

Grade Ruan Gazette

July 2015
Vol. 29 No. 5



Inside This Month

All our regular features, plus:

Friends of St. Ruan & St. Grade

Janet Fry obituary

Randan Race report

Life on the Edge, by Jonathon Coudrille

Home-Start Kernow

Cadgwith Rocks, by Brandon Holmes

Ruan Revellers Photographs

Fishing Competition Photographs

90p

One copy free to each household,
business, holiday let in the Parish



IVAN'S CAR SALES HELSTON



This month's hand picked selection of pre-loved vehicles

- | | |
|---|--|
| 2008 (58) TOYOTA YARIS TR d4d Diesel Automatic 5 door , in dark silver, 2 owner low miles
£5,999 | 2007 (07) PEUGEOT 207 HDI SPORT , economical sport turbo diesel 117k hence bargain price
£2,999 |
| 2009 (09) FORD FOCUS ZETEC 1.6i Automatic 5 door , in blue lovely low mileage example
£5,999 | 2004 (53) TOYOTA CELICA , in red, face lift model new engine and clutch fitted, bargain sports
£2,499 |
| 2004 (04) TOYOTA YARIS T SPIRIT d4d Diesel , in silver, low tax cheap and practical rare top of range
£2,999 | 2006 (56) PEUGEOT 207S 3 DOOR 1.4i , in silver, manual, suit first time driver, value at
£2,999 |
| 2009 (09) FORD KA 1.2i , style in black, eye catching interior 64k with history only
£3,999 | 2007 (07) TOYOTA AURIS TR 1.6VVTI 5 DOOR , in blue, lovely example of this popular model
£4,799 |
| 2012 (12) TOYOTA AYGO ICE 5 door , in white with black leather & alcantara trim 19k fsh value at
£5,999 | 2008 (58) VAUXHALL ASTRA cdti 1.3t/diesel 5 door , in grey, economical family hatch value at
£3,999 |
| 2005 (05) BMW X3 SE TURBO DIESEL 5 DOOR , in silver with black leather trim 89k with history
£7,299 | 2000 (W) TOYOTA MR2 , in sapphire blue with air con and hard top, stunning
£2,999 |
| 2005 (55) AUDI A6 S LINE TURBO DIESEL in black, 79k shirehorse of a saloon only
£6,999 | 2003 (03) MERCEDES SLK , in silver exceptional two seater sport convertible reduced to
£4,999 |
| 2009 NISSAN PIXO 5 DOOR , in blue metallic o/o only 1400 miles as new
£4,695 | 2006 (06) PEUGEOT 207 SE, 5 DOOR , in silver, tidy economical family hatch yours for only
£3,799 |
| 1999 (T) MERCEDES SLK 230 KOMPRESSOR in silver outstanding classic sports two seater
£3,999 | 2002 (02) RANGE ROVER HSE 2.5 6 CYLINDER TURBO DIESEL , in green with beige leather, nice spec
£4,999 |
| 2007 (56) V/W SHARON TURBO DIESEL AUTOMATIC , 7 seater in blue 50k
£5,999 | 2000 (W) ROVER 75 CLUB 1.8i , in silver outstanding low mileage example long MOT
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| 2009 (09) LANDROVER DEFENDER swb hardtop stunning in grey with alloys
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DATES FOR THE DIARY

Alternate Weds	Recycling - 8, 22 July
Every 4 weeks	Mobile Library: Glebe Place 10.25 am -10.45 am, 1, 29 July
2 nd Monday	7.30pm Parish Council meeting, Methodist Chapel, 13 July
3 rd Tuesday	12.15pm Soup, Pasty, Pudding, Methodist Chapel, 21 July
4 th Tuesday	7.30pm Quiz in the Village Hall, 28 July
Mon & Thurs	7.00pm Short Mat Bowling, Village Hall
Every Tues	(except 3 rd Tues) 10am Coffee morning, Methodist Chapel
Every Weds	Rainbows, Brownies & Guides. Contact Joy Prince Tel: 01326 290280
Every Thurs	9.15am - 11.45am Market and refreshments - Village Hall

JULY

1 July	Recreation Ground AGM , 7.30 pm, see "What's On"
2 July	Cadgwith Cove Fishing Competition, 6.30pm L.S.Dogfish
5 July	Fun Cricket at the Rec, 2pm, see "What's On"
16 July	Cadgwith Cove Fishing Competition, 6.30pm Conger
18 July	Folk Day, Noon till late, Cadgwith Cove Inn, see "What's On"
18 July	Deadline for contributions to the August/September Gazette
22 July	End of Summer Term
22 July	Beach BBQ, Xmas Lights Committee, 6pm, see "What's On"
26 July	Garden Safari, see "What's On"
29 July	Beach BBQ, Rec Committee, 6pm, see "What's On"
30 July	Cadgwith Cove Fishing Competition, 6.30pm Mackerel

ADVANCE DATES

1 August	Rally Party, Treveddon Field, 7.30pm till late, see "What's On"
2 August	Grade Ruan Vintage Rally, 11am - 5pm, see "What's On"
5 August	Beach BBQ, organised by Gig Club, 6pm
6 August	Cadgwith Cove Fishing Competition, 6.30pm Pollack
9 August	Cadgwith Fishing Festival, in aid of Cornwall Leukaemia Trust
12 August	Beach BBQ, Xmas Lights Committee, 6pm, see "What's On"
15 August	Buller Day
19 August	Beach BBQ, Rec Committee, 6pm
20 August	Cadgwith Cove Fishing Competition, 6.30pm Gurnard
23 August	Fun Cricket at the Rec 1.30 pm, see "What's On"
26 August	Beach BBQ, organised by Gig Club, 6pm
27 August	Cadgwith Cove Fishing Competition, 6.30pm Ballan Wrasse
3 September	Cadgwith Cove Fishing Competition, 6pm Bass, Prize Giving
2 - 4 October	Beer and Cider Festival - Cadgwith Cove Inn

DISTRIBUTORS

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All houses in the parish, (holiday lets and those that are permanently occupied), should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Peter Martin on 01326 290566.

CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Mag Bag behind the door at Ruan Minor Stores. **The deadline is the 18th of the month prior to publication.**

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!

See us online at www.cadgwith.com and on Facebook "Grade Ruan Gazette"

ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield.

Approx. 590 copies are distributed every month and the rates are reasonable!

A ¼ page is £5, a ½ page £8 and a full page £15 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

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Subscriptions:	£17.50 per annum for non-parishioners	

The Gazette is a not-for-profit publication and is created and distributed by volunteers.

Noticeboard

Best wishes go to **Sharky**, who has been poorly recently.

Happy Birthday in July to: Josh Legge, Nigel Legge, Charlie Rudd, Sheri Rogers, Thomas Williams, Charlie B, Herbie Bray, Kenam Sagram, Sharkey, Maillie Rae C, Susie Jane Thomson, Mike Hardy, John Fallows, Jutta Watson, Andrea Betty, Simon Sugrue, Verity F, Nigel Green, Robbie Green, Pip Sealey, Sade W, Nancy S, Denise Williams, Mo Jones, Alan Thomas, Michael Halliday, Kevin Cryan, Di Fleetwood, Victoria Gilbert, Lee Lewis, Richard (Skinny) Williams, Chrissie Etchells, Emma Trewin, Sarah Stephens, Sam Sugrue, Amy J, Steve Thompson

My thanks to **Sally Watts** for editing last month's Gazette while I was busy with the May Festival. I've taken over again and will be editing the mag for the next few months.

If you would like your **birthday** - or that of someone in your family - listed, please let me know the date. Please also let me know if you would like your birthday removed from the list.

During the first two weeks of June, a **granite flower holder** disappeared from a grave at Ruan Minor cemetery. It has great sentimental value; if you know where it is, please return it to its rightful place.

While **John Trewin** was doing his public-spirited duty by helping with the Nepal auction last month, someone very un-public spirited took a jacket from his truck. John would very much like to have it back and is offering a reward for its return.

Congratulations to **Tommy Phillips** who was in the Cornwall County rugby squad which beat Lancashire to win the County Championships. "We'd rather be a pasty than a hotpot"!

Congratulations also to the **Ruan Rascals** junior football team; the first team reached the quarter finals of the Norman Nicholls six-a-side tournament at St. Keverne.



Ruan Rascals football teams

Remember that **next month's Gazette** covers both August and September, so if you have any announcements or event notices for these months, please let me have them by 18th July, otherwise they will have to wait for the October issue.

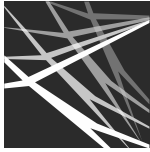
Moira Hurst

From Pam Day-Smith

Congratulations to Catherine Day-Smith on her Passing Out Parade at Hendon on 29th May 2015 with the Metropolitan Police. Catherine will be stationed in Fulham and Hammersmith. We are all very proud of you. Mum, Chas, Alex, Cath, Brian and Mike.

Front Cover:

The cast of the Ruan Revellers production of "The Dear Departed". L to R: Brian Jenkins, Richard Palmer, Judith Green, Gerry Gunn, Sheila Collins, Pat Palmer



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- Look out for **The Dairy Shed** by our farm gate where we will be selling our farm goodies and other bits and bobs. Find us at **Treleague Farm** near the crossroads.

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Noticeboard - cont...

From Jackie Sayer, on behalf of Barbara Youell's family.

Memorial Service for Barbara Youell, who passed away earlier this year.

Reverend Deirdre Mackrill will be leading a service to celebrate the life of Barbara, on Thursday August 6th, at 3.30pm, at St Mary's Church Cadgwith. Barbara's family would be delighted to welcome any friends or family who could join us, to remember such a lovely Cadgwith lady: summer clothes please, as Barbara would wish. Looking forward to seeing you.

[The photo is of Barbara with her daughters Jackie and Carole, on the cliff path towards Man o' War, in around 1957.]



From Jo Sugrue

I would like to thank all those who sponsored me to do the 100km overnight charity cycle through London - Nightrider. Everyone has been so generous and the whole family are very grateful for the kindness shown.

I finished the cycle, not with ease, but managed to enjoy it in the end. A highlight was watching the sunrise over Tower Bridge while hot air balloons floated past!

The total is not known at the time of writing this, but it is in excess of £450.

A huge success was Dr Dorrell's total - he ran the London Marathon this year in aid of Meningitis Now and raised over £1500! The family would like to thank him for his thoughtfulness in choosing "Meningitis Now" as his charity.

From Jeb Preston

Update on the Play Area

Funding has been secured to make a start on replacing and updating the Play equipment at Ruan Recreation ground. Work will commence in the Autumn to renew the Zip Wire and the Climbing Tower. The Parish Council committee will be meeting with the contractor, Alastair Guy, sometime in July to finalise design details, and anybody with an interest is welcome to attend. We will also need help preparing the site by pulling up the edging boards (useful planks if anyone wants them) and cutting back the 'wild flower meadow'. The project will be ongoing with a second phase next year, so there is plenty of time for feedback about what is wanted. If you'd like to help or get involved, give us a ring 07964215277 / chairman@grpc.org.uk

More from Jeb Preston

Photographers Needed

Are there any keen photographers out there who might be interested in assisting the Parish Council with a photo survey of 'assets' in the Parish which can be used for reference when communicating with Cornwall Council, Cormac, or other contractors? Things like road signs, road junctions and verges, footpath benches and so on. Please contact the Parish Clerk on 231922 / clerk@grpc.org.uk.

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Information: Sheila Stephens 290583

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Draw

was Ticket number 89

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What's ON

Grade Ruan
Recreation Ground

AGM

Wednesday
1st July 2015

7.30 p.m.

At

New Thatch, Ruan Minor

Information: Moira Hurst

Tel: 01326 290257

ALL WELCOME

Helford River Children's Sailing Trust Charity Garden Tour and Afternoon Tea

in aid of the HRCST at

Bonython

on

Friday 10th July 2015

from 3.00 p.m.

Suggested donation £12.50 per head
to include a Cornish Cream Tea

Book by email to
bonythonestate@gmail.com or telephone
01326 240550 or with a cheque payable
to "HRCST" to Sally Trezona-Phillips,
Bonython, Cury Cross Lanes. TR12 7BA.

Howzat!

Fun Cricket on the Rec
Sunday, 5th July
Sunday, 23rd August

Play starts 2.00 pm

Please note the change of date in August. This is so that the cricket is not on the same weekend as Buller Day.



Players: Put the dates in your diary, dust off the bat and wash your whites. Come to the Rec at 1.30 pm to be selected for a team.

Spectators: There'll be a bar with beer, wine, cider and soft drinks. Food will be available, or bring a picnic. Bring a chair or rug.

The Rules in Brief: Each team will bowl 20 overs (or more at the umpires' discretion). Each team member must bowl at least one and not more than three overs. Batsmen will be out when (if) they reach 25 runs. The umpires' decision is final.

The sun WILL shine.



If anyone would like to help with setting things up on the day, please contact me.

Tim Hurst 290257

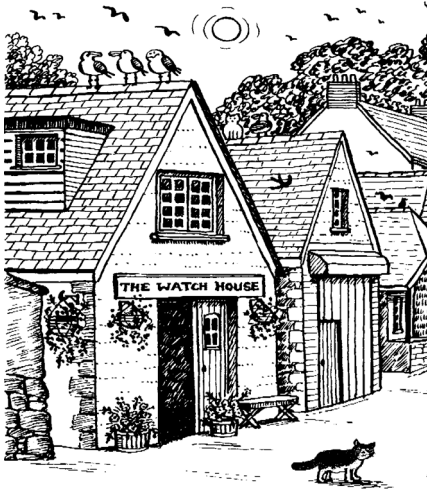




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Folk Day



Saturday 18th July

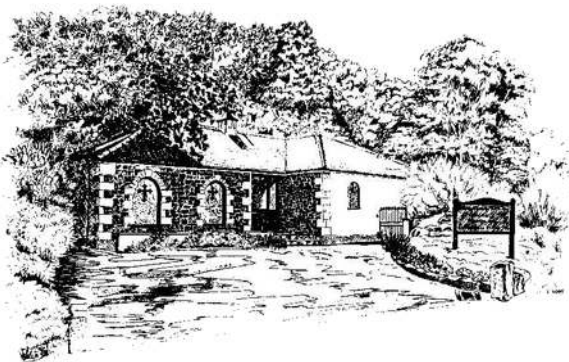
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What's ON - CONTINUED

Garden Safari

Sunday 26th July

2pm - 5pm

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The Night Before

**GRADE RUAN
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Saturday 1st August

Trevedden Farm,

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From 7.30 p.m.

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National
Trust

Lizard Festival of British Archaeology July 2015

Fogous and Farming Saturday 11th July

Join Meneage Archaeology Group to discover this Iron Age fogou on privately owned land at Manaccan. See website or call 01872 324303

Poltesco - Pilchards & Serpentine Tuesday 14th July

A guided walk with National Trust in secluded woodland valley, discovering the its varied past. £2.50pp. Booking not essential. Meet Poltesco car park. 1pm

www.archaeologyfestival.or.uk

Shipwrecks & Signals Tuesday 21st July

Join the National Trust for a stroll around Lizard Point. £2.50pp. Booking not necessary. Meet Lizard NT car park 10am

Windmill Farm Through the Ages Thursday 23rd July

Join Cornwall Council Archaeologist for guided walk around Windmill Farm, nr Lizard, learn about its fascinating history. 10am. Booking essential on 01326 292113.

www.facebook.com/LizardNT

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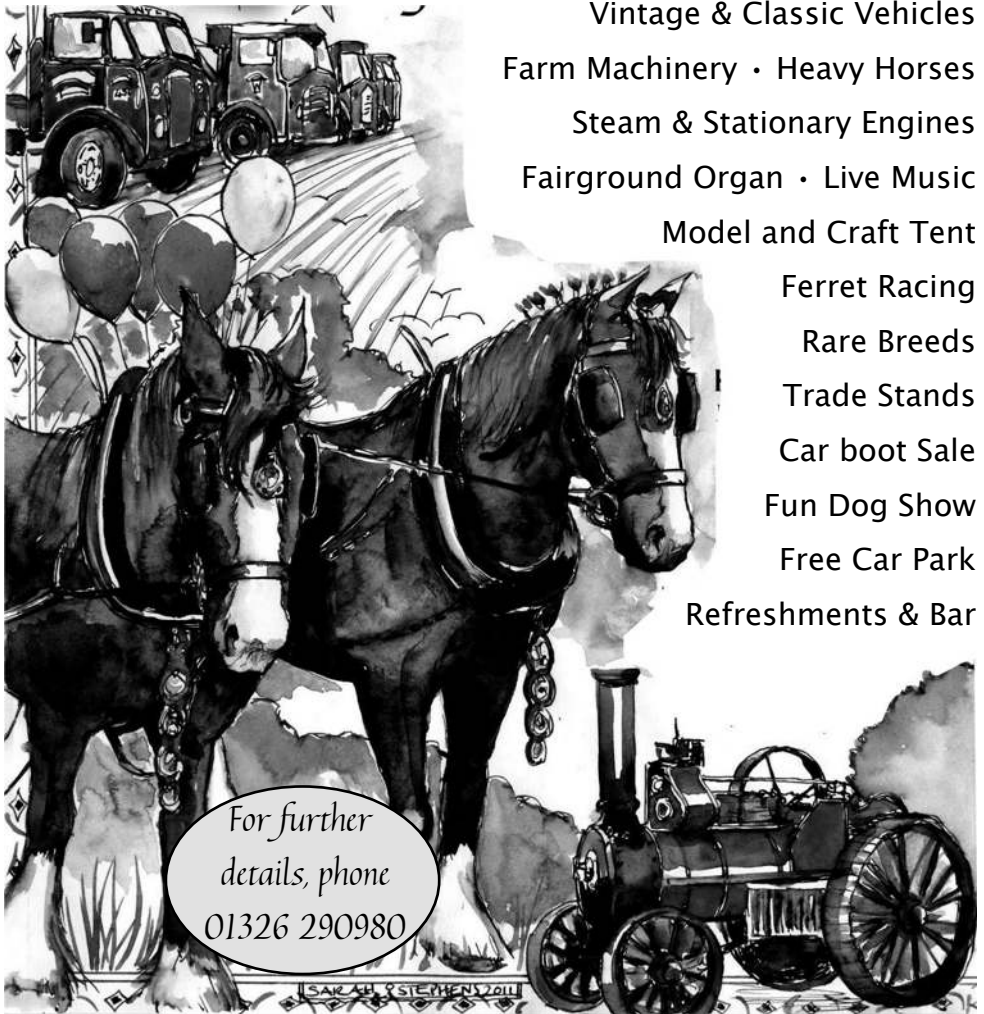


Closed
All Day Sunday

9am-5pm Weekdays 9am-1pm Wednesday 10am-2pm Saturday

What's ON - CONTINUED

GRADE RUAN VINTAGE RALLY
SUNDAY 2ND AUGUST 2015
TREVEDDEN FIELD, RUAN MINOR
GATES OPEN AT 11 AM



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What's ON - CONTINUED

**Cadgwith Cove Grand Fishing Competition, est. 1995
2015**

21ST MAY- COD

*Keith Johnson 11lbs 9 ½ oz 2003 **Tommy Phillips 5lbs 9 ½ oz 2011

4TH JUNE – CUCKOO WRASSE

*Martin Lloyd 1lb 4 ¾ oz 2004 **Tommy Phillips 1lb 1 ¼ oz 2010

18TH JUNE – FLATFISH

*Jeff Lee (plaice) 2lbs ¾ oz 2011 **Jamma Phillips (plaice) 2lbs 2010

2ND JULY – LSD (No Huss)

*Richard Williams (LSD) 3lbs ¼ oz 2011 **Seth James (LSD) 2lb 10 ¾ oz 2013

16TH JULY – CONGER

*Rob Evans 31lbs 15oz 2011 **Tommy Phillips 12lbs 13oz 2011

30TH JULY – MACKEREL

*Dave Rogers 1lb 11 ¾ oz 2002 **Roxanne Hosking 1lb 3 ¾ oz 2003

6th AUGUST – POLLACK

*Emma Lloyd 11lbs 11oz 2001 **Tommy Phillips 8lbs 12oz 2008

20TH AUGUST - GURNARD

*Pat Hayes 1lb 15oz 1999 **Ryan Mitchell 1lb 1 ¼ oz 2004

27TH AUGUST- WRASSE OPEN

*Arthur Coupland (BALLAN) 5lbs 6 ½ oz 2006 ** Jamma Phillips (BALLAN) 4lbs 3 ¼ oz 2006

TBC - SHARKY'S CUP 12 – 6 PM

3RD SEPTEMBER – BASS 6pm – 8pm

*Ian Mitchell 5lbs 12oz 2004 **Jamma Phillips 3lbs 11 ¼ oz 2009

FOLLOWED BY PRESENTATION OF CUPS

(*Senior record **Junior Record)

All competitors to assemble off the Cove and wait for Steven Holyer to sound his horn to start. In case of bad weather the competition will still be considered to be running until a group decision is made on the beach at 6pm. Please enter competition with Norma on the beach before fishing commences. Cheers and good, safe fishing!

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Coming Soon!

The Friends of St Ruan & St Grade Historic Church Buildings

We are fortunate to have in our parish two fine examples of church architecture. Both churches boast fine examples of early stonework and stained glass, together with a treasury of ancient relics. The buildings are of an age that repairs are always needed in order to maintain these valuable parts of our heritage. The local community has in the past given generously towards the upkeep of these historic buildings. It is hoped this vital support will continue so that their future will be secured.

To put funding on a firmer basis, a Friends Association is in the process of being formed. You may not be a regular churchgoer, or perhaps not of the Christian faith, but if you are concerned to see these unique buildings preserved you are invited to join or participate in our forthcoming fund raising events.

If you would like to register your interest in becoming a Friend then please contact the Secretary of the Friends Committee Jane Spalding, who will be happy to help (email: janespalding@btinternet.com, Trennan, St Ruan, Helston, TR12 7JS). Proposed annual membership will be £10 or £15 a couple.

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JANET FRY (NEE PRICHARD)

1938 – 2015



Jan passed away peacefully at Maidstone hospital on 9th June 2015, aged 77, following a long illness. Beloved Wife of Nigel, loving and caring Mum of Jonathan and Sally and devoted Granny, she will be sadly missed by all who knew her. Her funeral was held at St Mary's Church, Lenham on 24th June.

The Prichard family have had a long association with Cadgwith since acquiring a plot of land to build Pennard in 1929, and Jan has visited almost every year since her birth in 1938 .

During WWII, Jan was evacuated as a toddler to stay with her Grandmother, Mrs Prichard, and her little Auntie Gracie at 'Pennard'. In subsequent years, Jan, and indeed the Prichard family, continued to visit Cadgwith, and built up many friendships that remain to this day. She often spoke fondly of all her friends in the Cove, the Cove itself and all the treasured memories.

Unfortunately, ill health meant that her last visit with Nigel was in 2014, but her home always held memories of the Cove, especially via paintings by Hartley and Graham Clarke.

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Grade-Ruan Under 5s

School Spot



Mullion School

GRADE-RUAN SCHOOL welcomed Katrina Cocks from the Fire Service - she talked to all of the classes about how to prevent fires in the home and what to do in the event of a fire. She stressed the importance of having smoke alarms in our homes and that the batteries should be checked weekly.

Since the last Gazette the school indulged in an extended half term. In an effort to make it easier for those parents that can't take holiday in the school holidays, the decision was taken to group the five INSeT days allocated by County together and add them to the May half term. So far we have had all positive feedback - do let us know what you think.

Seahorse and Starfish Classes enjoyed a trip to Poltesco to join the National Trust team based there. We took part in lots of activities and games linked to plants, what seeds need to grow, what the parts of plants are called and how bees collect nectar from plants. We all had a great time - we are so lucky to have this wonderful natural resource so close to our school.

Year 6s had their first Transition Day at Mullion School. In the morning they met their new tutors and classmates, toured the school and took part in

activities. In the afternoon, the Year 6s took part in Cluster Sports with other schools from across the Lizard.

The Year 2s and 6s survived SATs week - well done everyone! Still to come in the rest of the summer term is KS1 Sports Day and KS2 Sports Day, separate Surfing Days at Hayle for Years 4, 5 and 6, swimming lessons, sailing and a KS1 Beach Day at Kennack Sands. The school year finishes with its annual production in Poltesco - this year it is *A Midsummer Night's Dream*. Contact the office for tickets on 290613.

Mullion School is a little quieter now that the Year 11s have completed their GCSEs and started their longest summer holiday ever! This was balanced however by the school welcoming 112 Year 6s for two Transition Days. The school also runs two sessions of summer activities, each a week long, for the Year 6s to get to know each other before starting in September. For the old hands at Mullion there is trip to France for the Year 7s, Activities Week for Year 8s, Adventure Camp at Bude for the Year 9s and Work Experience for the Year 10s. Tucked in amongst all that is Prom for the Year 11s!

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Recreation Ground News

The **May Festival takings** have now been totted up and we made close to £2000 - fantastic. Thank you to everyone who came to the Festival and supported the Rec, also to everyone who gave their time to help run the event and provide entertainment.

The funds raised will be added to those from previous years to provide cash-flow during the building of the **new pavilion**.

Talking of which We expect work on the pavilion to start later this month. Planning consent has been given by Cornwall Council, and we are in the process of getting formal competitive quotes for all stages of the demolition and building work. The actual work can begin as soon as the quotes have been signed off by the funders.

We had a bit of a false start with replacing the **basketball hoops**, having received the wrong sort. Due

to the high cost of the right sort, and in the interest of preserving our cash-flow fund, we have decided to replace just one of the hoops at this stage. Hopefully it will be done by the time you read this.

The Rec **AGM** will be held on Wednesday 1st July. Please come along and have your say about the equipment you would like to see in the new pavilion, and how you think the Rec should be managed.

If, in anticipation of getting the new pavilion, you would like to organise any **sports events** or start a sports club of any kind, please let us know, either by coming to the AGM or by contacting me.

The first of two **Beach BBQs** organised by the Rec will be held on 29th July. We hope you will all come along to enjoy the fun.

*Moira Hurst tel: 290257
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RUAN MINOR VILLAGE HALL

WHAT'S GOING ON AT THE VILLAGE HALL?

THE THURSDAY MARKET

The market is held every Thursday morning from 9.15am to 11.45am or later in the summer. Come along, browse our stalls, for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie'. If you prefer, just stay for a chat and catch up with the local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Pets & Bird Care	Leggy's Pasties	Flowers & Plants
	Paintings & Photographs	

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all done to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

Tasha Allen on 291232 or 07792292665

or just call in on a Thursday morning to see what's going on.

SHORT MAT BOWLS

Sessions are held on Monday and Thursday evenings at 7.00pm

It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

QUIZ NIGHT

Quizzes are held on the 4th Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contests begin at 7.30pm. Any changes to dates will be notified on the Village notice boards.

SPECIAL EVENTS

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

ARRANGING AN EVENT?

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information on these arrangements call

Tasha Allen on 291232 or 07792292665.

We are wheelchair friendly.

SHORT MAT BOWLS AT THE VILLAGE HALL

7 pm on Monday and Thursday Evenings

If you haven't been before why not give it a try?

All welcome, including visitors on holiday

Short Mat Bowls has been a regular event at the Village Hall for many years and it's great fun. Anyone can play including children, the only requirement is that they are accompanied by an adult and can lift a bowl.

If you want to come along and try a game you don't need need any equipment as spare bowls are provided - all you need are flat shoes preferably with no grip, but even that's not a problem - you can play in socks!

The cost is only £1 per person and that includes tea, coffee and biscuits at the end of the game at approximately 9 pm.

Below is a photograph of a much appreciated roller which was delivered at the end of May. It makes life much easier for those who find rolling and moving the mats by hand difficult. Pictured from left to right are Rose Bowcher, Margaret Evans, Yvonne Stevens, Steve Griffiths, Doreen, Jill Thomas and Paul Griffiths.



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ANNUAL RANDAN RACE : ST ANTHONY TO HELFORD VILLAGE

The annual pursuit Randa Race (3 rowers) from St. Anthony in Gillan Creek to Helford Village took place on the evening of the Bank Holiday Monday.

A good fleet of five skiffs and five working boats took part. The easterly wind had dropped and the race took place in perfect rowing conditions on the last of the flood tide.

Competition was keen but the first boat home was Megasaurus towed by David Holyer, his son Matt and Stuart George, winning the Ben Collins Shield in a time of 26 minutes 53 seconds. In second place was Cygnus rowed by David Henn, Tony Halliday and David Bray. The skiff "22" rowed by Martin Langdon, Jess Thomason and David Matthews finished in third place.

The winners of the Veterans' race, finishing in fifth place overall and taking the John Badger Tankard, was the working boat Persevere rowed by Jeb and Judith Preston and David Muirhead.

The rowers enjoyed the usual good hospitality at the Shipwrights Arms after the race. The prizes were presented by the landlord, David Harford. A good evening was enjoyed by all.

David Muirhead

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Rector's Ramblings

I have an old sweatshirt which is more hole than whole. The cuffs are frayed (actually, I've snipped off the left cuff because it was so 'holey' that my thumb would keep getting caught between sleeve and cuff). More than a quarter of the ribbed hem has come away from the body of the garment (and no, there's nothing to stitch it back to, because the whole thing is so threadbare). The logo on the top left-hand-side of the front has long since been washed out. And there are countless rips and holes where I have had 'arguments' with rose bushes, blackthorn, brambles, bonfires and the like. It's baggy and shapeless and covers up all sorts of imperfections. Yes, I know I should throw it out, consign it to the dustbin, replace it with another sweatshirt. But it's *so comfortable!*

Our lives can be like that: shapeless and without form or purpose; washed-out; frayed and threadbare so that when a challenge or crisis strikes we have nothing to 'stitch' back to, nothing to hold on to; a life full of 'holes' borne out of past arguments, hurts, resentments and bitterness; a life where our outer facade covers up a multitude of inner imperfections. Yet a life that is *so comfortable!*

Perhaps it's now time to throw out that old life, consign it to the past, and put on a new life – a life in Jesus - and yes, even committed, worshipping Christians need to review their old, '*comfortable*' lives occasionally!

St Paul writes: 'Rather, clothe yourselves with the Lord Jesus Christ, and do not think about how to gratify the desires of the sinful nature.' (*Romans 13:14*)

Paul builds on this 'clothing' theme when he writes: 'Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you. And over all these virtues put on love, which binds them all together in perfect unity.' (*Colossians 3:12-14*)

Just imagine how wonderful the world would be if everyone did this! It's a lifestyle thing; a lifestyle rooted and grounded in the teachings of Jesus. Such a world is possible, it's not just a pipe dream. But it does require each of us to throw out the old 'holey sweatshirt' and put on the holy life of Jesus.

So ... whether you are already a Christian; whether you are seeking for a life which is whole and not shapeless, without purpose; or whether you're looking for a way to heal rifts – then throw out that comfortable 'old-life sweat-shirt', replace it and be clothed with Christ!

Blessings

Revd Deirdre

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Church Services



Church of England Services

JULY

Sun 5 th	Morning Praise, St Ruan Church	11.15am
Sun 12 th	Holy Communion, St Ruan Church	9.30am
	Evensong (<i>BCP</i>), St Grade Church	6pm
Sun 19 th	United Family Celebration Service, Ruan Minor Village Hall	10.30am
	Evening Praise, St Mary's Church, Cadgwith	6pm
Sun 26 th	Holy Communion, St Ruan Church	9.30am

Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
PCC Secretary, Chris and Barry Lovelock	290181
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Sunday Mass at

St. Mary's Helston at 9.00 a.m.

St. Michael's Mullion at 11.00 a.m.



Gardening in July

by David Endean

Well I was glad to see some rain in mid-June; it has not been too serious but it has been rather dry. Johnno has been warning me about it - from the end of the winter, we have only really had enough to keep things ticking over and I believe that this has helped to delay the spring this year. As it has not been a particularly cold winter, things are about a fortnight behind where they usually are. I have also noticed some lawns have started to burn up already. The ideal situation would be a night's good rain once a week instead of the once a month which we have been having.

I am pleased to report those spotted flycatchers have stuck around and taken up residence in the artificial tree hole which is a gap and space behind the fascia. They are a very busy couple flitting in and out landing on the clothes line and diving into the apple tree and appearing once again with a beak full of flies.

July tends to mark a change in the garden when the mood moves from preparation to harvesting. That soft fruit which I got you to protect from the birds last month will be ready for harvesting now. These crops ripen fast so you need to harvest whatever is ready on a daily basis as most of the soft fruit does not keep for long on the bush. Therefore may I suggest you keep well stocked with cream or maybe sugar should you wish to make jam; alternatively many of the types of soft fruit will freeze well.

All those biennials that you have sown earlier in the year will need either pricking out if you sowed them in seed trays or spacing out in nursery rows if you sowed them in the open ground. The plants I am meaning are the Sweet Williams and

Wallflowers. Make sure that they are well watered before you move them. They really do benefit from this, giving you more compact and robust plants. Pinching out the growing tip will also encourage them to bush up. Choose a spot of spare ground to grow them on ready to plant out in their final positions in the autumn. If you have not sown any of these biennials yet you can probably get away with sowing some if you are early this month.

As spaces develop in the veg patch, clear the ground and add a bit of general fertiliser and sow or plant some catch crops. It is still worthwhile sowing lettuce and other salads like radish, beet-root, kohlrabi and finger carrots. Dwarf French beans are also quick to mature and so are worth a go use varieties like Safari and Ferrari. When sowing anything direct in the soil at this time of year it is worth watering the bottom of the drill before you sow the seed - you will find this will help. I regularly sow some runner beans early this month also. Now many of you will find this a waste of time, but my garden is sheltered and I get away from those equinox gales which burn off the tender shoots in the more exposed Ruan gardens. My garden is quite damp also which makes it a late garden, and this year we had a slight frost in the first week of June and it burnt a few plants especially some Busy Lizzies which had a piece of fleece over the top.

Your flower beds, borders, tubs and baskets will need you to regularly go through them with a secateurs or snips and dead head all the spent flowers and rotting and yellowing leaves. Often a finger and thumb will suffice and this job really does reap its rewards. Dead-heading reduces risks of diseases like botrytis, the plants

cont.

look nicer, and by removing the spent flowers you encourage the plant to try and flower again as it is not able to set seed which is its only real aim. This has the biggest effect on annuals. After you have done this job stay there and water those tubs and baskets even if it has just rained because I am sure not enough water will have got to the compost to have made a difference. An inch of rain will only travel nine inches through worked soil and an inch of rain is a lot, it is important to keep the tubs and basket moist as if they dry out and the plants flag, apart from the damage it does to the plant it is really hard to get the compost fully loaded with water again. Also a regular liquid feed will reap rewards as well.

July is the start of the summer shows and my sweet peas should be in full swing; I picked the first bunch in mid-June. Much time is spent tying in the plants and

removing the tendrils. Unfortunately early on you can suffer badly with bud drop. This is where the flower buds never really develop on the stems and they go yellowy and drop off, often leaving you with the stalk and an odd bloom on it. There is very little you can do about this, as it is generally down to cold temperatures and large variances in them. Some years this can be devastating and when we had that really wet summer a couple of years ago I had the first blooms at Royal Cornwall Show time and did not cut another bloom for a month. Then when they did come, within ten days the quality of the blooms and stems reduced making them useless for exhibition. These are the joys of gardening.

Well whatever you do this month in the garden, be it giving the lawn a light cut, trimming your hedge, sitting on the garden bench or having a barbeque, get out there and enjoy your garden.

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The Herbal Medicine Cabinet

by Deanne Greenwood BSc (Hons) Herb Med, MCPP

Herbal First Aid

As summer appears to have finally arrived, and the school holidays are imminent, I thought it might be helpful, and fun, to tell you about some of the medicinal plants you'll find growing on The Lizard at this time of year that make excellent first aid remedies. Please remember that these are for minor ailments such as stings, insect bites, cuts and bruises.

Nettle rash and insect bites

There are many plants that can provide relief from nettle rash and insect bites. Broad-leaf Plantain (*Plantago major*) is, I think, the most effective for reducing pain and inflammation. You can also use Ribwort plantain (*Plantago lanceolata*) though, which is easier to crush or chew up to release the healing mucilage inside – which you'll need to do before applying to the sting/bite. Cleavers, aka Goosegrass (*Galium aparine*) is another prolific plant with similar soothing and healing properties.

Minor cuts 'n' scratches

The appropriately named Self-heal (*Prunella vulgaris*) is a powerful astringent, and so helps to staunch bleeding. It also reduces inflammation. You can either apply a handful of crushed flowers and leaves to the wound, or make a strong infusion (tea) with them, allow to cool and use to bathe the wound. If you can't find Self-heal, look for the prolific, pretty, but not very pleasant-smelling Herb robert (*Geranium robertianum*), aka 'Stinking Bob', and use in the same way.

Sprains 'n' bruises

There are quite a few plants with broad leaves that make excellent poultices. A poultice can be used to help reduce the throbbing and swelling associated with sprains and bruises, and to draw out splinters, boils and abscesses. They include Burdock (*Arctium lappa*) and Common mallow (*Malva sylvestris*), both of which also have antiseptic properties. Simply steam the leaves to make them pliable and encourage the release of the active constituents, and then apply the whole leaf, as hot as the patient can bear, to the affected area. Leave to cool, then repeat. But the very best, and most effective, plant poultice is made from Comfrey root (*Symphytum officinale*). You'll need to dig these up, scrub clean and then chop/mash up in a blender with enough water to create a paste. Don't worry if it's lumpy, it just needs to be spreadable. Place onto a piece of muslin and bandage over the area to be treated to hold in place. Leave on for 2-3 hours, and repeat as many times as necessary. Comfrey can also speed up the healing process for broken bones, hence its traditional name of Knitbone. Only use on unbroken skin.

And finally, there are some wonderfully aromatic plants that can be used in a footbath to soothe, deodorise and refresh weary – and possibly whiffy – feet... Just put a few handfuls of fresh Lavender or Chamomile flowers, Pine or Rosemary needles, or Mint leaves into a bowl large enough for your feet, cover with boiling water, allow to cool sufficiently to immerse your feet, then sit back and soak up the joy! (Use Sage for an antiperspirant effect, Thyme as an antifungal, for Athlete's foot, for example.)

Look out for Part Two of Herbal First Aid next month.

Springing into Summer 2015 LIFE ON THE EDGE

by Jonathon Coudrille

[This interesting piece was submitted in time for last month's Gazette, but unfortunately could not be included due to lack of space. It's still relevant and is a good read. Ed]

It is half-past six on May the 13th; You must think me uncommonly dilatory; I used to write these every month and my last update here was made half a year ago, so what have I been doing ever since? Bear in mind that my Paternal Grandmother, a lady of adamantine mind, took it upon herself to see that I was brought up Correctly; that is to say, for the Edwardian Era, the age of the Stiff Upper Lip once so prized by the builders of our nation: Stoicism. Not whingeing.

The stance has fallen into desuetude now that it is the thing to bare one's soul, one's breakfast and, not infrequently, one's bottom – on the Social media, and perhaps I should now be less reticent...

My grandmother usefully said:

“Always remember, a disaster rightly considered is called an: Adventure”

Well, folks... I have had adventures.

Some years ago I had the telephone and power cables to my house and studio buried, but the singing wires, connected here in the 1960s, are still naked reminders of the march of Electricity across the Lizard Plateau, and now that Grade Church has a new lightning conductor, the Aether had to find somewhere else for its mischief. My nearest telegraph pole looked inviting and, Bam! It got it. Some hundred million volts entered my circuitry and fried the telephones and the Wi-fi hub and, melted a useful work-torch that was recharging at the time.

The fridge freezer also got it. Therefore so did we: the household contracted what is cosily called ‘a tummy-bug’, tho’ there are few afflictions that are less cozy. It lasted a week, and left one weak indeed.

Then,

Carrying a hundredweight Sandbag on my shoulder to staunch that portion of the west wing roof ripped off by the big storm, I tripped and cartwheeled down the last eight feet of the hundred and fifty or so of the steps to my home (cue Dame Edith Evans as Lady Bracknell; “A SAND-bag?) and, any hopes of a soft landing were whipped away as the hundredweight sack landed not under but, on me.

The effects on my cerebral circuitry were not unlike those on the domestic wiring noted earlier. It is my pleasure and honour to play the Organ in my Parish Church, and the Sunday after the Icarus Experiment, I treated the congregation to an introit and a Gloria that would have made Stockhausen gnash with envy. Simply could NOT remember which all those black and white notes were. Had to re-learn the theory, a beneficial experience striking at the weed-like roots of complacency.

Then:

A wheel came off an approaching car; the hubcab frisbeed over the roof of mine, and a flying wheel-nut, a useful ounce of unforgiving steel, split my windscreen.

Then:

cont...

Back home, the Elf slipped and broke her arm in two places. Regardless, she continued her daily duties, and I hope St Peter has taken note; it's getting pretty full up there with blues guitarists and the like.

Then:

The irreplaceable guitarist with *my* band fell and could not play... there was a general election... my phone was replaced with a touch-screen wonder that has turned me via a learning curve like a hairpin into an incompetent ranting old git; the spring has thus whizzed by all too rapidly; I am working seventeen hour days, aware that the sand in the clessidra is not being replenished ... I'll leave you with the words of Sir Joshua Reynolds:

...Success in your art depends almost entirely on your own industry; but the industry which I principally recommend, is not the industry of the hands, but of the mind... We may go so far as to assert, that a painter stands in need of more knowledge than is to be picked off his pallet, or collected by looking on his model, whether it be in life or in picture. He can never be a great artist, who is grossly illiterate ... He ought to know something concerning the mind, as well as a great deal concerning the body...

Mercifully both have remarkable powers of recovery.

Finally:

Michael Craig-Martin RA (who mentored Damien Hirst among others) says in his new book: "I would never advise anyone to become an artist..."

But you did, Michael, you did.



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Home-Start Kernow

Home-Start Kernow is affiliated to Home-Start UK although financially independent and locally managed and based. They recruit and train volunteers with personal experience of parenting to offer friendship and support to families with at least one child under 5 who are experiencing a range of issues such as first time or young parents, mental health, substance misuse, domestic abuse, illness, disability or multiple births.



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Cadgwith Rocks

by *Brandon Holmes (age 14)*

Cadgwith is not a surfers' beach due to all the rocks. However this does give Cadgwith an advantage on other beaches, you can go jumping or diving off the rocks. After children have swum in Cadgwith for a few summers, they are highly likely to want to progress to jumping off the rocks.

There are 2 beaches in Cadgwith which are split apart by a 30 foot high non-eroded piece of land called The Todden. There are 3 good spots to jump from in Cadgwith:

1. The diving board - a good spot for the younger children to jump off. This is because there is a smaller drop and no rocks below. The diving board is located on the second beach and used to be made out of concrete and iron, and had a wooden board. After many many years the wood and iron got rusty and was taken off the rocks. The name diving board is still prevalent today, with only the concrete being used today to jump off.
2. For the more daring jump, The Todden - A lot higher than the diving board, a rock platform to jump. The Rock formation that the older children use to jump off is natural and has not been man made. However when it is low tide the water level of the area you jump into is only up to your waist which as you can imagine would be very dangerous to jump into. Quoted by Aaron Goddard, a local who has made this jump for many years, "To jump off the Todden the tide has to be high tide, no other tide is suitable". Simon Fletcher, a local man who jumped off the rocks many times during his childhood, said "when it is high tide it is definitely safe to jump off the Todden, but even just below high tide it can become unsafe and I would not recommend jumping off the Todden without being extremely experienced at jumping off the diving board first".
3. Whale Pool - Whale pool is on the first beach, on the left hand side of the Todden. It is often where the seagulls are on the rocks. The only way to get to it is to swim and it can only be jumped at high tide. You have the option of jumping off half way, three quarters, or the full height of the rock namely, Whale pool. Not many local children dare to jump even half way off the rock, only the brave do! If you think that jumping the Todden is a breeze, then whale pool could be the jump for you!

As the summer is coming up I have pulled together some advice from local parents and children who have jumped it, thank you to everyone that contributed to the following tips:

- It must be high tide.
- Do not bend your legs until your about to hit the water, then tuck them in!
- If you have never jumped before, then watch an experienced local person do it first!
- Start your first jump off the Diving Board and once you feel confident move to the Todden.

After years of doing this jump you may think of jumping Whale Pool, but remember it is a lot higher than the Todden and requires a lot of skill. I wouldn't do it myself at this age anyway!

I Hope everyone has a fun, but safe, summer because Cadgwith Rocks!



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QUIZ NIGHT NEWS

An old saying claims that "It's tough at the top" and it certainly was tough for those teams at the top of the scoreboard as May's **QUIZ NIGHT AT THE VILLAGE HALL** unfolded through eight fiercely contested rounds. At the finish, it was apparent that the final scores were very close indeed. A number of teams were still in with a good shout as everyone waited with bated breath for the results of the 'All-Nighter' where a further 64 points were at stake.

After all the scores were counted, checked and then double-checked, it was **'JUST US SEVEN PLUS THE DOG'** who claimed the honour of being crowned 'Quiz Night Champions' but the winning margin was by just one point from **'EMPTY HEADS'** in the runners up spot. Only one point further behind in third place, **'CLIFF-HANGERS'** were back to something like their best, so watch out everyone. It was, however, abundantly clear for everyone to see that the difference between the top team and the rest of the competition was, quite simply, **THE DOG**. Those clever canines certainly are a mine of information and far brighter than most of their human opposition!

At the opposite end of the proceedings a strong rearguard action from **'BOB'S BAND'** and **'BACK TO THE FUSCIA'** pushed **'JUST US**

TWO' down into the wooden spoon position but special credit should be given to Jill and Sarah for a very brave effort indeed.

Glynn Coates delivered an excellent geographical first Guest Round which had all teams scratching their heads. Thanks Glynn. It is Jill's turn next time so watch out you Sassenachs or should that be 'Emmets'!!

At the end of yet another gripping contest the final scores on the doors were as follows:

<u>Position</u>	<u>Team</u>	<u>Score</u>
1 st	Just 7 Of Us + The Dog	110.5
2 nd	Empty Heads	109.5
3 rd	Cliffhangers	108.5
4 th	The Mixed Bunch	103.0
5 th	The Motley Crew	96.5
6 th	The Buccaneers	95.5
7 th	New Blood	94.5
8 th	Back To The Fuscia	90.0
9 th	Bob's Band	72.0
10 th	Just Us Two	52.0

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Take care and see you all next time.

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July Quiz

1. What is the French Stock Exchange called?
2. What does the Q stand for in IQ?
3. What is a Moke?
4. What was Manchester United's ground before Old Trafford?
5. Which is the brightest star in the night sky?
6. Who was the first Tudor monarch?



Answers to the June Quiz

1. Whose novels are set in Wessex? *Thomas Hardy*
2. In which musical Western does Clint Eastwood star? *Paint Your Wagon*
3. What three countries border Luxembourg? *Belgium, France and Germany*
4. In which century was the Taj Mahal built? *17th*
5. Which insect can jump 130 times its own height? *A Human Flea*
6. What racing track is rebuilt every year? *Cresta Run*

Questions set by Norma Gossip

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The Ruan Revellers "A NIGHT OF COMEDY"

The show, which ran in the Village Hall for 3 nights in June, was well attended and the audience was rewarded with a highly amusing production. The programme, directed by **Angela Agutter**, comprised two one-act plays "The Dear Departed" and "All Right on the Night", and two comedy sketches "The List" and "The Audition".

Photos by Chris Hunt.



The cast of "All Right on the Night". L to R: Richard Palmer, Gerry Gunn, Sheila Collins, Judith Green, Jacqui Griffiths, Mary Keeley, Brian Jenkins, Ann Vaulter, Cathy Brown, Sally Ellis.



"The List" was performed by Gerry Gunn, Brian Jenkins and Richard Palmer



A scene from "The Dear Departed", with L to R Brian Jenkins, Gerry Gunn, Judith Green, Sheila Collins, Richard Palmer, Pat Palmer

The Ruan Revellers

"A NIGHT OF COMEDY"



Sheila Collins



Mary Keeley



Richard Palmer



Judith Green



Angela Agutter



Sally Ellis



Ann Vaulter



Brian Jenkins



Pat Palmer



Richard Palmer

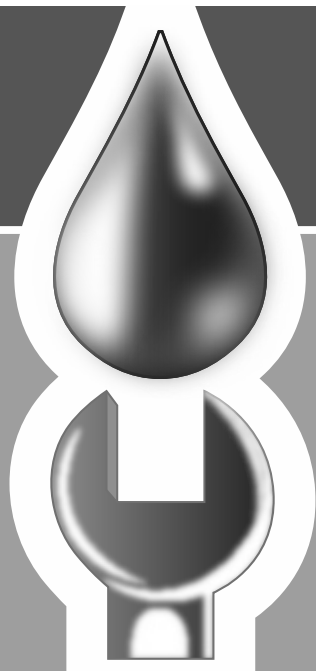
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Minutes of the Annual General Meeting of the Grade Ruan Parish Council held on Monday 11 May 2015 at 7pm in the Sunday School room in the Ruan Minor Methodist Chapel

Present: Parish Councillors: J Preston (Chairman), N Green (Vice-Chair) , J Clifton, P Collins , P Freeman, M Fleetwood, M Jones, J Lee, S Stephens (joined meeting at Item 9) and J Trewin (joined meeting at Item 9).

Cornwall Councillor: C Rule, PCSO Berry, Clerk: J Castle

The Chairman welcomed Marita Jones to her first Parish Council meeting.

- 1) **Absences and Apologies:** None
- 2) **Election of Chairman:** the Chairman stood down from the Chair; the Vice-Chairman took the Chair and called for nominations for the post of Chairman of the Grade Ruan Parish Council for the year 2015-16. Councillor Lee proposed Councillor J Preston as Chairman, Councillor Freeman seconded. All in favour. **Councillor J Preston was duly elected as Chairman to the Grade Ruan Parish Council for the year 2015-16**
- 3) Councillor Preston took the Chair and called for nominations for Vice-Chairman of the Grade Ruan Parish Council for the year 2014-15. **Election of Vice-Chairman:** Councillor Lee proposed Councillor N Green as Vice-Chair, Councillor Jones seconded. All in favour. **Councillor N Green was duly elected as Vice-Chair to the Grade Ruan Parish Council for the year 2015-16.**
- 4) **Minutes of the Annual General Meeting held on 12 May 2014:** these had been circulated and approved at the Parish Council Monthly Meeting held on 9 June 2014.
- 5) **Matters arising from the Minutes:** there were no matters arising from the Minutes.

6) **Attendance Report:** it was noted that the Attendance Report had not been produced. The Clerk was asked to circulate this report. **Action: Clerk**

7) **Clerk's Report:** the Clerk presented a report. Copy to be filed with the Minutes.

Chairman's Report: the Chairman presented a report. Copy to be filed with the Minutes.

8) **Nominations of Parish Council Representatives to the following parish organisations:**

a. **Village Hall Committee:** Councillor Fleetwood proposed Councillor Lee, Councillor Freeman seconded – all in favour.

b. **Recreation Ground Committee (3 Representatives required for this to comply with the Recreation Ground Trust Deed):** Councillor Preston proposed the re-election of the existing representatives Councillors Fleetwood, Freeman and Green. Councillor Lee seconded – all in favour.

c. **Churchyard Maintenance Advisory Committee** – Councillor Lee proposed that the

cont.

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Chairman and Clerk act as representatives and Councillor Clifton seconded –all in favour.

- d. **Under Fives Committee:** Councillor Collins proposed Councillor Freeman. Councillor Lee seconded – all in favour.
 - e. **Youth Club:** as the Youth Club remains inactive no nominations were made, but it was agreed the position of representative would be included on the agenda for the AGM of the Grade Ruan Parish Council for the next year should the Youth Club recommence
 - f. **Tree Wardens** – Councillor Lee proposed and Councillor Freeman seconded that Councillor Preston and J Fletcher (non-councillor) be re-elected - all in favour.
 - g. **Community Network** – Councillor Preston proposed Councillor Freeman as the specific representative and Councillor Green seconded – all in favour. Councillors were reminded that the Community Network panels are open to all Parish Councillors should they wish to attend. The Chairman and The Clerk are invited to attend divisional meetings.
- 9) **Nominations of Councillors and Representatives to the following Committees and Advisory Committees**
- i. **Finance Committee:** Councillor Lee proposed the Chairman, Vice-Chairman, Councillors Fleetwood, Freeman and Collins. Councillor Clifton seconded. All in favour.
 - ii. **Footpaths Committee:** Councillor Freeman proposed the election of the Chairman, Vice Chairman and Councillors Fleetwood, Jones and Trewin. Councillor Lee seconded. All in favour.
 - iii. **Planning Committee:** it was noted that this committee is not currently active.

- iv. **Play Area Unit Supervision Committee:** Councillor Green proposed the Committee be formed of the Chairman, Councillors Clifton, Collins, and Lee plus Wendy Elliott (non-councillor). Councillor Fleetwood seconded. All in favour.
- v. **Housing Committee (incl s106 Working Party):** it was noted that this committee is not currently active.
- vi. **Staffing Committee:** Councillor Fleetwood proposed the Chairman, Vice-Chairman, and Councillors Freeman and Collins. Councillor Lee seconded. All in favour.

The Annual General Meeting of the Grade Ruan Parish Council closed at 7:28pm and was immediately followed by the Parish Council's monthly meeting for May 2015.



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THE COWSHED FARM SHOP

Minutes of the Monthly Meeting of the Grade Ruan Parish Council held in the Sunday School Room of the Ruan Minor Methodist Chapel on Monday 11 May 2015 from 7.30pm

Present: Parish Councillors, J Preston (Chair), N Green (Vice-Chair), J Clifton, P Collins, M Fleetwood, P Freeman, M Jones, J Lee, S Stephens, J Trewin, Cornwall Councillor C Rule, PCSO J Berry, Clerk J Castle.

1. **Absences and apologies:** There were no apologies.
2. **Declarations of interest:** There were no declarations of interest.
3. **Public time:** There were no items for public time.
4. **Police report:** PCSO Berry reported that there were no crimes reported in the Parish in April. She had been asked to monitor the use of the school playground out of hours by young people playing ball games. She also referred to "My Red Thumb Day" which is a road safety campaign regarding the risks of using a mobile phone when driving. She also asked members of the public to take extra care as, in previous years, car crime has increased locally at the start of the summer months. Finally PCSO Berry reported that in future her report will only include the number of crimes reported and the detail can be obtained from the police website.
5. **Cornwall Councillor's time:** Cornwall Councillor Rule thanked the Parish Councillors for their support over the last few months, when she has been absent from evening meetings due to personal circumstances.
6. **Minutes for acceptance:** Having been previously circulated, it was proposed by Councillor Preston and seconded by Councillor Freeman that the minutes of the Annual Parish meeting held on 13 April 2015 be accepted. Carried 8 votes in favour and 2 abstentions.

Having been previously circulated, it was proposed by Councillor Lee and seconded by Councillor Green that the minutes of the monthly parish meeting held on 13 April 2015 be accepted. Carried 9 votes in favour and 1 abstention.

7. **Planning:**

Planning Applications for consideration

- PA15/03608 – Replacement Sports Pavilion, Ruan Minor Recreation Ground .This application involves the replacement of a 1980s temporary building and has been designed to protect the view for the surrounding properties as much as feasible. The building incorporates changing facilities, a kitchen, Club room and bar. The funding to go ahead with the project is in place. Councillor Lee proposed and Councillor Stephens seconded that this application be supported. Carried 7 votes in favour and 3 abstentions. Councillor Trewin asked that congratulations be placed on record to all those who have worked hard over the last couple of years to put together the plans and funding to provide a splendid new recreational facility.

Planning applications decided by the planning authority since the last meeting

- PA15/01621. 4 chalets and 1 caravan, Predannack Holiday Village [Refused]. As the buildings are already in place, Cornwall Councillor Rule was asked if she could ascertain how this decision will be enforced. **Action: Cornwall Councillor Rule**

cont.

Pre-applications ,consultations and appeals:

- PA15/00869/PREAPP– Land South Of Crig A Tana, Long Moor, Ruan Minor [Advice given]

8. Finance

- Financial Report – the Financial Report was noted. It was reported that the payment of £5000 in respect of AONB signage is only the first instalment and a final payment of £5000 is due at a later stage. The final payment of £600 in respect of the locality grant had been received.
- Payments Schedule - the schedule of payments, totalling £2090.62, was presented to the meeting. It was requested that the renewal of the insurance policy be checked by the Finance Committee at its meeting next week but, if satisfied with the terms, this payment of £1227.78 included in the schedule was authorised for payment. It was proposed by Councillor Fleetwood and seconded by Councillor Clifton that the payment schedule be approved. Carried 9 votes in favour and 1 abstention. With regard to the insurance policy, the Clerk was asked to obtain an electronic version of the policy and also check whether the new defibrillators will be covered. **Action: Clerk.**
- Internal Audit Report – it was noted that this will be considered by the Finance Committee, together with draft Annual Return and brought to the meeting in June for final approval.
- Revised Financial Regulations- in response to recommendations from the Internal Auditor, there are some proposed changes to the Financial Regulations. It was agreed that these should be reviewed by the Finance Committee and referred back to the meeting in June for adoption. With regard to the recommendation regarding payment authorisation, it was proposed by Councillor Lee and seconded by Councillor Clifton that the internet banking authorisations are changed to allow the Clerk only to create payments which are then authorised by two of the Councillors.

9. Matters arising from the minutes:

- Verge trimming project – Councillor Freeman had met with Maxine Hardy, Community Network manager, to discuss devolution and our possible proposals to take over various other cutting contracts. Cornwall Councillor Rule was asked to contact Walter Sanger regarding any progress made regarding similar proposals from St Keverne parish. **Action: Cornwall Councillor Rule.** Further discussions would take place at the Footpaths Committee meeting next week.
- Play Area update - it was noted that matched funds of £10,000 need to be held against the outcome of the SITA grant application, which would leave £2000 available from the Parish Council funds designated for the play area, together with £5000 pledged by the Community Trust and a possible further £5000 from the Community Trust if an application to the Goonhilly Fund is successful. This sum of up to £12,000 is available for a second scheme. This project needs to be defined and costed and the impact considered against the initial project which forms the basis of the SITA grant application. The SITA meeting for consideration of grant applications is on 26 June. **Action: Councillor Preston**

- Dog Bins- Cornwall Council Environmental Health department have confirmed that there is no objection to the Parish Council obtaining and servicing its own dog bins and therefore Sue Cadman can have the go-ahead. In view of concerns regarding dog access to the Recreation Ground and any siting of a bin there, it was agreed that this should be referred to the Recreation committee. In the meantime, one bin should be bought by the Parish Council for Higher Moor. The Clerk was asked to liaise with Sue Cadman re design and the proposed bin should be considered at next week's meeting of the Footpaths Committee. The Parish Council are happy to provide help with the installation if needed. **Action: Clerk**
- AONB Signage- all parishes on the Lizard are being consulted for feedback on the design of the signs and a small steering group is being set up, which any Councillor is welcome to join.

10. Matters for consideration:

- Grant Request – Home-Start - it was agreed that details of the charity's website should be provided to the Gazette and the Parish Council would consider a possible grant at the meeting in June. **Action: Councillor Preston**
- General Power of Competence – this would give the Parish Council greater powers including the same powers as an individual which might help in resolving land issues. It was agreed that this would be noted and the action of other town and parish councils monitored for the present.

cont.



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- Recording of names in Planning items Minutes - in view of the verbal abuse/intimidation to which some Councillors had been subjected, it was proposed by Councillor Lee and seconded by Councillor Jones that no names are included under planning items, unless a Councillor specifically asks for their name to be minuted. Carried 10 votes in favour.

11. Correspondence:

- Bus Stop – it was noted that a letter had been received from Cormac Solutions to say that, after considering all responses received from the consultation, it had been resolved to abandon the proposed relocation of the scheduled service bus stop in Ruan Minor, but to build up the kerb for the school bus service by Glebe Place. The Clerk was asked to query with Cormac as to whether an open shelter could be provided for the school children. **Action: Clerk**
- Telephone call from May Kimpton- the Clerk had been asked by Mrs Kimpton to provide details of the Village Hall's Scheme of Management. The Clerk had explained that this was not a document she held as the Village Hall is a separate registered charity. It was understood that Mrs Kimpton had now been supplied with a copy of the Scheme.
- Kuggar Bus Stop bin – it was noted that this item remains on Cornwall Council's waiting list to be considered as and when existing bins become available for installation in alternative locations.

12. Footpaths, environment and treewardens:

cont.



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- Todden Erosion – Councillor Preston reported that he was re-visiting the advice he had received from Vertical Technology. The recommendation had been for a netted solution but details had also been provided of external consultants as it might be necessary to have a consultant's report for any grant application. The likely costs of netting are £5268 for galvanised and £6726 for stainless steel, so grant funding would be needed. Government agency funds re coastal erosion may be available.
- Horse Riding on Footpath 44 (Gwendreath to Kennack) – Councillor Preston reported that he hoped to meet with any local riding groups concerned and explore suitable routes around the area. It was noted that there are problems with fallen trees on the path and the use of weed killer.
- Mundy's Field car park - Councillor Freeman had carried out the monthly inspection and had nothing to report. It was noted that there is a particular need to check for overnight parking, which is not allowed.
- Damage – it was noted that there had been further vandalism in the toilets on Duck's Lane.

13. **In Committee:** No items were discussed in committee

The meeting closed at 9.40pm.



DECORATING



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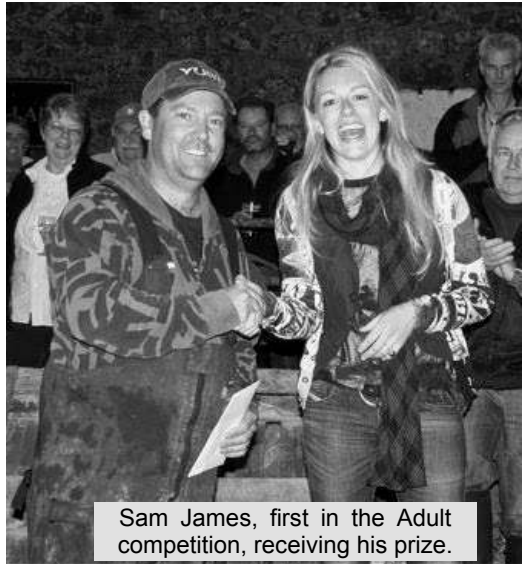
01326 290450 07733 440436

jonaspalding@yahoo.co.uk

**Cadgwith Cove Grand Fishing Competition
18th June 2015. Target Species: Flat Fish
Photos by Chris Hunt**



Jamie Trewin, first in the Juniors, with his winning fish.



Sam James, first in the Adult competition, receiving his prize.



Luke "The Rod" Stephens, aka Poldark



Liam and Richard "Skinny" Williams



John Trewin inspecting a plaice



The new leader board, made and donated by George Mitchell



Simon Bradley with a small dab



George Mitchell checking the weight

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SURGERY HOURS

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Appointments 9.10am - 11.20am

Tuesday 3pm - 5.30pm
Appointments 3.30pm - 5pm

Wednesday CLOSED

Thursday 2pm - 6pm
Appointments 3pm - 5pm

Friday 9am - 12 noon
Appointments 9.10am - 10.40am

Mullion Health Centre - 240212

Mon 8.50-11.10am & 3.50-5.40pm

Tue 8.40-11.10am & 3.50-5.40pm

Wed 8.40-11.10am & 3.50-5.40pm

Thu 8.40-11.10am & 3.50-5.40pm

Fri 8.40-11.10am & 3.50-5.40pm

NUMBERS YOU MIGHT NEED

ST RUAN CHURCH & ST WYNWALLOW

Churchwarden: Sheila Stephens 290583
Treasurer: Derek Elliott 290432

ST MICHAEL'S, MULLION &
St Mary's, Helston. Fr. Gilbert 572378

METHODIST MINISTER
Rev Steve Swann 240200

SURGERY
Mullion 240212
Ruan Minor 290852
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Non urgent calls 101
Crimestoppers 0800 555111
MOBILE LIBRARY 0300 1234111

GRADE-RUAN UNDER FIVES

Jan Halliday 290978

GRADE-RUAN C OF E SCHOOL

Secretary: Louise Raybould 290613

MULLION SCHOOL 240098

GRADE RUAN PARISH COUNCIL

Chairman: Jeb Preston 07964215277

CORNWALL COUNCILLOR

Carolyn Rule 240144

VILLAGE HALL BOOKINGS

Tasha Allen 291232 or 07792292665.

RUAN MINOR STORES & POST OFFICE

Claire Bollard 290138

RECREATION GROUND COMMITTEE

Chairman: Mike Fleetwood 290365

CADGWITH GIG CLUB

Secretary: Mike Hardy 290282

NATIONAL TRUST

Rachel Holder 291174

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Well, Summer is here – I think! I can't believe that the holidays are almost upon us again. We have plenty to keep the children entertained on the beach, from body boards to crab lines and plenty of pocket money games to wear them out.

The delicious Cornish asparagus and strawberries are still available along with the flat peaches that were such a hit last year. By the time you read this, we should also have broad beans along with other seasonal goodies. Please ask if there is anything else you'd like to see. Orders placed before 11am will be received the same afternoon. Those placed after 11am and up to closing will be delivered the following morning.

We have 3 new Camel Valley wines for you to try. A sparkling rose named after Raymond Blanc, as he was on hand for the harvest! We also have 2 white wines which are only produced every few years. *Atlantic Dry is a delicately flavoured wine and the perfect accompaniment to light fish dishes. It's a favourite in many Cornish restaurants. The Darnibole Bacchus is produced from a small parcel of Camel Valley vines in a field with the old Cornish name of 'Darnibole', the underlying ancient slate sub-soil contributing to the intense elderflower nose and varietal definition. It's a crisp wine with excellent varietal character, great balance and a perfect sea food partner.* (Yes – I did take all that from their website!).

As always, we have Euros available in the Post Office on demand. Other currencies can be ordered and if the order is placed before 2pm, will be available the following afternoon. The Post Office also offers competitive travel insurance and travel money cards that you can 'charge up' before you go away and use like a debit card, so pick up a leaflet next time you're in.



Telephone 01326 290138