

# Grade Ruan Gazette

March 2018

Vol. 32 No. 1



**Inside this month:**

**All our regular features, plus:**

**Bolenowe Appeal for Volunteers**

**National Trust News**

**“Snow White and the Evil Queen” photographs**

**90p**

One copy free to each household,  
business and holiday let in the Parish

RUAN MAJOR COTTAGE, RUAN MINOR, TR12 7LL

# JUMUNJY

THAI CUISINE

EST. DEC 2012



**FREE HOME  
DELIVERY SERVICE**  
Ruan Minor, Cadgwith, Kuggar,  
Lizard Village & Mullion.

**OPEN**

**MON - SAT (5:00PM- 10:00PM)**

**TEL: 01326 291306**



**Full & Enlarged Menu**

**[www.jumunjy.com](http://www.jumunjy.com)**



## DATES FOR THE DIARY

Alternate Wed	Recycling. 14 <sup>th</sup> and 28 <sup>th</sup> March
Every 4 weeks	Mobile Library: Glebe Place 10.25am - 10.45am. 7 <sup>th</sup> March
1 <sup>st</sup> Sunday	Kennack Sands Beach Clean, 10 am. 4 <sup>th</sup> March
2 <sup>nd</sup> Monday	Parish Council meeting, Meth Chapel, 7.30pm. 12 <sup>th</sup> March
3 <sup>rd</sup> Tuesday	Soup, Pasty & Pud, Methodist Chapel, 12.15pm. 20 <sup>th</sup> March
3 <sup>rd</sup> Tuesday	History Group in the Ruan Store Café, 10 am. 20 <sup>th</sup> March
4 <sup>th</sup> Tuesday	Quiz in the Village Hall, 7.30pm. 27 <sup>th</sup> March
Mon & Thurs	Short Mat Bowling, Village Hall, 7.00pm
Tues & Thurs	Yoga at the Pavilion, 6pm
Every Weds	Rainbows, Brownies & Guides. Joy Prince Tel: 290280
Every Thurs	Market and Refreshments, Village Hall, 9.00am - 11.30am

### **MARCH (SEE “WHAT’S ON” FOR MORE DETAILS)**

2 March	Grade Ruan PTFA AGM, Grade Ruan school. 9am
7 March	Cadgwith Book Club, Cadgwith Cove Inn 8pm
10 March	RMFC Home to Rosudgeon, 2.30pm
17 March	Spring Flower Show. Ruan Minor Village Hall opens 2.30 pm
	RMFC Home to Frogpool, 2.30pm
25 March	British Summer Times starts 1am
29 March	Last day of Spring Term

### **ADVANCE DATES**

1 April	Easter Sunday
16 April	First day of Summer Term
4 - 6 May	World Pilot Gig Championships, Isles of Scilly
28 May - 1 Jun	Summer Half Term
26 - 28 May	May Festival at the Recreation Ground
9 June	Midsummer Music, see “What’s On” for details
14 July	Folk Day Cadgwith Cove Inn
24 July	End of Summer Term
25 July	Beach BBQ, organised by the Lights Committee
28 July	Buller Day
1 August	Beach BBQ, organised by the Rec Committee
5 August	Vintage Rally
8 August	Beach BBQ, organised by the Gig Club
15 August	Beach BBQ, organised by the Lights Committee
19 August	Cadgwith Fishing Festival
22 August	Beach BBQ, organised by the Rec Committee
26 August	Cadgwith Regatta, weather permitting, otherwise 27 August
29 August	Beach BBQ, organised by the Gig Club
1 September	Mania and Marine Watch, see “What’s On” for details
4 September	Start of Autumn Term
13 October	Autumn Show
22 - 26 Oct	Autumn Half Term
10 November	Film Night in the Village Hall, more details nearer the time
1 December	Christmas Lights Switch-on
20 December	End of Autumn Term

## DISTRIBUTORS

Cadgwith	Shirley Lee
Cadgwith South	Sarah Thompson
Chapel Terrace	Val Jane
Glebe Place	Johno Johnson
Grade	Paul Penrose
Gwendreath	Nick Whittle
Higher Moor	Judith Heather
Kuggar	Ron Wilson
Ledra Close	Vicky and Max McClarity
Long Moor	Jill Thomas
Mundy's Field	Babs Hughes
Penhale	Jane Trethowan
Poltesco	Jeff Lee
Prazegooth	Glynis Jordan
Ruan Major	Chris Hunt
St Ruan	Margaret Coates
Treal	Tim Basher
Treleague Cross	The Green family
Trelugga/Tresaddern	Tanya Strike
Village Centre	Janet Gascoigne
Subscribers and Retail	Judith Green

All houses (holiday lets and those that are permanently occupied) and businesses in the parish, should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Sue Cadman on 01326 291129.

## CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Gazette Box on the right of the shelves by the main window in Ruan Minor Stores. **The deadline is the 18<sup>th</sup> of the month prior to publication.**

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

**Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!**

See us online at [www.cadgwith.com](http://www.cadgwith.com) and on Facebook "Grade Ruan Gazette"

## ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approx. 590 copies are distributed every month and the rates are reasonable! A ¼ page is £5.50, a ½ page £9 and a full page £16.50 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact  
Moira Hurst or Peter Martin.

## GAZETTE CONTACTS

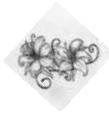
Editor:	Moira Hurst 01326 290257	<a href="mailto:graderuan.gazette@btinternet.com">graderuan.gazette@btinternet.com</a>
	Linden Lea, Ruan Minor, Helston. TR12 7JL	
Alternate Editor:	Sally Watts 01326 291395	<a href="mailto:graderuan.gazette@btinternet.com">graderuan.gazette@btinternet.com</a>
	Bryher House, Ruan Minor, Helston. TR12 7JT	
Treasurer:	Peter Martin 01326 290566	<a href="mailto:pjanddlm@gmail.com">pjanddlm@gmail.com</a>
	14 Ledra Close, Cadgwith. Helston. TR12 7LD	
Printing:	Parish Magazine Printing. 01288 341617	
Advertising:	Moira Hurst or Peter Martin, as above	
Distribution:	David Gascoigne 01326 290536	<a href="mailto:janndave43@hotmail.com">janndave43@hotmail.com</a>
Subscriptions (£17.50 per annum for non-parishioners)	Judith Green 01326 290118	<a href="mailto:judith@treleague.net">judith@treleague.net</a>
Over the Counter Sales:	Peter Martin, as above	

*The Gazette is a not-for-profit publication and is created and distributed by volunteers.*

# Noticeboard

Derek Agutter OBE, passed away peacefully on 19<sup>th</sup> February, aged 90, at home in Ruan Minor. He was a well known and much loved part of our community and will be sorely missed by all who knew him.

Derek's funeral will be at 11am on Saturday 3<sup>rd</sup> March at St. Ruan Church, with everyone welcome at the Village Hall afterwards. No flowers please, but donations in aid of the Friends of St. Ruan and St. Grade Historic Church Buildings charity would be appreciated.



This is the first issue of Volume 32 of the Grade Ruan Gazette. I wonder if the group of enthusiasts who published the first Gazette all those years ago could have foreseen that it would still be going 32 years later. We do depend on contributions from our readers - Sally and I are editors, not news gatherers. We edit and format the input we receive from others, so please do keep it coming.

The October issue featured Derek the Cadgwith seagull on the front cover. Sadly, Derek was found dead

in the road outside Simon and Lorraine Bradley's house one day, having presumably been hit by a vehicle when he came up looking for breakfast. He had become quite a well known character in the area and will be missed, not least by Simon and Lorraine who had been devoted in their care of him.

The days are getting longer and spring is in the air, even if the temperatures are still a little on the low side. The "Dates for the Diary" section is filling up for the summer. Let me know if you have any events to go in, as it's a good reference to try to ensure that events don't clash.

*Moira Hurst*

**Happy birthday in March** to: Basil Bolitho, Peggy Thompson, Matilda P, Mark Outten, Brian Jenkins, Henry Peate, Juliet Edwards, Paddy Alfrey-Cryan, Jake Woodley, Toby Goddard, Jane Vowles, Arthyen B, Norma Gossip, Olivia Mae C, David Rogers (a big 0), Jessica Bennet, Tilly Alfrey-Cryan, Jake Scolding, Teagan R, Jamma Phillips, Jenny Scolding, Mel Downing, Susan Stephens, Ali Russell, Treve Harry, Alfie W, Terry Stephens, Bruce Jane,

---

## *Front Cover:*

The cast of the Ruan Revellers' production of "Snow White and the Evil Queen".

See pages 42 and 43 for more photographs.

**SCORPIO**  
ELECTRONICS

Whole House  
Positive Input  
Ventilation System

Supplied and Installed from only £450 !



Condensation? *Asthma / Allergies?*  
**MOULD?** *Musty Smell?*

*Streaming Windows?*



Call us now to book a **FREE**  
no obligation survey

**01326 369293**

**07772 122502**

info@scorpioelectronics.co.uk

www.scorpioelectronics.co.uk

## Noticeboard, cont ...

Abigail T, Paul Collins, Jimmy Quirke, Sheila Collins, Brian Brown, Sophie Rose J, Deborah Stephens

*From David Endean, on behalf of the Spring Show Committee:*

St Patrick's Day, 17<sup>th</sup> March, sees our annual spring flower show. We would love to see as many of you as possible. Please fit it in between the rugby as we hope England will be going for a Grand Slam decider with Ireland. There are lots of classes to enter and help is on hand from the Committee with any questions that you may have, and in the afternoon teas and

cake to sample while you have a chat.

Last year saw the 70<sup>th</sup> Grade Ruan Autumn show. Alas we are unsure how long the Spring show has been going on. We just know it is not quite as long as 70 years. Do you have any memorabilia that may help, perhaps something that we may make a copy of? Last time I made an appeal I was lucky enough to gain access to someone's scrapbook of life in Ruan Minor from 1971. Very interesting. In amongst it was a press clipping about the Spring show. How cute must Danny Phillips have been whilst presenting button holes to the opener

cont.



**Move Well**  
Soft Tissue Therapy  
More than 'just' sport and remedial massage



Injury assessment and rehabilitation  
Advanced massage/soft tissue techniques  
Remedial exercise and advice  
Pre/post event sports massage  
Rock taping  
Improve posture and function



Katie Evans (BSc Hons; BTEC level 5; IRSM; STA)  
[www.movewellsofttissuetherapy.co.uk](http://www.movewellsofttissuetherapy.co.uk) fb; twitter; instagram

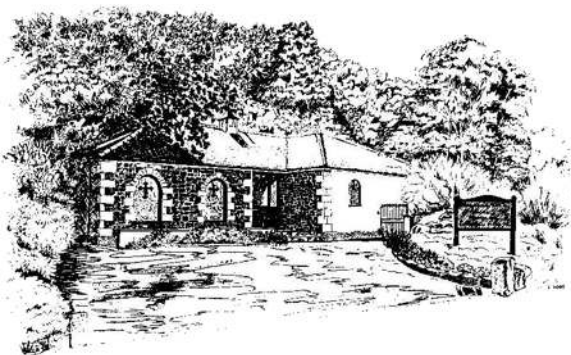
Based in a lovely rural setting in Breage 07971 294554

# Pendle Funeral Services

*For a caring and dignified personal service*

*Prepayment Funeral Plans accepted*

Tony and Dee Richards



FUNERAL HOME

The Firs, St Johns

Helston TR13 8HN

Tel: 01326 573080

Farthings, St Keverne

Helston TR12 6NS

## R H JANE & SONS LTD

### Painters & Decorators

The Orchard, Cadgwith, TR12 7JU



**Telephone:**

01326 290464

01326 290700

07976 928663

07970 100480

## James Picture Frames

*Quality Bespoke Framing  
for artwork, posters, prints,  
sports shirts, canvas, maps,  
photos & cross stitch*



**James Anderton**

Trelawne

Churchtown, Mullion

HELSTON

TR12 7BT

**07534 060 200**

[jamespictureframes@gmail.com](mailto:jamespictureframes@gmail.com)



## Noticeboard, cont ...

with his sister Mandy.

We look forward to seeing and hearing from you.

*From Jeb Preston, on behalf of the Grade Ruan Parish Council:*

The Parish Council has been asked by RNAS Culdrose for feedback on an 'Airspace Change Proposal' document, by 26<sup>th</sup> March 2018.

It details a proposed amendment of airspace surrounding Predannack airfield for use by Unmanned Air Systems, or military drones.

There is a copy of the Consultation

Document in Ruan Minor Store / Cafe; and if you have enquiries or feedback please contact:  
the Chair of the Council:  
chairman@grpc.org.uk /  
07964215277, or  
the Parish Clerk: clerk@grpc.org.uk  
/ 07773194876.

### The Saint Ruan 200 Club

Save your beautiful 11th century Church

*Information: Sheila Stephens 290583*

The winning ticket in the  
February 2018 draw was

Ticket no. 161 Margaret Grant

# Mobile Hairdresser

## Unisex

All services:

Cuts, perm, blow-dry, set, colour, etc.

Rebecca Langdon

07799 898003



City & Guilds

NVQ 1, NVQ 2, NVQ3

## Landrivick Farm

### Beef Box

Home Bred

#### Pure South Devon Fresh Beef

Each box includes:

3 - 4 roasting joints

Sirloin steaks

Rump steaks

Chuck steak

Mince beef



### Pork

Home Reared

Each half includes:

Shoulder joints

Leg joints

Pork chops

Sausages (skins optional)

Belly pork (sliced or joints)

or, if preferred, extra Sausages

A quarter of a pig is also available

Please phone for prices



Landrivick Farm, Manaccan, Helston, Cornwall. TR12 6HX

Tel: 01326 231686

## CHENPUMP UK LTD

THE PUMP DIVISION OF CORNWALL PUMP & MOTOR REWINDS LTD  
BOREHOLE DRILLING, WATER FILTRATION, PUMP AND ELECTRIC  
MOTOR SPECIALISTS

BOREHOLES \* WELLS \* PRIVATE WATER SUPPLIES  
SEWAGE PACKAGE STATIONS \* SWIMMING POOLS \* POND PUMPS \*  
MARINE PUMPS \* PH, UV, IRON AND UNDER SINK WATER FILTERS  
PRESSURE BOOSTING \* DIRTY WATER SYSTEMS  
HIGH PRESSURE JETTING \* SERVICE & MAINTENANCE CONTRACTS

ELECTRIC MOTOR REWINDS, SALES & CONTROL PANELS  
SITE & FULL WORKSHOP SERVICE

24hr Penzance 01736 330440

St. Austell 01726 879579

info@chenpump.com

www.cpmr.co.uk

www.chenpump.com

A family company providing a professional service  
Branches in St Austell, Penzance and Plymouth

# What's ON

Classes open for all to enter.

**GRADE-RUAN.**  
**SPRING FLOWER SHOW.**  
March 17<sup>th</sup> 2018.  
Doors open... 2-30 pm.  
Formal opening with presentation of awards at... 3 pm.

By  
Raffle prizes donated by local traders.

Admission 50p

Refreshments

Under 17 years FREE

Andrie Elio



Reg. Charity No. 225626

RUAN MINOR VILLAGE HALL

## **WHAT'S GOING ON AT THE VILLAGE HALL?**

### **THE THURSDAY MARKET**

The market is held every Thursday morning from 9 to 11.30am. Come along, browse our stalls for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie' and now we are serving fried eggs as well! If you prefer, just stay for a chat and catch up with local news.

Regular stalls include:

Art & Craft work	Jewellery & Accessories	Household Goods
Jams & Preserves	Cakes, Pastries, Foodstuffs	Cards & Stationery
Knitware & Quilting	Leggy's Pasties	Flowers & Plants
Bric-a-Brac	Needlecraft	Books

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

**Liz Outten on 01326 290910**

**or pop** in on a Thursday morning to see what's going on.

### **SHORT MAT BOWLS**

Sessions are held on Monday and Thursday evenings at 7.00pm. It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

### **QUIZ NIGHT**

Quizzes are held on the 4<sup>th</sup> Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contest begins at 7.30pm. Any changes to dates will be notified on the Village notice boards.

### **SPECIAL EVENTS**

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

### **ARRANGING AN EVENT?**

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

**For more information call Liz Outten on 01326 290910**

We are wheelchair friendly.

## What's ON - CONTINUED



*March the Eleventh  
Mothering Sunday!  
For Families together  
At >>>> Eleven a.m.  
\*The Village Hall\*  
lovely Ruan Minor  
Everybody welcome,  
Service followed by  
Coffee, tea and, Cake!*

**DUKE STONE**  
OF CORNWALL

bespoke stone design + supply

Duke Stone specialises in the design and manufacture of natural stone products for home, garden and commercial projects. Our workshop handcrafts every commission and takes an individual approach to each job. We produce quality worktops, vanities, fireplaces, hearths and many other household and garden items, manufactured from your chosen material.

A selection of natural stone slabs, reclaimed items and off cut granite is on display at our workshops. We also stock a range of tiles, setts, building and landscaping materials with a sample service available.

Local and national fitting and delivery service available.

So whether it's a kitchen worktop, bathroom, fireplace or a new outdoor look you're after, please call our friendly team to discuss your project, or visit the workshop to view our selection of beautiful natural stone from Cornwall and around the world.

Unit 7A & 19 Rural Workshops, Higher Bochym, Cury Cross Lanes, Helston, Cornwall, TR12 7AZ • Tel: 01326 241111 • Email: sales@dukestoneofcornwall.co.uk •

Web: www.dukestoneofcornwall.co.uk • We are open Monday to Friday 8am-4.30pm and Saturday 9am-12 noon

# *Christophers*

**INDEPENDENT ESTATE AGENTS  
SUCCESSFULLY SELLING HOMES ON THE  
LIZARD PENINSULA AND SURROUNDING AREAS**

***“we will get you moving”***

If 2018 is the year for a move please do not hesitate to contact us for a free, no obligation Market Appraisal. Or if looking to purchase a property and would like to be added to our mailing list.

**MULLION (01326) 241501 HELSTON (01326) 565566  
PORTHLEVEN (01326) 573737**

**WEBSITE [www.christophers.uk.com](http://www.christophers.uk.com)  
[www.rightmove.co.uk](http://www.rightmove.co.uk)**

**Email [sales@christophers.uk.com](mailto:sales@christophers.uk.com)**

## ***Gryphon Computer Support Ltd***



- On-site (home or office), telephone and remote support for PCs and Laptops
- Virus Removal & PC Security Advice
- Resolving Internet & networking problems
- Supply of quality PCs and Laptops
- PC Repairs
- On-line and off-line backup services
- Custom software development using Microsoft Access

Recently relocated to Ruan Minor, we have been helping individuals and small businesses resolve their computer problems for over 20 years. We have developed Microsoft Access applications for many companies, both locally and nationally, including A&P in Falmouth.

**For PC help or advice ring Bob on 07442 491921**

For more information visit our website: <http://www.gryphoncs.com>

# Midsummer Music

Saturday, 9th June 2018 at 7p.m.

A concert in the Village Hall starring  
**Penzance Musical Society.**

Complimentary Pimms and canapes on arrival and  
drinks available to buy in the interval.

Tickets £10 from Jane Spalding

01326 290450

[janespalding@btinternet.com](mailto:janespalding@btinternet.com)

Everyone welcome

*St Mary's Church, Cadgwith*



Everyone welcome  
to the service at  
St Mary's Church Cadgwith  
at 3 pm on  
Sunday 18<sup>th</sup> March 2018

**Friends of St Mary's  
Church, Cadgwith**

invite everyone to their

**AGM**

on

**Sunday 18<sup>th</sup> March  
2018**

at approximately  
3.45pm

following the monthly  
service in the church



Maryam Best MA, MBACP (ACCRED)

Registered

Counsellor/Psychotherapist.

Qualified Clinical Supervisor.

Practising since 1994.



## MARYAM BEST COUNSELLING AND PSYCHOTHERAPY

FACE TO FACE, ONLINE OR BY POST

Your personal concerns matter.

We have one life and deserve to live it well.

Counselling and psychotherapy per full session:

*Individuals £40; couples £50*

Supervision/Consultation per hour:

*Face to face from £40; Online from £36*

**Email:** [maryamsafemail@aol.com](mailto:maryamsafemail@aol.com)

**Phone:** 01326-290690

**Web:** [counselling-directory.org.uk](http://counselling-directory.org.uk)  
[itsgoodtotalk.org.uk](http://itsgoodtotalk.org.uk)

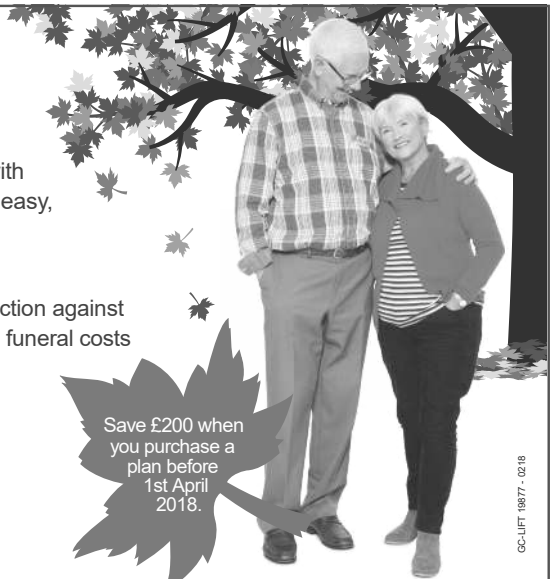
## A thoughtful way to plan ahead

Save your family worry and expense with a Golden Charter Funeral Plan. It's an easy, thoughtful way to plan ahead and beat rising funeral costs.

- ✓ Peace of mind for you and your family
- ✓ Specify your wishes in advance
- ✓ Protection against rising funeral costs

Contact us today to find out more:

R E Tonkin & Son Ltd  
Lender Lane, Mullion,  
Cornwall TR12 7HW  
Call 01326 240752  
[retonkinandson@yahoo.co.uk](mailto:retonkinandson@yahoo.co.uk)



Save £200 when you purchase a plan before 1st April 2018.

In association with

**Golden Charter**  
Smart Planning for Later Life



GC-LIFT 18877 - 0218





## *Mania and Marine Watch*

### Programme 1<sup>st</sup> September 2018

**11am** MG's arrive and assemble in Ruan Minor Village Hall Car Park (signposted)

**11am – 12pm** Coffee will be served and an introduction to the day given. Meanwhile we will meet and greet visitors and MG enthusiasts who have come to see the cars on display.

**12pm – 1pm** The cars will parade through the village and down to the picturesque Cadgwith Cove, returning by a different route. Approx. 5 miles in total.

**1pm – 2pm** A sit down, cold buffet lunch will be served in the Village Hall. We will have a licensed bar for those not driving alongside plenty of non-alcoholic alternatives.

We hope to enjoy Jazz/Boogywoogy music performed by our very own Jonathan Coudrille if his diary permits.

**2pm – 3.30pm** An illustrated talk and film from Richard and Pat Palmer (crew member).

#### *The 1992/3 British Steel Challenge Around The World Yacht Race (East to West)*

The first ever of its kind, it was dubbed the 'the toughest yacht race ever' by the media as they were convinced that it would end in tragedy!

This was very much an adventure as well as a race and for those not into sailing, rest assured there is plenty of excitement and interest leading up to and during the event.

The timings allow for introduction, explanations and questions/answers at the end.

**3.30pm approx.** Tea and biscuits will be served before we say goodbye, mindful of the fact that members will want to drive home in daylight.

**Tickets** will be priced at £12 per head and will include morning coffee, afternoon tea, a buffet lunch and the film/talk. Whilst we are very happy for you to pay on the day, due to potential demand we would ask that you book your places in advance please.

All profits will be given to 'The Friends of St Ruan and St Grade Historic Church Buildings' Reg. charity no. 1164632. Working together to restore and maintain the fabric of our beautiful Church buildings.

Tickets can be booked through the MGOC or Richard and Pat Palmer: 01326 290150 [ricpat.palmer@btinternet.com](mailto:ricpat.palmer@btinternet.com)

# POLURRIAN Bay Hotel



Enjoy a **Sunday lunch** with our free Kids Club activities with fun filled activities like scratch art, pebble painting, and face painting.

2 Course Lunch £18.95 per person

3 Course Lunch £21.95 per person

Children's two courses £12 per child



Non-members are welcome to our Leisure Club, with facilities including an indoor and outdoor swimming pool, hot tub, gym and tennis court. Day membership from £5.90 per person.



## Afternoon Teas

Try our amazing Cream Tea in the Vista Lounge taking in the spectacular views of Mounts Bay and beyond.

From £16 per person.



To book call **01326 240421**  
or email [info@polurrianhotel.com](mailto:info@polurrianhotel.com)  
Mullion, TR12 7EN

# *Love horses? Love cake?*

## *This could be for you!*

Bolenowe Animal Sanctuary, Ruan's very own horse rescue centre, makes a popular Sunday outing for many people, not just to meet its horses, ponies and other four-legged residents but to enjoy a delicious light lunch, cream tea or piece of cake.

But this summer the sanctuary near the Ebenezer crossroads desperately needs new volunteers to keep its cafe running. Without it, that peaceful Sunday pleasure may sadly be lost – as well as vital income for the much-loved charity.

So Bolenowe, which is a safe home to more than 70 once-neglected or threatened horses and other animals, is urgently looking for volunteers to keep the little café going, whether serving, cooking or using their skills to bake cakes.



One of our carers, Hannah, with Pumpkin the Dartmoor pony foal

The café, which raises vital funds for the charity, is due to open again every Sunday from the beginning of May, when the farm welcomes the public to look around free of charge.

If you think that you could help such a gentle, worthwhile cause and would like to know more, please do phone 01326-291272 and leave a message, or email [admin@bolenowe.co.uk](mailto:admin@bolenowe.co.uk) – they would be delighted to hear from you. And so would the horses!



A general view of part of the sanctuary



**L.H.  
WILLIAMS  
Tree Services**

**Fully insured, trained, experienced, local Tree Surgeon and Consultant**

- Complex / large tree removals
- Pruning
- Emergency call out 24/7
- Planting & aftercare
- Surveys, inspections & reports
- Firewood and mulch/woodchip
- Portable milling planks/beams
- Large hedge trimming

**Call or email Liam for a free quotation**

**07791540207    01326 290961**

[TreeServicesCornwall@gmail.com](mailto:TreeServicesCornwall@gmail.com)

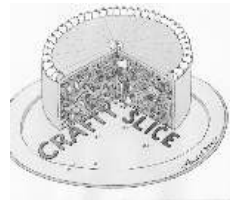
[www.TreeServicesCornwall.co.uk](http://www.TreeServicesCornwall.co.uk)

**INCOME TAX  
CONSULTANT**

Specialising in  
completing accounts,  
Income Tax returns,  
VAT etc  
for individuals  
and small businesses.

**E M TOMLINSON**

**01326 241049**



**Crafty Slice Coffee Shop**

Homemade Cakes  
& Light Lunches

Every Monday Golden Oldies

11.30 - 2pm

& Cornish Crafts

Open 6 days a week 9.30 - 5 pm  
Nansmellyon Road Mullion TR12 7DQ

01326 240381

[craftyslicemullion@gmail.com](mailto:craftyslicemullion@gmail.com)

Home of Scrapbookmagic



National  
Trust

# National Trust News March 2018

Our thoughts are starting to turn towards Spring, as the days lengthen, and if we're lucky, the ground will start to dry up! The wet weather through the early weeks of the year has created plenty of work for the Ranger team, and has unfortunately made necessary a couple of coastpath diversions. Heavy rain in January added weight to already saturated ground, and in several places gravity has been the winner!

There are currently two temporary diversions on the coastpath in the parish, at Poltesco due to a cliff fall near Sea Acres Holiday Park, and the Devil's Frying Pan, where tension cracks are visible in the path. There is a short-term diversion along the lanes between Kuggar and Carleon Cove to bypass the Poltesco cliff fall. At the Devil's Frying Pan, we've been able to move quickly to open up a new link to the coastpath, so the length of temporary diversion in place via the lane to Inglewidden is less than ¼ mile.

We're working closely with Cormac, the South West Coast Path Association and our tenants and neighbours to find more suitable long-term routes for the coastpath that keep walkers close to the sea, and maintain well-loved views of features like the Devil's Frying Pan. Our Access rangers and volunteers will be working on these coast path projects as a priority. Check out our facebook page for updates.

**MULLION ANTIQUES**

**07887 955326**

**01326 290115**

***ALWAYS LOOKING TO BUY***

*Costume jewellery (pre 1960's), gold and silver jewellery, scrap or broken gold, old watches, old clocks, old wooden boxes, vintage pens, silver items, canteens of cutlery, Oriental, Asian or Russian artefacts, small pieces of furniture.*

*Please feel free to telephone to discuss any items you have for sale.*

*I will happily visit you by appointment at a time to suit you.*

*Thank you.*

*Linda Wilkinson*

Elsewhere in the parish, our 3 Poltesco based ponies have been doing a grand job grazing the cliffs between Poltesco and Cadgwith and we've followed up with some brushcutting around the outcrops to keep things in tip top conditions for rare plants like twin headed clover and dwarf rush. Many thanks to Sue Cadman for the much appreciated assistance she has given us with daily checking of the Poltesco ponies, come rain and shine.

Please be aware that the sheep have returned to the fields at Bodriggy, so we're asking dog owners to ensure

Cont.

# Leggy's Pasties

Gwelmor, Ruan Minor

Telephone: Christine Legge

Home: 01326 290683

Mobile: 07976 511317

Cooked or Uncooked Frozen Pasties  
made to order

Opening Hours

9am - 1pm Tuesday to Saturday

(Closed on Mondays throughout the winter)

Evening bakes Thursday and Friday



## **CORNISH GARDENING SERVICES**

**PAUL WILLIAMS**

**All general garden maintenance**

**Lawn mowing**

**Hedge trimming**

**Light/heavy strimming**

**Pruning etc.**

**Basic DIY**

**Free quotations**

**Call Paul on:**

**Home: 01326 241960**

**Mobile: 07749 815358**

Walled  
Garden Spa

## **Walled Garden Spa**

In the grounds of Trelowarren

Special Offer

for local guests

Full Spa Day

£55 (normally £65)

Treatment, swim, lunch.

Call 01326 221224 to book.

[info@trelowarren.com](mailto:info@trelowarren.com)

[www.trelowarren.com](http://www.trelowarren.com)

their pets are under control at all times, as unfortunately our farm tenants have had issues in recent years, with sheep being chased and mauled. If you witness any incidents of sheep worrying, or have any other things to report regarding the livestock there, please call Rosuick Farm on 07511 461532.

The Wildlife Watchpoint at Lizard Point. will reopen at the end of the month, and be open right through to mid-September, every day 10am - 4pm so do pop by to chat to our volunteers, and hear about the latest basking shark, chough and dolphin sightings. Keep heading south, the watchpoint is the very last building!

If you are interested in local history, and enjoy meeting and talking to people, we are looking for local volunteers to help us open the small museum at Marconi's Lizard Wireless Station, Bass Point (TR12 7AP) for 3hrs every fortnight. If this appeals, please get in touch with catherine.lee@nationaltrust.org.uk. No prior wireless knowledge needed!

*Please do call by the Shepherd's Huts or give us a ring if you'd like to chat to us about our work locally.*

Lizard National Trust Office 01326 222170

[lizardrangers@nationaltrust.org.uk](mailto:lizardrangers@nationaltrust.org.uk)

[www.facebook.com/LizardNT](http://www.facebook.com/LizardNT)

## KUGGAR STOVES (01326) 573643

St John's Business Park, Helston

Over 60 display  
models including

VILLAGER  
HUNTER  
STOVAX  
AAROW  
JOTUL  
YEOMAN

at unbeatable  
prices



Glass  
Supplied



Closed  
All Day Sunday

**9am-5pm Weekdays 9am-1pm Wednesday 10am-2pm Saturday**



Holiday cottage to let?  
**Cadgwith Cove Cottages**  
is your local friendly professional  
holiday property letting agency.



We offer:

- The most competitive commission rates around
- Excellent knowledge of the area
- An office team always on hand
- A desire to offer a good service to owners and visitors alike

Most of our visitors return year after year and so, if you have a holiday cottage, why don't you give us a call and we can give you information and advice with no obligation.

Debbie Collins

Tel: 01326 290162

e-mail: [info@cadgwithcovecottages.co.uk](mailto:info@cadgwithcovecottages.co.uk)

Website : [www.cadgwithcovecottages.com](http://www.cadgwithcovecottages.com)



# Norbert Varga

## Domestic Electrician

- Rewires, New Builds, Extensions
- Consumer Unit Upgrades
- Showers, Cookers, Heating
- Socket & Telephone points
- Internal / External lighting
- Testing & Inspecting
- Computer networking

FREE QUOTATION

Tel: 01326 241 657  
Mob: 07496 067 325  
E-mail:  
[varga\\_norbert1984@yahoo.com](mailto:varga_norbert1984@yahoo.com)







# Recreation Ground News



See us on Facebook:  
"Grade Ruan Recreation Ground"

Well, the field actually dried out enough to hold a football match on Saturday 17<sup>th</sup> February, for the first time since early December! Unfortunately, RMFC lost - but you can't have everything. As is often the case, the visiting team were very complimentary about our new Pavilion, staying back for a few drinks in the bar after the game. The Football Club have made a start on improving the drainage of the field, initially by digging out the ditch that runs along two sides of the field to improve water flow. The club organised a visit by an advisor from the Football Association to make suggestions on what should be done - there's a couple of areas that are lower than the surroundings and tend to pool rain-water, but also the water that runs off from the driveway tends to accumulate - so his main suggestion was to dig a drain to carry the surface water away to a new soak-away in the corner of the field.

Whilst we are talking about the Football Club - I would like to congratulate them on Achieving "Football Association Charter Club" status - I know the likes of Gary and Wayne (and others I'm sure!) have worked hard to achieve this.

You will have probably heard "through the grapevine" that the Fish & Chip van is for sale and will not be coming back to Ruan. This is very disappointing both for us, as Friday evenings saw a lot of visitors eating and drinking in the

Pavilion, but also for the whole community as there is nothing like this in the Village now! As a committee, we are trying to find an alternative.

Thursday euchre matches have been working well for us, but there aren't many more to go now - I'm hoping there will be some who would like to continue, even though the competition season has ended. Hopefully they will be back with us next year! We still have a dart board available for use and there's a table tennis table (not that it has seen much use yet) - so we are looking into holding regular "games" evenings. Also, we are in the middle of the 6-Nations rugby season - with quite a lot of people coming in to watch the matches on the big TV, and have a drink or two with friends (and often a game of cards afterwards!).

Tanya's yoga classes remain popular, with sessions every Tuesday and Thursday evening, also "beginners" sessions on Monday evenings continuing for another few weeks, and a Saturday morning session once a month.

May Festival planning seems to come round quickly - it's less than 3 months to go! So make a space in your diary Friday 25<sup>th</sup> to Monday 28<sup>th</sup> May! I'll give more details of what's planned in next month's Gazette.

Many thanks for your continuing support.

*Mike Fleetwood,  
Chairman*

# ***Rector's Ramblings***

## **Lent – preparing for Easter**

**A**s you read this, we will be part way through Lent and on our way to Easter. I wonder what you are doing with Lent? Some, I am sure, will not do much; but some will see it as a time for giving up something, and some perhaps, as a time for choosing to do something good for other people. Either way, it may be seen as a time for some sort of self-examination, and some self-discipline. But either way, I wonder if this is entirely helpful.

From its start, Lent has been used as a time to prepare for Easter; either for new Christians looking forward to being baptised at Easter, or for Christians who had fallen away through sin, looking forward to being welcomed back into fellowship at Easter. Perhaps, if we are getting ready for Easter, it's not a bad thing to look at giving up things that may get in the way; or doing things that may be pleasing to God. But, at its heart, Easter is not about what we bring to it – either in our deeds of repentance, or our deeds of obedience.

Easter is ultimately about what God does for us, when we are incapable of doing anything for ourselves – when we are powerless (whilst we were still sinners) Christ died for us (*Romans 5:6*). It is true that for those who trust in what Jesus has done for them, he gives the power to change the way we live ('He himself bore our sins in his body on the tree, that we might die to sin and live to righteousness. By his wounds you have been healed' – *1 Peter 2:24*). But, even there, Peter makes it clear that healing is the foundation of our new life.

Underneath all our doing (if it is real and pleasing to God) lies a healing that comes simply from coming to Jesus, confessing our need of his salvation, and trusting him to be for us all that we cannot be for ourselves. When we choose to respond to Lent, we need to keep in mind what Easter is all about, or we might even cut ourselves off from its power, in our efforts to get ourselves ready.

Perhaps, the best preparation in Lent would be to spend time getting to know Jesus and let him bring us to all that Easter means.

Yours in Christ

**Peter Sharpe, Rector**

The Vicarage, Lemon Street, St Keverne; e-mail: [peter@petersharpe.net](mailto:peter@petersharpe.net)

---

### Contact details for St Ruan Church, St Grade Church and St Mary's Church:

The Revd Peter Sharpe, Priest-in-Charge	280999
The Revd Deirdre Mackrill, Associate Priest	281178
Churchwarden, Sheila Stephens	290583
Church Treasurer, Revd Peter Sharpe	280999



# Church Services



## Church of England Services

### March 2018

Sun 4 <sup>th</sup>	Morning Praise, St Ruan Church	11.15am
Sun 11 <sup>th</sup>	<b>Mothering Sunday</b> <b>United Family Service in Ruan Minor Village Hall</b>	<b>11am</b>
Sun 18 <sup>th</sup>	Holy Communion, St Ruan Church	11.15am
Sun 25 <sup>th</sup>	<b>Palm Sunday</b> Holy Communion, St Ruan Church	9.30am
Thu 29 <sup>th</sup>	<b>Maundy Thursday</b> Holy Communion, St Ruan Church	7pm
Fri 30 <sup>th</sup>	<b>Good Friday</b> Three Hour Devotion, St Wynwallow Church	12noon-3pm
Sun 1 <sup>st</sup> April	<b>Easter Day</b> Family Communion, St Ruan Church	11.15am

## Methodist Services

**Rev'd Fran Lane 01326 240200**

Service at 11.00 a.m. Each Sunday

## Roman Catholic Mass Times

Sunday 9.00 a.m. at St. Mary's Helston

Sunday 11 a.m. at St Michael's Church, Mullion

Resident Priest - Fr. James Courtney O.S.B.

Email: [helston@prcdtr.org.uk](mailto:helston@prcdtr.org.uk) Phone: 01326 572378

Emergency Contact: 07771507875

Other information can be obtained from at  
[www.falmouthcatholicchurch.org.uk](http://www.falmouthcatholicchurch.org.uk)



# The Watch House



## Cadgwith's Ice Cream & Gift Shop



Try Our New Ice Cream Flavours  
Cornish Pastys, Drinks, Sweets  
Beach Toys, Souvenirs & Leisurewear

Local Products to choose from:  
Jewellery, Fudge, Biscuits Fashion Scarves and  
our "Watch House Design" range.

Also available:  
A fine selection of Wines, Beers, Ciders, etc.

Fresh Bean to Cup Coffee

Open Mid-March

Tel No: 01326 290365

Facebook: The Watch House

Email: [shop@thewatchhouse.co.uk](mailto:shop@thewatchhouse.co.uk)

# MULLION MECHANICS

## FULL WORKSHOP FACILITIES

- \* SERVICING TO ALL PETROL & DIESEL VEHICLES
- \* AIR-CONDITIONING SERVICING & REPAIRS
- \* ECU & ABS FAULT CODE READING
- \* GENERAL VEHICLE REPAIRS
- \* MOT REPAIRS
- \* EXHAUSTS

**01326 240620 or 07977 596366**

# School Spot



Grade-Ruan Under 5s



Grade-Ruan School



Mullion School

**Grade-Ruan Under 5s:** As we return from the half term break we are busy with the children preparing our Spring/Easter themed activities and our entry for the Spring Show. Plenty to keep us busy over the next few weeks!

Friday 1<sup>st</sup> March the Health Visitor will be with us once again and we will also be celebrating World Book Day. The children are invited to dress up in fancy dress and bring a book into playgroup to share with their friends.

To support our fundraising efforts we have arranged for a Bag 2 School collection. Anyone can take part. If you have any adult or child's clothing or footwear that you no longer require simply place it in a black bag and drop it in to playgroup (we also have bags you can use, so pop in to collect one if you wish). The bags will be collected on Wednesday 14<sup>th</sup> March, so we need the bags by the Tuesday 13<sup>th</sup> please. When collected they will be weighed and a cash amount calculated to be given to us. If you have anything to donate we are also able to collect it from you, just give us a call to arrange. Thank you.

We will finish for the Easter break on Wednesday 28<sup>th</sup> March at 3pm.

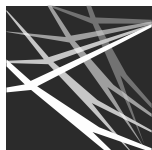
Thank you for your continued support.

*Melissa Hudson.*

**Grade-Ruan School:** In late January, some of the Year 5 and Year 6 children, along with Andreas, took part in the West Cornwall Sports Hall Athletics games at Penryn College. The event was thoroughly enjoyable and extremely well organised. Grade-Ruan were invited as there was a spare place – all of the other teams at the event had qualified, beating off competition from over seventy other schools. As you can imagine we were competing against some of the larger primary schools in The Duchy. Teachers from Trewergie in Redruth, and Mount Hawke commented on how well our children had acquitted themselves (Trewergie has 90 Year 6s compared to our 14!). Well done all of you!

The Coose Trannack Cross Country event is due to take place on Saturday, 17<sup>th</sup> March 2018.

Cont.



## Helston Physiotherapy Practice

Helston Physiotherapy Practice is a team of Chartered Physiotherapists who understand the effects of pain and injury on the body. We provide a range of proven treatments to relieve symptoms and ease movement.

*Specialist treatment on your doorstep*



We provide treatments for:

- Back & sciatic pain
- Neck pain & whiplash
- Shoulder pain
- Sports related injuries
- Post surgery rehabilitation
- Work place injuries
- Women's health
- Reduced balance

Telephone 01326 561 012 [www.hppcornwall.co.uk](http://www.hppcornwall.co.uk)

Email [enquiries@hppcornwall.co.uk](mailto:enquiries@hppcornwall.co.uk) 11A Water Ma Trout Industrial Estate, Helston TR13 0LW

# CORNWALL OVEN CLEANING

*ovens - hobs - extractors - microwaves*

- Non-Caustic, Non-Toxic cleaning products used
- Leaves no mess in your home
- Removes stubborn and burnt in grease & carbon
- Returns your oven to "like new" condition
- Your oven is ready to use as soon as we leave!

[www.cornwallovencleaning.com](http://www.cornwallovencleaning.com)

**Free: 0800 566 8804 --- Local: 01326 710107**

The AGM of the Grade Ruan PTFA will take place on Friday 2<sup>nd</sup> March at 9am in the Poltesco Classroom. All very welcome!!

Well done to the 14 Year 6 children who completed their Bikeability training with Martin Beck from the Penryn Sports Partnership. Each child took part in a couple of sessions on the playground and then progressed out on the roads around Ruan Minor. The group learned all about how to cycle safely on the roads and for some of those involved this was a completely new and slightly daunting experience. Nevertheless, the whole group completed

A huge thank you to David Oates, Liam Williams and the team for doing a spectacular job cutting back and tidying the overgrown school garden.

[Extracted from school newsletters. Ed]

**Mullion School:** There is no news from Mullion School for this issue.

### Local B & B Accommodation



#### **NEW THATCH, RUAN MINOR**

Francesca and Simon Herbert 01326 290957  
francesca@newthatch.co.uk  
www.newthatch.co.uk



#### **HILLSIDE, CADGWITH**

Joanna Aplin 01326 290192  
joannaaplin@aol.com  
www.cadgwith-hillside.co.uk



#### **CADGWITH COVE INN, CADGWITH**

Garry and Helen Holmes 01326 290513  
garryandhelen@cadgwithcoveinn.co.uk  
www.cadgwithcoveinn.com  
Facebook or Tweet us at cadgwithcoveinn



#### **CHYHEIRA, RUAN MINOR**

Chrissy and Nick Etchells 01326 290343  
chrissy@chyheira.co.uk  
www.chyheira.co.uk



# Ruan Minor Football Club News



See us on Facebook:  
"Ruan Minor Football Club"

The weather has been causing havoc with our football fixtures over the last month with only 1 game played on Saturday 17<sup>th</sup> February, where we lost 4-2 to St Ives. Our goals came from our Man of The Match Chris Collins and everyone at RMFC

would like to thank Garry Tremayne from Christophers Estate Agents for Sponsoring the Match.

Our fixtures for the following months are as follows:-

3 <sup>rd</sup> March:	Away to Carharrack	2.30pm Kick-Off
10 <sup>th</sup> March:	Home to Rosudgeon	2.30pm Kick-Off
17 <sup>th</sup> March:	Home to Frogpool	2.30pm Kick-Off
24 <sup>th</sup> March	Away to St Erme	2.30pm Kick Off

As always we would like to thank our supporters who come and watch our home games and cheer us on.....and hope to see you all again soon for some goals at RMFC.

Regards

Gary & Wayne



Chris Collins receiving his Man of the Match bottle of Bubbly from Garry Tremayne from Christophers Estate Agents



Jack Harris with strong header

All photos by Chris Hunt





Jacob Brotherton passing with the ball



Chris Collins dribbling the ball

The photos below were taken by Chris Hunt at the Presentation to mark RMFC achieving the "Football Association Charter Club" status.



## PROPERTY MAINTENANCE

FOR ALL YOUR HOUSEHOLD NEEDS

Carpentry - Stud wall, architrave and skirting, doors hung, shelving.

Bespoke Joinery - Windows, Doors, Cabinets.

Painting and Decorating and Wallpapering.

Tiling floor and wall.

General Interior and Exterior Maintenance.

Electrical Domestic installation and Test.

Appliance Testing (PAT)

Roland  
White

Phone: 01326 290575

Mob: 07971 007 028

# *Smugglers Fish & Chips*

Fresh local fish delivered daily

Opening Hours:

Thursday, Friday and Saturday

4.30pm - 8.00 pm

Tel: 01326 290763

1 Kynance Terrace, The Lizard TR12 7NH





# QUIZ NIGHT NEWS

January saw ten teams battle it out for the monthly trophies. Once again, along with that we saw our regular quiz master substituted for his wife Lorraine and she really had no need for the microphone. We had a fine selection of rounds. It is amazing how little most of us know of about the geography of the USA. But we were all better at advertising slogans and vocations with strange names. Time flew so fast that we managed eight rounds!! Although this was not reflected in the scores. David from **We three** accepted the wooden spoon, a change of name made no difference to the result alas. **Half a dozen** eventually ran away with it. The killer question was won by **Universally Challenged**, apparently 137mm rain fell on Mullion golf course in the first 21 days of January! They kindly donated their winnings to the Children's Hospice SW Little Harbour.

See you all on the third Tuesday of the month there is always room for more if you are up to the challenge.

1 <sup>st</sup>	Half a Dozen	57pts
2 <sup>nd</sup>	Scilly Old Fools	48pts
	Universally Challenged	48pts
4 <sup>th</sup>	Just us 5	43.5pts
5 <sup>th</sup>	Kibbles & Bits	39.5pts
6 <sup>th</sup>	Cliffhangers	38.5pts
7 <sup>th</sup>	Bob's Band	35.5pts
8 <sup>th</sup>	The Buccaneers	34pts
9 <sup>th</sup>	The Jumblies	33.5pts
10 <sup>th</sup>	We Three	26.5pts



## "Stitch & Sew"

Ladies & Gentlemen's Garment repairs & Alterations  
(zip replacements, shortening & hemming etc.)

Curtain making for small windows / matching cushions.

Now is the time to sort out your Winter clothing

For any alterations.

Contact Lorraine on 01326 291226 or drop & collect on my stall at Ruan Minor Village market every Thursday morning



## Lizard Life Therapies

**Christine Whitehorn HND**

### **Universal Healing Sessions £20 (1 hr)**

Learn to create new energy and harness the power of crystals to help heal yourself from the inside out.

### **Choice of Card Readings £20 (1 hr)**

Angel, Liquid Crystal, Wisdom and Other cards available for readings or to combine with healing sessions.

Gift Vouchers now available

Call **07531 258588**

[www.lizardlifetherapies.co.uk](http://www.lizardlifetherapies.co.uk)



## Lizard Life Therapies

**Christine Whitehorn HND**

### **Confidential Holistic Counselling**

- Bereavement and Terminal Illness
- Domestic Violence
- Rape and Abuse
- Victim of Crime
- Couples and Relationships
- Stress, Depression and Anxiety
- **Counselling Fee: £30 per hour**

Learn Emotional Freedom Technique to deal with Anxiety and Phobias

Call **07531 258588**

[www.lizardlifetherapies.co.uk](http://www.lizardlifetherapies.co.uk)



## GARDEN RESTORATION & MAINTENANCE

FULLY TRAINED AT MERRIST WOOD IN ARBORICULTURE & HORTICULTURE

# LET US RESTORE YOUR GARDEN TO IT'S FORMER BEAUTY

ANY GARDEN SIZE WELCOME

&

WORK CONSIDERED

PHONE US FOR A CHAT ABOUT YOUR GARDEN

**MOB: 079 84 64 96 98**

**TEL : 01326 29 05 86**

**RUAN MAJOR, LIZARD**



# Gardening in March

*by David Endean*



Well February is over and hopefully winter with it. As I expected, February is generally the coldest month and it did not disappoint, cold northerly winds even lying snow for a while and the rain did not stay away for long either, and then the easterly wind to follow. On comes March and work in the garden builds up in pace. Lots to do and not enough space to tell you about it all here, so I will give you a few ideas of what I plan to do this month.

Starting off in the greenhouse, it has had a really good spring clean wash down and sterilised with garden disinfectant. This is in anticipation of the delivery of the bedding plants that I have ordered as mini plugs saving me money on heating costs. I will also be starting off some bedding plants from seed, these are types that need less heat and have a shorter growing period. I plan to grow Cosmos which have large saucer shaped daisy flowers in hues of pink. Other seeds to sow are French Marigolds, African and Pot types quick and easy to grow plus bright and cheery as long as you keep the slugs away. Then I will sow Ageratum and Nemesias.

All my Sweet Peas are sown now, around 500 individual pots, they should be making good progress ready for their tips to be pinched out. If you have not sown any yet it is not too late. Give it a go or, if you do not fancy that, you could always buy some plants.

In the veg patch the ground is still quite cold but some of the more robust vegetables can be planted if you have the ground ready, Potatoes, Shallots, Onion sets, Broad beans and Peas can all be sown with confidence in March. When it comes to potatoes I would only bother with earlies for new potatoes and main crops take up a lot of space and are relatively cheap, so buy them in as needed and dedicate the space to more economically viable crops. I will also be sowing some salads in modules in the greenhouse things like lettuce, spring onions, beetroot plus some parsley.

Early in February I paid a visit to the National Dahlia Collection down near Penzance to get some new dahlia tubers for this year. It was a real eye opener of a set up. There was more than an acre of ground covered in a multispan polytunnel all benched out with thermostatically controlled heating and supplementary lighting. They already had many tubers started off and cuttings taken already. I am planning to pot my new tubers up along with some of my old ones to bulk up my stock. These will be planted in multipurpose compost and put on my heated bed in my cold frame ready to produce some stocky shoots in a few weeks to be rooted in gritty compost.

cont.....



## **DECORATING**



and general building maintenance

## **JON SPALDING**

30 years' experience – references supplied

01326 290450 07733 440436

jonaspalding@yahoo.co.uk

## **J & L Garden Machinery Repairs & Servicing**

Proprietor: John George

Providing service and repairs for all makes and models  
of petrol-driven garden machinery.

I also supply new garden machinery inc. mowers, ride on mowers,  
strimmers, chainsaws etc



- ★ Collection and delivery
- ★ Reasonable rates
- ★ Breakdown call-outs
- ★ No job too small



Tel: 01326 240617 Mob: 07790 276060

I have just extended a Griselinia hedge for someone. I find that planting shrubs and trees at this time of year is better than in the autumn which is the traditional time. In the autumn the soil is warmer so they supposedly root better and establish well. But down here we get so many strong salty breezes (gales in the rest of the UK) these tend to desiccate the plants before they can get established, and they just cannot draw up enough water. This problem is worse with evergreens but even deciduous shrubs can get damaged, and have their dormant buds burnt off in the winter storms and so in the spring there is nothing to set into growth. Spring planting negates most of these problems and the ground is warming so the plants will establish and grow away. I also have some bare root privet bushes to plant up to thicken up another hedge which became overgrown and unmanageable. March will be your last opportunity to acquire and plant bare root plants as they are just about still dormant but raring to grow away. Ideal if you wish to plant a tree or create a new Beech hedge.

I feel that I am repeating myself year after year about how the wet winter has affected the lawns. I notice that the moss is terrible in lawns once again this spring and action needs to be taken and now is the time to do it. The first thing to do is to treat it with some moss killer of your choice, be it granular or liquid. I prefer a separate moss killer to lawn food as I like to get the moss killed and then raked out first. Then over seed if required and feed the lawn with Growmore or a specialist lawn feed. Continuing on the lawn theme I have some large patches that need repairing, they are where some large hydrangea bushes were removed during the winter. As yet I am undecided whether to reseed these areas or turf them. Initially the treatment is the same: dig over the ground, remove the roots and weeds add some balanced fertiliser, level and firm the ground then lightly rake it. Now the choice is yours, seed is cheap and easy to sow but will take several weeks to fill out and look good. The other option is turf, heavy work to lay but looks good almost instantly. I expect I will go with turf as long as I can get hold of some quality stock.

Well I hope I have given you some ideas for March and you get time to come to the spring flower show in Ruan Minor on the 17<sup>th</sup> March - even better if you can enter a few things. Get out there and enjoy your gardening.

**Tel: 07581 356591**  
**Cadgwith Cove Cabs**



**Ex Cornish Fisherman**  
[www.nuttynoh.co.uk](http://www.nuttynoh.co.uk)    martinellis2012@hotmail.co.uk

**From**  
**Ruan Minor/Cadgwith**

NEWQUAY .....	£80
TRURO .....	£60
RED/PZ/FAL.....	£45
PORTHLEVEN.....	£25
HEL/COV .....	£20
MULLION.....	£15
LIZARD/CADG .....	£10

**DOGS FRIENDLY**  
**HEAR ME SING**  
[www.youtube.com/watch?v=CSjF2ktSEbs](http://www.youtube.com/watch?v=CSjF2ktSEbs)



# SOUTH WEST THATCHING

**Jack Stiles and Toby Marr  
Master Thatchers**

**Jack on The Lizard 07974 591190**

**Toby at Penzance 07917 396114 – 01736 362430**

**Email – [info@southwestthatching.co.uk](mailto:info@southwestthatching.co.uk)**

**[www.southwestthatching.co.uk](http://www.southwestthatching.co.uk)**

**Follow us on Facebook and Twitter**

**We are truly passionate about our trade and seek to go that extra mile to deliver what we and many others believe to be the highest standard of thatching in Cornwall. We look past the run down attire of the roof which is essentially compost in its dying days and work to transform the thatch into some of our finest work yet, questioning at every stage how we can improve the design, shape or style to suit the individual buildings heritage.**





## Spring Quiz

1. Which Spring flowering shrub, (originally from the Himalayas) is Cornwall well known for ?
2. The following lyrics are from which song ? “*Let me see what Spring is like on Jupiter and Mars*”
3. Who was the Greek Goddess of Spring ?
4. What is the first day of Spring called ?
5. How many times each lunar month do Spring tides happen ?
6. What monument did the early Egyptians build that points directly towards the Sun on the first day of Spring ?

## Answers St Valentine’s Day Quiz

1. Which star sign are you if your birthday is on St. Valentine's Day? *Aquarius*
2. Name the Roman goddess of love? *Venus*
3. In 1537, which English King declared February 14 the holiday of St. Valentine's Day? *Henry VII*
4. Yuri and Lara fall in love in which classic film? *Dr. Zhivago*



**FLOW PATROL**  
24h drainage solutions

Your local drainage experts for:-

- CCTV Surveys
- Blocked drains
- Drain repairs
- Septic tanks
- Soakaways
- treatment plants
- & pump stations

Repaired, maintained & installed

Fully insured & insurance approved

Call Robin or Dean on  
**Tel: 01726 824209**

5. It was once believed that a woman would marry a sailor if she saw what type of bird flying overhead on Valentine's Day? *A Robin*
  6. Who won a Best Supporting Actress Oscar for the film *Shakespeare in Love*? *Judi Dench*
  7. The play *Romeo and Juliet* is set in which Italian city? *Verona, Italy*
  8. Which fruit is sometimes called a love apple? *Tomato*
  9. Name the Greek equivalent of the Roman god Cupid? *Eros*
  10. In 1929, The Saint Valentine's Day Massacre occurred in which American city? *Chicago*
- Questions set by Lydia Graham

# SNOW WHITE and the EVIL QUEEN





Photos by Chris Hunt



# Treleague Dairy

Local Cornish Milk “As It Used To Be”

Your local farm shop selling our own free range milk, butter, cream and pork, free range eggs, local veg and cheese, freshly baked bread daily from St Keverne Bakery, Hope's Bread on Thursdays, Fair Trade coffee and chocolate, Roskilly's Ice Cream, gifts and much more.

We now deliver milk, cream, butter, cheese, vegetables and bread from our shop to your door on Mondays, Wednesdays and Fridays. Please call to arrange.

- **Hope's Bread** is back from Thursday 1st March
- **Veg boxes** available to order for pickup or delivery

Our winter shop opening hours are:

- **10am - 4pm** on weekdays and
- **10am - 1pm** at weekends.

Why not support your local farm, cut down on food miles and landfill, and enjoy fresh milk in a glass bottle from the cows you see in the fields around you.

Find us at **Treleague Farm** near the crossroads.

Phone: **01326 369123**

Text: **07520 634060**

Email: **dairy@treleague.net**

 **@TreleagueDairy**

**Minutes of the meeting of the Grade Ruan Parish Council meeting held at the Sunday School Room, Methodist Chapel, Ruan Minor on 8 January 2018 at 19:30.**

**185/17 Persons Present/Apologies**

Present: Cllrs Preston (Chair), Green (Vice Chair), Bosustow, Clifton, P Collins, Freeman, Lee, Stephens, Trewin (late).

Apologies: Cllr Fleetwood.

Absent: Cllr S Collins.

In attendance: L Dunkley (Parish Clerk), Cllr Rule CC. 1 member of the press/public.

**186/17 To Receive Declarations of Interest / Dispensations.** None.

**187/17 Public Participation.**

N Albone expressed interest in the Council's discussion on his planning application PA17/10114.

**188/17 Reports from outside bodies.** Cllr Rule CC wish the Council a Happy New Year and reported that: Cornwall Council's budget meeting would take place in February. The decision to be made is whether to set an increase in the precept at 3.99% or 4.99% (a difference of approx. £17 pa per D-band) and asked for a view from Cllrs. A brief update was given on the Electoral review for Cornwall Council.

*\*Cllr Trewin entered the room*

A new Homechoice website becomes live on 10<sup>th</sup> January with modified criteria for allocating social housing including prioritising those with household income below £30k pa, and a necessity for a minimum 3-year connection to Cornwall. There are still funds available via the Cornwall Cllr Community Chest fund for small grants.

**189/17 Council Meeting: Minutes 11 December 2017. RESOLVED** that the Minutes of the Meeting of the Council held on the above date having been previously circulated, be taken as read, approved and signed. Proposed Cllr Freeman, seconded Cllr Lee. Unanimous.

**190/17 Matters arising from the Minutes.** None.

**191/17 Finance Committee Meeting: Draft Minutes 21 December 2017. NOTED** the above draft Minutes of the Finance Committee Meeting.

**192/17 Planning Applications for consideration**

PA17/11567: Remodelling dwellinghouse including conversion of garage & extension to 1<sup>st</sup> floor rear-facing dormer with Juliet Balcony. M Hurst. Linden Lea

cont...

Ruan Minor TR12 7JL. No objection proposed and seconded. 8 voted in favour, 1 abstained: Cllr Clifton.

PA17/10114: Use of land for the stationing of 6 holiday lodges, provision of access and car parking. Mr & Mrs Albone. Gwendreath Farm Holiday Park Ruan Minor TR12 7LZ. There was discussion around previous use for up to 60 tent pitch sites, and the proposal in this application was seen as preferable – though it was noted that tents had not been in place for at least 4 years. Some felt that the site was well-screened, while others thought more could be done. No objection provided that screening and landscaping suggestions as per comments from the Planning Officer per PA17/00909/PREAPP are met. Proposed and seconded. Unanimous.

PA17/12013: Proposed Extension and Alterations. Mr And Mrs S Thornton. March Hare Kuggar Ruan Minor TR12 7LY. No objection proposed and seconded. Unanimous.

193/17 **Planning Applications decided since last meeting.** None.

194/17 **Pre-applications, consultations and appeals.** None.

195/17 **Finance report and Payments. RESOLVED** to adopt the most recent Finance Report and authorise the payments of Accounts Outstanding:

EDF Energy	Lighting	£13.00
Mr L Carter	Cleaning	£20.00
Ruan Minor FC	Grass cutting	£30.00
Peninsula Signs	New signage at recreation ground	£264.00
Staffing		£506.03
Randle Thomas	Legal work to formulate license with Trust	£912.00

Proposed Cllr Lee, seconded Cllr Green. Unanimous.

196/17 **Financial Regulations 2017/18. RESOLVED** to adopt modified Financial Regulations for 2017/18. Proposed Cllr Freeman, seconded Cllr Green. Unanimous.

197/17 **Budget reserves and precept 2018/19. RECEIVED** a recommendation from the Finance Committee and **RESOLVED** to set the budget, reserves and precept demand for 2018/19. Total expenditure is set at £24,535, and the precept set at £17,420. Proposed Cllr Freeman, seconded Cllr P Collins. Unanimous.

Cllrs briefly considered the request for feedback on Cornwall Council's precept by Cllr Rule CC per minute 188/17. The majority felt minded to support a 4.99% precept rise but this was not unanimous and is not the formal view of the Council.

198/17 **Consultation: New division boundaries for Cornwall. RECEIVED** an update from Cllrs Preston, Green, Freeman per minute 125/17 and **RESOLVED** to respond with suggested boundaries that add St Keverne Parish to the current Mullion & Grade Ruan division, and link parishes in the north of the peninsula with

those on the north of the Helford Estuary, thus resulting with Helston as two entirely urban wards. Further details, including a map showing the Council's proposal, are available from the Clerk. Proposed Cllr Lee, seconded Cllr Bosustow. Unanimous.

199/17 **Consultation: Predannack Airspace changes. RECEIVED** notification as above. **CONSIDERED** questions on matters including the type of drones, numbers of aircraft, purpose of the drones, actual impact on the Parish. *Clerk & Cllr Preston to question RNAS Culdrose and bring back to Council.*

200/17 **Update: Formalising agreement with Grade Ruan Community Trust. RECEIVED** an update. A meeting took place on 21<sup>st</sup> December between the Clerk and members of the Trust. Aspects such as license length, grants policies and signatories were agreed. There remains an outstanding question on insurance which will be addressed in the coming weeks. Item to appear on February agenda.

201/17 **Footpaths, Highways; Tree wardens report. a) RECEIVED** an update on Cadgwith Highways issues – a meeting is being arranged with M Peters, local head of Highways. **b) RESOLVED** to approve expenditure by Tree Wardens on approx. £100 on bare-rooted trees for planting projects taking place by the end of March 2018. Proposed Cllr Trewin, seconded Cllr P Collins. Unanimous. **c) CONSIDERED** other reports including an update on the Cadgwith Car Park footpath surface issue, which is being dealt with via Cormac.

cont...

*Britain's most Southerly Brewery*

**CORNISH CHOUGH**  
BREWED IN CORNWALL

**CORNISH CHOUGH**  
ADVANCE BLONDE

**CORNISH CHOUGH**  
KILCOBLEN IPA

**CORNISH CHOUGH**  
CADGWITH CRABBIE

Cornish Chough Brewery  
Trethvas Farm, The Lizard  
Cornwall TR12 7AR  
cornishchoughbrewery@hotmail.co.uk

*Cornwall in a Glass*

Tel: 01326 290908

**202/17 Reports from Council representatives to outside bodies.** The Village Hall raised £748.78 for Children's Hospice South West over the Christmas period. A drain was reported as blocked at St Ruan bridge.

**203/17 Notification of meeting/items for agenda: 12 February.** Insurance issue regarding license with GRCT. Spending of grant on play equipment. Predannack Airspace consultation.

**204/17 Public Bodies (Admission to Meetings) Act 1960.** RESOLVED that in view of the confidential or special nature of the business about to be transacted it is advisable that the press and public be excluded and instructed to withdraw during the discussion for the following items: Staffing. Proposed Cllr Bosustow, seconded Cllr Freeman. Unanimous.

**205/17 Staff Pensions. RECEIVED** a written request to the Council by an employee to join the local government pension scheme and **RESOLVED** to agree that request – commencing April 2018. Proposed Cllr Trewin, seconded Cllr Clifton. Unanimous.

The meeting closed at 21:45.

**TELSTAR TRAVEL PRIVATE HIRE**

Local transport for the  
Lizard & Meneage area

**01326 221 007**



# SURGERY HOURS

## Ruan Minor Surgery - 290852

Monday	9am - 12 noon
Tuesday	2pm - 5.30pm
Wednesday	CLOSED ALL DAY
Thursday	2pm - 5.30pm
Friday	9am - 12 noon

## Lizard Surgery - 290415

Monday	2pm - 5.30pm
Tuesday	9am - 12 noon
Wednesday	CLOSED ALL DAY
Thursday	9am - 12 noon
Friday	2pm - 5.30pm

## Mullion Health Centre - 240212

Mon	8.30am - 6pm
Tue	8.30am - 6pm
Wed	8.30am - 6pm
Thu	8.30am - 6pm
Fri	8.30am - 6pm

All Surgeries will be closed on the following bank holidays:

New Year's Day	Good Friday
Easter Monday	Early May Bank Hol
Spring Bank Holiday	Summer Bank Holiday
Christmas Day	Boxing Day

# NUMBERS YOU MIGHT NEED

ST RUAN WITH GRADE  
Churchwarden: Sheila Stephens  
290583

ST MICHAEL'S, MULLION &  
ST MARY'S, HELSTON.  
Fr. Kenwick  
312763

METHODIST MINISTER  
Rev Fran Lane  
240200

SURGERY  
Mullion  
240212  
Ruan Minor  
290852  
Lizard  
290415  
Out of Hours  
240212  
NHS Direct  
111

POLICE  
Helston Police Station  
08452 777444  
Emergency calls  
999  
Non urgent calls  
101  
Crimestoppers  
0800 555111

MOBILE LIBRARY  
0300 1234111  
GRADE-RUAN UNDER FIVES  
Clare Tipper  
07929 902938

GRADE-RUAN C OF E SCHOOL  
Secretary  
290613  
MULLION SCHOOL  
240098

GRADE RUAN PARISH COUNCIL  
Chairman: Jeb Preston  
07964215277

CORNWALL COUNCILLOR  
Carolyn Rule  
240144

VILLAGE HALL BOOKINGS  
Liz Outten  
290910

RUAN MINOR STORES & POST  
OFFICE  
Claire Bollard  
290138

RECREATION GROUND  
COMMITTEE  
Chairman: Mike Fleetwood  
290365

RUAN MINOR FOOTBALL CLUB  
Gary Pollard  
290602

CADGWITH GIG CLUB  
Secretary: Mike Hardy  
290282

NATIONAL TRUST  
Lizard Office  
222170

# ADVERTISERS' INDEX

B&B Accommodation	p31	Property Maintenance R. White	p34
Cadgwith Cove Cottages	p24	RE Tonkins <i>Funeral Directors</i>	p16
Cadgwith Cove Inn	p51	RH Jane & Sons <i>Decorators</i>	p8
Chenpump UK Ltd	p10	Ruan Minor <i>Post Office &amp; Store</i>	p52
Christophers <i>Estate Agent</i>	p14	<b>Scorpio Electronics - NEW</b>	<b>p6</b>
Cornish Chough Brewery	p47	Smugglers Fish & Chips	p34
Cornish Gardening Services	p22	South West Thatching	p40
Cornwall Oven Cleaning	p30	St. Mary's Church	p15
Crafty Slice	p20	Stitch & Sew	p35
Duke Stone	p13	Telstar Taxis	p48
ESP Installations - <i>Electrical</i>	p50	Tree Surgeon, LH Williams	p20
Flow Patrol - <i>Drainage</i>	p41	Trealeague Dairy	p44
Gryphon Computer Support	p14	Village Hall	p12
Income Tax Consultant	p20	Walled Garden Spa	p22
J&L Garden Machinery	p38		
James Picture Frames	p8		
Jon Spalding <i>Builder</i>	p38		
Jumunjy Garden Services	p36		
Jumunjy Thai Cuisine	p2		
Kuggar Stoves	p6		
Landrivic Farm	p10		
Leggy's Pasties	p22		
Lizard Life Therapies	p36		
Maryam Best Therapy	p16		
Mobile Hairdresser- Rebecca	p9		
<b>Movewell Therapy - NEW</b>	<b>p7</b>		
Mullion Antiques	p21		
Mullion Mechanics	p28		
Norbert Varga <i>Electrician</i>	p24		
Pendle Funeral Services	p8		
Physiotherapy- Helston	p30		
Polurrian Bay Hotel	p18		
Private Car Hire - Martin Ellis	p39		

Need an Electrician?  
let me help

***ESP Installations***  
*a friendly and reliable service*

- from fixing a light  
to a complete rewire

- landlord certificates

- PAT testing

- BT wiring

- electrical problems solved

Phone Ronnie Lingard

07751 456160 or

01326 291228 (Ruan Major)

Elecsa registered.

Quality of the work guaranteed.

Part of Electrical Safety Register

[www.electricalsafetyregister.com](http://www.electricalsafetyregister.com)



# The Cadgwith Cove Inn

*as featured on BBC's 'The Fisherman's Apprentice'*

**Gary and Helen would like to update you on**

## **What's New for March**

### **Mothers Day**

#### **Sunday 11<sup>th</sup> March**

FREE roast dinner for Mum!  
Live Music 3pm

### **St. Patricks Day**

#### **Saturday 17<sup>th</sup> March**

Live Irish Folk Music starts 9pm  
Baby Guinness Shots £4  
Steak & Guinness - Mini Pies £2

## **Easter Weekend in Cadgwith**

### **30<sup>th</sup> March to 2<sup>nd</sup> April**

Good Friday - Sun & Sea Shanties with The Cadgwith Singers  
Easter Saturday - Live Music 9pm Guy Chaulker & Friends  
Easter Sunday - Roast Lunch & Folk Music afternoon  
Easter Monday - Easter Quiz starts 8pm  
Food served All day

**Let's make The Cadgwith Cove Inn the social hub of our community**

**We look forward to seeing you all very soon**

**Cadgwith, Helston, Cornwall. TR12 7JX**

Telephone - **01326 290513** Website - [www.cadgwithcoveinn.com](http://www.cadgwithcoveinn.com)

Email - [garryandhelen@cadgwithcoveinn.co.uk](mailto:garryandhelen@cadgwithcoveinn.co.uk)

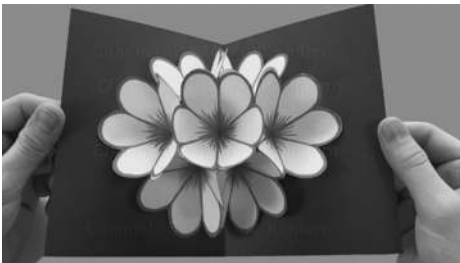
Facebook and Twitter - [cadgwithcoveinn](https://www.facebook.com/cadgwithcoveinn)



# Join us for more paper craft

Make a beautiful pop up Mothering Sunday card and a basket of Easter eggs.

We will provide the materials, a drink and the know how, all you need to bring along is your creativity and a pair of scissors!



Ruan Minor Café  
Saturday 3 March

(Mothering Sunday card)

and

Saturday 24 March

(Easter basket)

10am to 12 noon

Adults and children welcome

**£5 per person**

(including a drink)

Book early to avoid disappointment



**Telephone 01326 290138**