the Highways Department be asked to make a site visit to ascertain whether designated parking could be restricted to one side of the road. **Action: Clerk**

10. Matters for consideration:

cont..

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- Notice for Defibrillator – it was noted that Neil Stevens, Practice Manager at the Surgery, had requested that a small notice be placed by the defibrillator as the receptionists are being asked various questions about it. It was decided that a notice in a clip frame could be provided and Neil Stevens should be asked to suggest what information is necessary. **Action: Clerk**
- Speed Survey – it was noted that the Kuggar survey had finished but no information regarding the outcome has been provided yet.

11. **Correspondence:**

- Letter from Moira Hurst re publication of details of Christmas shopping trip – it was noted that this needs to be publicised earlier next autumn.

12. **Footpaths, environment and treewardens:**

- AONB Signage update- nothing further to report.
- Footpaths – it was noted that Cormac had substantially cut back the footpath below Sea Acres.
- Ella's Field – Mr Hawkins who owns this field next to Bodrigny Drive wants it made clear that walkers should stick to the path through his field as it is not even a permissive path and there is no legal right of way. If walkers abuse this right, which is a popular route to Cadgwith village, he will not allow continued use of the path. It was suggested that it might be a good cont..



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idea for Mr Hawkins to attend a future meeting of the Parish Council.

Action: Chairman

- Erosion of footpath from Cadgwith car park – it was noted that vehicle use was causing some erosion to the footpath just below the car park and there is a need to consider possible re-surfacing.
- Dog Fouling on Cadgwith Fishing Beach – it was noted that Ed Fleck, Community and Environmental Enforcement Officer, had visited the fishing beach but had been unable to affix any signs due to the lack of posts / poles. It was agreed that his offer of adhesive signs that can be affixed to buildings etc. be taken up and hopefully ongoing patrols will act as a deterrent. It was suggested that information be provided in the Gazette pointing out both the health hazards and the potential fine. It was noted that, if this action is not sufficient to deal with the problem, there may be a need going forward for empowering the Parish Council to take action. **Action: Chairman / Clerk**
- Railings on Footpath 6 in Cadgwith – it was noted that the preference of the local residents was for the black-painted railings. It was proposed by Councillor Lee and seconded by Councillor Collins that the Parish Council places an order for the black railings at a cost of £425. Carried 8 votes in favour. **Action: Clerk**

cont..

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- Mundy's Field car park - Councillor Preston reported that contractor working for Western Power had removed the rubble left behind and spread some gravel.
- Parking at Kennack Sands – there were concerns about emergency access to Kennack Sands in the winter months when the café car park is closed and vehicles park down the lane to the cove. It was noted that Councillor Stephens had discussed the car park being available in the winter with the café operators and they had said it was an insurance issue. Natural England had also offered to look into this in the past and the Clerk was asked to follow this up. It was agreed that this should be an agenda item for February. **Action: Clerk**
- Kennack Beach – it was noted that there had been a successful beach clearance day on 3rd December. Concerns were expressed about the possible removal of the large public litter bins.
- Potholes- it was noted that potholes can be reported online to Cornwall Council.

13. In Committee:

It was agreed that the next part of the meeting be held in 'closed' session.

The meeting closed at 9.25pm.

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Wednesday:	CLOSED
Thursday:	2 - 6pm <i>Appointments 3 - 5pm - 10.40am</i>

Mullion Health Centre - 240212

Monday:	8.50 - 11.10am and 3.50 - 5.40pm
Tuesday:	8.40 - 11.10am and 3.50 - 5.40pm
Wednesday:	8.40 - 11.10am and 3.50 - 5.40pm
Thursday:	8.40 - 11.10am and 3.50 - 5.40pm
Friday:	8.40 - 11.10am and 3.50 - 5.40pm

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Treasurer: Derek Elliott	290432	GRADE-RUAN C OF E SCHOOL
ST MICHAEL'S, MULLION &		Secretary: Louise Raybould 290613
St Mary's, Helston. Fr. Gilbert	572378	MULLION SCHOOL 240098
METHODIST MINISTER		GRADE RUAN PARISH COUNCIL
Rev Steve Swann	240200	Chairman: Jeb Preston 07964215277
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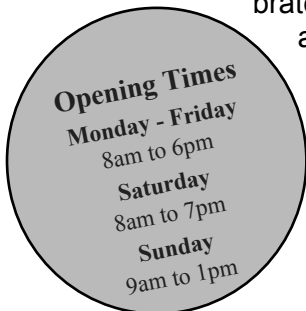
Happy Easter !



The important dates are racking up early this year! Those to remember this month are Mothering Sunday on the 6th, St Patrick's Day on the 17th and Easter Sunday on the 27th. As always, there'll be plenty in store to help you celebrate all occasions. We already have a selection of Mother's Day cards as well as a number of Easter eggs and hot cross buns. Please let us know if there's something specific you'd like.

Some of you may have noticed that we now have a Facebook page – thestorerm. We'll be posting details of important dates, new stock lines and relevant recipes. Please take a look, share us with friends and like anything that catches your eye!

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