



Inside this month: All our regular features, plus:

Postcards from Cadgwith Kynance Traffic Mary's Cottage

90p

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DATES FOR THE DIARY

Alternate Wed Every 4 weeks 1 st Sunday 2 nd Monday	Recycling: 1 ^{st,} 15 ^{th,} and 29 th August, 12 th , 26 th September Mobile Library: Glebe Place 10.25am - 10.45am. 22 nd Aug, 19 th Sep Kennack Sands Beach Clean, 10am - 11am. 5 th Aug, 2 nd Sep Parish Council Meeting, Methodist Chapel, 7.30pm. 10 th Sep (No meeting in August)
3 rd Tuesday 4 th Tuesday Mon & Thurs Tues & Thurs Every Weds Every Thurs	Soup, Pasty & Pud, Methodist Chapel, 12.15pm. 21 st Aug, 18 Sep Quiz in the Village Hall, 7.30pm. 25 th September. (No quiz in August) Short Mat Bowling, Village Hall, 7.00pm Yoga at the Pavilion, 6pm. Led by Tanya Strike. Clinical Pilates. 4.45pm - 5.45pm, Village Hall, Clare Girling. Market and Refreshments, Village Hall, 9.00am - 11.30am
AUGUST AND	SEPTEMBER (SEE "WHAT'S ON" FOR DETAILS)
1 August	Beach BBQ, organised by the Rec Committee, 6pm
4 August	Top Field Car Meet, Trevedden Farm, 11am
5 August 8 August	Vintage Rally, Trevedden Farm, 11am Beach BBQ, organised by the Gig Club, 6pm
9 August	Fishing Competition, Gurnard, 6pm
12 August	Fun Cricket on the Rec, 2.30pm
15 August	Beach BBQ, organised by the Lights Committee, 6pm
16 August	Fishing Competition, Mackerel, 6pm
18 August	Wessex Pistols. Rec Pavilion
19 August	Cadgwith Fishing Festival weigh-in, 5pm
22 August	Beach BBQ, organised by the Rec Committee, 6pm
26 August	Cadgwith Regatta, weather permitting otherwise 27 Aug. Noon
29 August	Beach BBQ, organised by the Gig Club, 6pm
30 August	Fishing Competition, Heaviest Fish. Presentation Night, 6pm
1 September	MG Mania and Marine Watch, Village Hall. 11am-4pm
4 September	Start of Autumn Term
5 September	Cadgwith Book Club meeting, Cadgwith Cove Inn. 8pm
6 September	Community Land Trust AGM, Rec Pavilion, 7.30pm
8 September	RMFC Home to St. Ives, Rec, 2.30pm
12 September	Grade Ruan Gazette AGM, Rec Pavilion, 7.30pm
15 September	RMFC Home to Falmouth, Rec. 2.30pm

ADVANCE DATES

5 - 8 October	Cornish Drinks Festival, Cadgwith Cove Inn	
10 October	Cadawith Book Club meeting	

- 10 October Cadgwith Book Club meeting
- 13 October Autumn Show
- 22 26 Oct Autumn Half Term
- 14 November Cadgwith Book Club meeting
- 17 November Film Night in the Village Hall, more details nearer the time
- 30 Nov 1 Dec Hillside Christmas Crafts in aid of St. Mary's Church
- 1 December Christmas Lights Switch-on
- 20 December End of Autumn Term

Cadqwith Shirley Lee Cadgwith South John Fallows Chapel Terrace Val Jane Glebe Place Arthur Coupland Grade Paul Penrose Gwendreath Nick Whittle Higher Moor Judith Heather Ron Wilson Kuggar Ledra Close Vicky and Max McClarity Long Moor Jill Thomas Mundv's Field **Babs Hughes** Out Farms/Predannack Jacqui Noonan Penhale Jane Trethowan Poltesco Jeff Lee Prazegooth **Glynis Jordan** Chris Hunt Ruan Major St Ruan Margaret Coates Treal Tim Basher **Treleague Cross** The Green family Tanva Strike Trelugga/Tresaddern Janet Gascoigne Village Centre Subscribers and Retail Judith Green

All houses (holiday lets and those that are permanently occupied) and businesses in the parish, should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact David Gascoigne on 01326 290536.

CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Gazette Box at Ruan Minor Stores. The deadline is the 18th of the month prior to publication.

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy.

See us online at www.cadgwith.com and on Facebook "Grade Ruan Gazette"

A D V E R T I S I N G

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approx. 590 copies are distributed every month and the rates are reasonable! A $\frac{1}{4}$ page is £5.50, a $\frac{1}{2}$ page £9 and a full page £16.50 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

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Over the Counter Sales: Peter Martin, as above

The Gazette is a not-for-profit publication and is created and distributed by volunteers.

Noticeboard

The "What's On" section in this issue is full of events and things to do over the summer. So many people put in so much effort organising these events. I wish everyone fine weather and success with their events.

There is a new Contact under "NUMBERS YOU MIGHT NEED" near the back of the Gazette. It is for Pete McQuie, who is a Public Relations Officer at RNAS Culdrose and is 'first port of call' for local enquiries. In July there were a number of helicopter training sessions in the early hours (midnight to 3 a.m.) over the Ruan and Cadgwith area. Feedback to Pete can help with future Flight Planning. He can also advise about the Fire Tenders using the Lizard main road, and the traffic issues around the base.

The Gazette AGM will be held in the pavilion on Wednesday 12th September. I hope to see many of you there. You needn't worry about being lumbered with jobs to do, all we want is your feedback on the magazine and perhaps some ideas about the layout and content. Hope to see you there, meanwhile enjoy the summer.

Moira Hurst

Happy Birthday in August to: Helen Holyer, Jackie Dunmall, Jeb Preston, Rowan H, Katie H, Pip Sealey, Ruby Johnson, Shamaun Hall, Theodore H, Jo Sugrue, Gemma Lester Bennett, Sam C, Charlie B, Christine Whitehorn, Ellie Jane, Toby F, Ben Rudd, Dylan Vamplew, Willow M, Billy Jane, Ruth Alfrey-Cryan, Bryher Trewin, Maebh McAuley, Richard Palmer, Roo Jumunjy, Thomas W, [and myself - *Ed*]. And in September to: Nick Jane, Max C, Elwyn Jones, Peter Jane (Plugger), Jessica Robertson, Ellie Humby, Nell Philpotts, Sidney Johnson (Johnno), Christine Legge, Bruce Bray, Keith Johnson, Heather Blight-Anderson, Sarah Legge, Abigail Gibbons, Doreen Basey, Thalia H, Sarah Rudd, Tristan Jumunjy, Stevyn Collins, Martin Ellis (Nutty), Chloe H, Alex Strike, Jill Thomas, Malcolm Scott, Chloe P, Ronnie Jane, Stephen Green ('a big 0, I think), Alan Humby, David Goddard

From Steve and Helen Holyer

The Holyer family wish to announce that "Rector" Vincent Holyer died peacefully on the 17th July 2018 at Poldhu Nursing Home, aged 89. He was Rector at Grade Ruan from 1964 to 1986. Cadgwith, Ruan Minor and all its parishioners were always very dear to him.

From Sarah Thompson:

I wish to say a very big thank you for the many cards, lovely flowers, good wishes, and generous offers of help, following my car accident in June. Again, many thanks.

From Gill Pollard:

I would like to say a big thank you for the care and attention I received from the Surgery at Ruan Minor and Treliske Hospital. Thank you also to family and friends for hospital visits, cards and flowers, etc. Thank you so much.

From Judith and Jeb Preston

Harry and Paul Preston both graduated with degrees in July this year. Harry with a

Front Cover: Year 6 School leavers 2018 Grade Ruan CoE Primary School



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> info@trelowarren.com www.trelowarren.com

Noticeboard - cont.

degree in Medicine at Newcastle University after 6 years' study, including a year "intercalating" in medical education. Paul attained a First Class honours Degree in History at Bristol University (with a dissertation about Cornish Emigration and engineering expertise abroad). Both the boys started in Year 'R' (Reception) at Grade-Ruan School, as well as attending Mullion Comprehensive and Truro and Helston Colleges.

From Mick and Julia Smith

As we are just coming up to the one year anniversary of moving to Ruan Minor, we think that this is an appropriate time to thank everyone for making us feel so welcome here. Everyone has been very friendly to us, from our immediate neighbours to the people who serve us in the shops, doctors surgery etc. In particular we would like to thank neighbours on either side of our new home at "Krista" who have had to endure three boisterous dogs, and a considerable amount of somewhat noisy work on the bungalow. We have certainly experienced extremes in weather since moving here but are more than happy to accept it for the chance to live in such a glorious part of the country.





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What's ON

Summer Beach BBQs

On the Slip at Cadgwith Each Wednesday 25th July till 29th August From 6pm

Locally Sourced Fish, Including Mackerel, Tuna, Shark

Hot Dogs, Hamburgers, Cakes and Desserts Bar ~ Raffle ~ Music ~ Singing

A Great Time to be in Cadgwith!

Cadgwith Cove

Fishing Festival

Saturday 18th August 5pm start

Sunday 19th August 5pm weigh-in In aid of Cornwall Leukaemia Trust For further information. contact Jimmy Hammill, tel: 290930



Howzat! **Tim Hurst** Memorial Cricket Match At the Rec Sunday 12th August

Players: Come to the Rec at 2.00pm to be selected for a team. It's open to players of all abilities, male and female, young (but over 10 please) and old.

Spectators: Play will start at 2.30pm. The pavilion bar will be open. Bring a chair or rug and a picnic.

The Rules in Brief: Each team will bowl 20 overs (or more at the umpires' discretion). Each team member must bowl at least one and not more than three overs. Batsmen will be out when (if) they reach 25 runs. The umpires' decision is final.



If anyone would like to help with setting things up on the day, or if

you want more information please contact:

Tim Birchmore 290670. Sam James 290276 or Moira Hurst 290257.





Reg. Charity No. 225626

RUAN MINOR VILLAGE HALL

WHAT'S GOING ON AT THE VILLAGE HALL?

THE THURSDAY MARKET

The market is held every Thursday morning from 9 to 11.30am. Come along, browse our stalls for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie' and now we are serving fried eggs as well! If you prefer, just stay for a chat and catch up with local news. Regular stalls include:

•		
Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Knitware & Quilting	Leggy's Pasties	Flowers & Plants
Bric-a-Brac	Needlecraft	Books

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

Liz Outten on 01326 290910

or pop in on a Thursday morning to see what's going on.

SHORT MAT BOWLS

Sessions are held on Monday and Thursday evenings at 7.00pm. It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call Steve Griffiths on 290154

<u>QUIZ NIGHT</u>

Quizzes are held on the 4th Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contest begins at 7.30pm. Any changes to dates will be notified on the Village notice boards.

SPECIAL EVENTS

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

ARRANGING AN EVENT?

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information call Liz Outten on 01326 290910

We are wheelchair friendly.

What'S ON - continued

Grade Ruan Gazette AGM

Wednesday 12th September 7.30 p.m.

The Pavilion, Ruan Minor Recreation Ground

Please come along and * give your feedback * let us know how the Gazette should develop * meet the team

> Further information: Moira Hurst, tel 290257

Another Creative Session at

Ruan Minor Store

Saturday 18th August

2pm - 4pm

Come along and have a cuppa or a cream tea and browse / admire

Yvonne Stephens'

decades of beautiful hand embroidered crafts, including beading, felting, wiring, and more.



For further information Contact Sarah Drummond 07877 696711 Saturday evening 18th August Rec Pavilion

Wessex Pistols

all the punk hits hillbilly style!

Everyone welcome

St Mary's Church, Cadgwith



Everyone welcome to our service at St Mary's Church Cadgwith On Sunday 19th August at 6 pm and Sunday 16th September 2018 at 6pm



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SATURDAY AUGUST 11th 2018

Serving From 8am to 12 NOON

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***CONTINENTAL BREAKFAST £5.00**



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THE LIZARD LIFEBOAT STATION

LIFEBOAT DAY 2018

SUNDAY AUGUST 19TH

FROM **12** NOON at THE LIZARD LIFEBOAT STATION

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** Watch "Rose" launch on exercise with HMS Coastguard

SAR Sikorsky Helicopter in attendance (weather and operations permitting)

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What's ON - continued



4TH - 5TH OF AUGUST Treveddan Farm, Ruan Minor Starting at 11am each day

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- Heavy Horses & Rare Breeds

- Bouncy Castle

 - Trade Stands & Car Boots
 - Refreshments & Bar
 - Free Car Park, live music
 - Fun dog show





Grade Ruan Under Fives

Ruan Minor Village Hall



graderuanunderfives@gmail.com

07929902938

<u>* Spaces available from September 2018</u> <u>for UNDER TWOS *</u>

* We are pleased to announce that from September we are able to provide childcare for children from 3mths of age! Spaces are limited so call or email now to book your place.

* We are open Monday, Tuesday, Wednesday and Friday 9am-3pm term time only. Breakfast club is also available from 8am each day we are open.

* Spaces are also available for over 2's but again are limited, we accept 30hr funding as well as the 15hr funding.

* We currently run a Forest School session on a Friday afternoon, we hope to continue this during the first half of the Autumn term and are fundraising to be able to continue this fantastic opportunity for our over 2's.

* Stay and Play sessions are open to all each day from 9am until 11am.



* Find us on Facebook to see some images of the things we get up to during the day and the places we visit regularly. *





Grade Ruan Under Fives



Welcome you to our

<u>Open Day on</u>

<u>Saturday 4th August</u>



10am-12 noon at

Ruan Minor Village Hall



Cake and Refreshments will be available and you will be able to see what we can offer. We will have our new Under 2's provisions set out also.

Come along for a play and chat about your childcare needs and meet the staff.



Email; graderuanunderfives@gmail.com Tel; 07929902938 Find us on Facebook; Grade Ruan Under Fives



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MANIA AND MARINE WATCH

on Saturday 1st September 2018 in Ruan Minor Village Hall

11 am to 4 pm approx - ALL WELCOME

COME EARLY - SPACES LIMITED

Tickets £12 per head to include morning coffee, a cold lunch, film presentation and talk plus afternoon tea.

Please book in advance through the MGOC or Richard and Pat Palmer: 01326 290150 ricpat.palmer@btinternet.com

PROGRAMME:

11am MG's arrive and assemble in Ruan Minor Village Hall Car Park

11am – 12pm Coffee and introduction to the day. A chance to meet visitors and MG enthusiasts and see the cars on display.

12pm – 1pm The cars will parade for approx 5 miles through the village and Cadgwith Cove,

1pm – 2pm A sit down, cold lunch in the Village Hall. Alcoholic and non-alcoholic drinks for sale.

2pm – 3.50pm An illustrated talk and film from Richard and Pat Palmer.**4 pm approx** Tea and biscuits will be served before we say goodbye.

<u>The 1992/3 British Steel Challenge</u> <u>Around The World Yacht Race (East to West)</u>

The first ever of its kind, it was dubbed the 'the toughest yacht race ever' by the media as they were convinced that it would end in tragedy!

This was very much an adventure as well as a race and for those not into sailing, rest assured there is plenty of excitement and interest leading up to and during the event. Finishes approx 4 pm.





Call Paul on: Home: 01326 241960 Mobile: 07749 815358



What'S ON - continued

CADGWITH REGATTA 2018 SUNDAY 26th AUGUST

(MONDAY 27th AUGUST in the event of bad weather on Sunday)

We have set the dates for Regatta as above with a contingency date for bad weather.

Any help on the day will be greatly appreciated, be it beach, marshalling or helping to run the refreshments etc. Please contact us if you can give us an hour of your time. We are also looking for donations of cakes and raffle prizes.

If you have any cups, Sarah will be contacting you individually, but is happy to receive them from now on at Rooks Nook and would appreciate them all in at least a week before the event, polished and ready for presentation.

Under 16s must wear a life jacket for their rowing / motor events and we ask that everyone is vigilant on the beach

COMMUNITY LAND TRUST A G M The AGM of Grade Ruan Community Land Trust will be held on	during the event. If you are creating a raft (and we hope you are!), please make sure that there is no construction on the top of it that could trap a person in the event of a capsize.
Thursday 6 th September at 7.30pm in the Recreation Ground Pavilion	Mostly though, we hope you have a lot of fun and that the weather is kind to us this year. See you there!
Everyone in the parish is invited to attend to hear about the progress being made towards our six new per- manently affordable homes for locals. Members of the Trust will elect Board members for the coming year.	Sarah Stephens 290023 Sam Jane 290464 David Muirhead 290474 Jane Vowles 291098



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What's ON - continued



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City & Guilds

NVQ 1, NVQ 2, NVQ3



Ruan animal charity sends out August gala invitation – to stop horses going hungry in winter!

Ruan Minor's very own charity for rescued horses and ponies is holding a Grand Summer Fayre in August – to protect its animals from a WINTER food crisis!

Bolenowe Animal Sanctuary was badly hit earlier this year by the worst weather in memory that turned its 30 acres into a muddy quagmire and cost the charity thousands of pounds for bought-in feed, right through into the summer.

"Normally, our 70 horses and ponies can go out in early spring to feed on our fields," a spokesman for the sanctuary explained. "But this year, the winter weather had been so bad that the fields took much longer to recover – and then the long hot dry spell arrived that parched the fields and turned them from mud to desert!

"It all means that we have had to continue to buy in food at high summer prices, with a big knock-on effect on our finances at a time when all charity costs are rising.

"It takes well over £200,000 a year to run Bolenowe. That's around £4,000 a week – or £600 a day."

So to guard against another winter set-back, Bolenowe is hosting a special Sunday gala on **August 12**th at its home just outside Ruan, near Ruan Major.

"We're inviting everyone to come and meet our four-legged residents, have fun – and at the same time help Bolenowe through the next winter," the spokesman added. "We'd also warmly welcome anyone who would like to help, either by fund-raising, giving a home to one of our carefully-selected ponies, helping on

the day or sending a donation. We'd be hugely grateful – and so would our lovely horses and ponies!"

Among the attractions planned on August 12th will be a fun dog show, demonstrations of Bolenowe's gentle horse training that prepares ponies to be rehomed, stalls, games, food and drink and much more. The sanctuary will be open from 11am, entrance will be free, and dogs on leads welcome.

Anyone interested in helping in any way is asked to get in touch by emailing fundraising@bolenowe.co.uk.



Resident horses Blue and Molly Mophead looking forward to meeting their human friends...



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What'S ON - continued



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Welcome to postcards from Cadgwith



Your chance to get interactive with our website! www.cadgwiththespians.co.uk

Please share with us your stories and memories of living or holidaying in this beautiful place.

As part of an ongoing community living-history project **funded by Grade Ruan Community Trust**., we collect and exchange stories from the past and recent past and keep those stories alive. We would love it if you could share a story or memory of this beautiful community. Whether **you live here, or are visiting,** please look out for our special Cadgwith Thespians post box and postcards on the wall of the steamers house next door to the crab shop down in the centre of the cove. You can post your **real** postcards in there and then check out our **website** for your postcard to appear! We will also keep you informed about Cadgwith Thespians' activities- you will receive **our very own e mail postcard from Cadgwith.** Please complete your postcard (**from the box on the wall**) and post in the blue Cadgwith Thespians Post Box on the Steamers House.

Don't forget to put your own details on the card to receive your email postcard, (first name, last name and E mail address.

Rector's Ramblings

rom 'Opportunity Knocks', through 'Strictly', 'The X Factor', 'The Voice', to 'Britain's Got Talent', TV talent shows have become really popular – almost addictive – for Saturday evening's viewing. Actually, 'Opportunity Knocks' was first broadcast in 1949 on the radio (or wireless for us oldies), on the BBC's Light Programme, before moving to Radio Luxembourg in the 1950s.

As always, the talent shows feature contestants of all ages and talents – singers, dancers, comedians, acrobats - performing in front of a panel of judges, in the hope of winning a large sum of money and which possibly will lead to a new career and fame too! Some of the acts are good and entertaining whilst others can be odd, quirky or downright awful! Some contestants reveal a real talent, while others don't. Some contestants have a big ego or an inflated sense of importance and can't understand why they're rejected! Meanwhile, some of the judges are *so rude*, seeming to want nothing other than to humiliate and demean the contestants.

The Bible tells us that God is our judge. We are on show. He watches us, but He is not looking for the slip-up, the mistakes or waiting to condemn. Our God is all-loving, kind, and forgiving and looks for our potential and He's pleased when we do our best. He looks to help us, to build us up and desires the best from within us.

Since the beginning of Creation, God has chosen all manner of ordinary individuals to fulfil His purposes. Some made mistakes and committed dreadful sins. But even then, God didn't reject them as being worthless. For example: Jesus chose a mixed bunch of disciples with all kinds of flaws, yet they became (with the exception of Judas) the ideal people to spread the Good News about Jesus.

God has a plan for each one of our lives, and we are called to be faithful in serving Him, wherever we are. By God's grace, the Holy Spirit is given to every Christian, and the Spirit equips us for service; and His greatest activity is amongst the ordinary. Under God's influence, what we regard to be natural talents and gifts, can be enhanced and released by His creative energy.

Wow! Isn't that encouraging? We don't have to put ourselves forward and hope to be a winner like contestants on a TV programme. If we give ourselves to God, He will prepare and use us in the way that best suits our gifts and personalities. And each one of us will be a winner!

Blessings Revd Deirdre deirdre.mackrill@btinternet.com

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
Church Treasurer, Revd Peter Sharpe	280999



August

Church Services



Church of England Services

August		
Sun 5 th	Vintage Car Rally Service, Treveddon Farm	11am
Sun 12 th	Holy Communion, St Ruan Church Evensong, St Grade Church	9.30am 6pm
Sun 19 th	Family Service, St Ruan Church Evening Praise, St Mary's Church, Cadgwith	11.15am 6pm
Sun 26 th	Holy Communion, St Ruan Church	9.30am
September		
Sun 2 nd	Morning Praise, St Ruan Church	11.15am
Sun 9 th	Holy Communion, St Ruan Church Evensong, St Grade Church	9.30am 6pm
Sun 16 th	Family Service, St Ruan Church Evening Praise, St Mary's Church, Cadgwith	11.15am 6pm
Sun 23 rd	Holy Communion, St Ruan Church	9.30am
Sun 30 th	United Benefice Service, venue tba	11am

Methodist Services

Rev'd Fran Lane 01326 240200

Service at 11.00 a.m. Each Sunday

Roman Catholic Mass Times

Sunday 9.00 a.m. at St. Mary's Helston Sunday 11 a.m. at St Michael's Church, Mullion Resident Priest - Fr. James Courtney O.S.B. Email: helston@prcdtr.org.uk Phone: 01326 572378 Emergency Contact: 07771507875 Other information can be obtained from at www.falmouthcatholicchurch.org.uk





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Trust

Kynance, Traffic and the Summer

As the summer holidays approach I wanted to put forward the Trust's proposals for dealing with large numbers of people arriving at Kynance this year as we are very conscious of the impact National this has had on the local community during the last two summers.

Over the winter we have been in discussion with Landewednack Parish Council and a traffic management sub-group of the council to look at various options for managing the traffic around the Lizard and Kynance. We are still working to find a longer-term solution, but I can confirm that through the summer holidays, with the help of Roland Hill, we will be operating an overflow car park in his field near the entrance to Kynance in the same way that we did last year, once that field has been cut for hay.

We have increased our staffing numbers further and will work hard to keep traffic flowing freely as much as we can, but I can anticipate that there will be days when we just cannot physically get cars through fast enough and I would ask for your patience at these times.

Busy days are very challenging for our staff and they really want to be able to park people well and quickly so that everyone has a pleasant visit. I would be grateful if you have any comments about the traffic or parking situation, that you please direct these to me at the number below and not to our staff on the ground.

Our survey last summer showed that most visitors were finding Kynance through word of mouth and social media. The Trust's own publicity about Kynance is very limited and unfortunately there is little that we can do about social media or other media use of Kynance to promote Cornwall. One thing we have done about publicity is ask Visit Cornwall to not use Kynance in their own publications. Our visitor survey also showed that people are travelling from far and wide in order to reach Kynance, which helps explain their intent on getting there. Cornwall is increasingly busy and our visitor numbers are up across the board, not just at Kynance, so colleagues of mine elsewhere in Cornwall are experiencing similar issues.

I am keen that the Trust plays its part in helping to manage traffic in and around the Lizard and I am keen to work in partnership to achieve this to ensure the best possible outcome for the places, the local community and our visitors. Please do get in touch if you have any comments you would like to make.

Alastair Cameron

alastair.cameron@nationaltrust.org.uk

01326 222170

Mary's Cottage A Cadgwith crime novel

By Arnold Küsters

[Arnold Küsters is a German journalist and writer from Mönchengladbach. He has had several novels and dozens of short stories published. He is also an accomplished musician and plays in a German band called Styxx. He visits Ruan Minor and Cadgwith as often as he can. Ed.]



"The engine died the moment the boat hull slipped between the rocks. The walls of the dome-shaped cave amplified the smacking of the dipping rudders. It took him little effort to moor the boat. It rocked as he pulled the heavy bundle over the tailboard onto the rocky ground. Without hesitating, he tugged his freight deeper into the darkness. Further back, there was a natural plateau. It offered enough space for what he was up to."

These are the first lines of my upcoming new novel *"Mary's Cottage"*. It will be published by Penguin.

A young woman falls off the cliffs at the Devil's Frying Pan. The police are convinced Victoria's death is an accident. But this her friend Mary won't accept. Mary runs a B&B in her parents' thatched Cadgwith Cottage, and her aunt's local shop.

Mary asks Simon Jenkins to help her. He's a former London police officer and now lives as an artist in Cadgwith. At first, he denies for several reasons. He's quit not only his job, but his former life as well.

* * * * * * * * *

When we first came to Cadgwith in 2012, it was purely random. But since then, we fell for the village, and the nature of The Lizard. But most of all we love the residents of Ruan Minor and Cadgwith.

It was Linda Wilkinson, who introduced us to the community. We met her in the Pub on a Folk Night. As well as Paul McMinn, Jeremy Wootliff, Dave J Hearn, Tim Hurst, Martin Ellis, and all the other fine people, i.e. Gary and Helen, Luke, Debbie and Stevyn Collins, Chrissy and Nick. Then we met Mary Keeley and Brian Jenkins.

We are proud, being allowed to be part of their life. Especially of Jan and Joss Morgan's. Jan and Joss are much more than the landlords of our holiday cottage.

cont....

When I first met Simon Bradley and his wife Lorraine, I instantly knew, I'd found the stuff for my next novel. I asked Simon if I could pick parts of his life to write my own story, and he agreed. It took me almost a year to write the book. Simon helped me with information about the British police system. Jan told me about Cadgwith history, from Linda I learned about the Antique business "down here", Mary and Brian provided me with everything needed to write a Cadgwith crime novel.

I'm very happy that they all are part of my crime novel, in one way or another. But no one is described 1:1. Mind: it's all fiction.

Coming to Cadgwith now is almost like coming home. There are a lot of things, ideas, waiting to be told in fiction. Unfortunately there is no English version of "Mary's Cottage" planned yet. But, who knows?



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T&C's Apply
Friends of Kennack Update - July 2018

Monthly Beach Cleans

Hopefully you will notice that the beach continues to be remarkably free of rubbish. This is down to the efforts of many of the residents (many thanks), and also the sterling work of the new part-time beach cleaner John Fallows. John has I'm sure made himself known to many of you, and any help in his quest for a litter free beach is gratefully appreciated. This year we have decided to keep the monthly beach cleans going through the summer – so John will be at the beach on the first Sunday of every month at 10am, ready with spare gloves, bags and litter pickers – please give him a hand if you can. The next date is Aug 5th 10am.

Children's Rockpooling Sessions Every Wednesday

The Friends and Natural England will be hosting a series of Rockpool Rummages at Kennack. Come and discover the fantastic creatures living in the rock pools and learn about the secrets of their survival – Kennack is a wonderful place to discover this underwater world. All ages are welcome, children 15 and under must be accompanied by an adult - £3 per child (adults go free!). Times vary so we can catch the tide at the best moment. See our poster in the "What's On" section for dates and times.

Steve Townsend, Reserve Manager



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THE INTERNATIONAL CADGWITH COVE GRAND FISHING COMPETITION

The World Cup proved to be a tense affair with England reaching the semi-finals and it was hot, but not as tense and hot as the Thursday fishing competitions are proving to be this summer. Thursday 12th July was a double-header with Cuckoo Wrasse and Lesser Spotted Dogfish being the target species. Anglers assembled off the cove on a fine warm evening and off they went to the sound of Steve's horn.

The crowd assembled around the winch house at the usual time (8.30pm) for the weigh-in but 'oh no' extra time had been allowed for the first time, amounting to an extra half an hour to fish. There were tense moments as the fish were brought to the scales, with no dead certs for winners like Wimbledon. Cuckoo Wrasse was the first to be weighed. Matilda Phillips was the best junior with a whopping 15oz specimen, followed by Seth and Jamie. Will Bowman led the way for the seniors with Keith 2nd , Danny 3rd, and Liam 4th.

It was then the turn of the Dogfish. This was as close as any penalty shoot out, with Matilda Phillips once again winning, followed by Seth and Jamie matching the earlier results. The seniors proved to be a close call with Ronnie Jane, using all his experience to be 'top dog', with Gary Pollard a close second, and third place going to Steve. There were three anglers all in the 4th spot but no medals here.

We had a great competition, well done all. The coveted Skippers points are being shared around well so far and with four competitions left, the trophy could be won by anyone. The full list of winners will be included in the next gazette. We'll get the board updated in the Cove in the meantime. Many thanks to all who attend and help on the night, and to our sponsors Last Stop, Lizard Baits and the The Watch House.

Tight lines, Skinny.



Ruan Minor Football Club News



See us on Facebook: Ruan Minor Football Club"

Exciting times at RMFC as we prepare for our new season in Division 2 following our promotion from last season. This year will also see some changes in the management structure as Danny Hickey will be the Manager and Simon Wormington will

be his assistant. Gary will move into the Vice Chairman role and Wayne into Operations Manager. We as a Football club are looking to build on our two successful promotion seasons and we are delighted that Danny and Simon are on board to take us forward to push for future promotions and hopefully a decent cup run this year. We are also undertaking some pitch and ground improvements to help with the drainage and playing surface, so apologies in advance if you find some of the recreation field sectioned off during the next 6 weeks this has to be carried out now in order for the seed to take prior to the new season starting.

So here are the fixtures for the first 8 games for the forthcoming season:-

11/8 away to Illogan 2.30pm k/0

22/8 away to mullion 6.30pm k/0

25/8 away to Gwinear Church Town 2.30pm k/o

30/8 away to Falmouth 6.30pm k/o

1/9 away to New Inn Titians 2.30pm k/o

8/9 home to St Ives Mariners 2.30pm

15/9 home to Falmouth 2.30pm

We hope to see you all at the recreation ground on the 8th Sept for our first home game against St Ives and we thank all our supporters and club sponsors for their support for the forthcoming season.

Cheers

Gary & Wayne





June and July have been a busy time for us -

weddings, wakes and festivals (one of each), as well as World Cup TV coverage have made the last couple of months very successful, and a much-needed boost to our finances! As usual we will be running two of the Cadgwith Summer BBQs (and helping out with the others) - hopefully the good weather will continue these will be successful events too. We've also arranged for the Wessex Pistols to perform at the Pavilion on the 18th of August, bringing their own special brand of hillbilly punk for an exciting evening of mayhem and fun!

At long last, we're starting work on some of the projects that I've been talking about. By the time this magazine is published, we should have completed the first phase of acoustic treatment for the main room - hopefully this will have tamed the echoes a bit! At the same time we should have completed the insulation of the roof of the cellar - leading to lower wastage and better guality of the beers we serve, although additional cooling will probably be needed. Also going on at the same time are works to improve the field - a new land drain along the front edge of the field, with a new soak-away, then building up the ground levels with some decent topsoil, followed by seeding the new areas. And finally, but not least, the kitchen - install the extractor hood, along with ducting and vent, gas safety interlock system, lining the walls in the cooking area, re-siting some of the electrics and re-positioning the sink.

Recreation Ground News



See us on Facebook: Grade Ruan Recreation Ground"

Once these works are completed, we can purchase the appliances needed and some additional work tables - all on a finance deal to spread the cost.

Along with planning to complete the kitchen, we have been considering how to manage it in the future. We have decided that the best way forward is to appoint a manager to run the kitchen as an independent unit, paying a small rent to the Rec, but otherwise operating as a self-contained business. We would want them to sell fish and chips on a Friday evening (as the chip van used to do - and was much-liked by the village), and to provide match-day catering - but otherwise they would be free to offer whatever menus and opening times they choose. They would also be responsible for managing all aspects of food hygiene and management, control of stock and liaison with other users. The person we appoint should have a proven track-record running a commercial kitchen, cafe or restaurant. The post is unlikely to be full-time, and would probably suit best someone with an additional source of income, or recently retired. If you're interested in this role, please get in touch with us to discuss as soon as possible. We would like to be able to appoint someone around the end of August, so we can work with them to install appropriate cooking equipment and appliances, with a view to opening in the Autumn.

There are exciting times ahead for the Recreation Ground and the Pavilion Bar.

Many thanks for your continuing support. *Mike Fleetwood, Chairman.*



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National Trust









Grade-Ruan Under 5s



Another school year is over and all are ready for the summer break, let's hope the lovely weather continues!

We have had a busy year with many challenges along the way, as a team however we have conquered and have established a good foundation for moving forward with Grade Ruan Under Fives. We thank everyone for their continued support, whether it is for fundraising or support at times when we needed advice and some words of wisdom to continue!

From September we will be able to offer childcare for under 2's. We have been approached quite often about this and feel that now the time is right to begin to offer this service. We will be holding an open morning on Saturday 4th August 10am-12noon to show our new resources to support the under 2's. All are welcome to pop along, there will toys out for the older children also and refreshments available whilst we have a chat about your childcare needs.

We are getting ready for our Summer Fair as I write; hopefully this will be a big success once again.

Our recent cake sale outside the hall raised a lovely £40 in an hour - thankyou!

Dates for the diary;

<u>Saturday 4th August;</u> Open morning 10-12noon

Monday 10th September; re-open after Summer break.

Monday 17th September; Cake sale 2pm-3.30pm outside the hall.

<u>Friday 21st September</u>: Bags2School Collection in the morning - bags will be available from when we return on the 10th - so have a rummage for anything you no longer need, the last collection was fantastic!

<u>Friday 28th</u> September; Big Breakfast from 730-9am, open to all, stay and eat or grab and go!

Friday 5th October; Health Visitor am

<u>Wednesday 31st October</u>; Halloween Party 4-530pm, at the Pavillion, open to KS1 also.

Friday 16th November; Children In Need - cake sale and other activities - TBC

<u>Saturday 1st December</u>; Christmas Fair 10am-2pm at the village hall.

Wednesday 19th December; Christmas Party 12-3, pre-school only.

Sunday 23rd December; Christmas Film Night 5pm onwards, The Grinch - open to all.

So lots coming up in the first half of our school year to keep us all busy. More information for events will be given in due course. We look forward to seeing you all and thankyou for your continued support. We wish you all an enjoyable Summer.

Melissa Hudson.

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QUIZ NIGHT NEWS

June's Quiz saw the heat wave continue within the hall where six teams battled it out for the monthly

trophies. It was hard fought with less than 10 points between first and last places. Lorraine Wickens took control of the questions with a selection on Birds of the feathery kind, a picture round on past and present football managers, fun fruit and rings to name a few.

Due to the planned works in the Hall, there will be no quiz in August. See you all on the fourth Tuesday of September - there is always room for more if you are up to the challenge.

Results

1 st	Universally Challenged	60pts	4 th The Scilly Old Fools	51pts
2 nd	Just Us 4	55pts	5 th The Jumblies	50.5pts
3 rd	Fox and Hounds	54pts		



Gardening in August and September



by David Endean

It is hard to say what to do now as we have dried up to a frazzle this summer and I would suggest that those of you on the Ruan Riviera will be worse off than us inland

souls. The only things that are looking good are the trees: they are lush green, with their deep roots they can still find the moisture and we didn't have those strong winds in the late spring to burn the young leaves. Most other things are quailing or worst still going brown especially Hydrangeas and camellias and when did the lawn last really need to be cut!

What to do now? Well it's a case of keep watering the necessary pots tubs etc. As you are keeping them constantly moist, do not forget to regularly feed them but do not feed plants that are dry in the open ground, as the application of fertilizer could quite possibly do more harm than good with it having a burning effect on the roots of your prized plants. At times like this you look at your lawn with the grass going to gone brown, but you see green patches with tall seed heads or flowers of weeds and it is awfully tempting to give the lawn a boost with an application of Weed and Feed. Alas this is the same as in your open borders: the grass plants themselves will be weak and any application of weed and feed would be likely to do more harm to the grass. Wait until we get a real soaking and the grass itself has greened up again.

Now is the time to do some summer pruning on your apple and pear trees. This is not heavy cutting back but only shortening back of the whippy new growth. Go all around the tree using a good pair of clean cutting secateurs and reduce back the softer growth which has been put on this summer. Cut back so that you leave 3 or 4 new leaves on the stem, and this should encourage the buds to produce fruiting spurs. This job is most important in young trees; mature specimens tend to have less vigour and get on with it and look after themselves. Plus in general it is too big a job to even attempt.

In the vegetable garden, there is little to sow now but harvesting is well under way. There are still a few quick crops which you can sow mainly quick maturing brassicas things like garden turnips, Pak Choi and its oriental siblings, spring green cabbage. There is still time for some salads like radish and spring onions and also lettuce. At this time of year the loose leaved lettuce varieties are the best bet to grow. If you want just those tender baby leaves it really does not matter what type you sow, therefore if you have part of a packet left over give it a go. Young finger type carrots are also worth a shot, sow a quick maturing type like Amsterdam Forcing or Early Nantes and keep well-watered. One added benefit from sowing now you are less likely to be troubled by carrot fly due to their lifecycle. These can be sown outside but even better is in a deep pot or tub in the

cont....

greenhouse if you have the room. They will take a little more care but you will have more success.

I know it seems as if I am wishing time away, but you have to think of spring displays now therefore I advise getting in some spring bulbs now even if they are not planted for a little while yet. Get them now while the stock is there, either mail order or from the various garden centres. The spring show will be pleased to see a few more entries. Also as a few gaps appear in your flower borders as annuals finish, think about filling the gaps with spring flowering plants like wallflowers, Sweet William, Primroses and pansies/violas. It is too late to sow them now but the local purveyors of such things will be glad of your custom I am sure.

Hedges are growing well and, like most things in life, little and often is best to keep them looking neat and compact. Down here, most hedges seem to grow all year round but try to time it so that your last trimming of leylandii type hedges is somewhere around mid- September. This will give it some time to recover but also toughen up before the winter salt laden winds return to burn the foliage. Later trimming could well lead to the hedge burning.

Well I hope I have given you a few ideas as what to do in the garden as summer draws to a close. Most importantly, do not despair - get out there and enjoy your garden.



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August / September Quiz - Cornwall and its links abroad

- 1. In the USA how many people are estimated to be of Cornish decent?
- 2. The largest Cornish festival in the world attracting thousands of visitors each year takes place where ?
- 3. Robert James Lee Hawke is entirely of Cornish descent who is he?
- 4. Truro is the capital of Cornwall, but how many can be found in the USA ?
- 5. Cornish Miners introduced football to which Latin American country ?
- 6. Name the Canadian born business woman who built a cosmetics empire and whose mother was Cornish. Her parents emigrated from Cornwall to Canada. What was her birth name: What was her business name:

Answers to the July Quiz

- 1. The Isle of Scilly has how many inhabited islands ? Five
- 2. Whose flag is the national flag and ancient banner of Cornwall ? *Saint Piran's Flag*
- 3. Poet Laureate Sir John Betjeman is buried where in Cornwall ? *St. Enodoc's Church, Trebetherick*
- 4. A famous art gallery opened where..... in which year? *St. lves in 1993*
- 5. Where would you find the Valhalla Museum ? Tresco, Isles of Scilly
- 6. In May 2012, why did Land's End received worldwide publicity ? *The starting point of the 2012 Summer Olypics torch relay.*

Questions set by Lydia Graham



Minutes of the meeting of the Grade Ruan Parish Council meeting held at the Sunday School Room, Methodist Chapel, Ruan Minor on 11 June 2018 at 19:30.

25/18 **Persons Present/Apologies**

Present: Cllrs Preston (Chair), Green (Vice Chair), P Collins, Fleetwood, Lee, Stephens, Trewin.

Apologies: Cllrs Bosustow, Clifton, Freeman. Cllr Rule CC.

Absent: Cllr S Collins.

In attendance: L Dunkley (Parish Clerk). 2 members of the press/public.

26/18 **To Receive Declarations of Interest / Dispensations.** None.

27/18 **Public Participation**.

K Moseley spoke in favour of PA18/04718, stating that the proposals included new access provision, did not impact on trees, and constituted infill and rounding off.

28/18 **Reports from outside bodies.** None.

29/18 Annual Council Meeting: Minutes 14 May 2018

RESOLVED that the Minutes of the Meeting of the Council held on the above date having been previously circulated, be taken as read, approved and signed. Cllrs Lee/Trewin. Unanimous. No matters arising **NOTED**.

30/18 Planning Applications for consideration

PA18/04718: Outline permission with some matters reserved: Proposed residential infill to form 2 house plots. Mr And Mrs G Wright. Land Adj To Rosemerryn St Ruan Ruan Minor TR12 7JS

The Council object to the application on the following grounds:

- the proposals are believed not to constitute infill or rounding off as the site is a large gap outside the long-established settlement boundary of St Ruan, and the Council considers this large gap important to establish the setting of the settlement. There is also insufficient buildings surrounding this large site for it to qualify as infill.
- as per above, the proposals therefore constitute development in the open countryside and the erosion of important greenspace that is helping separate St Ruan from Ruan Minor.
- the need for large open market dwellings is not apparent.
- no provision for affordable housing has been mentioned in the plans.

- a new access onto the highway would result in the demolition / destruction of part of an ancient hedgerow and potentially trees also.
- approval would set a damaging precedent for spreading into the open countryside.
- pedestrian access is unsafe as there are no pavements.
- potential to harm the landscape and scenic beauty of the AONB and the rural characteristics of this small tree-lined hamlet.

Proposed and seconded. 6 voted in favour, 1 against.

31/18 Planning Applications decided since last meeting.

PA17/08110: Residential dev't of 5 houses. Land At The Beach Kuggar TR12 7LX [REFUSED]

PA18/01497: Removal of Condition 2 & variation of condition 3 re: PA03/00764/F (2003) to allow unrestricted residential use. Higher Treal Farm TR12 7LS [APPROVED]

32/18 **Pre-applications, consultations and appeals**. None.

33/18 **Finance report and Payments**

RESOLVED to adopt the most recent Finance Report and authorise the payments of Accounts Outstanding:

Mr L Carter	Cleaning	20.00
EDF Energy	Lighting	19.00
Ruan Minor FC	Grass cutting at play area x2 months	100.00
Ruan Minor FC	Grass cutting at Mundys Field car park	25.00
Lee Dunkley	Expenses Apr-Jun	106.50
Hudson Accounting	Internal audit	200.00
Staffing		628.37
BHIB Ltd	Insurance premium	1,167.54

Cllrs P Collins/Green. Unanimous.

A provisional date for a Finance Committee meetings was agreed for 28 June.

34/18 Annual Return Section 1: Annual Governance Statement 2017/18

RESOLVED to approve the above as circulated. Cllrs P Collins / Fleetwood. Unanimous.

35/18Annual Return Section 2: Accounting Statements 2017/18.RESOLVED to approve the above as circulated. Cllrs Preston/Stephens.

Parish Council Minutes - cont.

Unanimous.

36/18 Internal Auditors report year end 2017/18

NOTED the above. Thanks were given to the Clerk for a positive audit.

37/18 Former bus shelter

RECEIVED an update per minute 16/18. Cllr Preston indicated that an information point appeared to be a popular option. Quotes will be sought.

38/18 Bin relocations

CONSIDERED requesting the relocation of bins, including a double bin at the former bus shelter to be split and relocated to the new bus shelter – however Cormac indicated that this is not possible.

39/18 Dog waste bags

CONSIDERED the Council's role in providing individual bags. The pros and cons were discussed including the benefit to the community, the service for dog owners / walkers, and the single-use plastics consideration. It was decided that a suitable location for the bag station will be selected and there will be an investigation into bag materials.

cont...



40/18 External decoration at Ruan Minor surgery

CONSIDERED the need as above. Cllr Preston explained that this included a coat of paint on railings and ivy cutting back, among other aspect. The Practice Manager will be inspecting the need on 12 June.

41/18 Mundys Field car park

CONSIDERED the long-term plan for management. Cllrs Preston & Trewin to consult potential contractors for a quotation for scraping off the grass, check/restore soakaways, restore the surface and potentially install a new linear drain to avoid surface run-off onto the highway.

42/18 Update: Grade Ruan Community Trust License

RECEIVED an update as above: the document was signed on 17 May 2018. Thanks were give to Cllr Green and the Clerk for their work in bringing this to fruition.

43/18 **Footpaths, Highways; Tree wardens report.**

a) **RECEIVED** an update on verges at junctions on the A3083 and Ebenezer crossroads. The Council were very unhappy that the verges had been allowed to grow to an extent where they caused a

cont...



Parish Council Minutes - cont.

risk to the safety of road users. This was expressed in writing to Cormac and Cornwall Council on 1st June. The verges were cut on 10th June and as yet it is unclear who cut them. A letter from the Parish Council to Cormac, copied to Cllr Rule CC, will be issued explaining the need for earlier cuts of verges at junctions in future.

b) CONSIDERED suggestions from Cllrs for items for potential inclusion on a list of Highways works to be addressed by the earmarked Community Network budget. Suggestions included: "Keep Clear" at the entrance/exit of the footpath leading from Cadgwith Cove to the car park (Cove end); improvements to signage as per previous requests to Cormac (details held by Clerk); general support for improvements at Helston Hospital roundabout to improve traffic flow, which will benefit the whole peninsula and Helston itself.

c) **CONSIDERED** other reports: FP43 has been cut by Sea View Holiday Park. FP6 (Cadgwith) is overgrown with nettles. Cllr Lee raised concern over Japanese Knotweed and its effect on value of property, and the need to deal with any cases promptly. Cllr Preston contacted C Forbes (Cormac) regarding the extent, and proposed timings, of school

cont...



markings at Ruan Minor.

44/18 **Reports from Council representatives to outside bodies.** None.

45/18 Notification of meeting/items for agenda: 9 July

Cadgwith drainage update; former bus shelter redecoration; dog waste bags; Mundys Field quotations.

46/18 Public Bodies (Admission to Meetings) Act 1960.

RESOLVED that in view of the confidential or special nature of the business about to be transacted it is advisable that the press and public be excluded and instructed to withdraw during the discussion for the following items: Quotations. Cllrs Green/P Collins. Unanimous.

47/18 Play area access gate repairs

RECEIVED a quotation as above and **RESOLVED** to accept one from Kevin Cryan for £160 Cllrs Fleetwood/Lee. Unanimous.

The meeting closed at 21:00.





GRADE-RUAN SCHOOL 1893

Thanks to Rose Bowcher for providing this amazing picture. There were a lot of children in the Parish in 1893!

SURGERY HOURS

Ruan Minor Surgery - 290852

Monday	9am - 12 noon
Tuesday	2pm - 5.30pm
Wednesday	CLOSED ALL DAY
Thursday	2pm - 5.30pm
Friday	9am - 12 noon

Lizard Surgery - 290415

Monday	2pm - 5.30pm
Tuesday	9am - 12 noon
Wednesday	CLOSED ALL DAY
Thursday	9am - 12 noon
Friday	2pm - 5.30pm

Mullion Health Centre - 240212

Mon	8.30am - 6pm
Tue	8.30am - 6pm
Wed	8.30am - 6pm
Thu	8.30am - 6pm
Fri	8.30am - 6pm

All Surgeries will be closed on the following bank holidays:

New Year's Day Easter Monday Spring Bank Holiday Christmas Day Good Friday Early May Bank Hol Summer Bank Holiday Boxing Day

NUMBERS YOU MIGHT NEED

ST RUAN WITH GRAD	DE 290583	GRADE RUAN PARISH COL Chairman: Jeb Preston 0796	
ST MICHAEL'S, MULL ST MARY'S, HELSTO	Ν.	CORNWALL COUNCILLOR Carolyn Rule	240144
Fr. Kenwrick	312763	VILLAGE HALL BOOKINGS	000040
METHODIST MINISTE		Liz Outten	290910
Rev Fran Lane	240200	RUAN MINOR STORES & F	OST
NHS DIRECT	111	OFFICE	
POLICE		Claire Bollard	290138
Helston Police Station Emergency calls	08452 777444 999	RECREATION GROUND	
Non urgent calls	101	Chairman: Mike Fleetwood	290365
Crimestoppers	0800 555111	RUAN MINOR FOOTBALL C	LUB
MOBILE LIBRARY	0300 1234111	Gary Pollard	290602
		CADGWITH GIG CLUB	
GRADE-RUAN UNDE	07929 902938	Secretary: Mike Hardy	290282
GRADE-RUAN C OF E SCHOOL Secretary		NATIONAL TRUST Lizard Office	222170
290613		RNAS CULDROSE	
MULLION SCHOOL	240098	Pete McQuie 0771	7714410
	240090	peter.McQuie100@	ဉ)mod.uk
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Also available amazing cards for personal readings and crystal healing. Cost £20 (1 hr)

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www.lizardlifetherapies.co.uk



The Cadgwith Cove Inn

As seen on "The Fisherman's Apprentice" and "Coastal Path"

Historic pub, serving a great selection of drinks, snacks and meals all year round. Also offering B&B with en-suite rooms, sea view and private entrance.

Garry and Helen would like to update you on What's New for Summer

Sunday 5th August – Accustic Singer Miranda 3pm
Saturday 11th - Live Folk Band 9pm
Sunday 12th – Folk music by Dave & Dave 3pm

Sunday 19th – Acoustic Singer Miranda 3pm

Regatta August Bank Holiday Weekend

Saturday - Graeme Mathieson Live 9pm Sunday – Acoustic Singer Miranda 3pm

..... SAVE THE DATE!

Annual Cornish Drinks Festival 5th - 8th October Taste any 3 Ales/Ciders for the Price of a Pint Live Entertainment all weekend

Please continue to support The Cadgwith Cove Inn to ensure it remains the social hub of our community.

We look forward to seeing you all very soon

Cadgwith, Helston, Cornwall. TR12 7JX Telephone - 01326 290513 Website - www.cadgwithcoveinn.com Email - garryandhelen@cadgwithcoveinn.co.uk

Facebook and Twitter - cadgwithcoveinn





Friday & Saturday Night Eat In or Take Away

12 inch Pizza (up to 4 toppings) £9.99 Garlic Bread £4.99 With Cheese £5.99



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