

# Grade Ruan Gazette

November 2014

Vol. 28 No. 8



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# IVAN'S CAR SALES HELSTON



## This month's hand picked selection of pre-loved vehicles

- 2002 (52) VAUXHALL ASTRA 1.4, 5 DOOR**, in silver, a/c,e/ff/w, 36k with history value at **£1,295**
- 2008 (08) VW GOLF TDI GT 5 DOOR**, in blue, 140 bhp with full leather be quick at our price of **£6,750**
- 2007 (07) TOYOTA AURIS TR 1.6 vvti 5 DOOR**, in blue lovely example of this popular model **£4,799**
- 2007 (57) TOYOTA YARIS d4d DIESEL AUTOMATIC 5 DOOR**, very rare and desirable value at **£4,999**
- 2008 (58) VAUXHALL ASTRA cdti 1.3 T/DIESEL 5DOOR**, in grey, economical family hatch value at **£4,599**
- 2006 (06) VAUXHALL ASTRA ELITE LTD EDITION AUTOMATIC**, silver with black leather and aircon **£3,999**
- 2001 (51) MERCEDES S CLASS 3.2 DIESEL AUTOMATIC**, in blue grey leather £50k luxury for **£3,999**
- 2000 (W) TOYOTA MR2**, in sapphire blue with aircon and hard top stunning **£2,999**
- 2006 (55) PEUGEOT 307 SE HDI**, in grey not up to our usual standard, but too good to trade **£1,295**
- 2006 (55) VAUXHALL CORSA DESIGN 1.4i 5 DOOR**, in silver only 53k, s/roof, a/c r/c/l etc. **£2,999**
- 2000 (W) TOYOTA YARIS CDX AUTOMATIC 5 DOOR**, in green one owner low mileage example rare **£2,499**
- 2003 (03) TOYOTA RAV4, 2.0 vvti, AUTOMATIC, 5 DOOR**, in blue, lovely condition **£3,999**
- 2001 (51) TOYOTA RAV4 NV 2.0 vvti, MANUAL, 5DOOR**, in blue, 85k, new clutch fitted, value at only **£2,599**
- 2003 (03) MERCEDES SLK**, in silver exceptional two seater sport convertible at **£5,799**
- 2006 (56) MAZDA MX5 SPORT**, in red with hard top, low mileage, value at only **£6,999**
- 2006 (06) PEUGEOT 207 SE 5 DOOR**, in silver, tidy, economical family hatch, yours for only **£3,799**
- 2007 (06) VAUXHALL ASTRA ELITE AUTOMATIC 5 DOOR**, in silver with black leather trim **£2,999**
- 2002 (02) BMW 316TI COMPACT**, in green, Quality sport hatch great value at only **£2,499**
- 1999 (T) MAZDA MX-5 S**, in blue,heated rear screen, pas, efw, alloys, low miles, only **£2,999**
- 2002 (02) RANGE ROVER HSE 2.5 6 CYLINDER TURBO DIESEL**, in green with beige leather, nice spec including towbar, 84k with history, very clean, genuine example value at **£5,999**
- 1992 (K) TOYOTA COROLLA ESTATE**, in silver, 1 lady owner 52k, very tidy, trade sale to clear **£995**
- 2002 (52) MINI COOPER S**, in blue, old English white roof and alloys, half leather, stunning at **£3,999**
- 2001 (51) ROVER 75 CLUB SE 1.8i**, in light green, beige cloth trim, low mileage, choice from **£1,295**

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# DATES FOR THE DIARY

Alternate Weds	Recycling - 12, 26 November
Alternate Tues	Mobile Library - 4, 18 November. Kuggar 10.45am - 11am, Glebe Place 11.05am-11.20am, Cadgwith Car Park 11.35-11.55am
2nd Monday	7.30pm Parish Council meeting, Methodist Chapel, 10 November.
3rd Tuesday *	12.15pm Soup, Pasty, Pudding, Methodist Chapel, See below
3rd Saturday	10am - 12noon Farmers Market at Mullion School, 15 November
Mon & Thurs	7.00pm Short Mat Bowling, Village Hall
Every Tues	(except 3rd Tues) 10am Coffee morning, Methodist Chapel
Every Weds	Rainbows, Brownies & Guides. Contact Joy Prince 01326 290280
Every Thurs	9.15am -11.45am Market and refreshments - Village Hall

## NOVEMBER

5 November	Bonfire Night on the Rec, 6pm, see "What's On"
8 November	Bolenowe Animal Sanctuary Craft Fair, see Advertisement
9 November	Remembrance Sunday, 10.45am, see "What's On"
10 - 12 November	Mullion School WWI Remembrance performance, see "School Spot"
12 November	Book Club, Cadgwith Cove Inn, 8pm
15 November	Children's Hospice Christmas Coffee Morning, see "What's On"
22 November	Under 5s Christmas Bazaar, see "School Spot"
22 November	Grace Notes, Village Hall, see "What's On"
27 November	The Christmas Thursday Market, see "Village Hall News"
29 November	Bolenowe Animal Sanctuary Craft Fair, see Advertisement

## ADVANCE DATES

6 December	Christmas Lights Switch on
7 December	Village Hall Christmas Carolaire, see "Village Hall News"
10 December	Book Club Christmas meal
11 December	Christmas Tree entries accepted at St. Grade, see "What's On"
14 December	Christingle Service, St. Grade 3pm

\* Due to helpers being on holiday, there will be no pasty and soup lunches until 20<sup>th</sup> January 2015

## **BOLENOWE ANIMAL SANCTUARY CHRISTMAS BAZAAR**

**RUAN MINOR VILLAGE HALL**

**Saturday 8th November**

**and**

**Saturday 29th November**

**11am until 3pm**

**Lots of Christmas Stalls: Raffle: Refreshments:**

**Winter warming soup: Mince pies and cream!**

## MAGAZINE DISTRIBUTORS

Cadgwith	Rose Bowcher
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Village centre	Ginny Sealey
Postal/advertisers etc	Judith Green

All houses in the parish, (holiday lets and those permanently occupied), should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Sally Sugrue on 01326 240211.

## CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the letterbox at New Thatch or in the Mag Bag behind the door at Spar. **The deadline is the 18th of the month prior to publication, but may occasionally be earlier or later (check the Diary Dates).**

Please ensure your piece does not exceed 1500 words, or approximately three pages of A4. Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

**Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!**

See us online at [www.cadgwith.com](http://www.cadgwith.com)  
See us on Facebook Grade Ruan Gazette

## ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approximately 565 copies are distributed every month and the rates are reasonable! The Gazette is a not-for-profit publication - the advertising income is used purely to cover the printing costs. A ¼ page is £5, a ½ page £8 and a full page £15 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

## GAZETTE CONTACTS

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Subscriptions:	£15 per annum for non-parishioners
Cheques made payable to	Grade-Ruan Gazette and sent direct to the Treasurer

*The Gazette is a not-for-profit publication and is created and distributed by volunteers.*

# Noticeboard

Sadly, **Dora Halliday** has passed away. She was so well known in the parish, and will be sadly missed. Some notes from her family are included in this Gazette, and I hope to have more next time.

**Happy Birthday in November** to: Daniel Woodley, Derek Basey, Sam Birchmore, Fraser Thomson, Nicky Jose, Isabel V, Toana Ellis, Sally Ellis, Brett Jose, Leanna Hooper (got the key to the door?), Robin B-A Esme H, Thea H, Carolyn Ferrari, Tom S, Kate Phillips, Gwen Jane, Andreas H, Paul P, Margaret Green, Jonathon C, Janet G, Casey V, Garry Holmes, Danny Phillips, Liz Hammill, David Goddard, Joe Stephens, Richard M, Tasha AllenGoldstone.

Apologies for missing Audrey Stokes from the October birthday list. It was a semi big one too. Belated happy birthday, Audrey.

Some of the parents of Grade Ruan pupils have asked me to raise the subject of having a **speed limit** of 20mph imposed in the area around the school. As you will know, there is no pavement, so children and adults have no option but to walk in the road. The speed at which some people approach the school is frightening. If you have any views on this, please let me know and I'll circulate them in the next Gazette.

Talking of the next Gazette: the **December issue** will have four pages of **colour photographs**, so please let me have your photos for inclusion. I found last year that I

only had photos of a limited number of events. Please help me make up a representative picture supplement.

The December issue will also contain **Christmas greetings** as usual. Please let me have your message along with a minimum donation of £5 (more if you're feeling generous), by 18<sup>th</sup> November. You can put it in the "Magbag" behind the door at the Ruan Minor Store, or drop it in the letter box at New Thatch. Donations will be split equally between the Gazette and the appeal for two defibrillators: one each for Ruan Minor and Cadgwith. I hope you agree that this is a worthwhile cause.

The **Gazette AGM** was held last month. Our Treasurer, Peter Martin, advised that the finances are healthy. However, it was decided to increase the cover price to 90p and annual subscriptions to £17.50 to keep them in line with production and postage costs. Of course, all residents, businesses and holiday lets in the Parish will continue to receive a free copy, courtesy of our advertisers. The advertising rates remain unchanged.

A reduction in printing costs will enable us to include **more content** in the Gazette. If you would like to make a contribution, please do as there is a better chance now that there will be space for it.

The Committee would like to thank **Ginny Sealey** for chairing the AGM, **Nigel Green** for auditing the accounts, and to all the

cont.

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## **Front Cover:**

This is Cloe Price's winning picture in the Autumn show. The dove is appropriate in this month of remembrance for the fallen in all conflicts but especially WWI this year. The mistletoe will help us get in the Christmas spirit. Well done, Cloe.

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# Noticeboard, cont.

distributors who ensure that the magazines are delivered. Thank you to **Chris Hunt** for offering to take over the Ruan Major distribution round.

The next Gazette will be a **combined issue** for December and January. Please let me have your contributions by 18th November, otherwise they will not appear until February.

Due to unforeseen circumstances, I haven't been able to spend as much time on the Gazette as I would have liked this month. Please accept my apologies if it shows. Normal service should be resumed next month.

*Moira Hurst*

A big welcome to Thelma Quirk who has moved to Mundy's Field. Formerly of Grey-

wings, she has travelled far and wide and now come to "home from home", and really loves it so she has many friends here.

*Signed UYB [Don't ask me! Ed]*

We would like to express our sincere thanks for all that attended Dora's funeral on the 16<sup>th</sup> October. Many people worked very hard to make that Thursday easier for us, we will try and make sure that we recognise all of them.

There have been so many messages of condolence and support, it has been quite overwhelming, not just during the past 14 months of our Mother's illness but also the past 41 years that she has lived here.

Dora formed some deep and enduring relationships with so many people in the community in this time – you know who you are – Thank you.

*Dora Halliday's Family*

## **Cadgwith Christmas Lights.**

Repairs to the existing lights have already started and installation will be done on Tuesday and Thursday mornings from November onwards.

We would welcome any additional help.

For further information please contact Malcolm Scott on 290441.



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## **The Saint Ruan 200 Club** Save your beautiful 11th century Church

*Information: Sheila Stephens  
290583*

The winning ticket in the October  
2014 Draw was

Ticket number 90:

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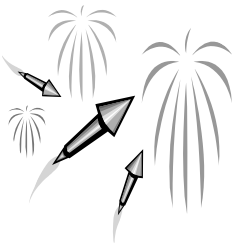
**Mob: 07971 007 028**



## What's On

# RUAN MINOR RECREATION GROUND BONFIRE & FIREWORK DISPLAY WEDNESDAY 5<sup>TH</sup> NOVEMBER

This year, for the first time at the Rec, there will be a professional electronically controlled firework display. It's going to be quite a night, so don't miss it!

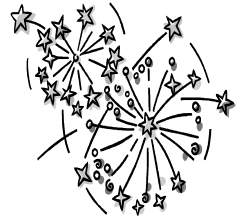


Gates open 6.00pm  
Display starts 6.45pm

Refreshments

No Sparklers

Children must be accompanied by an adult.



## Sunday 9th November **REMEMBRANCE SUNDAY**

The traditional Act of Remembrance will take place at the Village War Memorial at 10.45 am. This will be followed by a United Service in the Church at 11.00. am.

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**What's On - continued**

**CHILDREN'S HOSPICE  
CHRISTMAS COFFEE MORNING**

RUAN MINOR VILLAGE HALL

ON

**SATURDAY 15<sup>TH</sup> NOVEMBER**

**10.30 A.M. UNTIL 12.30 P.M.**

USUAL STALLS: TOMBOLA, LUCKY CHRISTMAS STOCKING, RAFFLE, CAKES, GIFTS, ETC.

HOT PASTIES WILL BE SERVED AT 12 NOON.

PLEASE COME AND SUPPORT YOUR LOCAL HOSPICE BY HAVING A CUP OF COFFEE OR TEA AND  
A CHAT WITH FRIENDS.

HOPE TO SEE YOU AT THE COFFEE MORNING.

*LIZ OUTTEN*



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Grade Run Under B's Present

# Christmas Fair



Ruan Minor Village Hall

Saturday 22<sup>nd</sup> November

From 10.00 a.m. - 2.00 p.m.

Please come along to our Christmas fair. There will be lots of beautiful stalls selling wonderful things to fill your stockings and nestle under the tree.

We will have crafty creations for the children to make and take away with them.

As well as Refreshments, and our Christmas Hamper Raffle.

Oh! And a visit from FATHER CHRISTMAS!!

If you would like to book a stall then please contact Tasha on 07792292665

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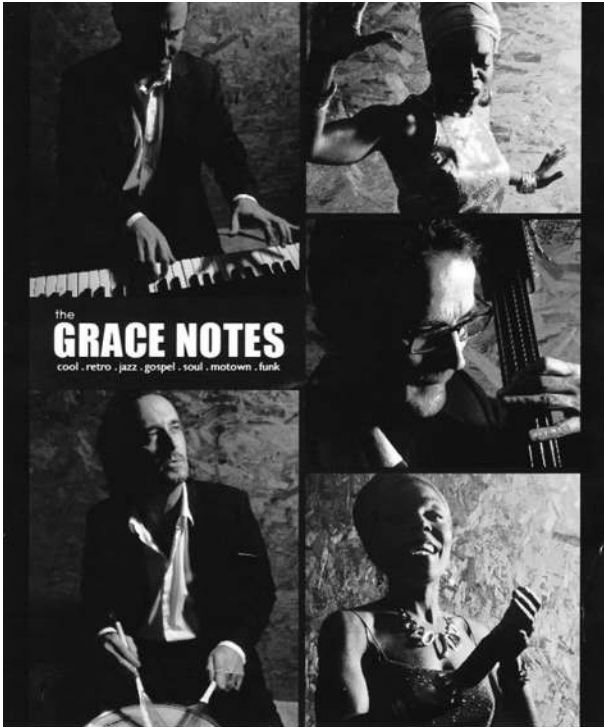
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## What's On - continued



**Saturday 22<sup>nd</sup> November**

Ruan Minor Village Hall

Doors open 8pm

Performance starts 9pm

Licensed Bar

Tickets: £8 Full

£6 Child/conc

£22 Family

Ticket Info: 01326 290118

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The Grace Notes are back!

Following on from last year's fabulous evening in the Village Hall, the Grace Notes will be back again on Saturday 22<sup>nd</sup> November. Doors will open at 8pm for a 9pm start.

I am hoping to organise a licensed bar, this year raising money to kick start a fundraising effort to get a defibrillator for Ruan Minor. I read about a lady in Coverack who, after her husband sadly passed away, was inspired to fund raise for a defibrillator for their village. As the nearest machine to us is, I believe, at Mullion Golf Club, I felt that if anyone here needed one, it was too far away to be any help. I'm not really sure of the cost, but we're talking a few thousand, so I hope this evening can be the first of many events for this project!

Please ring me on 290118 if you have any ideas for future events to support this and also I would love any help leading up to the Grace Notes Evening. It really makes a difference to organise events as a group. Thank you.

*Judith Green*



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## What's On - continued



Calling all Businesses, Groups, Friends, Artists and Individuals - we have been asked to repeat the **CHRISTMAS TREE FESTIVAL** at **ST GRADE** church this year.

Bring your tree along to **ST GRADE** between 2:00 and 5:00 on **THURSDAY 11<sup>th</sup> DECEMBER** ready for the **CHRISTINGLE SERVICE** on **SUNDAY 14<sup>th</sup> DECEMBER** at 3:00pm.

Remember there is no **ELECTRICITY** at St Grade: also that two of the windows are slanted, so please take this into account when constructing your tree if you wish to display in one of these windows.

**TREES** can be any size, made of anything and decorated in any way.

**GOOGLE** of course has many suggestions.

So come on businesses, fishermen, play group, Grade Ruan School, Mullion School, college students (discuss on the bus), organisations, shops, Parish Council, National Trust, Clubs, Individuals etc.

Enquiries - 290910 or 290432

### **XMAS PRESENTS and STOCKING-FILLERS**

*Don't forget Percy...  
children love him!*

#### **Percy Pengelly and the Wibble-Wobble**

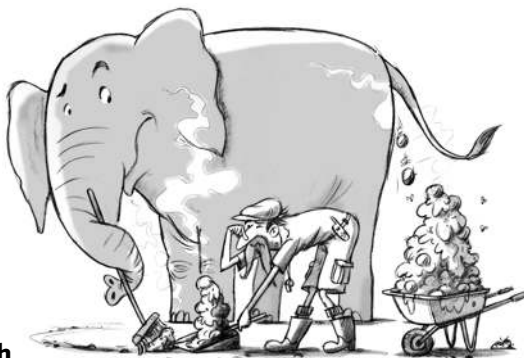
is a beautifully illustrated Cornish story for 4 to 7 year-olds.

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Also, **A Guide to Cornish Fish**, a stockingfiller for grownups!

## Percy Pengelly and the wibble-wobble



[www.facebook.com/  
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Santa's Grotto

Carol Singing

# Natural Cornish Christmas

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In aid of St Petroc's Society



**Ruan Revellers Christmas 2014**

Present

**A Christmas Concert**

Methodist Chapel

Wednesday 17<sup>th</sup> December at 7.30pm

Tickets available in the Village Shoop nearer the time



..... And at ....

**Grade Church**

**Joe Carpenter & Son**

A nativity play

Written by Graham Clarke

We are presenting this as a shadow puppet play for children and adults alike

Grade Church

Sunday 28<sup>th</sup> December

6.00pm

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## LAST POSTING DATES CHRISTMAS 2014

(from Claire at Ruan Minor Post Office)

### INTERNATIONAL SURFACE MAIL:

*[Apologies that some of these dates have passed already - The info wasn't available in time for the October Gazette deadline Ed]*

29 Sept: Africa, Asia, Australia & New Zealand, Caribbean, Central & South America, .

30 Sep: Far and Middle East (except Hong Kong and Singapore)

14 Oct: Canada, Hong Kong, Singapore, South Africa, USA

4 Nov: Cyprus, Eastern Europe, Greece, Iceland, Malta, Turkey

18 Nov: Western Europe.

### INTERNATIONAL STANDARD & INTERNATIONAL TRACKING AND SIGNATURE SERVICES:

28 Nov International Standard to operational HM Forces Mail

3 Dec: Asia, Far East (including Japan), New Zealand.

4 Dec: Australia

5 Dec: Africa, Caribbean, Central and South America, Middle East

8 Dec: Cyprus, Eastern Europe, Greece

9 Dec: Canada, Poland

12 Dec: USA, International to static HM Forces Mail

13 Dec: Western Europe (excl. Greece, Poland)

### UK:

18 Dec: 2<sup>nd</sup> Class and Royal Mail Signed For™ 2<sup>nd</sup> Class

20 Dec: 1<sup>st</sup> Class, Royal Mail Signed For™ 1<sup>st</sup> Class

22 Dec: Parcelforce Worldwide express48

23 Dec: Royal Mail Special Delivery Guaranteed, Parcelforce Worldwide express24

For a full list of last recommended posting dates, please visit

[www.royalmail.com/greetings](http://www.royalmail.com/greetings)

For British Forces last posting dates, please visit [www.gov.uk](http://www.gov.uk) and search for BFPO.

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**Mobile: 07749 815358**

## RUAN RASCALS



We have been going for nearly a whole year now and are doing so well. We started with 5/6 children not sure if it was going to be successful, but a year on thanks to the support of Parents, coaches and especially the children! Ruan Rascals is a big Success!

In August we had our first Tournament which was also a great success! We raised just over £900 for our fantastic club. We are hoping to get some Jackets with the Rascals name on for the children plus training kit. It was a great day with the sun shining all day. We had 6 teams: two Ruan Rascals Teams, two Lizard Teams and two Culdrose teams, with the winners being Lizard A team! They all played so well.

Also, we had some great support from a family from Gloucester who are trainers for the grass roots club for West Bromwich Albion. Russ and Paula have managed to get us a brand new Nike football kit in the Cornish colours and some new goals! This is fantastic news. The children were so happy when we told them. Thank you Russ and Paula you are amazing people who have been so supportive!

So, to progress the Rascals, we are now looking to join the league next year but need sponsorship! So if there is anyone out there who would like to sponsor us please give us a call on the number below.

The children have progressed so well, they are getting so good! Thank you to all our coaches who give up their Sunday morning. We couldn't do it without you!

If you would like come along on a Sunday Morning, we start at 10 and finish at 12.30. We would love to see you!

Contact Gemma and Tony on :07855254810 or 01326 290962

### **Karen Rosevear** **Mobile Hairdresser**

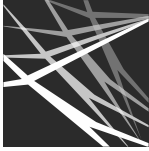
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National  
Trust

## NATIONAL TRUST NEWS

### New National Trust Wildlife Watchpoint gets over 11,000 Visitors Closer to Nature

Since it opened this spring, a dedicated band of more than twenty volunteers have welcomed over 11,000 visitors to the new National Trust Wildlife Watchpoint at Lizard Point.

Sighted at Britain's Most Southerly Point, against a stunning backdrop, the Wildlife Watchpoint is a fantastic place to get closer to nature and see wild Cornish choughs, thousands of passing seabirds, Atlantic grey seals and other marine species including porpoise, dolphins and basking sharks.



As well as a wealth of marine life, the Southerly tip of Britain also boasts one of the National Trust's wildlife-friendly farms. Tregullas Farm, sensitively farmed by National Trust tenants Rona and Neville Amiss, supports an abundance of farmland birds, wildflowers and other wildlife. Grazing of the cliffs and rich grassland by the Amiss' cattle and sheep has helped with the continued success of Lizard Point's resident chough population, regularly seen from the Wildlife Watchpoint. These wild choughs are regularly seen to-ing and fro-ing from the fields with bill-fulls of sheep wool and foraging for insects and grubs amongst the close grazed fields.

The new watchpoint has been a huge success not only by inspiring over 11,000 visitors but also for developing an important new wildlife recording point in Cornwall. Working with the Cornwall Wildlife Trust, Cornwall Seal Group, British Trust for Ornithology (BTO) and RSPB, the watchpoint volunteers have been recording wildlife sightings daily, contributing to a wider recording network to ensure our local and passing wildlife is well recorded for future monitoring. So far this year they have recorded over 100 different species and submitted over 2000 wildlife records from the watchpoint, not including our botanical records. To find out more about what's been seen at the watchpoint visit:

<http://www.lizardandpenrose.blogspot.co.uk/>

The Trust relies entirely on volunteer help to keep the watchpoint open from April until mid September and they are always looking for enthusiastic people to join the team. You don't need to be an expert, you just need to have a desire to know more about wildlife and a willingness to share your enthusiasm with visitors. If that sounds like you please get in touch

[lizardrangers@nationaltrust.org.uk](mailto:lizardrangers@nationaltrust.org.uk)

*Catherine Lee*

Property Assistant, The Lizard  
[catherine.lee@nationaltrust.org.uk](mailto:catherine.lee@nationaltrust.org.uk)  
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RUAN MAJOR, LIZARD



# Cadgwith Pilot Gig Club News

## Annual General Meeting

**21<sup>st</sup> November, 8pm in the Gig Shed.**

2014 has been a successful year for the Gig Club. It started with us dealing with the damage caused by the huge storms of February. The rowing season ended only a month or so ago with the Newquay Championships, where our Men's A crew did a great job to finish just outside the semi-finals. The end of the year takes us full circle, and we are currently sorting the insurance claim for the storm damage and arranging the repairs needed....

In between – and helped by month after month of flat calm sea and hot weather – a huge amount has been achieved. Junior rowers were out regularly and did themselves and the club proud throughout the season and Buller Day, Buller Cup and Peter and Tony Night were all enjoyable and memorable occasions. A successful August fish barbeque helped boost the funds we rely on to cover the ever increasing costs of maintenance and insurances each year.

All of this and more happens thanks to everyone in the club and community who gives their time, energy and support for the benefit of the Gig Club, and without which we simply wouldn't be able to keep our boats on the water. Much of this help often goes on out of view but is vital to keep the Club going. On behalf of the committee, thank you to everyone who has helped us this year.

The Annual General Meeting elects the Gig Club Committee for the year ahead, and this year's meeting is on Friday 21<sup>st</sup> November. We need as many people as possible involved with and interested in the club to come along, not just to vote, but to help in whatever way you can to keep the Gig Club active and successful.

Whether you are a crew rower, social member, Sunday rower, Parent, or just have some time you could offer the Committee or Club – please come along and make that commitment to make 2015 another memorable year.

Thanks.

*Mike Hardy, Chairman, 290282*

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# Cadgwith Cove

## Christmas Menu

### Starters

#### Bacon & Beetroot salad

with pea shoots, red chard & elderflower dressing

#### Roasted Butternut Squash soup

with focaccia (V)

#### Cod

with avocado, radish, lime & garlic cruttes

#### Chicken Liver parfait

with orange & sesame seed brioche

### Main Course

#### Roast Turkey

with roast potatoes, pigs in blankets, chestnut stuffing, turkey jus and optional cranberry jelly.

#### Roast Sirloin

with roast potatoes, Yorkshire pudding, ox cheek stew & red wine jus and optional horseradish sauce

#### Roasted Baby Monk Tail

with herb crust, roast potatoes, smoked salmon stuffing & dill velouté

#### Roast Game

with roast potatoes, chestnut stuffing, & red wine jus

#### Wild Mushroom Wellington

with cranberry mash, & vegetarian gravy (V)

All served with seasonal vegetables

### Desserts

#### Chocolate Bomb

with sesame praline, ice cream, chocolate air and cranberry

#### Homemade Christmas Pudding

with brandy sauce

#### Cornish Cheese Board

with Biscuits

#### Mulled Wine Sorbet

with cinnamon pastry swit

#### Why not stay overnight?

We can also offer an overnight stay at The Cadgwith Cove Inn. Twin or double rooms available at our Inn from £40 per room per night including breakfast.

Dine with us this Christmas, our festive menu is served from 1-31st December excluding Christmas Day.

All our food is sourced locally and cooked to perfection by the chefs in our kitchen. We are proud to offer fresh fish caught the Cadgwith Cove Fishermen and meat from our local butcher C&E Retailack.

£20.70 per person 3 courses/£15.70 per person 2 courses. Price include a free bottle of selected wine for tables of 6 or more diners.

**Food Allergies and Intolerances:** Before you order your food and drinks please speak to our staff if you want to know about our ingredients. Some fish dishes may contain bones. All dishes are subject to availability. Whilst we take every care to preserve the integrity of our vegetarian products, we must advise that these products are handled in a multi-use kitchen environment. (V) Items suitable for vegetarians.

As seen on the BBC's  
The Fisherman's Apprentice

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Quiz Night On Monday  
Folk Music On Tuesday  
Cadgwith Singers On Friday

The Cadgwith Cove Inn, Cadgwith, Helston, Cornwall TR12 7JX | [cadgwithcoveinn.com](http://cadgwithcoveinn.com) | 01326 290 513

# QUIZ NIGHT NEWS

Languishing down in fourth place with just the All-Nighter results to come, it looked as if **The Motley Crew** were on course to lose the Champions Crown which they had fought so hard to win the previous month. However, The Crew proved just how tenacious they can be and, once again, came from behind to clinch the title by three points from **New Blood** and **Just Us Three** who shared second place.

At the other end of the table, it was **Bob's Band** who held bottom position with one round to go but with a final flourish they fought back to condemn **The Buccaneers** to the role of 'Guardians of the Wooden Spoon' until the next skirmish. It was a case of 'well done' to The Band and 'come back quickly Aud' for the pirates but no-one was too upset when the final honours were declared.

Jill Thomas severely tested the assembled brain power with her Guest Round which covered a wide range of very interesting subjects. It's Skinny and Mags to set October's questions so get ready for yet another challenge to the old grey matter at the next **Quiz Night At The Village Hall**.

Thanks to everyone for another excellent evening's entertainment with, of course, some top notch quizzing as well. After all of the excitement had died down the final

'Scores on the Doors' were as follows:

<u>Position</u>	<u>Team</u>	<u>Score</u>
1 <sup>st</sup>	The Motley Crew	110
2 <sup>nd</sup> =	New Blood	107
2 <sup>nd</sup> =	Just Us Three	107
4 <sup>th</sup>	The Mixed Bunch	102
5 <sup>th</sup>	The Emptyheads	101
6 <sup>th</sup>	Inbetweeners	98
7 <sup>th</sup>	Viv's Team	96
8 <sup>th</sup>	Bob's Band	89
9 <sup>th</sup>	The Buccaneers	86

**Can you handle the pressure? Can you cope with the strain? Can you rise to the challenge and defeat some of the finest brains outside of England? Give it a try and find out just how good you are!!!**

Take care and see you all next time.

Quizmaster Dave.

**PS Quiz Dates to put in your diary: 25<sup>th</sup> November** and then the 'Christmas Quiz' on **16<sup>th</sup> December**.





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RUAN MINOR VILLAGE HALL

Reg. Charity No. 225626

## **WHAT'S GOING ON AT THE VILLAGE HALL?**

### **THE THURSDAY MARKET**

The market is held every Thursday morning from 9.15am to 11.45am or later in the summer.

Come along, browse our stalls, for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie'. If you prefer, just stay for a chat and catch up with the local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Pets & Bird Care	Leggy's Pasties	Flowers & Plants
Fruit, Veg., Eggs & Specials		

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all done to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

**Tasha Allen on 291232 or 07792292665**

or just call in on a Thursday morning to see what's going on.

### **SHORT MAT BOWLS**

Sessions are held on Monday and Thursday evenings at 7.00pm

It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

### **QUIZ NIGHT**

Quizzes are held on the 4<sup>th</sup> Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contests begin at 7.30pm. Any changes to dates will be notified on the Village notice boards.

### **SPECIAL EVENTS**

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

### **ARRANGING AN EVENT?**

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information on these arrangements call

**Tasha Allen on 291232 or 07792292665.**

We are wheelchair friendly.

# NEWS FROM THE VILLAGE HALL



Hello There!

NOVEMBER!!!! Where is the time flying to? It's definitely on the wind-up to Christmas in my house. My wee ones are making birthday and Christmas lists and leaving them in hidey-holes all around the house. In triplicate sometimes! We do love this time of year in my house, we count down to Christmas via Bonfire night, and 3 birthdays, Christingle, Nativity, Choir concerts and our yule celebrations. Full on fun!

And so it is with the village hall for November, we have markets, fairs, concerts and many things festive. Here are some dates for your diary.

Bolenowe Animal Sanctuary Craft Fair – 8<sup>th</sup> November from 10.00 a.m.

Children's Hospice Christmas Coffee Morning – 15<sup>th</sup> November from 10.30 a.m.

Grade Ruan Under 5's Christmas Fair - 22<sup>nd</sup> November from 10.00 a.m.

Carn to Cove Present "The Grace Notes" – 22<sup>nd</sup> November from 8.00 p.m.

The Christmas Thursday Market – 27<sup>th</sup> November from 9.00 a.m.

Bolenowe Animal Sanctuary Craft Fair – 29<sup>th</sup> November from 10.00 a.m.

The Village Hall Christmas Carolaire – 7<sup>th</sup> December

## *The Village Restaurant Mullion*

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**Dinner from 6.30**

*!Christmas Party Menus  
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The Thursday Christmas market will be its usual festive affair with lots of Christ-massy bargains to be had. This year, tickets for the Christmas Hamper raffle will be available to purchase at the Christmas fair and then on through to the last market of the year (18<sup>th</sup> December) when the raffle will be drawn.

We are also pleased to announce that "The Lemonaires" are confirmed for our Christmas Carolaire. We are very much looking forward to this family event as it's such a lovely way for all elements of our community to come together and celebrate this festive time. Please keep an eye out for Facebook event invitations and posters around the village.

So I hope to see you soon, and enjoy the build up to tinsel time!!

*Tasha Allen.*

# *Rector's Ramblings*

**N**ovember has become the season of Remembering. Although it is not a formal liturgical season, the coincidence of All Saints / All Souls with the Armistice Remembrance services has made it a natural time for us to remember together. Formal or not, I think that it is good for us to have a season of remembering.

Both All Saints and Remembrance Sunday naturally look back to think about the people that we have known and what previous generations have given to us, often at great cost. And we do need to take time to do this.

Living 'in the moment' can be a good thing, especially if it contracts with dwelling too much on what we have lost or worrying too much about what might happen to us in the future. It can stop us living as we should do in this moment. But 'living in the moment' can also mean a sort of thoughtless independence that fails to see how much of what we just assume as given comes from other people, and how much of what we do will affect others.

Remembering is not just about gratitude for all that has gone before us. It is also about living well. The more I have thought about it, the more I realise that it has as much to do with the present and the future as the past.

Just as you don't know what you have got until it's gone, so it's only when remembering really fails that you realise how important it is. Too many of us have experienced people suffering from dementia to need to spell it out. Remembering is fundamental to living well.

And for Christians it is central to the Holy Scriptures and to our worship. So, perhaps, three things for us to think about in this season of remembering:

**Remembering God** – the Bible is full of calls to remember who God is and all he has done, because we forget too easily. The life that we live is his creation and we live it before him, and one day we will give an account of it to him, before his presence. Yet we too easily live forgetful of him. And if we think of him we can too easily forget what he is truly like. Remembering takes effort and care ... and love.

**Remember Yourself** – the Bible also calls us to remember who we are ("you are a chosen race, a royal priesthood, a holy nation, a people for his own possession, that you may proclaim the excellencies of him who called you out of darkness into his marvellous light."). But we too often forget and live as if we were just like everyone else, trying to fit in, letting the world squeeze us into its mould. Remembering takes effort and care ... and faith.

**Remembering Others** – and we are called to remember who people are; made in God's image, redeemed by his blood. We too quickly forget and treat others as less than they are. There are no *ordinary* people and every time we treat them as less than extraordinary (less than ourselves) we need to remember. Remembering takes effort and care ... and hope.

Let us remember well and live well in Christ in faith and hope and love

Yours in Christ

Revd Peter Sharpe (peter@petersharpe.net)

---

## Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
PCC Secretary, Chris Lovelock	290181
Church Treasurer, Derek Elliott	290432





# Church Services



## Church of England Services

### NOVEMBER

Sun 2nd	Morning Praise, St Ruan Church	11.15am
Sun 9th	<b>Remembrance Sunday</b> Act of Remembrance at the War Memorial followed by Service in St Ruan Church	10.45am 11.00am
	Evensong, St Grade Church	3.00pm
Sun 16th	Family Service, St Ruan Church	11.15am
	Evening Praise, St Mary's Church, Cadgwith	3.00pm
Sun 23rd	Holy Communion, St Ruan Church	9.30am
Sun 30th	<b>Advent Sunday</b> Holy Communion (BCP), St Ruan Church	9.30am

## Methodist Services

**Rev'd Steve Swann 01326 240200**

Service at 11.00 a.m. Each Sunday

## Roman Catholic Mass Times

**Fr. Gilbert 01326 572378**

Sunday Mass at

St. Mary's, Helston at 9.00 a.m.

St Michael's, Mullion at 11.00 a.m.



# The Cadgwith Cove Inn

as featured on BBC's  
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Garry and Helen would like to update you on

## What's New for November

### Spanish Lessons!

When? Wednesday 12th November until Wednesday 25th March

What time? 7.30pm – 8.30pm

What do i need? Spanish course for beginners book – Pasos 1 edition 3  
(not the activity book)

Cost? £5.50 per person per week

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Offer 1 : One Free Child's Meal with every Adult Main Meal purchased

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Offer 3: Buy a Two Course Meal for Two people & receive a FREE bottle of  
our wine of the week

Offers run from 1 November - 31 March & exclude the Christmas menu

Terms & conditions do apply, see the flyer dropping through your door shortly or  
ask at the bar

## And in Decemeber.....

### Christmas Lights

Switch on 6th December 2014

Mulled wine & Minced Pie £4

Live Music by Graeme Mathieson 8 – 10pm

### Christmas Day

Bar Open 1100am – 230pm

**Let's make The Cadgwith Cove Inn the social hub of our community  
- we look forward to seeing you all very soon.**

**Cadgwith, Helston, Cornwall. TR12 7JX**

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Email - [garryandhelen@cadgwithcoveinn.co.uk](mailto:garryandhelen@cadgwithcoveinn.co.uk)

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Grade-Ruan Under

# School Spot



Grade-Ruan C of E



Mullion School

**Under 5s.** This month at playgroup the children have been focusing on vehicles.

Developing out of their love for a variety of different vehicles, they created a display for the Autumn show. First of all they made a bus out of shoe boxes, carefully cut out wheels that could indeed go 'round and round'; counted how many windows were on the toy bus and then stuck that many on their model. Between them they decided where the destination should be and

intriguingly, we are none the wiser as to where Lemon House may be. They used wheels to make paint tracks which were then cut out to make roads and painted cars, diggers, trucks and tractors - some using 'careful painting' techniques. Finally, we sat down and looked at the display and they told us all about it, from which we made labels and signs.

The children joined Grade Ruan CE school at the harvest festival, behaved beautifully and enjoyed all the songs about vegetables.

We have been delighted to welcome Belle along to our sessions and are hoping she can teach us a thing or two about counting. What a whizz! We have also been joined by Alex and look forward to seeing him regularly.

Thank you to Nicky and Tash for helping out over the last few weeks.

Christmas Bazaar on the 22 November, please come along and support us and have a good time.

Birthdays in November - Jack.

*Jan Halliday*

**Grade-Ruan** put on the usual wonderful Harvest Festival service in

cont....

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church - thank you to all the children for the beautiful singing and lovely clear readings. Thank you to all the parents that donated produce for the Harvest Hampers - they were very well received around the village.

Cookery Club has started up again with the children learning the useful skill of making pizza and the ever popular cupcakes. Congratulations to the Tag Rugby team for their two wins from two games in the most recent stage in the tournament ... good luck for 6th November.

Thank you for the offers of bark and mulch for the School Garden. Kyra is working with the children, planning the planting for Spring. Each class has their own raised bed and they're hoping to have a great display of spring bulbs, with vegetables and herbs following on in the season.

**Mullion School** is preparing to welcome parents and friends to its performance commemorating the centenary of the outbreak of World War 1. There will be three performances; the nights of the 10<sup>th</sup>, 11<sup>th</sup> and 12<sup>th</sup> - telephone 01326 240098 for tickets. The Year 8 girls hockey team reached the semi-finals of the Peninsular Hockey Festival, congratulations.

Mullion School was one of ten selected in the summer term to be part of a pilot study being carried out by the Youth Sport Trust and University of

Exeter looking into how verbal feedback and learning conversations can boost attainment in English and Maths. The school is very excited to be part of this cross-curricular project which is being led by three teachers representing Maths, English and PE. Year 8's are feverishly working on their Computer Aided Manufacturing project with Mr Gilbert. In this project they are using their creative modelling skills to make an Acrylic Clock. Skills range from using card to model their designs, hand tool skills to shape and form their base and using the laser cutter to manufacture their clock face components.

Five pupils took part recently in the Peninsula Partnership Surfing Competition at Godrevy, with three of them reaching the final, enabling them to represent Mullion School at the Cornwall School Games in 2015.

The new Year 7s thought they'd left their primary school colleagues behind them but no, three weeks into the term the new Year 6s were enjoying their first taster day, one of many throughout the year.

Congratulations to Robin Blight-Anderson and Aaron Goddard for being part of the winning rugby team against Redruth - a win of 24-17 from a half-time deficit made for a very exciting game!

*Ginny Sealey*

## Grade Ruan Horticultural Society Autumn Show Trophy Winners 2014

<b>Ruan Minor Village Hall Jubilee Cup</b> Best overall exhibit <b>Lucy Green</b>	<b>J.C Trewin Cup</b> Most points Farm Produce <b>John Bosustow</b>
<b>Charles Kynaston Studd Cup</b> Most points in the Show <b>Clarence Thomas</b>	<b>Tony Girling Cup</b> Most points in Handicraft classes 123-144 <b>Loretta Ruse</b>
<b>Mrs Wilks Cup</b> Grade Ruan parishioner with most points in show <b>David Endean</b>	<b>Mrs Jill London Trophy</b> Most points classes 133-162 by a Grade Ruan Parishioner <b>Simon Bradley</b>
<b>Mrs P Lindsay Cup</b> Most points in show - up to 16 years <b>Lucy Green</b>	<b>Grade Ruan WI Cup</b> Best Exhibit in Needlework/ Knitting & crochet <b>Nicola Parkman</b>
<b>Garden News Oak Shield</b> Most points Flower and Vegetable Classes <b>Clarence Thomas</b>	<b>Francis Trewin Cup (1)</b> <b>Lauren Birchmore</b> Most points under 18 Photography
<b>Jenette Agatha Pugsley Memorial Cup</b> Best exhibit in fuchsia and rose classes <b>Audrey Mundy</b>	<b>Francis Trewin Cup (2)</b> <b>Lauren Birchmore</b> Best Exhibit under 18 Photography
<b>C.J Trewin (1)</b> Most points in flower classes <b>David Endean</b>	<b>Arthur Carter Cup</b> Best exhibit in Photography -Grade Ruan Parishioner <b>Simon Bradley</b>
<b>C.J Trewin Cup (2)</b> Most points in fruit classes <b>Doug Stevens</b>	<b>J.F Bosustow Perpetual Trophy</b> Most points Grade Ruan School Pupil classes 170 to 187 <b>Chloe Price</b> <b>Mailli Carter</b>
<b>Dr &amp; Mrs P Cuff Cup</b> <b>Tom Christophers</b> Best Collection of Herbs	<b>Mrs E Pogson cash prizes</b> Best Exhibit in each School Year
<b>Frank Skewes Cup</b> Most points in Vegetables by Grade Ruan Parishioner <b>David Endean</b>	<b>R Sky Stone</b> 1 <b>Sophie Jane</b> <b>2 Rose Tonks</b> 3 <b>Esme Harman</b> <b>4 Jack Tyler Street</b> 5 <b>Poppy Gilbert</b> <b>6 Cloe Hardy</b>
<b>Grant Hart Cup</b> Most Points in flowers by a Grade Ruan Parishioner <b>David Endean</b>	<b>Mr D Julian Cash Prize</b> Most points Grade Ruan Parish child Classes 163 to 187 Boy <b>Matthew Price</b> Girl <b>Lucy Green</b>
<b>Helston &amp; District Floral Art Society Cup</b> Best Exhibit in class 30 display <b>Beryl Cullen</b>	
<b>Committee Cup</b> Most Points in Floral Art classes <b>David Endean</b>	
<b>June Curtin Cup</b> Most Points in Preserve classes <b>Sally Watts</b>	
<b>Cookery Cup</b> Most points in Cookery classes <b>Mandy Pound</b>	
<b>Mrs Briery Goblet</b> Most Points in Cookery by Grade Ruan Parishioner <b>Sally Watts</b>	
<b>Ruby Carter Trophy</b> Best Exhibit in Cookery Classes <b>Pam Penrose</b>	
<b>Dr J Wilks Cup</b> Best exhibit in Cookery by under 18 years old <b>Cloe Price</b>	
	<b>BEST IN SECTION WINNERS</b>
	<b>Flowers</b> <b>David Endean</b>
	<b>Floral Art</b> <b>Beryl Cullen</b>
	<b>Vegetables</b> <b>Clarence Thomas</b>
	<b>Fruit</b> <b>Francesca Gluck</b>
	<b>Preserves</b> <b>Elizabeth Endean</b>
	<b>Cookery</b> <b>Pam Penrose</b>
	<b>Farm Produce</b> <b>Neil Rowe</b>
	<b>Needlework</b> <b>Nicola Parkman</b>
	<b>Knitting and Crochet</b> <b>Catherine Bird</b>
	<b>Arts and Crafts</b> <b>Peter Jane</b>
	<b>Photography</b> <b>Lauren Birchmore</b>
	<b>Children 12 to 16</b> <b>Lucy Green</b>
	<b>Children 8 to 11</b> <b>Chloe Price</b>
	<b>Children up to 7</b> <b>Ailin Brickhill</b>

## **GRADE RUAN HORTICULTURAL SOCIETY'S AUTUMN SHOW 2014**

After a week which had seen the weather turn from a balmy summer to showers of heavy rain, thunder, lightning and gales, we were lucky as Saturday was warm sunny and benign once again for our annual autumn show. Once again the village turned out to view the vast array of flowers, vegetables, cookery and crafts on show. We had over 820 exhibits on view including a very colourful display from our school which included some paper stained glass windows craft work which were very bright and cheery with sunshine coming through them.

The show was opened by our very own Rev Deidre Mckrill and she praised the standard and vast array of produce on show; she also chose the best exhibit in show which was exhibited by young Lucy Green. It was a pen and ink design for the Autumn show schedule's next front cover. Lucy also took several other accolades including the cup for most points by an under 16.

The most points in show was won by Mr Clarence Thomas from Chacewater who is a regular supporter of the show. Some of you may have seen him in the press in recent weeks after his success at the National vegetable championships. The vegetable section was a real credit to growers around the peninsula with 4ft carrots, parsnips and leeks, onions which weighed 5lb or more, a cabbage which would have fed the village for a week and pumpkin which could well have made Cinderella's carriage.

One side of the hall was filled with baked produce and preserves which could have easily graced our screens earlier in the week on the Great British bake off final. It was all very tempting. Many congratulations go to Sally Watts who, on entering the show for the first time, won the June Curtin cup for most points in the preserves, and the Mrs Brierly Goblet for the most points in cookery by a parishioner. Mandy Pound, formerly of this parish, did herself proud once again and gained the most points in cookery and Pam Penrose was delighted to win the Ruby Carter trophy for best exhibit in cookery which was a fine Victoria sandwich - we all now know where to go for tea.

Simon Bradley also did well, picking up two parishioner trophies for his craft and photography entries. A big talking point in the craft section was the pair of oars made by Peter Jane, which won him the best exhibit in the art and craft section. Next year we expect the boat to go with them. Catherine Bird swept up the best knitting award and also showed a very colourful array in her display of vegetables by a novice.

Lauren Birchmore could not be with us on the day but her photographic entries won her the trophies for the under18's section plus the best photographic exhibit. Doug Stevens, another formerly of this parish and a keen supporter of the show, won the most points in the fruit section. Another who was truly delighted with her exploits was Francesca Gluck who won the prize for best in the fruit section with a beautiful set of cooking apples. If the name is not familiar, if I were to tell you that she is Barrie and Mary Cook's daughter, I hope more becomes clear.

All in all it was a good show once again many thanks to the 124 of you who came and entered and all the rest of you who came and viewed and bought teas and raffles .We look forward to seeing you all again next year.

*David Endean*

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# Gardening in November

by David Endean

Well October came in with a bang, a long dry warm September was just what we all wanted but just before the autumn show we got the thunder, lightning, rain and gales. It came as a bit of a shock - nothing unusual but we have had it so good. What November will bring nobody knows, but I can guarantee the days will be shorter and darker with no time left in the evenings to do anything in the garden so that will have to be left until the weekend, unless you have the luxury of retirement. It is a good job that there is much less to do.

The garden can look a little dull at this time of year with short days and low light levels, so it is nice to plant up a tub with some colourful autumn/winter flowering bedding. Go to the garden centre and locate some plants like heathers, violas, cyclamen and the like, then get them home find a spare tub and fill it with compost. The compost does not need to be fresh, just refreshed with some fertilizer, as the plants will not need the energy as they will put on very little growth. But do make sure the compost has no vine weevil grubs in it as these pests will happily munch through whatever you plant. Finally site the tub somewhere with a little shelter where you can always see it, so as to get most value from it.

November is a traditional time to prune your bush roses. Use a good sharp pair of secateurs and cut the growth back by half. The aim of this is to reduce wind rock on the plants. Wind rock causes a hollow to form around the base of the bush which fills with water and in turn rots the roots of the bush. Pruning also reduces the damage from the wind, rubbing and breaking branches. Pruning also induces the plant to take a rest for the winter because as you know left untouched you will often find rose blooms out around Christmas down here with our mild climate.

Giving the plant a rest will aid in better blooming next year. If you follow this method of pruning you will have to prune again in early March back down to three or four buds. I must say that I tend to delay pruning until late November to early December and do it all in one, then give a very generous mulch of farmyard manure. This is because we often get a lot of growth early in the year and I don't like seeing the plant waste energy on this.

This is also the time to order new bare root rose bushes which will arrive from now on throughout the winter. These plants will readily move whilst they are dormant but it is best to grow them in ground which has not grown roses before as they tend to suffer rose sickness. They don't thrive and tend to die after a few years at the best. This can be overcome if you dig a large hole and completely replace the soil with fresh soil. It is also said that the problem can be overcome if at planting you add special mycorrhizal fungi which can be obtained from large nurseries and mail order companies. It forms a symbiotic relationship with the rose, boosting the plant and it overcomes any sickness problems which may occur. When planting a new rose prepare the ground well, incorporating copious amounts of well-rotted organic matter and a liberal supply of fertiliser, this really cannot be done after the event.

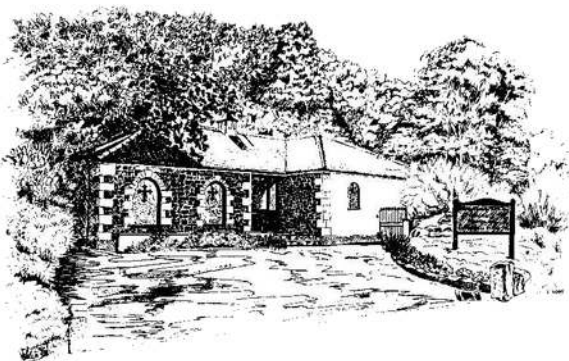
Now and all through the winter is a good time to give your paths a good clean. There are many methods and products which can be used. The most low tech is the old fashioned broom but this is best used in conjunction with some kind of garden disinfectant or detergent product. Many people use bleach, this is important to lift and kill the slippery moss and algae. Be careful to make sure that there is no run off going into your flower beds or lawns as

cont.

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it will kill the plants there. Using a pressure washer will induce less sweat but you must be careful that your paths are in sound order as these are powerful machines and will soon dislodge any loose masonry and even take the top surface off concrete paths and slabs, making them more porous.

If you want to have some bulbs flowering at Christmas, now is the time to think about potting them up and starting off those Amaryllis bulbs. They are really easy, put the bulb in a pot which is slightly larger than the bulb. Half the bulb should be above the soil surface. Use compost or bulb fibre. Soak the compost and bring the pot into a warm bright spot and growth should soon start, and flowering will occur in about 8 weeks. Narcissi like Paperwhites are even quicker and need less warmth - a sheltered spot will suffice. I often use an unheated greenhouse. These will be ready in four to six weeks so, if you have quite a few bulbs, spread out your planting over a

few weeks. If you plant Soleil d'Or narcissi at the same time these will flower in succession after the Paperwhites.

November is the traditional time to plant Tulip bulbs. This is meant to stop the risk of the plants getting fire blight which disfigures the foliage and affects the flowering. Chose an open well drained site, work it well, add a little fertiliser and possibly some well-rotted organic matter. Plant the bulbs deep, covering them with at least twice the depth of soil compared to the height of the bulb itself. Doing this helps the plants stand up to the weather especially the wind. I think tulips lend themselves particularly well to growing in pots. These can be placed around in prominent positions when they are looking good and then moved away again. Most tulip varieties do not put on such a good show in following years so many people treat them like annual bedding. The choice is yours but do not be too disappointed if the display is not the same in subsequent years.

What else can you do this month?

Well it is your last chance to sow some broad beans and peas to over-winter in the garden. Many people will make a sowing of sweet peas in pots now. These can be grown on in a cold frame or unheated greenhouse until next spring, but do protect them from mice and slugs.

Keep mowing your lawns on a high setting, mainly just to pick up the last of the autumn leaves, and keep digging over the vacant patches in the veg garden as the weather allows. Do not kill yourself with the digging, little and often will get the job done without too much stress on the body. After all there is no rush - you have got all winter.

I am going to cut the last of my chrysanthemums and give the greenhouse a really good clean out and try to solve the pest infestation that I have suffered this year. I could never get to grips with the whitefly and red spider mite.

Well enjoy your gardening

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# Recreation Ground News

## **Pavilion Funding**

Unfortunately, due to staff illness, our planned presentation to SITA has had to be postponed until December. It's a blow, but we still feel optimistic that there will be a successful outcome one way or another. Continue watching this space!

## **Bonfire Night**

We have had a very generous offer from Roddy Hall to put on a professional firework display this year. It should be spectacular, so don't

miss what promises to be an awe-inspiring show.

As usual, there will also be a huge bonfire.

Refreshments will be served in the pavilion.

It will all be happening on Wednesday 5<sup>th</sup> November.

Bring all the family, but please don't bring sparklers and ensure children are supervised closely.

*Moira Hurst,*

*Secretary, Grade Ruan Recreation  
Ground Management Committee*

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# The Herbal Medicine Cabinet

by Deanne Greenwood

BSc (Hons) Herb Med

The lush summer foliage may have all died back, but there is still plenty of plant life out there for herbalists to get excited about.

Late autumn and the start of winter is when we gather the roots and bark of many medicinal plants. These are carefully harvested to ensure the plant isn't damaged or destroyed.

You'll find Bistort (*Polygonum bistorta*) growing all over the Lizard. It's one of the most powerful astringents in the plant world, and was traditionally used for staunching blood flow in wounds. It was, and still is, dried, powdered and made into a paste for this purpose. I tincture it and use in herbal mouthwashes and gargles, and for digestive problems where diarrhoea is a symptom. I've also recently been digging up Dandelion (*Taraxacum officinale*), Burdock (*Arctium lappa*) and Yellow Dock (*Rumex crispus*) roots, commonly used for both diarrhoea and constipation, but great remedies for allergies and skin disorders, too.

I planted Elecampane (*Inula helenium*) and Purple Coneflower (*Echinacea purpurea*) in my garden this year, and the roots from these plants will be ready to harvest next autumn. Echinacea is a well-known immune system stimulant; Elecampane a gentle but potent remedy for coughs and chest infections. Marshmallow root (*Althaea officinalis*, also growing in my garden) is another one that works wonders for bronchial and digestive disorders as it's full of mucilage – a thick sticky substance that soothes and protects mucous membranes.

While we're on the subject of respiratory and digestive problems, the bark of the Wild Cherry (*Prunus serotina*) and Guelder Rose, aka Cramp Bark (*Viburnum opulus*), trees are also very useful. They're both astringent and antispasmodic. I pare and prune these trees carefully to encourage regrowth.

The plants I've written about here illustrate the fact that there are many plants that can help relieve what appear to be the same ailments. But herbal medicine is formulated around the individual person, and it's all about finding what works best for you. If you'd like to find out more about the healing power of plants, and have internet access, please take a look at my 'blog' that I've just started writing at [www.deannegreenwood.com](http://www.deannegreenwood.com). If you add your name, you'll get regular updates.



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## November Quiz

1. Name the dog in the Famous Five books.
2. To which country do the Azores belong?
3. What was the 'Maquis'?
4. How many times did Joe Frazier fight Mohammad Ali?
5. What does MCC add up to in Roman numerals?
6. In which year did UK National Service end?



## Answers to the October Quiz

1. What do you call whipped cream flavoured with vanilla? *Chantilly*
2. Whose motto was "All for one, one for all"? *Three Musketeers*
3. Who did Roger Federer beat in his first Wimbledon final? *Mark Philippoussis*
4. What revolutionary camera did Edwin Land invent? *Polaroid*
5. What do queen ants lose after mating? *Their wings*
6. What was the last album the Beatles recorded? *Abbey Road*

Questions set by Norma Gossip



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Here is an extract from Dora's eulogy relating to her time in Cadgwith:

"The next ten years were probably the most rewarding for Dora, her drive and hard work in the kitchen complimented Jack's easy going nature and social skills and they formed a very effective team. It was the first time that Mike and Tony had any sense of community, the support for Mike in particular was especially valued.

Dora formed enduring friendships with the many people that she worked with and she earned the respect of all that came into contact with her. After leaving the Pub, Dora immersed herself in her responsibilities and maintained that focus for the rest of her life, not just with the support of her family but also from her and Mike's many friends. With Mike's assistance, Dora remained a focus of the community. There are literally hundreds of people with happy memories of the many Summer and Xmas parties held at Louvain."

Dora's Daughter Sue delivered the following words written by David Harkins.

### Sue's Reading

You can shed tears that she is gone,  
or you can smile because she has lived.  
You can close your eyes and pray that she'll come back  
or you can open your eyes and see all she's left.  
Your heart can be empty because you can't see her  
or you can be full of the love you shared.  
You can turn your back on tomorrow and live yesterday  
or you can be happy for tomorrow because of yesterday.  
You can remember her and only that she's gone  
or you can cherish her memory and let it live on.  
You can cry and close your mind,  
be empty and turn your back  
or you can do what she'd want:  
smile, open your eyes, love and go on

The below is the poem that Mike wrote with the assistance of Sarah Stephens, it was delivered by his nephew – Ashley Lovett

### Mum

By Michael

Mum was good to me  
She had my tea ready every night (I miss her home cooking)  
She bought me really good, very thoughtful presents for my birthday and for  
Christmas (apart from the socks)  
She let me have parties at our house with all our friends and did it all by herself  
(well I helped a bit)  
She was good when I had a mood on (and walked off)  
She listened to me tell her about my day  
(and now I turn round to talk to her and she's not there)  
And I miss that  
Thank you Mum  
Now that you are gone I will try and behave  
Your loving Son  
Michael



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## **Minutes of the Monthly Meeting of the Grade Ruan Parish Council held in the Sunday School Room of the Ruan Minor Methodist Chapel on Monday 8 September 2014 from 7.30pm**

**Present:** Parish Councillors, J Preston (Chair), N Green (Vice-Chair), J Clifton, M Fleetwood, P Freeman, J Lee, S Stephens, J Trewin, Cornwall Councillor C Rule, Clerk J Castle

and 10 Members of the Public (W. Elliott, A Eatock, J-P Eatock, J Dunmall, P Dunmall, B Watson, J Watson, S Partridge, D Gascoigne, J Gascoigne,)

### **1. Absences and apologies:**

Parish Councillors P Collins, C Cooper, PCSO J Berry (all these apologies were accepted by the Council)

### **2. Declarations of interest:**

Councillor Freeman declared an interest in a planning application regarding Carsilyg House as it is a neighbouring property.

### **3. Public time:**

- Mr Dunmall of Bodrigny Lodge pointed out that the changes to his original planning application were minor.
- Mr Watson expressed concern about the granting of a planning permission for work at Bodrigny Lodge when he considered there were enforcement matters outstanding with regard to the property.
- Mrs Dunmall confirmed that in due course they would be seeking retrospective planning permission with regard to the garden shed and hobbies room, as previously indicated.
- Mr Eatock of Lizard Adventure provided information about the number of their clients who had used the car park at Mundy's Field during July and August. Mr Gascoigne disputed these figures and re-iterated the concerns he had voiced by e-mail regarding obstruction of entrances, people changing in the car park, door banging, shouting and littering and generally what he considered to be inappropriate use of the car park. Mr Eatock confirmed that they were looking for other sites and would shortly be in discussion again with the National Trust. Mrs Gascoigne and Mrs Partridge also expressed concerns about the allowed use of the car park.

### **4. Police report:**

In the absence of PCSO Berry, the Clerk presented her report. There were 3 crimes reported during July and August – criminal damage to property, theft from a meter and a non-counting action fraud. There had also been reports of rogue traders working in the area offering to carry out gardening services and other work and residents were advised to be careful and if necessary ring 101.

### **5. Cornwall Councillor's time:**

- Councillor Rule reported that she had reported the noxious smell from the sewer vent and was awaiting a response.
  - With regard to weed spraying, Councillor Rule confirmed that as a result of
- cont.

budget cuts this will need to be dealt with by way of local initiatives.

- She also drew attention to the paper re the severe proposed budget cuts being proposed by Cornwall Council and the need for more work to be carried out locally. This will probably mean the loss of the community pot of funds that she currently holds.
- Councillor Rule stressed the importance of the community network going forward. There is a meeting (AGM) of the new Helston and south Kerrier Community Network on 28 October at 6pm at Helston Football Club where statistical information will be available and this meeting is open to all - councillors and individuals.
- Councillor Freeman thanked Councillor Rule for funding she had provided recently from her current community pot and also commended the thorough and transparent nature in which the budget review was being undertaken by Cornwall Council.

**6. Minutes for acceptance:**

- Councillor Clifton expressed some concerns regarding the minute about recycling in the Cove, which was contained within the minutes that had been circulated, and it was agreed that this minute would be amended. Subject to this, it was proposed by Councillor Clifton and seconded by Councillor Lee that the minutes of the meeting held on 14 July 2014 be accepted. Carried 6 votes

cont.



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in favour and 2 abstentions.

- With regard to the minutes of the meeting held on 9 June, it was noted that there was an error regarding the funding of the work repairing storm damage to the concrete slip in Cadgwith in that £600 was provided by the fishermen not the Fishermen's Mission. The Parish Council apologises for this error and thanks the fishermen for their support.

## 7. Planning:

### Planning Applications for consideration

- PA14/006557 – Grade Ruan School, Classroom Block replacement. It was proposed by Councillor Green and seconded by Councillor Lee that this application be supported. Carried 8 voted in favour. Councillor Fleetwood expressed some concern about the amount of circulation space taken up by the ramp for disabled access.
- PA14/07700 – St Rumon's Cottage, Ruan Minor – replacement of conservatory. It was proposed by Councillor Freeman and seconded by Councillor Trewin that this application be supported. Carried 8 votes in favour.
- PA14/08341 – Bodrigy Lodge, Cadgwith - revision to approved plans re extension. It was noted that this revised application involves only minor alterations to the previously approved plans. It was proposed by Councillor Fleetwood and seconded by Councillor Trewin that this application be supported. Carried 7

cont.



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votes in favour and 1 abstention.

- PA14/07059 - Ruan Minor Stores - alterations to create a cafe area. It was proposed by Councillor Freeman and seconded by Councillor Green that this application be supported. Carried 8 votes in favour.

#### Other applications not requiring consultation

- PA14/07620 - Council Houses, Kuggar - External Insulation [Refused]
- PA14/02499/PREAPP - re Annex at Bodrigy Lodge [Advised refusal likely]
- PA14/08245 – Carsilgy House, Cadgwith – reconfiguration of roof for approved extension [yet to be decided by the planning authority].

#### Planning applications decided by the planning authority since the last meeting.

- PA14/05228 - Sea Acres, Kennack Sands - 10 new static holiday caravans [Refused]
- PA14/05189 - Bodrigy, Cadgwith - Extension and increase in ridge height [Approved]
- PA14/02413 - Eglos Farm, Ruan Minor - New Parlour and Dairy Handling Building [Approved]
- PA14/01954/PREAPP - The Glamis, Treal - One new dwelling [Advised refusal likely]
- PA14/01926/PREAPP - Chy An Deylek, St Ruan - Removal of local needs [Advice re local needs given ]

The Parish Council wishes it to be noted that it considers there are inconsistencies in the planning decisions made by the planning authority regarding recent applications.

#### **8. Matters arising from the minutes:**

- Recycling bins in the Cove – it was felt that some form of recycling could be introduced by way of replacing existing bins incorporating a small recycling compartment and the Clerk was asked to approach the Recycling Officer at Cornwall Council regarding this. Consideration was given as to whether the Parish Council would pay for the installation of such bins if they were emptied by the Council on the normal recycling run. **Action : Clerk**
- Kuggar Village Pump site- the Chairman had spoken to the occupiers of the new house adjoining the site. It was agreed that Councillor Preston would get a quote for cleaning up the site and once cleared the Parish Council would explore registering the land. A sign would be installed specifying the historical significance of the site. **Action: Councillor Preston**
- Weed Spraying – it was agreed that the Parish Council would look at other ways of dealing with this in the interim until the community network proposals are available for consideration.

#### **9. Matters for consideration:**

cont.



- Lizard Adventure / Mundy's Field car park – it was noted that Councillors Preston & Lee had met with Lizard Adventure to discuss the use of Mundy's Field car park. Whilst Enys Head is a popular and accessible site for coast-eering, Cadgwith car park remains the most suitable site for parking. Councillor Preston has written to the National Trust and Councillors are happy to attend a meeting with Lizard Adventure and the National Trust to discuss alternative locations, as the use of parking in Ruan Minor is not a sustainable option. Councillor Trewin noted that we should be supportive of local businesses.

The use of Mundy's Field car park is restricted to private motor cars and users should note that it is situated in a residential area and show due deference. It was confirmed that temporary permission for contractors' vehicles had only been granted on the advice of the police for safety reasons.

It was agreed that there would be a rota drawn up for Councillors to monitor the use of the Mundy's Field car park over the next few months and that consideration would also be given to extra maintenance, flower planters and possibly tree planting.

- Play Area Update – Councillor Clifton reported that the playground committee is nearing the end of the consultation period, with posters in the shop and on the Facebook page showing the four proposals, giving ideas of what equipment should be included and where it should be sited. It was noted that the overall footprint of the area is the same as at present. Councillor Clifton is analysing the responses and an update would be provided in the Gazette. The sourcing of  
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funding is now the main issue. Concerns had been expressed about proximity to the football pitch and it was confirmed that there would be 3 metre clearance. The land which includes the recreation field and playground was gifted to the Parish Council who is the registered legal owner and acts as custodian. It was noted that a request had been made by a user of the recreation ground for a storage shed and this would need to be referred to the recreation committee.

- Alternative locations for bus stop – it was noted that the other side of the junction where the school bus stops is the only other possible location. Nothing further can be done until Cormac hear back from Coastline regarding use of the land.
- De-listing of Community Assets – the Parish Council does not accept the arguments put forward by Cornwall Council's legal officer to de-list St Ruan Church and Churchyard and St Grade Church. The Clerk was asked to send a letter to Mr Mansell based on a draft prepared by Councillor Freeman with additional comments from Councillor Collins. **Action : Clerk**
- Date for Staffing meeting – this was agreed to be held on Monday 15 September at 7.30pm in the Sunday School room of the Chapel.

## 10. Finance

- Financial Report – the report was noted. It was agreed that Councillor Trewin would speak with Danny Meek regarding a proposal to incorporate cleaning the bus shelter with grass trimming by the notice board. **Action: Councillor Trewin**
- Payments Schedule –the Payments Schedule for September was proposed for approval by Councillor Clifton and seconded by Councillor Fleetwood. Carried 7 votes in favour and one abstention. The schedule includes a donation of £100 to the Poppy Appeal.
- Deposit Account with Cornwall Council – it was noted that due to the small amount of funds that the Parish Council has to deposit and the cost of CHAPS transfers in & out (with a minimum transaction amount of £25,000), it was not worth pursuing this further.

## 11. Correspondence:

- Traffic Gridlock Cadgwith – it was noted that Sat Nav systems sending traffic through Ruan Minor to Cadgwith adds to the traffic problems.
- Rural Payments Agency – Councillor Green reported that the RPA had written to advise the Council that an amendment had been made to the area registered for Cadgwith Car Park. It was noted that this makes no practical difference to the Council.

## 12. Footpaths, environment and treewardens:

- Double Hedges & White Feather – Councillor Preston reported the grass cutting in these areas was being dealt with.
- It was noted that there is a potential site for a memorial bench by Long Loft, but the area would need some clearing.
- Hedge trimming - it was noted the overhanging hedge opposite Pen-y-Craig on

New Road, had been dealt with. Councillor Preston had written to Neil Rowe re sections around Red Gates and trimming areas adjacent to his fields.

- Request to widen Pentilla Stile (i.e. the second stile from the car park towards Cadgwith). It was noted that the proposal is to provide a path to the side of the stile. The Parish Council has no objection to this work being carried out but noted that it would be up to the landowner to go ahead with this work. It was thought that the landowner is likely to be Maja Tham Trust. Cormac could bid to provide a design and costings. It was suggested that the ditch drainage be improved at the same time as it is known to be a longstanding issue at this stile. There was also no objection to concreting and improving the drainage further down the path.
- Tree Planting – Councillor Preston had met with Moira Hurst re planting for the recreation ground and agreed that the blackthorn would be trimmed back hard to the boundary with softer planting in front.
- Polstangey Bridge – the Clerk was asked to contact the Highways Department regarding vegetation encroaching on this. **Action : Clerk**
- Pothole at bottom of New Road – the Clerk is to contact the highways Department re this. **Action :Clerk**

**13. In Committee:**

The meeting closed at 10.05pm.



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## "Hands Across The Sea"

Thanks to Di Fitzsimmons for sending me these pics from the Ruan Revellers' summer season performance of this one-act play by Noel Coward.

Some of you may recognise James from one of his other roles, i.e. assisting Claire in the Ruan Minor Stores. He is currently at Brunel University.



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