

# Grade Ruan Gazette

December 2018 / January 2019

Vol. 32 No. 9



## Inside this month:

### All our regular features, plus:

Fishing Competition 2018 Results

Cadgwith Teddy Bear

Christmas Greetings

Grade Ruan School News

Lizard Lifeboat Station News

Profile of Peggy Thompson

Clean up after Your Pet

The Things that Float in on the Tide

**90p**

One copy free to each household,  
business and holiday let in the Parish

RUAN MAJOR COTTAGE, RUAN MINOR, TR12 7LL

# JUMUNJY

THAI CUISINE

EST. DEC 2012



**FREE HOME  
DELIVERY SERVICE**  
Ruan Minor, Cadgwith, Kuggar,  
Lizard Village & Mullion.

**OPEN**

**MON - SAT (5:00PM- 10:00PM)**

**TEL: 01326 291306**



**Full & Enlarged Menu**

**[www.jumunjy.com](http://www.jumunjy.com)**



## DATES FOR THE DIARY

Alternate Wed Every 4 weeks	Recycling: 5 <sup>th</sup> , 19 <sup>th</sup> December, 2 <sup>nd</sup> , 16 <sup>th</sup> , 30 <sup>th</sup> January Mobile Library: Glebe Place 10.25am - 10.45am. 12 <sup>th</sup> December, 9 <sup>th</sup> January
1 <sup>st</sup> Sunday	Kennack Sands Beach Clean, 10am - 11am. 2 <sup>nd</sup> December, 6 <sup>th</sup> January
2 <sup>nd</sup> Monday	Parish Council Meeting, Methodist Chapel, 7.30pm. 10 <sup>th</sup> December, 14 <sup>th</sup> January
3 <sup>rd</sup> Tuesday	Soup, Pasty & Pud, Methodist Chapel, 12.15pm. 18 <sup>th</sup> December, 15 <sup>th</sup> January
4 <sup>th</sup> Tuesday	Quiz in the Village Hall, 7.30pm, 22 <sup>nd</sup> January
Mon & Thurs	Short Mat Bowling, Village Hall, 7.00pm
Tues & Thurs	Yoga at the Pavilion, 6.00pm. Led by Tanya Strike.
Every Weds	Clinical Pilates. 4.45pm - 5.45pm, Village Hall, Clare Girling.
Every Thurs	Market and Refreshments, Village Hall, 9.00am - 11.30am

## DECEMBER (SEE “WHAT’S ON” FOR DETAILS)

1 December	GRU5s Christmas Fair 10am - 1 pm Village Hall Christmas Lights Switch-on, 6pm
2 December	Carolaire with Kerrier Male Voice Choir, Village Hall, 7.30pm
6 December	Christmas market at the Village Hall, 11.30am
7 December	Lizard Lifeboat Carolaire, In the Boathouse. 7pm GRU5s Christmas Fayre 2.30pm
8 December	Pavilion Anniversary Party at Grade Ruan Rec Pavilion
9 December	Christmas Wreath Workshop. Village Hall. 5pm
17 December	‘Festival of Nine Lessons & Carols’ at Landewednack Church at 7pm
20 December	End of Autumn Term Final Market at the Village Hall before Christmas Nativity Service. St. Mary’s, Cadgwith. 3pm
25 December	Christmas Day Charity Swim in the Cove. Noon
31 December	New Year’s Eve Party, at Grade Ruan Rec Pavilion
10 January	First Market of the new year at the Village Hall

## ADVANCE DATES

15 February	The Winding World, Village Hall. 7.30pm
21-23 February	Toad of Toad Hall
16 March	Grade Ruan Spring Flower Show

---

*Front Cover:*  
The Christmas tree in the Cove last year.  
[Photo by Jane Shipway]

## DISTRIBUTORS

Cadgwith	Shirley Lee
Cadgwith South	John Fallows
Chapel Terrace	Val Jane
Glabe Place	Arthur Coupland
Grade	Paul Penrose
Gwendreath	Nick Whittle
Higher Moor	Judith Heather
Kuggar	Ron Wilson
Ledra Close	Vicky and Max McClarity
Long Moor	Jill Thomas
Mundy's Field	Babs Hughes
Out Farms/Predannack	Jacqui Noonan
Penhale	Jane Trethowan
Poltesco	Jeff Lee
Prazegooth	Glynis Jordan
Ruan Major	Chris Hunt
St Ruan	Margaret Coates
Treal	Tim Basher
Treleague Cross	The Green family
Trelugga/Tresaddern	Tanya Strike
Village Centre	Janet Gascoigne
Subscribers and Retail	Judith Green

All houses (holiday lets and those that are permanently occupied) and businesses in the parish, should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact David Gascoigne on 01326 290536.

## CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Gazette Box at Ruan Minor Stores. **The deadline is the 18<sup>th</sup> of the month prior to publication.**

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

**Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy.**

See us online at [www.cadgwith.com](http://www.cadgwith.com) and on Facebook "Grade Ruan Gazette"

## ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approx. 590 copies are distributed every month and the rates are reasonable!

A ¼ page is £5, a ½ page £8 and a full page £15 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

## GAZETTE CONTACTS

Editor:	Moira Hurst 01326 290257 <a href="mailto:graderuan.gazette@btinternet.com">graderuan.gazette@btinternet.com</a> Linden Lea, Ruan Minor, Helston. TR12 7JL
Alternate Editor:	Sally Watts 01326 291395 <a href="mailto:graderuan.gazette@btinternet.com">graderuan.gazette@btinternet.com</a> Bryher House, Ruan Minor, Helston. TR12 7JT
Treasurer:	Peter Martin 01326 290566 <a href="mailto:pjanddlm@gmail.com">pjanddlm@gmail.com</a> 14 Ledra Close, Cadgwith. Helston. TR12 7LD
Printing:	Parish Magazine Printing. 01288 341617
Advertising:	Moira Hurst or Peter Martin, as above
Distribution:	David Gascoigne 01326 290536 <a href="mailto:janndave43@hotmail.com">janndave43@hotmail.com</a>
Subscriptions	£17.50 per annum Judith Green 01326 290118 <a href="mailto:judith@treleague.net">judith@treleague.net</a>

Over the Counter Sales: Peter Martin, as above

*The Gazette is a not-for-profit publication and is created and distributed by volunteers.*



# Noticeboard

This issue of the Gazette is for December and January. It contains your Christmas greetings in lieu of sending cards. Thank you for your generous donations, amounting to £230 in all, which will go to Grade Ruan School to help fund their "Ray of Sunshine House".

Also in this issue is a profile of Peggy Thompson, with her memories of growing up and living in Cadgwith. Denise Allen will be doing more profiles for future issues. If you would like her to interview you and share your stories, please let me know.

May I take this opportunity to say thank you to our advertisers for their support throughout the year. Please favour these companies whenever you can, as they ensure that the Gazette is financially viable. Thanks also to all our hard working distributors, as well as our regular and occasional contributors, who all do so much to ensure the Gazette continues to be published.

The next issue will be out at the beginning of February; meanwhile, on behalf of the Gazette Committee, may I wish you all a merry Christmas and a happy New Year.

*Moira Hurst*

**Happy Birthday in December to:** Lorraine Wickens, Rose Bowcher, Sam Jane, James Bennetts, James Green, Danny Meek, Ivan Blight-Anderson, Rosie Jane, Lisa Mitchell, Pam Penrose, Ian Arnall, Fiona Hunt, Ben Noonan, Jack A, Gary Pollard, Jack S, Karen Forster, Jai Mallinder, Ian Shipway

**And in January to:** Simone Humby, Jasmine F, Victoria McClarity, Tanya Strike, Jane Hills, Jane Shipway, Annie Wood, Dave Lee, Chris Ensink, Liz Outten, Chantelle Bennett, Jan Morgan, Jasmine Gilbert, Mary Keeley, Ben Jane, Chris Sealey, Jess Sealey, Linda Drysdale, Peter Hills

Belated congratulations to **Mick Smith** who turned 65 in November.

*From Shirley Lee:*

I didn't want a party to celebrate my 70<sup>th</sup> birthday but I'm glad my daughter, Victoria, organised one because I thoroughly enjoyed a special evening with family and friends. Special thanks to Victoria for providing the food, Christine Legge for the pasties, Sarah and Lesley Skewes for the beautiful cakes, "Proper Job" disco and for the people who gave up their time to work behind the bar. Many thanks to everyone for the lovely cards and presents and donations for the Air Ambulance. £330 was raised and they were so grateful to receive that amount. Lastly, thanks Dave for sharing the last 47 years with me, you're a star.

## The Saint Ruan 200 Club

Save your beautiful 11th century Church

*Information: Sheila Stephens 290583*

The winning ticket in the  
November 2018 draw was

Ticket No. 149

Gill Thomas

Cont...



# DECORATING



and general building maintenance

## JON SPALDING

30 years' experience – references supplied

01326 290450 07733 440436

jonaspalding@yahoo.co.uk

## ***Gryphon Computer Support Ltd***



- On-site (home or office), telephone and remote support for PCs and Laptops
- Virus Removal & PC Security Advice
- Resolving Internet & networking problems
- Supply of quality PCs and Laptops
- PC Repairs
- On-line and off-line backup services
- Custom software development using Microsoft Access

Recently relocated to Ruan Minor, we have been helping individuals and small businesses resolve their computer problems for over 20 years. We have developed Microsoft Access applications for many companies, both locally and nationally, including A&P in Falmouth.

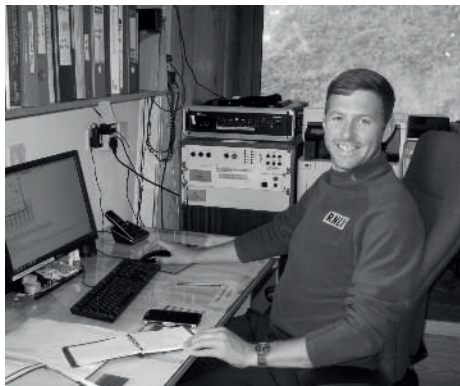
**For PC help or advice ring Bob on 07442 491921**

For more information visit our website: <http://www.gryphoncs.com>

## Noticeboard - cont.

*From Lyndsay Bray, Lifeboat Press Officer, The Lizard Lifeboat Station:*

We recently bid a fond (but not a final) farewell to Coxswain Andrew Putt who stepped down from his role at the station at the beginning of November. After over eight years as Coxswain of The Lizard Lifeboat, Andrew has accepted a secondment to a new position within the RNLI as Regional Improvement Manager for the South. The secondment is for a period of 12 months and though Andrew will be leaving his role as full time coxswain he will still remain part of the station and will provide volunteer deputy coxswain cover and attend exercises when he can. In the meantime please join us in welcoming Andrew's successor **Russ Craig** (*pictured below*) who has been appointed as Coxswain of The Lizard RNLI Lifeboat. Whilst we all look forward to working with Russ, we would like to thank Andrew and wish him the very best of luck.



### W. T. STEVENS

My apologies for the incorrect information in last month's article about the men listed on the Ruan Minor War Memorial. Effie Bosustow has advised me that the WT Stevens from Lizard is not the person named on the Ruan Minor Memorial. The Ruan Minor W T Stevens is

**William Thomas Stevens**, who was Effie's mother's uncle - Uncle Tom. A Lance Corporal in the Army, he was the son of William and Laura Stevens of Higher Treal Farm, Ruan Minor. He had two brothers and a sister. His brother Burnet Stevens farmed at Churchtown Farm, The Lizard. John farmed at Merries, Cury and Elsie (Elizabeth) at Grongath Farm, St. Keverne. Uncle Tom worked in a Drapers shop in London before joining the Army. He was killed in action in France on Sunday 21<sup>st</sup> May 1916, aged 25 years.



*From Helen Holmes:*

Throughout November, December and January, the Cadgwith Cove Inn will be offering meals for locals at £10.

The Inn will be shut on Wednesdays from 9<sup>th</sup> January until 6<sup>th</sup> February, re-opening on Wednesday 13<sup>th</sup> February.



Reg. Charity No. 225626

RUAN MINOR VILLAGE HALL

## **WHAT'S GOING ON AT THE VILLAGE HALL?**

### **THE THURSDAY MARKET**

The market is held every Thursday morning from 9 to 11.30am. Come along, browse our stalls for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie' and now we are serving fried eggs as well! If you prefer, just stay for a chat and catch up with local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Knitware & Quilting	Leggy's Pasties	Flowers & Plants
Bric-a-Brac	Needlecraft	Books

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

**Liz Outten on 01326 290910**

**or pop in on a Thursday morning to see what's going on.**

### **SHORT MAT BOWLS**

Sessions are held on Monday and Thursday evenings at 7.00pm. It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

### **QUIZ NIGHT**

Quizzes are held on the 4<sup>th</sup> Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contest begins at 7.30pm. Any changes to dates will be notified on the Village notice boards.

### **SPECIAL EVENTS**

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

### **ARRANGING AN EVENT?**

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.



# What's ON

## Traditional Candlelit Carol Service

For the fourth successive year, singers from across the Lizard Peninsula are joining together to form the 'An Lysardh Christmas Choir' (conducted by Andrew Woods) for a traditional candlelit 'Festival of Nine Lessons & Carols' to which everyone is welcome. This year the service will be held at

**St Wynwallow Church,  
Landewednack  
(Lizard village)**

on

**Monday 17<sup>th</sup> December  
at 7pm**

It will be the most southerly candlelit carol service on the mainland! (In recent years, the event has been held at Trelowarren Chapel, Gunwalloe Church, and Mawgan Church).

There will be a retiring collection for church funds and the Bolenowe Animal Sanctuary.

The church bells have recently been refurbished, so we look forward to hearing them being rung before and after the service.

Refreshments (mulled wine, soft drinks and mince pies) will be available following the service. Parking is very limited at the church so if you can park in the village and walk this would be appreciated – please bring a torch!

COME TO THE

## CHRISTMAS MARKET

at the Village Hall on  
**Thursday 6<sup>th</sup> December  
9 to 11.30 am**

**Stallholders welcome  
(Call 01326 290910)**

**The last Market will be on  
Thursday 20<sup>th</sup> December**

**Everyone Welcome to  
our Christmas Jewellery  
and Craft Event**

**Saturday 1<sup>st</sup> and  
Sunday 2<sup>nd</sup> December  
11.00 - 4.00pm**

36, Higher Moor, Ruan Minor  
Bespoke Silver and Enamel Jewellery  
by John Benwell

Gem Stone and Pearl Jewellery by  
Judith Heather

Driftwood and Craft items from  
Cadgwith Drifts (Nicky Jose)

There is still time to come and design  
your own unique Jewellery gift ready  
for Christmas

# Last Posting Dates - Christmas 2018

## UK

UK Business Contract Services

*Tuesday 18 December*

2<sup>nd</sup> Class and 2<sup>nd</sup> Class Signed For

*Thursday 20 December*

1<sup>st</sup> Class and 1<sup>st</sup> Class Signed For and Royal Mail Tracked 48®

*Friday 21 December*

Royal Mail Tracked 24®

*Saturday 22 December*

Special Delivery Guaranteed

## International

**International Standard and International Tracking & Signature services**

*Tuesday 4 December*

Africa, Middle East

*Friday 7 December*

Asia, Cyprus, Far East, Malta, Eastern Europe (except Czech Republic, Poland and Slovakia)

*Saturday 8 December*

Caribbean, Central and South America

*Monday 10 December*

Greece, Turkey, Australia, New Zealand

*Friday 14 December*

Canada, USA, Czech Republic, Italy, Poland

*Saturday 15 December*

Finland, Sweden

*Monday 17 December*

Austria, Denmark, Germany, Iceland, Netherlands, Norway, Portugal, Slovakia, Spain, Switzerland

*Tuesday 18 December*

Belgium, France, Ireland, Luxembourg

## International

International Economy

*Friday 28 September*

Australia, New Zealand and all other non-European destinations (except Middle East, South Africa, Far East, USA and Canada)

*Saturday 29 September*

Middle and Far East (except Hong Kong and Singapore)

*Saturday 13 October*

South Africa, Hong Kong, Singapore, USA and Canada

*Saturday 3 November*

Eastern Europe, Greece, Cyprus, Turkey, Malta and Iceland

*Saturday 17 November*

Western Europe

## International

HM Forces Mail

*Monday 26 November*

Operational HM Forces

*Friday 14 November*

Static HM Forces

## Parcelforce Worldwide Services

*Thursday 20 December*

Express 48

*Friday 21 December*

Express 24

-----  
For a full list of latest recommended posting dates visit [Royalmail.com/greetings](http://Royalmail.com/greetings)

## **CHRISTMAS DAY SWIM**



Hi Everyone

What a fantastic summer we've had this year. Just think how warm the sea still is! It's that time of the year again when I like to remind you all of the Fancy Dress Christmas Day Swim in Cadgwith at 12 o'clock.

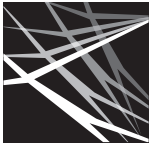
We would love to have your support to help to raise some money for the Sunrise Appeal at the RCHT.

Thank you to Cadgwith Gig Club, Janet and Peter Freeman, Norma and Dave, the judges and to whoever I manage to find to go around with a collection box. Your help is really appreciated and we would love to see you there.

Forms will be available from The Store, Ruan Minor, The Cadgwith Cove Inn and from me

Nicky Jose

290073



# Helston Physiotherapy Practice

Helston Physiotherapy Practice is a team of Chartered Physiotherapists who understand the effects of pain and injury on the body. We provide a range of proven treatments to relieve symptoms and ease movement.

*Specialist treatment on your doorstep*

**We provide treatments for:**



- Back & sciatic pain
- Neck pain & whiplash
- Shoulder pain
- Sports related injuries
- Post surgery rehabilitation
- Work place injuries
- Women's health
- Reduced balance

**Telephone 01326 561 012    [www.hppcornwall.co.uk](http://www.hppcornwall.co.uk)**

Email enquiries@hppcornwall.co.uk    11A Water Ma Trout Industrial Estate, Helston TR13 0LW

## **PROPERTY MAINTENANCE**

**FOR ALL YOUR HOUSEHOLD NEEDS**

Carpentry - Stud wall, architrave and skirting, doors hung, shelving.

Bespoke Joinery - Windows, Doors, Cabinets.

Painting and Decorating and Wallpapering.

Tiling floor and wall.

General Interior and Exterior Maintenance.

Electrical Domestic installation and Test.

Appliance Testing (PAT)

**Roland  
White**

**Phone: 01326 290575**

**Mob: 07971 007 028**





**Lifeboats**

**Please come and join us at**  
**THE LIZARD LIFEBOAT ANNUAL**  
**CHRISTMAS CAROLAIRE**  
**Friday DECEMBER 7<sup>TH</sup> 2018**

**From 7pm in The Boathouse**  
**with HELSTON TOWN BAND**  
**& the Children from**  
**LANDEWEDNACK School Choir**

**\*\* Free Transport to and from the Village Green starting from 6.15pm**

**\*Seasonal Refreshments Served**

**\*Christmas Cards and Souvenir Gifts from the Boathouse Shop**



The RNLI is the charity that saves lives at sea

Royal National Lifeboat Institution, a charity registered in England and Wales (207663) and Scotland (SC037390).  
Registered charity number 20563226 in the Republic of Ireland.

**RNLI.org**



# Ruan Minor Café

Ruan Minor, Helston TR12 7JL

## Breakfast

Croissant	with jam	1.75
Danish		2.00
Porridge	original/syrup	1.50
Toast	per slice	75p
Sausage bap	with sauce	3.20
Bacon bap	with sauce	2.75

## Afternoon tea

Selection of cakes	2.00
including GF, DF and vegan options	
Cream tea	4.95
fruit or plain scone add £1 for coffee	
Toasted teacake	1.75
with butter and jam	

## Lunch

	Cup	Bowl
Soup	2.50	2.95 *
*Bowl of soup includes a bread roll		

## Jacket potato

Cheese	2.75	Cheese and beans	3.75
Chilli	4.99	Tuna mayonnaise	3.99
<u>On toast</u>	price per slice of toast		
Beans	1.75	Scrambled egg	1.50

## Toasted sandwiches

Cheese	1.99	Cheese & beans	2.50
Ham & cheese	2.99	Brie & cranberry	2.99
Tuna melt	2.99	Chocolate & banana	2.25

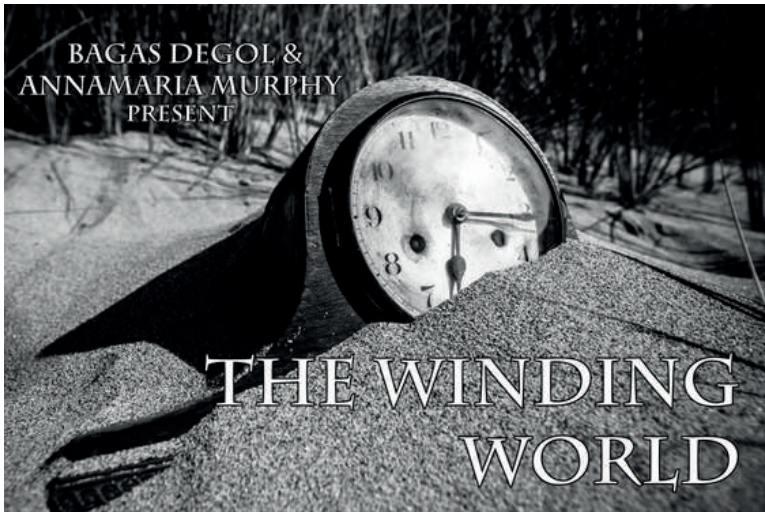
## Children

Children's breakfast box	2.00
(mini Danish, juice, banana)	
Children's lunch box	2.50
(sandwich, juice, satsuma, crisps)	
Pizza baguette	1.50
Cheesy chips	1.75

Available to eat in, take away or why not pre-order?

01326 290138

## What's ON - CONTINUED



### The Winding World

An evening of story telling with Annamaria Murphy, interwoven with music from Bagas Degol.

### Village Hall

Friday 15<sup>th</sup> February, 7.30pm

Tickets available via crbo [www.crbo.co.uk](http://www.crbo.co.uk) or telephone 01726 879500  
or send Liane a message at [lianejose850@gmail.com](mailto:lianejose850@gmail.com).

A licensed bar will be available.

[We had their previous show here, Salt Road, a few years ago and it was a very enjoyable evening.]

 <p><b>Tel: 07581 356591</b> <b>Cadgwith Cove Cabs</b></p> <p><b>Ex Cornish Fisherman</b> <a href="http://www.nuttynoh.co.uk">www.nuttynoh.co.uk</a>    <a href="mailto:martinellis2012@hotmail.co.uk">martinellis2012@hotmail.co.uk</a></p>	<p><b>From</b> <b>Ruan Minor/Cadgwith</b></p> <table><tr><td>NEWQUAY .....</td><td>£80</td></tr><tr><td>TRURO .....</td><td>£60</td></tr><tr><td>RED/PZ/FAL .....</td><td>£45</td></tr><tr><td>PORTHLEVEN .....</td><td>£25</td></tr><tr><td>HEL/GOV .....</td><td>£20</td></tr><tr><td>MULLION .....</td><td>£15</td></tr><tr><td>LIZARD/CADG .....</td><td>£10</td></tr></table>	NEWQUAY .....	£80	TRURO .....	£60	RED/PZ/FAL .....	£45	PORTHLEVEN .....	£25	HEL/GOV .....	£20	MULLION .....	£15	LIZARD/CADG .....	£10
	NEWQUAY .....	£80													
TRURO .....	£60														
RED/PZ/FAL .....	£45														
PORTHLEVEN .....	£25														
HEL/GOV .....	£20														
MULLION .....	£15														
LIZARD/CADG .....	£10														
<p><b>DOGS FRIENDLY</b> <b>HEAR ME SING</b> <a href="http://www.youtube.com/watch?v=CSjF2ktSEbs">www.youtube.com/watch?v=CSjF2ktSEbs</a></p>															



# CORNWALL OVEN CLEANING

*ovens - hobs - extractors - microwaves*

- Non-Caustic, Non-Toxic cleaning products used
- Leaves no mess in your home
- Removes stubborn and burnt in grease & carbon
- Returns your oven to "like new" condition
- Your oven is ready to use as soon as we leave!

**[www.cornwallovencleaning.com](http://www.cornwallovencleaning.com)**

**Free: 0800 566 8804 --- Local: 01326 710107**

Need an Electrician?  
let me help

***ESP Installations***  
*a friendly and reliable service*

- from fixing a light  
to a complete rewire
- landlord certificates
  - PAT testing
  - BT wiring
- electrical problems solved

Phone Ronnie Lingard  
07751 456160 or

01326 291228 (Ruan Major)

Elecsa registered.

Quality of the work guaranteed.

Part of Electrical Safety Register

[www.electricalsafetyregister.com](http://www.electricalsafetyregister.com)

## INCOME TAX CONSULTANT

Specialising in  
completing accounts,  
Income Tax returns,  
VAT etc

for individuals  
and small businesses.

**E M TOMLINSON**

**01326 241049**



**Santa's  
Grotto**

**£3**  
Ticket includes  
A gift from Santa  
Hot chocolate  
& decorate a biscuit

# CHRISTMAS FAIR



Saturday

**1st December**

**10am - 1pm**

**In the Village Hall**

Festive market **Free entry**

Christmas crafts

Refreshments & hot drinks

**Raffle**

All Welcome



Stall holders needed - £5 a table. For more information go to our facebook event



## Landrivick Farm

### Beef Box

Home Bred

#### Pure South Devon Fresh Beef

Each box includes:

3 - 4 roasting joints

Sirloin steaks

Rump steaks

Chuck steak

Mince beef



### Pork

Home Reared

Each half includes:

Shoulder joints

Leg joints

Pork chops

Sausages (skins optional)

Belly pork (sliced or joints)

or, if preferred, extra Sausages

A quarter of a pig is also available

Please phone for prices



Landrivick Farm, Manaccan, Helston, Cornwall. TR12 6HX

Tel: 01326 231686



# Norbert Varga

## Domestic Electrician

- Rewires, New Builds, Extensions
- Consumer Unit Upgrades
- Showers, Cookers, Heating
- Socket & Telephone points
- Internal / External lighting
- Testing & Inspecting
- Computer networking

FREE QUOTATION

Tel: 01326 241 657

Mob: 07496 067 325

E-mail:

varga\_norbert1984@yahoo.com



# **RUAN REVELLERS**

present

## **TOAD OF TOAD HALL**

by A.A. Milne

### **Ruan Minor Village Hall**

**Thursday 21<sup>st</sup> February at 7:30**

**Friday 22<sup>nd</sup> February at 7:30**

**Saturday 23<sup>rd</sup> February Matinee at 2:30**

**Saturday 23<sup>rd</sup> February at 7:30**

Tickets available from 2<sup>nd</sup> January 2019 at  
Ruan Minor Stores (no phone calls please).

**Adults £5 - Under 18yrs £3.50**

*This amateur production of "Toad of Toad Hall" is presented by special  
arrangement with Samuel French Ltd.*



**CORNISH GARDENING  
SERVICES**

**PAUL WILLIAMS**

All general garden maintenance

Lawn mowing

Hedge trimming

Light/heavy strimming

Pruning etc.

Basic DIY

Free quotations

Call Paul on:

Home: 01326 241960

Mobile: 07749 815358

THE PAVILION @ RUAN REC  
GRADE RUAN RECREATION GROUND  
THE PAVILION @ RUAN REC



ROOTED IN THE COMMUNITY

*Bar opening times*

*Fridays from 5pm*

*Saturdays from 4pm*

*Sundays from 4pm*

*Plus RMFC home games  
and SPECIAL EVENTS*

## Leggy's Pasties

Gwelmor, Ruan Minor

Telephone: Christine Legge

Home: 01326 290683

Mobile: 07976 511317

Cooked or Uncooked Frozen Pasties  
made to order

Opening Hours

9am - 1pm Tuesday to Saturday

(Closed on Mondays throughout the winter)

Evening bakes Thursday and Friday





Friday 7th December  
2:30pm - 4pm

# Christmas Fayre!

Children  
singing at  
2:45pm

Stalls &  
Gifts Raffle  
Festive refreshments  
Games Tombola  
★ All ★  
Welcome

Children are to be collected from school  
at the usual time 3:15pm



bespoke stone design + supply

Duke Stone specialises in the design and manufacture of natural stone products for home, garden and commercial projects. Our workshop handcrafts every commission and takes an individual approach to each job. We produce quality worktops, vanities, fireplaces, hearths and many other household and garden items, manufactured from your chosen material.

A selection of natural stone slabs, reclaimed items and off cut granite is on display at our workshops. We also stock a range of tiles, setts, building and landscaping materials with a sample service available.

Local and national fitting and delivery service available.

So whether it's a kitchen worktop, bathroom, fireplace or a new outdoor look you're after, please call our friendly team to discuss your project, or visit the workshop to view our selection of beautiful natural stone from Cornwall and around the world.

Unit 7A & 19 Rural Workshops, Higher Bochym, Cury Cross Lanes, Helston, Cornwall, TR12 7AZ • Tel: 01326 241111 • Email: sales@dukestoneofcornwall.co.uk • Web: www.dukestoneofcornwall.co.uk • We are open Monday to Friday 8am-4.30pm and Saturday 9am-12 noon

## R H JANE & SONS LTD

### Painters & Decorators

The Orchard, Cadgwith, TR12 7JU



#### Telephone:

01326 290464

01326 290700

07976 928663

07970 100480

## MULLION ANTIQUES

07887 955326

01326 290115

### ***ALWAYS LOOKING TO BUY***

*Costume jewellery (pre 1960's), gold and silver jewellery, scrap or broken gold, old watches, old clocks, old wooden boxes, vintage pens, silver items, canteens of cutlery, Oriental, Asian or Russian artefacts, small pieces of furniture.*

*Please feel free to telephone to discuss any items you have for sale.*

*I will happily visit you by appointment at a time to suit you.*

*Thank you.*

*Linda Wilkinson*



**VILLAGE HALL**  
**CHRISTMAS COMMUNITY EVENING**

**Sunday 2<sup>nd</sup> December at 7.30 pm**

Entertainment and carol singing led by

**Kerrier Male Choir**

Free entry

Complimentary buffet, soft drinks & mulled wine

Special Christmas Raffle

***Bucket collection in aid of the Cornwall Air Ambulance Heli Appeal***

**Christmas Wreath Workshop**

**Sunday 9th December**

**at 5pm**

**in the Village Hall.**

Come along and make a festive wreath or swag.

There will be plenty of foliage materials provided and oasis rings or blocks can be purchased additionally.

Mulled wine and mince pies .

*This is being organised by the Spring Flower Show Committee. £5 contribution please.*

Phone Judith Preston 290790 for any more information.

Everyone welcome to

***St Mary's Church, Cadgwith***



Everyone welcome to the

**Nativity service on**

**Thursday 20<sup>th</sup> December  
at 3pm**

**and our service on**

**Sunday 20<sup>th</sup> January  
at 3pm**

# J & L Garden Machinery Repairs & Servicing

Proprietor: John George

Providing service and repairs for all makes and models  
of petrol-driven garden machinery.

I also supply new garden machinery inc. mowers, ride on mowers,  
strimmers , chainsaws etc



- ★ Collection and delivery
- ★ Reasonable rates
- ★ Breakdown call-outs
- ★ No job too small



Tel: 01326 240617 Mob: 07790 276060



## La petite Boulangerie

**From Friday the 5th October we  
will stop baking except on Mon-  
days, Wednesdays and Fridays  
or if we have specific orders.**

**If you want bread on a different day, we will  
bake if the order is received with a day's notice.  
We hope this does not inconvenience anyone.**

**Our telephone number is 01326 290764  
or e-mail [ocklynge1@aol.com](mailto:ocklynge1@aol.com).**

# CADGWITH COVE GRAND FISHING COMPETITION

## 2018 Results

Autumn is certainly upon us with lashing rain and severe gales, but let's look back to a glorious summer and fantastic Thursday night fishing competitions right through the summer.

The leader board changed hands every competition with the Skippers all hoping to win the coveted trophy. Keith Johnson prevailed by fishing his way to victory with 42 points, closely followed by Danny Phillips on 34 points.

Most points for the Shield was very close with Luke 'the rod' Stephens sharing with Gary 'points' Pollard, scoring 15 points a piece. A group of six anglers including Jimmy Hammill followed, all with 10 points.

The Bob Hobbs cup for the best specimen was won by the very experienced Ronnie Jane with a fine Lesser Spotted Dogfish. The Tracey Gossip Rosebowl was won by Donna Williams with 10 points. The Jenna Mitchell cup for Junior Girl was deservedly won by Matilda Phillips with 15 points.

A new trophy for this year - the Chris Broscome Trophy, Junior Boys cup (from the Last Stop Tackle Shop) was won with a storming 42 points by Jamie Trewin who continues to catch fish as big as himself!

A special thank you to all of our sponsors and supporters.

Tight lines for now, see you in the New Year.

*Skinny (Richard Williams)*



**Cadgwith Canines**  
Dog Training

Phone: 01326 290341

Email: [oldfieldjulie@aol.com](mailto:oldfieldjulie@aol.com)

Website: [www.cadgwithcanines.co.uk](http://www.cadgwithcanines.co.uk)

Fully qualified and insured Dog Trainer available for individual and group training. All training is force free and reward based.

I can help with settling a new puppy into your home and also with common problems like barking, biting and lead pulling.

**SIGN UP NOW FOR OUR NEW SCENT GAMES WORKSHOP IN DECEMBER**

Other services available, please ask for details.



# SOUTH WEST THATCHING

**Jack Stiles and Toby Marr  
Master Thatchers**

**Jack on The Lizard 07974 591190**

**Toby at Penzance 07917 396114 – 01736 362430**

**Email – [info@southwestthatching.co.uk](mailto:info@southwestthatching.co.uk)**

**[www.southwestthatching.co.uk](http://www.southwestthatching.co.uk)**

**Follow us on Facebook and Twitter**

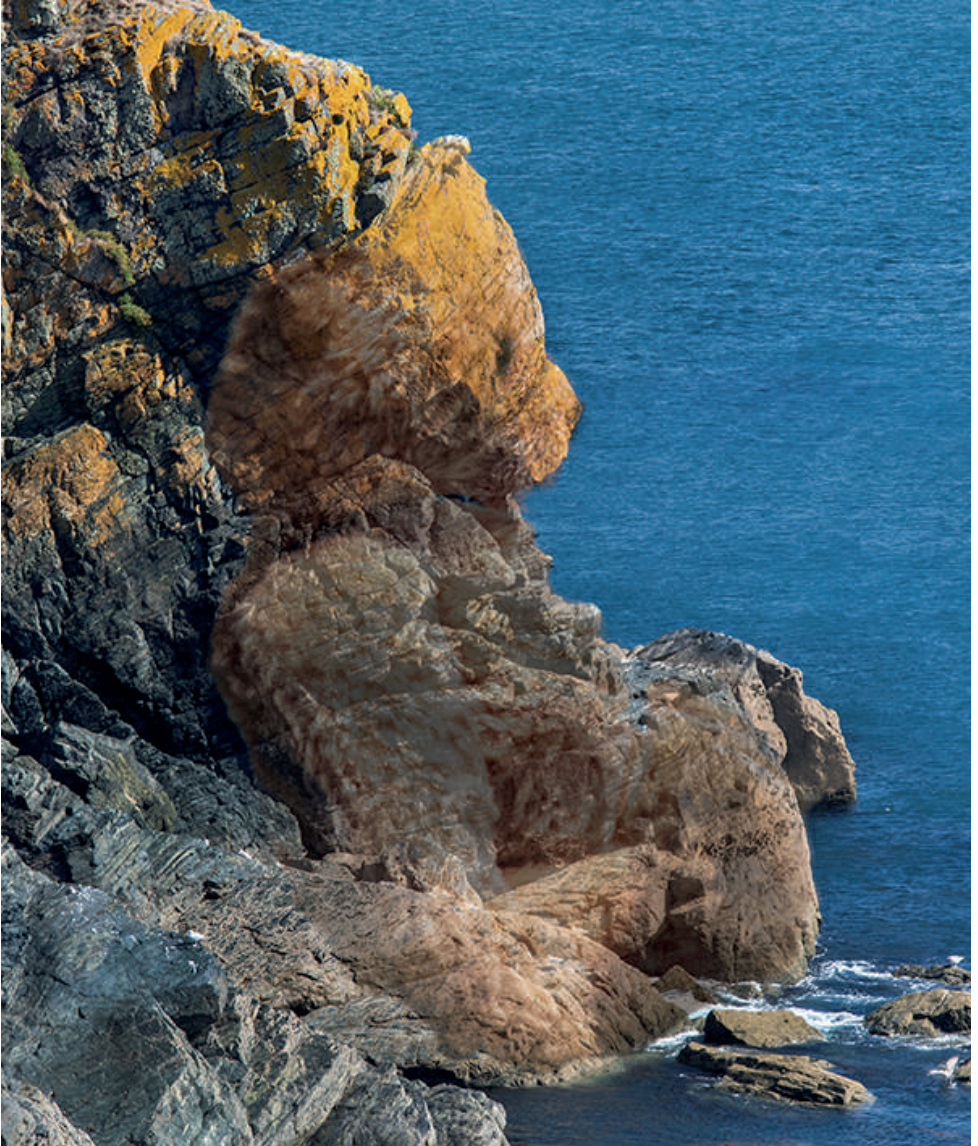
We are truly passionate about our trade and seek to go that extra mile to deliver what we and many others believe to be the highest standard of thatching in Cornwall. We look past the run down attire of the roof which is essentially compost in its dying days and work to transform the thatch into some of our finest work yet, questioning at every stage how we can improve the design, shape or style to suit the individual buildings heritage.



## The Cadgwith Teddy Bear

Marea Downey sent this image of the Cadgwith Teddy Bear. Barrie Cook had told her about it, so she took a photo the last time she was in Cadgwith, and with a little bit of Photoshop magic, she came up with this image. Those rocks will never look the same to me again. Thank you Marea.

[I understand that there are a few other creatures to be seen hiding in the rocks nearby. Please let me have your pics. Ed]





# FIREWOOD SUPPLIES LTD

## YOUR LOCAL SOLID HOME HEATING FUEL SUPPLIER

- Kiln Dried & Seasoned Logs in Loose Loads, Pre-packed Nets & Bags
- Coal, Kindling, Firelighters & Eco-Friendly Products
- Cash & Carry Warehouse (Cards Accepted)
- Home Delivery Service Available

**Drackenburn** Authorised Drackenburn Social & Farm on RBC'S COVENANTS

Find us on **facebook** Search @logs1962

We are now a **Calor Gas** delivering stockist



Find us on the main A394 between Helston & Falmouth  
The Wood Yard, Laity, Near Helston TR13 0NP

Email: [sales@firewoodsuppliesltd.co.uk](mailto:sales@firewoodsuppliesltd.co.uk)

Tel: 01326 73 74 75 or 01209 58 58 58

[www.firewoodsuppliesltd.co.uk](http://www.firewoodsuppliesltd.co.uk)

Registered in England & Wales 10648216 VAT Reg. No. 268 69 29 40



## QUIZ NIGHT NEWS

October appeared to be the local holiday season as we only mustered 4 teams this month, although they were quite inflated as many people found new teams to join for the evening. The quiz questions were controlled this month by Mark from Prazegooth who threw in a Music round from the 1980's, a particular favourite of his with geography and a seasonal Halloween set of questions. The 80's music was a star round for Clare which proved the difference between the teams seeing Universally Challenged top the pile and the trophy will be displayed in the shop for another month. Alas the wooden spoon did not return this month and so the Jumblies returned empty handed, Stevyn they missed you.

### Results

1 <sup>st</sup>	Universally Challenged	70pts	3 <sup>rd</sup>	The Cliffhangers	59.5pts
2 <sup>nd</sup>	Fox and Hounds	60.5pts	4 <sup>th</sup>	The Jumblies	56.5pts

If you think that you are up for it please come and join us on the 4<sup>th</sup> Tuesday of the month - it should start at 7.30pm. Half time tea and biscuits are included in the £1 entry fee.

*A note for your diary:* As there is little appetite to sit in the village hall on Christmas day quizzing, the December quiz will be on the third Tuesday of the month that being December 18<sup>th</sup>. We would all love to see you there.

# Pendle Funeral Services

*For a caring and dignified personal service*

*Prepayment Funeral Plans accepted*

Tony and Dee Richards

FUNERAL HOME

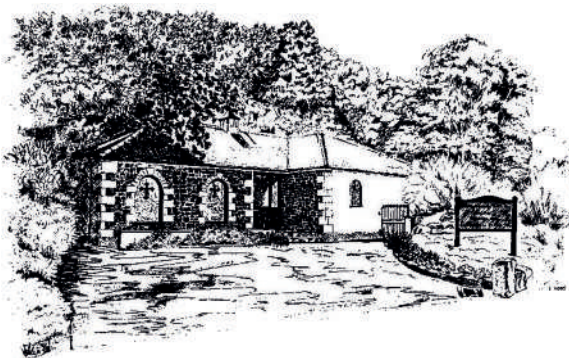
The Firs, St Johns

Helston TR13 8HN

Tel: 01326 573080

Farthings, St Keverne

Helston TR12 6NS



## “Stitch & Sew”



**Clothes alterations and repairs**  
**Curtain Making**  
**Small Upholstery projects**  
**Undertaken**

**Contact Lorraine on:**  
**01326 291226 or**  
**lorrainewickens3@gmail.com**

Walled  
Garden Spa

**Walled Garden Spa**  
In the grounds of Treloarwarren

**Special Offer**  
**for local guests**  
**Full Spa Day**  
£55 (normally (£65))  
Treatment, swim, lunch.  
Call 01326 221224 to book.

info@treloarwarren.com  
www.treloarwarren.com



**Holiday cottage to let?**  
**Cadgwith Cove Cottages**  
is your local friendly professional  
holiday property letting agency.



We offer:

- The most competitive commission rates around
- Excellent knowledge of the area
- An office team always on hand
- A desire to offer a good service to owners and visitors alike

Most of our visitors return year after year and so, if you have a holiday cottage, why don't you give us a call and we can give you information and advice with no obligation.

Debbie Collins  
Tel: 01326 290162  
e-mail: info@cadgwithcovecottages.co.uk  
Website : www.cadgwithcovecottages.com



# *Rector's Ramblings*

I'm sure most, if not all, of us are familiar with the Nativity scene – in a shop window, a shopping mall, a school, a church or chapel; and on Christmas cards:- the stable, the donkey (no doubt tired by now); the oxen standing by; the hardworking shepherds with, perhaps, a few sheep who had followed them down the hill; the three Wise Men from the East (although their presence is 'artistic licence' because, actually, they didn't arrive until a year or so later).

There, too, are Mary and Joseph – exhausted from having to travel so far to do the census thing; exhausted from traipsing around Bethlehem to find somewhere to stay; exhausted from the physical and emotional effort of childbirth – yet proud new parents, elated, joyous, happy and full of wonderment of bringing a new life into the world.

I wonder: who and where *you* be in this Nativity scene, as the angels and the heavenly hosts sing "Glory to the new-born king", and the star – that guiding light – shining above?

Perhaps you, too, are a new parent or grandparent, and share the joy felt by Mary and Joseph as they gaze on their son? Maybe you have had a long and tiring day at work and wonder why you are there at all, instead of being at home in front of the fire with your feet up and a glass of something in your hand? Or perhaps, like the Wise Men, you have travelled hundreds of miles just to be part of that scene?

Then, maybe you are not in the scene at all, but are somewhere on the outside in the cold and dark, either having chosen *not* to be there, or you just haven't heard the news yet about this life-changing baby?

Right at the centre of this Nativity scene is the Infant Jesus: a small, vulnerable and weak new-born, whose very presence has already transformed the lives of those gazing on him in wonder, and who will go on to transform the world.

This Christmas, may *you* be part of that Nativity scene, and may *your* life be transformed anew – or, perhaps, for the very first time.

Wishing you a very happy Christmas and a peaceful New Year.

Revd Deirdre

deirdre.mackrill@btinternet.com

---

Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Sharpe, Priest-in-Charge	280999	The Revd Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583	Church Treasurer, Revd Sharpe	280999



# Church Services



## Church of England Services

### December

Sun 2 <sup>nd</sup>	Morning Praise, St Ruan Church	11.15am
Sun 9 <sup>th</sup>	Holy Communion, St Ruan Church	9.30am
	Christingle at St Grade Church	3pm
Sun 16 <sup>th</sup>	Nine Lessons & Carols, St Ruan Church	6pm
Thu 20 <sup>th</sup>	Nativity at St Mary's Church, Cadgwith	3pm
Sun 23 <sup>rd</sup>	Morning Praise, St Ruan Church	11.15am
<b>Christmas Eve</b>	Midnight Mass, St Wynwallow Church	11.30pm
<b>Christmas Day</b>	Family Communion, St Ruan Church	10am
Sun 30 <sup>th</sup>	Morning Praise, St Wynwallow Church	11.15am

### January

Sun 6 <sup>th</sup>	Morning Praise, St Ruan Church	11.15am
Sun 13 <sup>th</sup>	Holy Communion St Ruan Church	9.30am
Sun 20 <sup>th</sup>	Family Service, St Ruan Church	11.15am
	Evening Praise, St Mary's Church	3pm
Sun 27 <sup>th</sup>	Holy Communion, St Ruan Church	9.30am

## Methodist Services

**Rev'd Fran Johnson 01326 240200**

Service at 11.00 a.m. Each Sunday

## Roman Catholic Mass Times

Sunday 9.00 a.m. at St Mary's, Helston

**NB (Change of mass time at Mullion as from 2<sup>nd</sup> December)**

Sunday **11.30 a.m.** at St Michaels Church Mullion

Resident priest - Fr James Courtney O.S.B.

email:helston@prcdtr.org.uk      phone 01326 572378

Emergency Contact: 07771507875

Other information can be obtained at

[www.falmouthcatholicchurch.org.uk](http://www.falmouthcatholicchurch.org.uk)

# RE

## TONKIN & SON

FUNERAL DIRECTORS LTD

Serving Helston & The Lizard Peninsula for over 35 years

Providing traditional, modern, green,  
low cost and pre-paid funeral options

T: 01326 240752

E: retonkinandson@yahoo.co.uk

W: www.retonkin.co.uk

**Mr Mark Oldfield**

## Oldfield Plumbing Services

Fitted Bathrooms & Showers,  
Tiling and general plumbing &  
Building Maintenance

Eskelly Gwydn, Prazegooth Lane  
Cadgwith. TR12 7LB

07768 935250 / 01326 290341

oldfiema@aol.com





# Christmas Greetings



- 🌲 To all neighbours and friends. A Merry Christmas and a prosperous New Year 2019. Best wishes from **Thelma Quirk**.
- 🌲 **Cathy and Brian** would like to wish all their friends and neighbours a peaceful Christmas and a healthy New Year.
- 🌲 A merry Christmas and a happy New Year to all my friends and neighbours, people and doggy! Love from **Ann and Ross** (the dog).
- 🌲 **Terry and Deborah Stephens** wish all their friends and neighbours a Merry Christmas and a Happy New Year. Xx
- 🌲 Happy Christmas and best wishes for the New Year from **Anne and Peter at White Feather**.
- 🌲 Wishing all my friends and neighbours a Merry Christmas and a happy and healthy 2019 from **Moira Hurst**.
- 🌲 **Jutta & Bob** wish their friends, neighbours and builders a very Merry Christmas and a wonderful New Year.
- 🌲 To all our friends. Unwrap yourself a joyful Christmas and have a rocking New Year. Warmest wishes. **Stuart and CC**. xxx
- 🌲 Wishing everyone a very merry Christmas and a happy, safe and healthy 2019. Love from **Dom, Alison and family**.x
- 🌲 **Marcia and Keith Johnson** would like to wish everyone a Very Merry Christmas and a Happy New Year.
- 🌲 Wishing all our friends and family a Very Happy Christmas and a Magical New Year ahead! Lots of love **Liane, Len, Mailli Rae and Tamlyn** xxxxx
- 🌲 **Marea Downey and her family** want to wish all their friends and neighbours a joyful and peaceful Christmas and a healthy and happy 2019. We will not be sending out paper Xmas cards, but our good wishes to you all are as sincere as ever.
- 🌲 Merry Christmas greetings and all good wishes for a happy and healthy 2019. From **Paul and Pam**.
- 🌲 To all our Family and Friends: wishing you a cracking Christmas and a very Happy New Year. Love from **Skinny and Mags** xx
- 🌲 **Helen Mitchell** would like to wish all friends and neighbours a very Merry Christmas and a Happy New Year.
- 🌲 **Jane and Peter** from Roselyn Ruan Minor would like to wish everyone in Grade Ruan a very Happy Christmas and Best Wishes for a prosperous happy and healthy New Year!
- 🌲 **Gill and Colin Thomas** wish all their friends a Happy and healthy New Year.



# Christmas Greetings



- ▲ **Isobel Sterling** will not be sending cards this Christmas but wishes her Friends and Neighbours a Merry Christmas and a Happy Healthy New Year.
- ▲ **Bruce and Glynis Jordan** would like to wish everyone a Merry Christmas and a Happy Healthy and Peaceful New Year.
- ▲ Wishing all our friends and neighbours a joyous Christmas season. Much love **Paul and Carolyn**. x
- ▲ **Ken Eustis** would like to wish family and friends a Merry Christmas and a Happy New Year.
- ▲ A very Merry Christmas and healthy and Happy 2019 to all friends and neighbours. Love from **Peg, Sarah, Rob and Boysie**. x
- ▲ Wishing all my friends and neighbours a very Happy Christmas and a happy and healthy 2019, from **Julie Sturman & Fran**
- ▲ Have a very Merry Christmas and a healthy and happy 2019. Love from **Tim, Sandra, Sam and Lauren**. X
- ▲ Wishing all family, friends and neighbours a very Merry Christmas and a Happy Healthy and Peaceful New Year. Happy Brexit (fingers and toes crossed). With love **Nicky, Ian, Ray, John**. Lots of woofs from **Samson and Ruby**.
- ▲ **Diana and Peter Martin** wish all their friends and neighbours a very happy Christmas and New Year.
- ▲ Wishing all our family and friends and neighbours a very merry Christmas and a happy and healthy 2019. Love from **Juliet and Martin Edwards**.
- ▲ Happy Christmas to all our friends and neighbours in the parish, we hope you have a healthy and happy 2019. From **Stephen, Judith, James, Robbie, Jack and Lucy Green**.
- ▲ Frohe Weihnachten! **Edith and Arnold Kuesters** wish all their friends a Very Happy Christmas and a Peaceful and Healthy New Year. You know who we think of...
- ▲ Happy Christmas and Best Wishes for the New Year. From **Mary and Brian Jenkins**.
- ▲ Best wishes to all for Christmas and New Year. Good health and happiness always look after each other. **Yvonne**.
- ▲ Wishing everyone an amazing Happy Xmas and prosperous New Year from **Everyone at Westie-Way** xx
- ▲ **Johnno** will not be sending Christmas cards this year, but wishes you all the very Best for Christmas and New Year.
- ▲ Happy Christmas to all our friends and neighbours at this very special time of year. Love **Stevyn and Debbie** x

# Sundays are fun days for all the family at the hotel

Join us for a swim in our indoor pool and then sit back with a traditional Sunday lunch in our Vista Lounge, with its stunning sea views.



After lunch, wrap up and take a stroll on the beach or along the stunning coastal path right here on our doorstep. Let the kids loose to play, while you make time to sit back and relax or maybe have a spa treatment?



- \* Sunday lunch and swim is available to non hotel guests between 12pm – 2.30pm
- \* 2 course lunch £16.50 per person
- \* 3 course lunch £23.00 per person
- \* Children's 2 course lunch £10.50 per child
- \* Enjoy delicious food and family fun - what a great way to spend a Sunday



## POLURRIAN\* Bay Hotel

To book call 01326 240421  
or email [info@polurrianhotel.com](mailto:info@polurrianhotel.com)  
Polurrian Bay Hotel, Mullion, TR12 7EN



T&C's Apply





# Grade-Ruan Under 5s

Here we are heading back into December, as 2018 draws to an end. This year has seen many positive changes for GRU5s and we are very proud of all we have managed to achieve, even when some thought we were crazy! Our biggest accomplishment has to be opening our Under Two's Room. We are overwhelmed with the amount of support this has had and we are very busy. We currently have no space left on a Wednesday, who knows, we may have to look at taking on a fifth member to our fabulous team!? Breakfast club is also running two mornings a week due to demand, we can open on the other two mornings also if needed.

All of our achievements this year however have only been able to happen so well and positively because of the amount of support we have received from the community. This includes grants and opportunities to fundraise at events. We cannot thank you all enough: The Community Trust, The Parish Council, The Village Hall Committee, The Recreation Ground and Pavilion, The Gig Club and The Vintage Rally. The school has also supported our use of outdoor space as we joined forces to refurbish the school garden for all the children to share. We must also thank the individuals that have donated yummy cakes to sell, bric-a-brac and given time to support us.

Our most recent donation from The Vintage Rally has had such a tremendously positive impact on our outdoor space. We can offer a free flow outdoor space and separate large physical area for all of our children to access. The children are thoroughly enjoying being able to get outside every day.

We head into the New Year positively and excited for the future of GRU5's as we continue to grow from strength to strength.

Since returning from October half term we have been providing hot lunches for the children. This has gone down very well and the children have been able to enjoy a hot lunch every day and try new foods. The children have demonstrated beautiful table manners and even help to prepare their own meals on some days.

Coming up in December we have our Christmas Fair on Saturday 1<sup>st</sup>, 10-2pm in the village hall. Refreshments will be available, including pasties, sausage rolls and of course mince pies! There may even be a special visitor!

Wednesday 19<sup>th</sup> December sees the term come to an end for us, but we will be busily preparing for our Christmas film night on Sunday 23<sup>rd</sup> December from 5pm. All welcome as we cosy down to watch The Grinch (original!) with hot chocolates, popcorn and pasties. Please see our posters for more info.

The children will also be partaking in Save The Children's Christmas Jumper Day on Friday 14<sup>th</sup>. We will be selling some cakes to support the charity, so do pop by to buy some or give a donation for Save The Children.

Children In Need in November saw children and adults alike turn very spotty! We sold spotty cakes, and took part in the Virtual Duck Race held by Children In Need over social media. It was great fun to watch. We made £42.75 in total.

Coming up in January 2019: Return to pre-school, Monday 7<sup>th</sup> January.



# Recreation Ground News



See us on Facebook:  
"Grade Ruan Recreation Ground"

Typical - after a long hot summer, followed by a mild October - along comes our Firework Display and it rains all day! Instead of the anticipated nearly 1000 people, I think there were maybe 150! As ever, Roddy put on a fantastic display - worth far, far, more than he asks us for. I think we broke-even and maybe made a small profit, so nothing to complain about really. I have to remind myself that when we started to run the annual firework displays, the intention was never to make a profit, but just to put something on for the village to enjoy - it's only since Roddy got involved, and we decided to provide a bar (initially in the old building, then from a shipping container next to the building site - as the new Pavilion was being built) that we started to make significant profit from the event. We've been lucky with the weather for the last few years, so can't complain.

As you know, the Football Club organised the drainage improvements and other works to the field over the Summer. Unfortunately, due to the heavy clay underlying the field, the planned drainage improvements had to be done a different way and a lot more top-soil was needed to level the surface than expected - this led to the project costing a lot more than they had budgeted for, or could raise funds to meet. As the Recreation Ground Committee is responsible for the upkeep of the field, we were

happy(ish!) to take over the project and cover the costs. We are grateful that the principal contractors have both agreed to schedule payment over an extended period - a big "thank you" to Steven Green and Matt Hendy for their help and understanding! The first round of payments will have to come from the funds we had set-aside for the kitchen project, so we are grateful to the Parish Council for agreeing a grant to enable us to continue with the work, and we are talking to the Community Trust about a small grant also, so, along with the remainder of the monies raised by the football club this will be fully funded and have no impact on cash-flow for the kitchen. The remainder of the bills for the field improvements are scheduled to to be paid next year, by which time we will have built up the funds to cover from income over the Winter.

With all that sorted out we are now proceeding with the kitchen as planned.

We have a few special events planned this month - on the 8<sup>th</sup> of December we will hold our annual party on the anniversary of opening the new Pavilion. We're still sorting out the final details, so watch our Facebook page for updates. Also, we will probably be opening on Boxing Day - with the Cadgwith / Lizard mummers making an appearance (hopefully) - again, watch the Facebook page for updates!

Cont...

We will not be holding a New Year's Eve party this year.

We are also opening the bar every Friday between 5pm and 7pm (or later if people want!), most Thursdays from 7.30pm for darts or euchre matches (sometimes both!) and Wednesdays for ladies darts - another plug for the Facebook page to see what's on! After a break, yoga is starting again - Mondays ("beginners" session), Tuesdays and Thursdays, starting at 6pm - contact Tanya for details.

Many thanks for your continuing support,

*Mike Fleetwood,  
Chairman,  
Grade Ruan Recreation Ground*



### **Crafty Slice**

#### **Coffee Shop & Cornish Crafts**

Mullion 01326 240381

Mon – Sat 9.30am til 5pm

Mondays Golden Oldies  
Wednesdays Weekly Roast

Now taking Bookings for  
Christmas Meals

Keep up to date and see our  
Christmas Menus on our  
Facebook page



## **L.H. WILLIAMS Tree Services**

**Fully insured, trained, experienced, local Tree Surgeon and Consultant**

- Complex / large tree removals
- Pruning
- Emergency call out 24/7
- Planting & aftercare
- Surveys, inspections & reports
- Firewood and mulch/woodchip
- Portable milling planks/beams
- Large hedge trimming

**Call or email Liam for a free quotation**

**07791540207      01326 290961**

[TreeServicesCornwall@gmail.com](mailto:TreeServicesCornwall@gmail.com)

[www.TreeServicesCornwall.co.uk](http://www.TreeServicesCornwall.co.uk)

# TRIMMING

GARDEN RESTORATION & MAINTENANCE  
FULLY TRAINED AT MERRIST WOOD IN ARBORICULTURE & HORTICULTURE  
LET US RESTORE YOUR GARDEN TO IT'S FORMER BEAUTY

ANY GARDEN SIZE WELCOME

&

WORK CONSIDERED

PHONE US FOR A CHAT ABOUT YOUR GARDEN

MOB: 079 84 64 96 98

TEL : 01326 29 05 86

RUAN MAJOR, LIZARD



## CHENPUMP UK LTD

THE PUMP DIVISION OF CORNWALL PUMP & MOTOR REWINDS LTD  
BOREHOLE DRILLING, WATER FILTRATION, PUMP AND ELECTRIC  
MOTOR SPECIALISTS

BOREHOLES \* WELLS \* PRIVATE WATER SUPPLIES  
SEWAGE PACKAGE STATIONS \* SWIMMING POOLS \* POND PUMPS \*  
MARINE PUMPS \* PH, UV, IRON AND UNDER SINK WATER FILTERS  
PRESSURE BOOSTING \* DIRTY WATER SYSTEMS  
HIGH PRESSURE JETTING \* SERVICE & MAINTENANCE CONTRACTS

ELECTRIC MOTOR REWINDS, SALES & CONTROL PANELS  
SITE & FULL WORKSHOP SERVICE

24hr Penzance 01736 330440

St. Austell 01726 879579

info@chenpump.com

www.cpmr.co.uk

www.chenpump.com

A family company providing a professional service  
Branches in St Austell, Penzance and Plymouth



## GRADE RUAN C of E SCHOOL



Grade Ruan School has had a very busy Autumn term with plenty of exciting events enjoyed by all. It was lovely to return to a newly painted playground wall, dazzling in the sun and a revamped 'Ray of Sunshine' shed Thank you to Kevin Cryan and Len Carter.

We welcome two new members of staff, Mrs Jane Talbot as Assistant Headteacher and Year 5/6 teacher and Mrs Danielle Legge as Year 2/3/4 teacher. Both teachers live and have taught locally on the Lizard.

Early in the term there was great excitement in the EYFS/KS1 Class with the arrival of a large, cascading water play system. This has added the fascinating element of flowing water to their outdoor play area. Many thanks to the Goonhilly Wind Farm Community Fund for their generous grant which enabled the school to purchase the play centre and to parent Mr Mike Hardy for his help with the grant application. It will give many children hours of enjoyment and learning for years to come and we look forward to inviting children from the Grade Ruan Playgroup to come to school to use it too.



More excitement filled the school when we won a competition to design a Christmas card for the Bishop of Truro. From over 400 entries our school won both prizes for their amazing designs! Sophie in Year 5 and Elliott in Year 4 won £25 of book tokens each and the school won £100. Bishop Chris came to the school to present the prizes, meet all the children and lead us in worship.



*Bishop Chris with Mrs Sherlock, Elliott and Sophie*

Cont...



We have kept busy by passing our Bikeability tests, completing 'Bible Explorers' with Jan Ives, setting up our new School Council, reading with André, learning Makaton with Mrs Allen, Anti-bullying Week, Mental Health Awareness Day, PTA fundraising, Children in Need and of course enjoying our regular assemblies with Revd Deidre and the great 'Open The Book' team! All the children have enjoyed taking part in trips to various locations including Falmouth Maritime Museum and the Lizard Lighthouse to support our learning about 'Triumphs and Disasters'.

At the end of this term we sadly have to say farewell to our wonderful Headteacher – Mrs Wendy Sherlock. Many of you will remember Mrs Sherlock starting at Grade Ruan C of E School in 2008 as a newly qualified teacher. Since then she has worked with unstinting dedication to teach, inspire, motivate and protect the pupils at our school as well as many others across the Lizard. We will miss Mrs Sherlock and wish her all the very best in her retirement.

**Diary Dates:**

Infant Nativity – Tuesday 11<sup>th</sup> December, 2pm & 6pm in School

Junior Nativity – Monday 17<sup>th</sup> December, 6pm in the Chapel

Carol Concert – Thursday 20<sup>th</sup> December, 11.30am in the Church

End of term - Thursday 20<sup>th</sup> December, 12pm

Start of Spring term – Monday 7<sup>th</sup> January, 2019

***All the children and Staff at GR School wish you a peaceful Christmas and Happy New Year.***

*Jane Talbot*

*Assistant Headteacher*

*secretary@grade-ruan.cornwall.sch.uk*



Elliot's winning card design



Sophie's winning card design

On 10<sup>th</sup> December 1886, the Hamburg barque 'Mexico' was en route from Liverpool to Guayaquil, Ecuador carrying a mixed cargo. She was caught in a violent gale and, amidst very heavy seas and snow showers, she ran aground on the perilous sandbanks in the Ribble Estuary. Lifeboats were launched from Lytham, St Annes and Southport in an attempt to rescue the stranded crew. **RNLB EMILY**



**CREW OF RNLB CHARLES BIGGS**

**FERNLEY** from Southport and **RNLB LAURA JANET** from St Annes were the first boats to launch but, tragically, they both capsized in the dreadful conditions and 27 of the 29 crew perished. The third boat, **RNLB CHARLES BIGGS**, launched on its maiden rescue and, after rowing 1½ miles through the most awful waters, was able to save the 'Mexico's' 12 crew members.



**HAMBURG BARQUE 'MEXICO'**

This rescue remains the worst loss of crew in a single incident in RNLB history and left 16 widows and 50 children without fathers. A public appeal was launched to support these tragic widows and orphans which attracted, amongst many others, donations from Queen Victoria and Kaiser Wilhelm. Building on this support, an 1891 appeal in the north of England raised £10,000 in just two weeks and, in the same year, Sir Charles Macara and his wife Marion or-



**RNLB CHARLES BIGGS**

Cont...

**ganised the first LIFEBOAT SATURDAY. Taking place in Manchester, this was the first recorded charity street collection and raised over £5,000 for the RNLI.**



**THE FIRST STREET COLLECTION - MANCHESTER 1891**

**Marion Macara formed a Ladies Guild to help organise street collections and within 10 years more than 40 Ladies Guilds had sprung up around Britain and Ireland. The RNLI's income had doubled and the forerunners of today's fundraisers and fundraising activities had been established.**



**THE DUBLIN LADIES GUILD 1901**

**The fascinating and emotive story of the RNLI is documented in many different ways and locations. From its foundation by Sir William Hillary in 1824 through to the present day, the history, development and improvement of**

**the service together with the brave and often heroic actions of crews and volunteers is chronicled in lifeboat stations, visitor centres, museums, media forms and computer archives. The Kilcobben Cove Boathouse is no exception. The Lizard Lifeboat Visitor Centre provides a comprehensive insight into many of the crews, boats and shouts from back in 1859 when it all began at Lizard Point and Polpeor with *RNLB ANNA MARIA*, right through to the present day with our magnificent Tamar Class lifeboat *RNLB ROSE* and her crews providing such a wonderful service to all who use the surrounding waters and coastline.**

**Each year we have many visitors from all over the UK and, indeed, from many countries around the world. We try to cater for all interests and age groups in the visitor experience we provide and the RNLI itself is keen to spread the 'Respect The Water' message from as early an age as is possible. It has been particularly**

Cont...

**pleasing for us to have received many compliments from parents bringing younger children to visit the Station who have said thank you for presenting our heritage displays in a manner which firstly gains and then is able to hold the attention of their youngsters. In addition to the obvious need for improved safety levels it is, of course, important to continue with this policy for, after all, our young visitors of today are the crews, fundraisers, members and supporters of the future.**

**FLOW PATROL**  
24h drainage solutions

Your local drainage experts for:-  
 CCTV Surveys  
 Blocked drains  
 Drain repairs  
 Septic tanks  
 Soakaways  
 treatment plants  
 & pump stations

Repaired, maintained & installed

Fully insured & insurance approved

Call Robin or Dean on  
**Tel: 01726 824209**

# KUGGAR STOVES (01326) 573643

St John's Business Park, Helston

Over 60 display models including

- VILLAGER
- HUNTER
- STOVAX
- AAROW
- JOTUL
- YEOMAN

at unbeatable prices



Glass Supplied For All Stoves



Closed All Day Sunday

**9am-5pm Weekdays 9am-1pm Wednesday 10am-2pm Saturday**



## Ruan Minor Football Club News



See us on Facebook:  
Ruan Minor Football Club"

We are pleased to report that RMFC is still unbeaten this season, having now played 8 games, winning 7 and drawing 1, and are up to 5<sup>th</sup> in League with 6 games in hand on the leaders. Our latest results included; an away win 3-6 to top of the league Frogpool which saw a superb goal from Jack 'good looks' Green and goal of the season contender from Will 'pretty boy' Trewin; a home 3-0 win against Ludgvan with goals from Sean 'x factor' Haskell-Mills & Joe 'have it' Bray for his 2 goals and Man of the Match performance; a home 3-0 win against Chacewater in the Percy Stephens Cup, and finally a hard earned draw away to Ludgvan 3-3.

Special mentions this month go to Leon from Desola Construction for sponsoring the match against Ludgvan and also for paying for our new RMFC Dug Outs (see picture) and to Ian Henn for making them and also to Claire Louise Bollard from The Store Ruan Minor for sponsoring the match against Chacewater and presenting the bottle of bubbles!.

Our upcoming fixtures are as follows;-

1/12 – Home to Redruth United 2pm K/0 – Lockhart Cup

8/12 – Home to Redruth United 2.30pm k/o

15/12 – Away to St Day 2.30pm k/o

22/12 – Home to Mullion 2.30pm k/0

**26/12 – Away to Lizard for 'old boot' To Be Confirmed**

5/1 – Away to Falmouth 2.30pm k/o

12/1 – Home to New Inn Titians 2.30pm k/o

Final thanks to everyone on match days that make it happen, including Wayne Briggs & Keith Yerrill for preparing the pitch, Sarah Legge for the scrummy food, Our President Michael Halliday with the Kit & Balls, Victoria & Gemma behind the bar, Chris Jumunjy Hunt for all the photos, our match sponsors and finally to our supporters that cheer us on in the Sunshine and Rain ..... hope to see you all again soon and **UP THE RUAN !!**

Cheers

Gary, Wayne & Danny

Cont...





Joe Bray - DeSola Man of the Match with Leon DeSola and Wayne Briggs



Joe 'have it' Bray and Jack 'good looks' Green



Sean 'x-factor' Haskill-Mills



Liam 'no nonsense' Chapman



New RMFC and DeSola dug outs

Photos by Chris Hunt



The perennial problem of anti-social dog owners who don't pick up after their pets has come into focus again recently (although it never really goes away). **Julia Smith** has sent this reminder about dog owners' responsibilities.

We all do love to live in Ruan  
However I feel there is trouble a'brewing  
We walk our dogs up hills and lane  
Either through sun or in the rain  
The joy however does quickly pass  
As picking up poos is a yucky task.  
All dog walkers know it must be done,  
Though certainly it ain't no fun.  
We often see along the street  
Smelly poos under our feet.  
The dogs can't pick up their own poo  
The responsibility lies with you.  
It's everyone's duty to pick up dog poo  
So, if you're walking your dog, you should do it too.

# MULLION MECHANICS

## FULL WORKSHOP FACILITIES

- \* SERVICING TO ALL PETROL & DIESEL VEHICLES
- \* AIR-CONDITIONING SERVICING & REPAIRS
- \* ECU & ABS FAULT CODE READING
- \* GENERAL VEHICLE REPAIRS
- \* MOT REPAIRS
- \* EXHAUSTS

**01326 240620 or 07977 596366**

## PEGGY THOMPSON

*A Profile by Denise Allen*

Just about everyone in the community knows Peggy, but do you know her story? Here it is.

Peggy was born on 8 March 1935 and named Margaret Patricia Boyle. She was born at home in Blackfriars Road, London. This was before the days of giving birth in hospital or with the help of a midwife, so her granny helped her mum with the birth.

Peggy's most significant early memories are about being evacuated during the Second World War. When she was 4 years old, in September 1939, she was evacuated with her seven year old sister Lucy and her whole school to Peacehaven in East Sussex. The girls didn't stay long with the couple they were billeted with and her mother collected them to return to London at Christmas 1939. Peggy remembers being beaten for wetting the bed but she's not sure if this is why her mum collected her and her sister, or fear of invasion on the South Coast.

She was only home a short time, as in June 1940 Peggy and Lucy were evacuated to Cornwall. Peggy remembers all the children from the local girls' and boys' schools in London being evacuated and some of the teachers accompanying the children here. The children were all taken to Ruan Minor Village Hall where they were chosen by local people, with "the farmers choosing the big boys". Peggy remembers her and her sister crying when chosen and someone saying "You'll have a lot of trouble with those two tonight," to the couple who picked them. That couple became Auntie May and Uncle Giff and they took the girls home to their house, Mount Pleasant. Auntie May and Uncle Giff were Methodist and tee-total, which was different from her parents – her father was part Irish and baptised as Catholic and he and her mother enjoyed a drink, though not to excess. This different household had different expectations too, and Peggy remembers walking to the Methodist Church in Ruan Minor 3 times a day on Sundays. She also remembers being encouraged to read and she knows that Auntie May and Uncle Giff had a big influence on her and Lucy. Peggy knows being evacuated gave her the opportunity to choose what she did in her life – but more of that later.

Peggy recalls that during her time when evacuated here all the villagers were so kind to all the evacuees. "Every villager in the Cove took in at least one evacuee and they were all so open-hearted." Auntie May's family – the Janes in Veronica cottage - put things in Peggy's and Lucy's stockings at Christmas. "Nowhere was locked and everyone was Auntie. There was no nastiness from the local children, except for a dispute one year about who should have the lead role in the nativity play!"

All the children had a wonderful time in the summer and they all used to congregate in the Cove. Every cottage was lived in and the children went through phases of favourite games. The evacuees went to school in the Methodist Hall and the headmaster was in charge of them, even at the weekend. They had the whole place to play in and used



Cont..

Peggy Thompson, cont.

to run through the cellars, through the Square and out to the top road opposite Corner House. Peggy feels it was an exciting and interesting place to grow up. All the children would troop up and down together to school in the morning, at lunch time and the end of the day "sounding like a flock of birds with all their twittering".

Every Christmas Eve the children would dress up and go carol singing. They would knock on a door, be invited in and had to sing a carol before being given 6d. For Peggy and the other evacuees it was a very happy childhood, despite the war. There was a cinema in the village hall on Friday nights and small children would be at the front and courting couples at the back. A couple from Mullion would operate the projector "which was always breaking down". In the summer Peggy and her friends loved swimming and would leave their costumes and towels in a boat on the beach and after the movie go for a swim before going home. In the 1940s "Seagulls Cry, which was Phoebe Rogers' husband's workshop, very kindly gave us girls the use of this building which became our clubhouse," and the older children would drag the little ones in to watch their shows. The children would collect things and hold a sale to raise money for the Red Cross. "Everyone was wonderful to us."

Peggy's younger sister, Mary, was evacuated here and lived with a couple in Chapel Terrace. Peggy's mum was eventually bombed out in London and she was moved here with another younger sister, Eileen, to the Chauffeur's Garage at Bodrivy, which had a crenulated roof at that time. Peggy's granny used to come and see her and all the children and her daughter and got to know Auntie May and Uncle Giff. Even her mum's three sisters came once on holiday. In 1945, Peggy remembers going back to London but then returning to Cornwall immediately and here she stayed until 1946, when her Aunt Lil came to collect her to go home as her dad was returning from serving in Burma.

Peggy had ideas of nursing for a career but her parents could not afford to support her, so she went to a secondary modern school where she pursued a secretarial course. At the age of 16, Peggy started her first job doing secretarial work. She met her future husband Ted there. They got engaged when she was 20 years old and married the following June. About six years later, their daughter Sarah was born.

Peggy decided to send Sarah to the school where she felt she had done really well, which was in Ruan Minor so the family moved to live with Auntie May and Uncle Giff in Mount Pleasant. There is further explanation to this dramatic change of home. In 1961, Uncle Giff was building a bungalow in Falmouth for him and Auntie May to retire to so they wanted to sell Mount Pleasant and at that point Peggy and Ted decided to buy it as a home for the future. In 1962 Auntie May became very unwell and Peggy returned to Cornwall to care for her until she recovered. However, when Peggy and her family moved in 1970 Auntie May's eyesight was very poor so they all lived together in Mount Pleasant.

In 1972, Robert arrived as an unexpected surprise and Peggy remembers receiving "a lot of stick about it from the locals". Auntie May had never experienced a new born baby in the house and she delighted in spending all her time with Robert and Sarah.

During the 1980s Peggy became Secretary of Grade Ruan Horticultural Show.

Cont..

Together with Christine and Ronnie Jane and the Grade Ruan school children, they produced five Christmas Pantomimes. "Each summer, Chris and I organised the Village Carnival – all great fun." Peggy's most satisfying achievement: "Teaching a number of local children to swim – they still remind me."

Peggy worked during the 1970s and 1980s by waitressing at the Cadgwith Cove Inn and the Old Cellars. However, in 1987 Peggy and Ted found positions as cook / housekeeper and chauffeur / handyman for Lady Butler, the wife of Rab Butler, the Conservative politician. In 1996, Peggy had a heart attack and was admitted to Addenbrooks hospital where her diabetes was discovered. When fit enough to travel, she and Ted returned to Cornwall and Mount Pleasant, and she has been here ever since.

In 1999 Peggy helped to organise the 1930s -1940s Grade Ruan School reunion and she still has a wonderful article from The Packet which records this momentous occasion. She continued to work locally for a number of years: crab picking in the Cove until 2002, and then from 2003 until 2011 working part time at Rozen Show Room. "I really did retire then!"

When Peggy returned to London at the age of 11 she knew she wanted to live in the country and "twas meant to be" that she should live here and "being evacuated here gave me the opportunity to choose. I will always be grateful that fate sent me to Grade Ruan Parish."



- Injury assessment and rehabilitation
- Advanced massage/soft tissue techniques
- Remedial exercise and advice
- Pre/post event sports massage
- Rock taping
- Improve posture and function



Katie Evans (BSc Hons; BTEC level 5; IRSM; STA)  
[www.movewellsofttissuetherapy.co.uk](http://www.movewellsofttissuetherapy.co.uk) fb; twitter; instagram

Based in a lovely rural setting in Breage 07971 294554



# Treleague Dairy

Local Cornish Milk "As It Used To Be"

Your local farm shop selling our own free range milk, butter, cream and pork, free range eggs, local veg and cheese, freshly baked bread daily. Hope's Bread on Thursdays, Fair Trade coffee and chocolate, Roskilly's Ice Cream, gifts and much more.

We now deliver milk, cream, butter, cheese, vegetables and bread from our shop to your door on Mondays and Thursdays. Please call to arrange.

- **Hope's Bread** is available every Thursday. Please order by 2pm on Wednesdays to reserve your choice of bread.
- **Veg boxes** available to order for pickup or delivery
- **Home-made cakes, pastries and scones.**
- **Cream Teas** made with our own delicious clotted cream, our own fresh scones, and 80% fruit Cornish jam.

From 1st November our opening hours will be:

- **10am - 6pm** Mondays, Tuesdays, Thursdays & Fridays
- **10am - 2pm** Wednesdays & Saturdays
- Closed on Sundays.

Why not support your local farm, cut down on food miles and landfill, and enjoy fresh milk in a glass bottle from the cows you see in the fields around you.

Find us at **Treleague Farm** near the crossroads.

Phone: **01326 369123**

Text: **07520 634060**

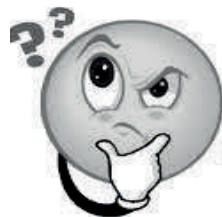
Email: **dairy@treleague.net**



**@TreleagueDairy**

## Christmas Quiz

1. In what century was the first written use of Xmas?
2. In what country did 'Silent Night' originate?
3. In which ocean is Christmas Island?
4. In which English county is Christmas Common?
5. What is the common name for Helleborus niger?
6. What is made from marsh-whorts or fen-whorts?



## Answers to the November Quiz

1. How many lifeboat stations are there around Cornwall and the Isles of Scilly? *14*
2. What is the approximate mileage of the Cornish coastline? *422 miles*
3. Name two artillery forts and who constructed them? *Pendennis Castle and St. Mawes Castle constructed by Henry VIII.*
4. Excluding the Eddystone Lighthouse and those on the end of piers how many Lighthouses are around the coast of Cornwall and The Isles of Scilly? *11*
5. The Cornish peninsula has no inland area more than ... ?.....miles from the sea. *20 miles*
6. Name two sub-tropical gardens near the coastline of mainland Cornwall. *The Lost Gardens of Heligan and Trebah Gardens*

Questions set by Lydia Graham

---

## Grade Ruan Spring Flower Show

Saturday 16<sup>th</sup> March 2019

This is just a gentle nudge to you all that our annual spring flower show will take place once again in the Village hall on Saturday 16<sup>th</sup> March. The classes are open to all to enter so please have a go. You may not have much control on what flowers are ready but there are other classes that you can prepare for like Art, Photography, research your recipes and there will be classes for the young folk as usual. The schedules will be available nearer the time in the village shop around the village and in the surrounding villages of the Peninsula. This year there is a group entry class with a craft element, cookery element and a floral element all themed on a Royal Baby. More details to follow. Please have a go and enter.

*David Endean:*



**National  
Trust**

## National Trust News December 2018

As 2018 draws to a close, we can safely say it's been another busy year! Visitor numbers have risen in the last couple of years, with a few honeypot sites in Cornwall seemingly bearing the brunt of this increase, which is particularly marked during the six weeks of the summer holidays. Kynance, together with Porthcurno further west, has seen a spike in numbers, meaning much more resource needs to be directed towards staffing and managing such places, and balancing what people want from their visit, and what it, as a much loved landscape and important site for wildlife, can support. Whether it be exchange rates, Brexit, Poldark, German speaking nations' love of Rosamunde Pilcher novels, or social media posts fuelling whistle stop visits by glamorous vloggers, forces beyond our control have definitely driven visitor numbers upwards!

Back in the parish, the number of Rangers working out of our Poltesco base has expanded a little, as we've taken on the gardening for our 10 holiday cottages, including 5 at Inglewidden, plus, through a kind single donation, we've been able to fund a two year nature conservation focussed post. Seth, in his first three months with us, has been busy clearing gorse from rare plant hotspots around the Lizard, including outcrops on the cliffs at Poltesco, and in the fields at Bodriggy. The outcrop, above Barn Hill, has been known by botanists for many decades as supporting one of the few native populations of four leaved allseed in Cornwall. Every 3 or 4 years we peel back the scrub to give it the more open conditions it favours.

Last January saw two cliff falls that forced significant rerouting of the coast-path, one between Poltesco and Kennack, and one at the Devil's Frying Pan, Cadgwith. We managed to open both new routes by Easter, but the finishing off is still ongoing, as the new paths settle in. It seems rare to get 1 landslide in a year on land in our care across the peninsula – it seems either to be 0 or 3 or 4 in close succession, as heavy rainfall and possibly freeze/thaw action drive the process. We'll see what this winter brings!

Elsewhere in the parish, our 3 Poltesco based ponies have been doing a grand job grazing the cliffs between Poltesco and Cadgwith and we've followed up with some brushcutting around the outcrops to keep things in tip top conditions for rare plants like twin headed clover and dwarf rush.

We've had rope contractors in pulling invasive hottentot fig on the cliffs adjacent to Bodriggy and near Chough's Ogo this Autumn. This South African

species forms dense mats that exclude virtually all native species. Fortunately it has never been as widespread in Grade-Ruan as it is around Lizard Point, so just a few days every five years or so are needed to keep any regrowth in check on National Trust National Nature Reserve cliffs in the parish.

Please be aware that the sheep have returned to the fields at Bodriggy, so we're asking dog owners to ensure their pets are under control at all times, as unfortunately our farm tenants have had issues in recent years, with sheep being chased and mauled. If you witness any incidents of sheep worrying, or have any other things to report regarding the livestock there, please call Rosuick Farm on 07511 461532.

*Please do call by the Poltesco Shepherd's Huts or give us a ring if you'd like to chat to us about our work locally.*

Lizard National Trust Office 01326 222170  
lizardrangers@nationaltrust.org.uk,  
www.facebook.com/LizardNT



*Christophers*

**INDEPENDENT ESTATE AGENTS  
SUCCESSFULLY SELLING HOMES ON THE  
LIZARD PENINSULA AND SURROUNDING AREAS**

***“we will get you moving”***

If 2018 is the year for a move please do not hesitate to contact us for a free, no obligation Market Appraisal. Or if looking to purchase a property and would like to be added to our mailing list.

**MULLION (01326) 241501 HELSTON (01326) 565566  
PORTHLEVEN (01326) 573737**

**WEBSITE [www.christophers.uk.com](http://www.christophers.uk.com)  
[www.rightmove.co.uk](http://www.rightmove.co.uk)**

**Email [sales@christophers.uk.com](mailto:sales@christophers.uk.com)**



# The Watch House



## Cadgwith's Ice Cream & Gift Shop



Don't Forget -

Last minute Christmas Gifts - Stocking Fillers, etc.

Di & Mike would like to wish everyone  
A Happy Christmas and A Prosperous New Year

Christmas Lights Switch-On - 1st December

Open over the Christmas / New Year Holidays

Thank You for your custom in 2018 -

See You in 2019!

Open April 2019

Tel: 01326 290365

Facebook: The Watch House

Email: [shop@thewatchhouse.co.uk](mailto:shop@thewatchhouse.co.uk)

# Mobile Hairdresser

## Unisex

All services:

Cuts, perm, blow-dry, set, colour, etc.

Rebecca Langdon

07799 898003



City & Guilds

NVQ 1, NVQ 2, NVQ3





# Gardening in December and January

*by David Endean*

Well here we are again in the darkest days of the year. Winter certainly seemed to come all of a sudden with the changing of the clocks this year. The hard frosts blackened my dahlias and the last of the runner beans, then the rains and the winds came, not many wet days but it has heaved it down when it has rained.

I thought this was probably an apt time to discuss indoor plants with the run up to Christmas. Many of you will be buying, receiving and giving pot plants over the festive period and I thought some timely information may help you get the most out of them. You can get some very good deals on plants now for gifts and even better ones just after Christmas as the shops want to get shot of excess perishable stock. I think in general these plants are good value for money as most of them are comparable in price to that bunch of cut flowers alongside them in the supermarket stand and with a little care and attention the pot plant will provide colour and interest several times longer than that bunch of flowers.

Many of the plants that are bought suffer from being brought into and kept in rooms which are just too hot with dry central heating. A cool light room is much better for most, an even temperature of 5 -10° C is ideal for them, although there are some exceptions. The other point which I have touched on is that the air is so dry around the plants causing desiccation and browning of the leaves. The simplest method of overcoming this to stand your prized plant in a saucer which has been filled with a layer of gravel then put water in the saucer. This will keep the air around the plant moist without drowning it. Like bunches of cut flowers, pot plants are not great fans of gas appliances; this is because the increased level of ethylene which is produced causes flower and leaf drop.

Cyclamen like the cool room and saucer treatment. Another tip is that you should only water from the bottom. Do not water the plant until a point where it has just started to flag a little, then put the whole pot in a pan of water and give it a drink for an hour, let it drain and return it to its saucer. This treatment is ideal for those evergreen Japanese azaleas that are so cheerful.

Spring flowering bulbs like Narcissi, Hyacinths and the like all do much better in a cool room, otherwise the flowers may only last a couple of days instead of up to a fortnight. Once these have finished flowering they can be planted out in the garden if you wish; they should flower in 15 months' time.

Poinsettias are the archetypal Christmas pot plants with their regal red bracts and now you see some other shades as well. But they are as fickle as they come. The first thing you need to do is to buy them from a retailer who looks after

cont.....

# *Smugglers Fish & Chips*

Fresh local fish delivered daily

Opening Hours

Thursday, Friday and Saturday

4.30pm - 8.00 pm

until 22<sup>nd</sup> December 2018

Closed January 2019

A big thank you to all our regulars and new customers this year.  
Wishing everyone a Happy Christmas and a peaceful New year

Tel: 01326 290763

1 Kynance Terrace, The Lizard TR12 7NH



## **TELSTAR TRAVEL PRIVATE HIRE**

Local transport for the  
Lizard & Meneage area

**01326 221 007**

them. Do not be tempted to purchase those plants displayed outside the shop or on an outside stall. Once you have got your plant, look after it as they are very temperature dependent. If they catch a chill, they will soon drop the majority of their leaves, spoiling their festive appeal. You can keep your plants from year to year but to get them to produce the colourful bracts for Christmas requires dedication and is rarely worth the effort. To get them for Christmas the commercial growers have to pack greenhouses full and control both the temperature and light levels giving them artificially long nights in the run up.

A gift which is often popular is the Amaryllis bulb or Hippeastrum to give it its proper name. These are dead easy to grow and normally the whole kit and caboodle is given in one package for you to have a floral success. They generally take six to eight weeks to flower and produce a spike with four or five trumpet flowers. The larger more expensive bulbs produce more spikes with more trumpets and so you get a longer display. These are quite easy to keep from year to year, after the flowers you will get a plume of strappy lush green leaves so keep watering the plant and feeding it with a good proprietary plant food up until around August, then stop and lie the plant on its side. This will encourage the leaves to yellow and die back and give the bulb a short dormant period until you decide to start it off again early in the following year. They are not frost hardy so do not put them outside until all risk of frost has gone but they will cope with relatively cool conditions.

Kalancoes or Flaming Katie's have relatively tough leathery succulent leaves with red flowers and so are generally good house plants. Just keep them moist and frost free and they will reward you with several months of flower.

## **James Picture Frames**

*Quality Bespoke Framing  
for artwork, posters, prints,  
sports shirts, canvas, maps,  
photos & cross stitch*



**James Anderton**

Trelawne

Churchtown, Mullion

HELSTON

TR12 7BT

**07534 060 200**

**jamespictureframes@gmail.com**

Some other jobs for the coming months are to remove the last of the fallen leaves from the lawns and on herbaceous plants and shrubs as they can cause rot and disease. The leaves will make great compost. Dig over any spare ground on the veg plot ready for an early start in the spring, tidy the shed and the greenhouse and get the lawnmower serviced ready for next year. Read the garden catalogues and prepare your plant and seed orders and whilst you're about it write your list for Santa and my advice is to do this early so that he has plenty of time to read and source those horticultural items. Then sit back relax and wait to enjoy the first camellia blooms and the snow drops which will appear at the end of January. Enjoy your gardening.



## MARYAM BEST COUNSELLING AND PSYCHOTHERAPY

FACE TO FACE, ONLINE OR BY POST

Your personal concerns matter.

We have one life and deserve to live it well.

Counselling and psychotherapy per full session:

*Individuals £40; couples £50*

Supervision/Consultation per hour:

*Face to face from £40; Online from £36*

Maryam Best MA, MBACP (ACCRED)

Registered

Counsellor/Psychotherapist.

Qualified Clinical Supervisor.

Practising since 1994.



*Email:* maryamsafemail@aol.com  
*Phone:* 01326-290690  
*Web:* counselling-directory.org.uk  
itsgoodtotalk.org.uk

### Local B & B Accommodation



#### HILLSIDE, CADGWITH

Joanna Aplin 01326 290192

joannaaplin@aol.com

www.cadgwith-hillside.co.uk

STUNNING  
SEA VIEWS  
FROM  
HOUSE



#### CHYHEIRA, RUAN MINOR

Jayne and Roy Smith 01326 290343

info@chyheira.co.uk www.chyheira.co.uk

**WE ARE DOG FRIENDLY!**



#### CADGWITH COVE INN, CADGWITH

Garry and Helen Holmes 01326 290513

garryandhelen@cadgwithcoveinn.co.uk

www.cadgwithcoveinn.com

Facebook: cadgwithcoveinn

DOG FRIENDLY.  
ONE NIGHT  
STAYS WELCOME

## **The Things that Float in on the Tide**

By David Leggett

Cornish wreckers of old were resourceful and bold,  
As they surveyed the scene on the shore.

Useful jetsam and flotsam, they usually got some,  
And often they went back for more.

Whether ships timbers fine or a hogshhead of wine,  
And much handsome booty besides,  
Their lives were enriched, as on the beach pitched,  
The things that float in on the tide.

Now for flotsam and jetsam, you go down to get some,  
A bit after high waters hour.

A seagull takes a meal from the corpse of a seal,  
As the tideline you carefully scour.

You slip down with a yelp on some rotting old kelp,  
And other things you can't abide.

There's a mangled tree root and an old welly boot,  
With the things that float in on the tide.

There's some bright orange plastic, some knicker elastic,  
A polythene bottle or two.

Someone's been inept with a used contraceptive,  
There's gobbets of black tarry goo.

There's an aerosol can and a drowned 'Action Man',  
Who lost his left leg when he died.

There's a crab's carapace and a limp cardboard case,  
With the things that float in on the tide.



**Minutes of the Grade Ruan Parish Council meeting held at the Sunday School Room, Methodist Chapel, Ruan Minor on 15 October 2018 at 19:30.**

**103/18 Persons Present/Apologies**

Present: Cllrs Preston (Chair), Green (Vice Chair), P Collins, Fleetwood, Lee, Stephens, Trewin.

Apologies: Cllrs Bosustow, Clifton, Freeman. Cllr Rule CC.

Absent: Cllr S Collins

In attendance: L Dunkley (Parish Clerk); 9 members of the press/public.

**104/18 To Receive Declarations of Interest / Dispensations.**

Cllr Preston declared an interest in PA18/08161 (Bruggan Farm).

**105/18 Public Participation.**

B Watson spoke against PA18/02573/PREAPP, stating that some alterations are not minor, as stated, and that the proposals may impact on privacy of the adjacent property.

P Aplin spoke against PA18/02573/PREAPP, stating concern that a single storey building will be extended to two-storey.

W Elliot spoke on PA18/08161, giving details on the conditions required as a neighbour and highlighting various issues around noise pollution, highways and loss of privacy.

J Richards gave context to PA18/08161 and addressed some issues of the neighbour as above.

106/18 **Reports from outside bodies.** None.

**107/18 Council Meeting: Minutes 10 September 2018**

**RESOLVED** that the Minutes of the Meeting of the Council held on the above date having been previously circulated, be taken as read, approved and signed. Cllrs Lee / Stephens, 6 voted in favour, 1 abstained: Cllr Fleetwood. No matters arising **NOTED**.

*\*Cllr Preston left the room*

**108/18 Planning Applications for consideration**

PA18/08161: Conversion of existing barns to form one permanent dwelling and 3 holiday let units. James Richards. Bruggan Farm Ruan Minor TR12 7LQ. The Council welcome the dialogue between the applicant and the neighbour to compromise on various issues and, with this in mind, support the application. Proposed and seconded.

Amendment: to support on condition that the residential building is tied to adjacent agricultural land for use by agricultural workers. Proposed and sec-

cont...

ended. 2 voted in favour, 4 against.

Original proposal was resolved. 4 voted in favour, 2 abstained.

*\*Cllr Preston re-entered the room*

108/18 cont.

PA18/08578: Demolition of redundant telephone exchange & replacement with timber building to store motorhome. Mr & Mrs Mudford. Old Telephone Exchange Redgate Quarry New Rd Cadgwith TR12 7LB. The Council support the application but request that the Planning Officer suggest that potential for screening and landscaping at this prominent site – a gateway to Cadgwith – is maximised and that building materials include the use of stone rather than timber where suitable. Proposed and seconded. Unanimous.

PA18/09051: Construction of conservatory to the rear. John Benwell. 36 Higher Moor Ruan Minor TR12 7JJ. No objection proposed and seconded. Unanimous.

109/18 **Planning Applications decided since last meeting.** None.

110/18 **Pre-applications, consultations and appeals.**

**NOTED** the Crantock Parish Council Judicial Review in respect of their Neighbourhood Development Plan. No further action required.

PA18/02573/PREAPP: Pre application advice for amendments to approved application PA12/08391. Chris Stout. Land West Of Atlinto Cadgwith Ruan Minor Helston Cornwall TR12 7LA. The Council have not been approached by the applicant for feedback, and the Council have received concerns.

111/18 **Grant request: Helford River Children's Sailing Trust**

**RECEIVED** as above for an unspecified amount towards funding children's lessons, including additional requested information regarding the accounts of the organisation, the sources of income, and the amounts granted by other Councils.

**RESOLVED** to award £250. Cllrs Lee/Trewin. Unanimous.

112/18 **Finance report and Payments**

**RESOLVED** to adopt the most recent Finance Report and authorise the payments of Accounts Outstanding:

Mr L Carter	Cleaning	20.00
EDF Energy	Lighting	16.00
Ruan Minor FC	Grass cutting at play area	50.00
Biffa Environmental	Empty Cadgwith dog bin minus refund	84.58
HRCST	Grant	250.00
Staffing		659.79

Cllrs Green/Trewin. Unanimous.

cont...

### 113/18 **Committee meetings**

**CONSIDERED** dates for a Finance Committee meeting to discuss the budget, and a Staffing Committee meeting to discuss the annual review of the Clerk.

### 114/18 **Licensing Act Policy Consultation**

**RECEIVED** as above and **CONSIDERED** a response. To be brought to the November meeting for resolution if necessary.

### 115/18 **Update: Right to bid asset list**

**RECEIVED** an update as above. Applications are being undertaken to update the inclusion of the following community assets on the Right to Bid list: Cadgwith Cove Inn; Cadgwith car park; Cadgwith Old Lifeboat House; Cadgwith WCs; Kennack car park; Kennack WCs, Ruan Rec; Ruan Village Hall; Ruan Chapel; Winch House.

### 116/18 **Fishing cellars at Cadgwith**

**CONSIDERED** information per minute 97/18. The Clerk is to liaise with Cllr S Collins to gather information.

### 117/18 **Footpaths, Highways; Tree wardens report.**

- a) **RECEIVED** an update on surface patching in Cadgwith which was thought not to be robust enough to withstand prolonged rainfall; Higher Ledra water leak update was requested.
- b) **CONSIDERED** highway access issues at the bottom of New Road. It was suggested that this may be included on a Community Network-wide Traffic Regulation Order.
- c) **CONSIDERED** alternative management strategies for verges, including use of wildflowers. It was suggested that a patch at Treal corner could be used as a trial.
- d) **CONSIDERED** other reports: an anecdotal report was received that there had been damage to the Todden in recent stormy weather.

### 118/18 **Reports from Council representatives to outside bodies.**

A written report from Cllr Freeman regarding the Community Network Panel was circulated. Cllr Trewin reported the success of the Autumn Show on 12<sup>th</sup> October, which saw a greater turnout than the previous year despite poor weather. The Village Hall requested the Christmas Tree to be delivered before 2<sup>nd</sup> December.

### 119/18 **Notification of meeting/items for agenda: 12 November**

License Act Policy response; TRO inclusions; Update on Enforcement cases.

### 120/18 **Public Bodies (Admission to Meetings) Act 1960.** None.

The meeting closed at 21:25.

# SURGERY HOURS

## Ruan Minor Surgery - 290852

Monday	9am - 12 noon
Tuesday	2pm - 5.30pm
Wednesday	CLOSED ALL DAY
Thursday	2pm - 5.30pm
Friday	9am - 12 noon

## Lizard Surgery - 290415

Monday	2pm - 5.30pm
Tuesday	9am - 12 noon
Wednesday	CLOSED ALL DAY
Thursday	9am - 12 noon
Friday	2pm - 5.30pm

## Mullion Health Centre - 240212

Mon	8.30am - 6pm
Tue	8.30am - 6pm
Wed	8.30am - 6pm
Thu	8.30am - 6pm
Fri	8.30am - 6pm

All Surgeries will be closed on the following bank holidays:

New Year's Day	Good Friday
Easter Monday	Early May Bank Hol
Spring Bank Holiday	Summer Bank Holiday
Christmas Day	Boxing Day

# NUMBERS YOU MIGHT NEED

## ST RUAN WITH GRADE

Sheila Stephens 290583

## ST MICHAEL'S, MULLION & ST MARY'S, HELSTON.

Fr. Kenwick 312763

## METHODIST MINISTER

Rev Fran Lane 240200

## NHS DIRECT

111

## POLICE

Helston Police Station 08452 777444

Emergency calls 999

Non urgent calls 101

Crimestoppers 0800 555111

MOBILE LIBRARY 0300 1234111

## GRADE-RUAN UNDER FIVES

Clare Tipper 07929 902938

## GRADE-RUAN C OF E SCHOOL

Secretary  
290613

MULLION SCHOOL 240098

## GRADE RUAN PARISH COUNCIL

Chairman: Jeb Preston 07964215277

## CORNWALL COUNCILLOR

Carolyn Rule 240144

## VILLAGE HALL BOOKINGS

Liz Outten 290910

## RUAN MINOR STORES & POST

### OFFICE

Claire Bollard 290138

## RECREATION GROUND

### COMMITTEE

Chairman: Mike Fleetwood 290365

## RUAN MINOR FOOTBALL CLUB

Gary Pollard 290602

## CADGWITH GIG CLUB

Secretary: Mike Hardy 290282

## NATIONAL TRUST

Lizard Office 222170

## RNAS CULDROSE

Pete McQuie 07717714410

peter.McQuie100@mod.uk

# ADVERTISERS' INDEX

B&B Accommodation	p60	Polurrian Bay Hotel	p36
Cadgwith Canines	p25	Private Car Hire - Martin Ellis	p15
Cadgwith Cove Cottages	p30	Property Maintenance R. White	p12
Cadgwith Cove Inn	p67	RE Tonkins <i>Funeral Directors</i>	p33
Chenpump UK Ltd	p40	RH Jane & Sons <i>Decorators</i>	p22
<b>Christmas Jewellery/Craft - NEW</b>	<b>p9</b>	Ruan Minor <i>Post Office &amp; Store</i>	p68
Christophers <i>Estate Agent</i>	p55	<b>Ruan Minor Cafe - NEW</b>	<b>p14</b>
Cornish Gardening Services	p20	Smugglers Fish & Chips	p58
Cornwall Oven Cleaning	p16	South West Thatching	p26
Crafty Slice	p39	St. Mary's Church	p23
Duke Stone	p22	Stitch & Sew	p30
ESP Installations - <i>Electrical</i>	p16	Telstar Taxis	p58
<b>Firewood Supplies - NEW</b>	<b>p28</b>	Tree Surgeon, LH Williams	p39
Flow Patrol - <i>Drainage</i>	p45	Trealeague Dairy	p52
Gryphon Computer Support	p6	Village Hall	p8
Income Tax Consultant	p16	Walled Garden Spa	p30
J&L Garden Machinery	p24	Watch House	p56
James Picture Frames	p59		
Jon Spalding <i>Builder</i>	p6		
Jumunjy Garden Services	p40		
Jumunjy Thai Cuisine	p2		
Kuggar Stoves	p45		
La Petit Boulangerie	p24		
Landrivick Farm	p18		
Leggy's Pasties	p20		
Lizard Life Therapies	p66		
Maryam Best <i>Counsellor</i>	p60		
Mobile Hairdresser- Rebecca	p56		
Movewell Therapy	p51		
Mullion Antiques	p22		
Mullion Mechanics	p48		
Norbert Varga - <i>Electrician</i>	p18		
Oldfield Plumbing Services	p33		
Pavilion Bar	p20		
Pendle Funeral Services	p29		
Physiotherapy- Helston	p12		



## Lizard Life Therapies

**Christine Whitehorn HND**  
**Holistic Counselling**

Let me help you to re-focus and move forward with one to one sessions covering a wide variety of problems.

Cost £30 (1 Hr)

Also available amazing cards for personal readings and crystal healing.

Cost £20 (1 hr)

Gift Vouchers now available

Please give me a call to arrange an appointment

Call **07531 258588**

[www.lizardlifetherapies.co.uk](http://www.lizardlifetherapies.co.uk)



# Christmas in Cadgwith



**Cadgwith Christmas Lights Switch on in the Cove. Saturday 1<sup>st</sup> December**

***Father Christmas, Carol Singing with The Cadgwith Singers***

***Evening Food Service 5.30pm - 9pm***

***Mulled Wine & Minced Pie £4***

***Music Graeme Mathieson 9.30pm - late!***

**Christmas Eve Monday 24<sup>th</sup> December**

***Christmas Carols With the Cadgwith Singers 9pm***

**Christmas Day Tuesday 25<sup>th</sup> December**

***Watch the charity swim at midday in the Cove - Bar Open 1130am – 2pm***

**Boxing Day Wednesday 26<sup>th</sup> December - Curry Night**

**Xmas Thursday 27<sup>th</sup> December Steak Night**

**Xmas Friday 28<sup>th</sup> December Cadgwith Singers**

**Xmas Saturday 29<sup>th</sup> December Tapas Night & Live Music by Guy Chaulker**

**Xmas Sunday 30<sup>th</sup> December Live Music by Dave & Dave**

**New Years Eve Monday 31<sup>st</sup> December Wicked Wigs Fancy Dress Theme**

***Dining Table Service 5.30pm - 7pm.***

***Live Music 930pm - `VyNyL re VyVyL***

***Bar open until 1am***

**New Years day Tuesday 1<sup>st</sup> January Live Folk Music & Open Mic**



Once again, this year we have locally grown veg boxes from Chris Hosken of Helford, fabulous meat available to order from Vincent Family Butchers in St Keverne, Andre's legendary hand drawn Christmas cards as well as everything you need to create some scrummy food hampers full of all your Cornish favourites. We've got the contents and the packaging – you provide the inspiration. If you can't find what you're looking for, just ask a member of staff. Let us take the hassle out of Christmas for you.

By the time you read this, the latest Shop Locally offers will be available. November saw some great deals on Christmas chocolates, biscuit boxes, crisps and drinks. Make sure you check out December's offers – there's sure to be something you're looking for at a great price.

We're gearing up for that time of year in the Post Office too. We have all the packing materials you will need to ensure that your gifts arrive in one piece. Make sure you post parcels early, to avoid disappointment.

**Our opening times over the Christmas period are as follows:**

<b>Christmas Eve</b>	<b>Post Office closed</b> Shop closing at 12 noon
<b>Christmas Day</b>	<b>Closed</b>
<b>Boxing Day</b>	<b>Closed</b>
<b>27<sup>th</sup> &amp; 28<sup>th</sup> Dec</b>	Shop and Post office open 9am to 5:30pm
<b>Sat. 29<sup>th</sup> Dec</b>	Shop and Post office open as usual
<b>New Year's Eve</b>	<b>Post Office closed</b> Shop closing at 12 noon
<b>New Year's Day</b>	<b>Closed</b>
<b>Weds. 2<sup>nd</sup> Jan</b>	<b>Back to normal except shop closes at 6pm Monday to Friday from January through to Easter</b>

***Finally, from myself and the team, thank you for your fabulous support in 2018.***

***We wish you all a very Merry Christmas and a happy and healthy 2019.***

**Tel: 01326 290138**