

Grade Ruan Gazette

November 2016

Vol. 30 No. 8



Inside this month:

All our regular features, plus:

Autumn Show Report

Carol Cooper Obituary

Calling All Friends of Kennack Sands

Christmas Rail Information

Ruan Minor AONB Plan

In the Post - A Young Letter

90p

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business and holiday let in the Parish

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DATES FOR THE DIARY

| | |
|-------------------------|--|
| Alternate Weds | Recycling - 9, 23 November |
| Every 4 weeks | Mobile Library: Glebe Place 10.25am - 10.45am, 16 November |
| 2 nd Monday | Parish Council meeting, Methodist Chapel, 7.30pm, 8 November |
| 3 rd Tuesday | Soup, Pasty & Pudding, Methodist Chapel, 12.15pm. 15 November |
| 4 th Tuesday | Quiz in the Village Hall, 7.30pm, 22 November |
| Mon & Thurs | Short Mat Bowling, Village Hall, 7.00pm |
| Every Tue | (except 3 rd Tues) Coffee Morning, Methodist Chapel, 10am |
| Every Weds | Rainbows, Brownies & Guides. Joy Prince Tel: 290280 |
| Every Thurs | Market and Refreshments, Village Hall, 9.00am - 11.30am |
| Every Thurs | Yoga at the Village Hall, 5.30pm - 6.30pm |
| 1 st Sunday | Kennack Sands Beach Clean - 10 am start |

NOVEMBER (SEE "WHAT'S ON" FOR MORE DETAILS)

| | |
|-------------|--|
| 1 November | 2.30pm Cake Sale Grade Ruan School Hall in aid of Shelter Truro. See the <i>School Spot</i> for more information. |
| 5 November | Craft Fair at the Village Hall. 10am - 2pm |
| 5 November | Firework display at the Rec, 6pm |
| 6 November | Kennack Sands Beach Clean - 10 am Start |
| 9 November | Book Club at 8 pm Cadgwith Cove Inn (reviewing Eileen by Ottessa Moshfegh) |
| 13 November | Remembrance Sunday - 10.45 at the Village War Memorial followed by a United Service at 11 am at St Ruan Church |
| 16 November | Christmas Lights AGM, Rec Pavilion 7.30pm |
| 19 November | Children's Hospice Christmas Bazaar - Village Hall 10 - 12.30 pm |
| 19 November | Friends Open House Evening at the Village Hall - 7 pm |
| 26 November | Grade Ruan Under 5s Winter Bazaar - Village Hall 10 - 1.00 pm |

ADVANCE DATES

| | |
|--------------|---|
| 3 December | Christmas Lights Switch On - Cadgwith Cove |
| 4 December | Kennack Sands Beach Clean - 10 am Start |
| 4 December | Carolaire - Village Hall - starts 7.30 pm |
| 7 December | Book Club 8 pm - Cadgwith Cove Inn |
| 8 December | Village Hall - Christmas Market |
| 10 December | Grand Opening of the new Pavilion at the Rec. Noon. |
| 10 December: | Ruan Minor Football Club, First home game. 2.30pm |
| 16 December | End of Autumn School Term |
| 20 December | Village Hall Christmas Quiz Night |
| 22 December | Last Thursday Market at Village Hall until New Year |

2017

| | |
|------------------|---|
| 5 January | Village Hall Thursday Market re-opens |
| 15 - 18 February | The Ruan Revellers Variety Show at the Village Hall - 7.30 pm |
| 18 March | Spring Show |
| 12 - 16 June | Art & Craft Workshops for Cadgwith's "Fishy Tails" Show |

Front Cover:

Dahlias at the Village Hall with John Trewin and Philippa Goddard

DISTRIBUTORS

| | |
|------------------------|------------------|
| Cadgwith | Rose Bowcher |
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| Ruan Major | Chris Hunt |
| St Ruan | Margaret Coates |
| Treal | Annie Norcutt |
| Treleague Cross | The Green family |
| Trelugga/Tresaddern | Tanya Strike |
| Village centre | Ginny Sealey |
| Subscribers and Retail | Judith Green |

All houses (holiday lets and those that are permanently occupied) and businesses in the parish, should receive a free copy of the Gazette. If you are not receiving yours, please either speak to the person who delivers to your area, or contact Sue Cadman on 01326 291129.

CONTRIBUTIONS

Please send contributions to the Editor's email address shown below. Paper contributions can be put in the Mag Bag behind the door at Ruan Minor Stores. **The deadline is the 18th of the month prior to publication.**

Articles may need to be split over more than one issue, and might be edited.

If you have a photograph, painting or drawing that could be used on the front cover, please send it to the Editor.

Views and opinions expressed in submitted articles and letters are not necessarily those of the Editorial Team and Committee. The Editor reserves the right to alter submissions for length and / or diplomacy!

See us online at www.cadgwith.com and on Facebook "Grade Ruan Gazette"

ADVERTISING

Advertising in the Gazette is a great way of reaching everyone in the parish, and further afield. Approx. 590 copies are distributed every month and the rates are reasonable!

A ¼ page is £5.50, a ½ page £9 and a full page £16.50 per issue, with 10 issues per year. A 10% discount is available if you pay for 10 issues in advance.

For more information, please contact Moira Hurst or Peter Martin.

GAZETTE CONTACTS

| | | |
|---|---|--|
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| Over the Counter Sales: | Peter Martin, as above | |

The Gazette is a not-for-profit publication and is created and distributed by volunteers.

Noticeboard

November is going to be an eventful month for anyone who has cause to visit The Store. There will be some significant improvement works between November 9th and 24th. Thanks to considerable efforts being made by Claire it is hoped that there will be as little inconvenience as is possible. Do check The Store's ad on the back cover of this magazine for full details and page 61 for details of the Lizard Post Office opening hours.

Happy Birthday to: Daniel Woodley, Derek Basey (a big 0), Sam Birchmore, Fraser Thomson, Nicky Jose, Danielle Legge, Isabel V, Catherine Bird, Dawn Bishop, Toana Ellis, Sally Ellis, Brett Jose, Leanna Hooper, Robin Blight-Anderson, Esme H, Thea H, Carolyn Ferrari, Tom S, Kate Phillips (a big 0), Gwen Jane, Andreas H, Paul Penrose, Margaret Green, Jean Smith, Jonathon Coudrille, Janet Gascoigne, Casey V, Garry Holmes, Danny Phillips, Liz Hammill, David Goddard, Joe Stephens, Richard M, Tasha Allen Goldstone.

Last month there was a small misunderstanding when we said that Jacqui Dunmall was now a full member of the Lizard Lifeboat crew and she would just like to say that she is still trainee crew at the moment, with lots still to learn! Please accept our apologies Jacqui.

The December Gazette will have four pages of **colour photographs**, so please let us have your photos for inclusion. Please let us have photos of any events that you organised or attended,

so that we have good coverage of all the many activities that take place throughout the year.

The December issue will also contain **Christmas greetings** as usual. Please let Moira have your message along with a minimum donation of £5 (more if you're feeling generous), by 18th November. You can put it in the "Magbag" behind the door at the Ruan Minor Store, or drop it in the letter box at New Thatch.

If you would like to do things electronically, then email your message to graderuan.gazette@btinternet.com and make your donation (with a suitable reference please) online to:

Sort Code: 40-24-06

Account Number: 81100750

As before, half the donations will be given to a local good cause. This year the Committee has decided to donate it towards the fund for new children's play equipment for the Rec.

The next Gazette will be a combined issue for December and January. Please let Moira have your contributions by 18th November, otherwise they will not appear until February.

The Gazette AGM was held in September. Our Treasurer, Peter Martin, was able to report that following a change in printer and the recent increase in our advertising rates our finances were on a sound footing. The Committee would like to thank Nigel Green for auditing the accounts, and all

cont.



No one understands farm insurance better than Cornish Mutual. That's why your local Cornish Mutual contact, Jackie Coutts, takes the time to explain everything clearly, so you're as familiar with your insurance as you are with your farm.

You can contact Jackie Coutts in the following ways:

Call: 07720 899 669 Email: JCoutts@cornishmutual.co.uk

Our Member Services Team are available on 01872 277151

Monday - Friday 8.30am - 7.00pm Saturday 9.00am - 1.00pm

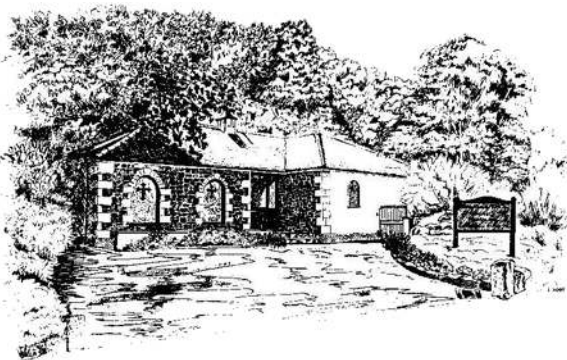
Via www.cornishmutual.co.uk

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Helston TR12 6NS

Noticeboard, cont ...

the distributors for ensuring that the magazines are delivered, in particular Sue Cadman for organising the distribution

The Parish Council will be providing a free Christmas Shopping bus trip to Truro on 15th November - see What's On for details and how to express an interest.

Sally Watts

From Mr and Mrs Bird

If it is possible, through your Magazine, we would like to thank the three gentlemen who helped to get our small motor home out of a ditch at the Ruan Crossroads on September 29th. The gentleman in the white van, who went to fetch a farmer and his son, who had a tractor. They all came to our aid and soon had us out. None of these wonderful people would accept any payment. We are deeply grateful to all the kind people of Cornwall, both resident and on holiday, but especially these three.

From Vicky Woods

Congratulations to ex Grade Ruan School pupil Emily Woods who has

recently graduated from Cardiff Metropolitan University with an honours degree in Textiles. Emily takes her inspiration from the local land and seascape, and specialises in designing fabrics with a Cornish theme. For example, she has created a design featuring the Helford River. Emily's fabrics for curtains, bedding, lampshades, cushion covers, throws, tea towels, scarves and other fashion items can be viewed at www.emilywoodstextiles.co.uk

From Anthony Young:

For the Scots lady from Edinburgh, living in Kuggar Village re: the no. 37 bus on Saturday 8th October.

Please ring Anthony 01209 831082.

The Saint Ruan 200 Club

Save your beautiful 11th century Church

*Information: Sheila Stephens
290583*

The winning ticket in the
October 2016 draw was

Ticket No: 108
Charlie Coates



"Stitch & Sew"

Ladies & Gentlemen's Garment repairs & Alterations
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Curtain making for small windows / matching cushions.

Contact Lorraine on 01326 291226 or
Drop & collect on my stall at Ruan Minor Village
market every Thursday morning

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We also deliver to your door (locally) on Mondays, Wednesdays and Fridays. Please call to arrange.

NEW THIS MONTH:

- **Veg boxes** available to order for pickup or delivery
- Special gift? **Bespoke hampers** of Cornish fare available
- Christmas orders now being taken

Farm shop opening hours:

10am to 6pm Monday to Friday

10am to 1pm Saturday and Sunday.

Why not support your local farm, cut down on food miles and landfill, and enjoy a fresh bottle of milk from the cows you can see every day.

Find us at **Treleague Farm** near the crossroads.

Phone: **01326 369123**

Text: **07891 714065**

Email **dairy@treleague.net**



@TreleagueDairy

What's ON

RUAN MINOR RECREATION GROUND GRAND FIREWORK DISPLAY

SATURDAY 5TH NOVEMBER

Those of you who saw last year's breath-taking display probably didn't think it could be bettered, but... once again Roddy Hall has kindly offered to put on a professional electronically controlled firework display.

This will be the most spectacular display for miles around. Don't miss it!

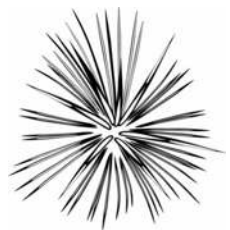
Gates open 6.00pm

Display starts 6.45pm

Refreshments

Licensed Bar

No Sparklers



Children must be accompanied by an adult.



Cadgwith Cove Inn Christmas Menu 2016



2 courses - £15.70

3 courses - £19.70

OR

An overnight stay with a festive meal £57 per person

(subject to room availability)

Starter

Smoked Salmon, Melon, Cucumber ribbons and Dill gel

Chicken Liver Parfait with toasted Brioche Port & Redcurrant Jelly

Spicy Apple and Parsnip Soup with Cinnamon croutons (V)

Warmed Goats Cheese with Gooseberry compote, Toasted croute & Leaf (V)

Mains

Roast Turkey, Served with Chestnut stuffing, Pigs in Blankets, Roast Potatoes, Seasonal Vegetables, Cranberry sauce and Madeira gravy

Roast Topside of Beef, Chestnut stuffing, Pigs in Blankets, Roast potatoes, Seasonal Vegetables, Horseradish sauce and Madeira gravy

Whole Foil Baked Sea Bass served with White Wine, Lemon, Fennel & Garden Herbs, Boulangere Potatoes and Seasonal Vegetables

Wild Mushroom Wellington served with Cranberry Mash, Seasonal Vegetables and Vegetable Jus (V)

Desserts

Apple & Cinnamon Crumble with Custard (V)

Christmas Pudding with homemade Brandy sauce (V)

Chocolate Torte with Clotted Cream and Chocolate **works**

A Selection of Cornish Cheese with Grapes, Celery and Crackers (V)



Cornish Coffee £4

Coffee of your choice served with a duo of homemade Chocolate Truffles



What's ON

Christmas Lights **AGM**

Wednesday
16th November
7.30 p.m.

Recreation Ground
Pavilion
Everyone Welcome

CHRISTMAS SHOPPING TRIP TO TRURO ON 15th NOVEMBER 2016

***BUS PROVIDED BY THE PARISH
COUNCIL FREE OF CHARGE***

**PLEASE CONTACT SHEILA
STEPHENS ON 290583 OR LEAVE
YOUR DETAILS AT THE STORE IF
YOU ARE INTERESTED IN SOME
PLACES ON THE BUS**

*Please check the Parish Council Notice
Board for further details*

Sunday 13th November 2015

REMEMBRANCE SUNDAY

**The traditional Act of Remembrance will take place at
the Village War Memorial at 10.45 am.**



**This will be followed
by a
United Service
in St. Ruan Church
at 11.00 am**



Reg. Charity No. 225626

RUAN MINOR VILLAGE HALL

WHAT'S GOING ON AT THE VILLAGE HALL?

THE THURSDAY MARKET

The market is held every Thursday morning from 9 am to 11.30 am or later in the summer. Come along, browse our stalls for some superb purchases, enjoy a cup of tea or coffee, some toast, teacakes, or why not try our speciality 'The Village Hall Bacon Sarnie' and now we are serving fried eggs as well! If you prefer, just stay for a chat and catch up with the local news.

Regular stalls include:

| | | |
|---------------------|-----------------------------|--------------------|
| Art & Craft work | Jewellery & Accessories | Household Goods |
| Jams & Preserves | Cakes, Pastries, Foodstuffs | Cards & Stationery |
| Knitware & Quilting | Leggy's Pasties | Flowers & Plants |
| Bric-a-Brac | Needlecraft | Books |

You can also try your luck on the weekly raffle to win one of the excellent prizes on offer and it's all to help raise money to keep the Village Hall thriving.

To book a stall or get further information, please telephone

Sue Cadman on 01326 291129

or just call in on a Thursday morning to see what's going on.

SHORT MAT BOWLS

Sessions are held on Monday and Thursday evenings at 7.00pm.

It doesn't matter whether you're a beginner or seasoned campaigner, come along and have a go. It's only £1 per session and you get tea, coffee and biscuits thrown in. Spare bowls are available.

For more information call **Steve Griffiths on 290154**

QUIZ NIGHT

Quizzes are held on the 4th Tuesday of every month and its fun for all the family. It's £1 per person including tea, coffee and biscuits or you can BYO if you prefer. The contest begins at 7.30pm. Any changes to dates will be notified on the Village notice boards.

SPECIAL EVENTS

Check on the Hall and Village notice boards for details of the many special events held in the Hall throughout the year.

ARRANGING AN EVENT?

Are you looking for somewhere to hold a party, a meeting, fairs, sales or bazaars, community events? We have ideal facilities to help you out and can also provide tables and chairs if required. Give us a ring and let's discuss how we might be able to help.

For more information call Sue Cadman on 01326 291129

We are wheelchair friendly.

CRAFT FAIR
AT THE VILLAGE HALL
5th NOVEMBER 10 am - 2 pm
PERFECT FOR YOUR CHRISTMAS
SHOPPING !

**If you would like a stall please contact Sue
Cadman on 291129**

**Fees are 10% of takings and a donation to the raffle.
Set up from 4pm the Friday before
and 9 am on the day**

A CHRISTMAS THANKYOU



FROM THE VILLAGE HALL



The Village Hall would like to thank all it's supporters with
an invitation to our

Carolaire on Sunday 4th December at 7.30 pm

"The Menherion Singers" will be providing
festive entertainment,

This is a free event and there will be a raffle, mulled wine
and refreshments including pasties.

A bucket collection will be made for a local charity

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FRIENDS OPEN HOUSE EVENING

Saturday 19 November 2016 at 7 pm

Join us at the Village Hall for food and drinks as a thank you to our members and supporters and an open welcome to everyone else who is interested to hear our plans for 2017.

FREE ENTRY with a GRAND RAFFLE
MUSICAL ENTERTAINMENT & SING-A-LONG



The Friends of St Ruan and St Grade Historic Church Buildings is a Registered Charity No. 1164632



The
Santa
Series



Surfing Santas, cycling Santas, Elves and Reindeers – they're all part of Cornwall Hospice Care's 2016 Santa Series and you're invited to take part.

This year the Cornish charity is holding festive events in Bodmin, Wadebridge, Padstow, Newquay, Truro, Falmouth, **Helston** and Marazion. Sign up online and you'll receive a festive Santa suit or for Bodmin you can opt for a Rudolph outfit and for Padstow and Falmouth the Elf costume may be more to your liking! You can run, jog or walk the routes and your reward will be a Christmas medal and a delicious mince pie.

To view the dates (all between 26th November and 17th December) and to register online, go to www.cornwallhospicecare.co.uk £12 for adults and £7 for children.



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**CHILDREN'S HOSPICE
CHRISTMAS COFFEE
MORNING**

RUAN MINOR VILLAGE HALL

10.30 am - 12.30 pm

SATURDAY NOVEMBER 19th

**LOTS OF VARIOUS STALLS INCLUDING
CRAFTS, GIFTS, TOMBOLA, BOTTLE,
RAFFLE, CAKES, ETC.**

***Please come and support your
local Children's Hospice
in St Austell.***

**Come and have a cup of coffee or
tea and a chat with friends, we
would love to see you there**

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City & Guilds

NVQ 1, NVQ 2,

What's ON - CONTINUED



Winter Bazaar

Saturday 26th November
In the Village Hall

2016

10am - 1pm

Stalls/ Gifts/ Crafts/ Refreshments

Raising money for the Grade-Ruan Under 5's
forest school

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9am - 1pm Tuesday to Saturday

(Closed on Mondays throughout the winter)

Evening bakes Thursday and Friday



Ruan Minor Recreation Ground

GRAND OPENING

of the

New Pavilion

by Andrew George

Saturday 10th December

at Noon

Everyone Welcome!



The opening will be followed at 2.30pm by the first home game for the new Ruan Minor Football team.

Do come and cheer on your local team.

(Please bring a chair)

Bar, refreshments, cakes and pasties will be available.



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Cornwall TR12 7AR
cornishchoughbrewery@hotmail.co.uk

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School Spot



Grade-Ruan Under 5s

Grade-Ruan School

Mullion School

Grade-Ruan Under 5s: For the latest news please go on line and check Facebook "Grade Ruan Under 5s"

Grade Ruan School is taking part in the shoebox appeal for Operation Christmas Child. If you would like to fill a shoebox, please drop it in to school by Tuesday 15th December. Boxes can be for a boy or a girl, aged 2-4, 5-9 or 10-14 and can include: toys - such as dolls or stuffed toys (with CE label), toy truck, harmonica, yo-yo, skipping rope, ball, small puzzle etc; school supplies - pens, pencils & sharpeners, crayons, felt pens, writing pads, notebooks, solar calculators, colouring books; hygiene items - toothbrush & toothpaste, bars of wrapped soap, comb, hairbrush, flannel; and other items such as a hat, cap, gloves, scarf, sunglasses, hair accessories, wind up torch, wrapped sweets (best before date must be at least March 2017). Please also include a cheque for £3 to Samaritan's Purse to cover transportation cost. *Please do not include used or damaged items, war related items such as toy guns or play soldiers, chocolate or other food items, liquids or lotions of any type including bubbles, medicines, hand-made or knitted stuffed toys, anything of a political, racial or religious nature, sharp objects, glass containers, mirrors or fragile items, playing cards of the 4-suit variety or clothing other than as listed above. For more information see www.samaritans-purse.org.uk*

Well done to our KS2 hockey players who won the Keskowethyans MAT
cont.



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(24/7)

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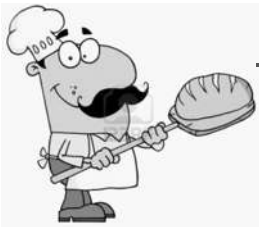
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strimmers, chainsaws etc



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- ★ Reasonable rates
- ★ Breakdown call-outs
- ★ No job too small



Tel: 01326 240617 Mob: 07790 276060



La petite Boulangerie

Authentic artisan hand made bread.

"Ocklynge", St Ruan, Ruan Minor

01326 290764

We are closing THE STALL for the winter but our staff are eager and waiting by the phone to take orders by 4 o'clock to be ready for collection from "Ocklynge" after 11 o'clock next morning.

Focaccia loaf @ £3.00 Sour Dough loaf @ £3.00

Granary loaf @ £3.00 Plain white loaf @ £3.00

Wholemeal loaf @ £3.00 Wholemeal loaf with seeds and nuts @ £3.00

Or rolls of any type except Focaccia. You choose and we bake.

Also apricot flapjack, chocolate cookies and shortbread.

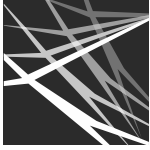
Hockey Tournament at Manaccan School. Year 5-6 team then progressed on to the Mullion Cluster Tournament at Culdrose and their success at that event means they have qualified for the Cornwall School Games competition in April 2017.

Starfish Class very much enjoyed their visit to Mullion Fire Station. They travelled on the #37 bus which was very exciting, especially sitting on the top deck! They also enjoyed a picnic and a play in the park. Thank you very much to Mullion Fire Station for giving us a tour of the Fire Station and all the equipment, despite being only recently returned from a call out.

If the Gazette arrives through your door early, you are invited to a cake sale in the School Hall at 2.30pm on Tuesday 1st November. This is to raise money for Shelter, Truro following Tamlyn's great concern about the number of homeless teenagers and adults in Cornwall. We will also be collecting warm blankets, hats, scarves, socks, adult & teenage clothing etc to donate to St Petroc's House.

Mullion School has teamed up with an education charity Future First, which is helping the school to reconnect with former pupils and involve them in school life, whether they left last year or fifty years ago! Please help the school in its efforts to reach as many former Mullion School pupils as possible. The school wants to build its Alumni network - to keep former pupils updated on events and offer opportunities for past pupils to give something back - showing current pupils what life is like once they have left school and all the different options open to them. So, relative, colleague or friend, from doctors to dancers, pilots to personal trainers - the school would love you to sign up at <https://networks.futurefirst.org.uk/former-student/mullion>.

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FREE QUOTATION



Grade Ruan Horticultural Society
Autumn Show Trophy Winners 2016.

| TROPHY | DESCRIPTION | WINNER |
|---|---|-------------------|
| Ruan Minor Village Hall Jubilee Cup | Best Overall Exhibit | Doug Stevens |
| Charles Kynaston Studd Cup | Most points in the Show | Clarence Thomas |
| Mrs Wilks Cup | Grade Ruan Parishioner with most points in show | Mary Roberts |
| Mrs P Lindsay Cup | Most points in show - up to 16 years | Elizabeth Shearer |
| Garden News Oak Shield | Most points Flower and Vegetable Classes | Clarence Thomas |
| Jenette Agatha Pugsley Memorial Cup | Best exhibit in Fuchsia and Rose classes | Clarence Thomas |
| C.J Trewin (1) | Most points in flower classes | Clarence Thomas |
| C.J Trewin Cup (2) | Most points in fruit classes | Doug Stevens |
| Dr & Mrs P Cuff Cup | Best Collection of Herbs | Kyra Tonks |
| Grant Hart Cup | Most Points in flowers by a Grade Ruan Parishioner | Joy Bosustow |
| Helston & District Floral Art Society Cup | Best Exhibit in class 30 display | No entrant |
| Committee Cup | Most Points in Floral Art classes | Di Peters |
| June Curtin Cup | Most Points in Preserve classes | Margaret Evans |
| Cookery Cup | Most points in Cookery classes | Janette Eathorne |
| Mrs Brierly Goblet | Most Points in Cookery by Grade Ruan Parishioner | Gina Spiers |
| Ruby Carter Trophy | Best Exhibit in Cookery Classes | Elizabeth Endean |
| Dr J Wilks Cup | Best exhibit in Cookery by under 18 years old | Jowan Handford |
| J.C Trewin Cup | Most points Farm Produce | Allister Rowe |
| Tony Girling Cup | Most points in Handicraft classes 123-144 | Loretta Ruse |
| Mrs Jill London Trophy | Most points classes 123 to 155a by a Grade Ruan Parishioner | Andrew Fletcher |
| Mrs Jill London Trophy | Grade Ruan WI Cup | Janet Steadman |

cont.

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LAST POSTING DATES

CHRISTMAS 2016

(from Claire at Ruan Minor Post Office)

INTERNATIONAL SURFACE MAIL:

[Apologies that some of these dates have passed already - The info wasn't available in time for the November Gazette deadline Ed]

- 28 Sep: All non-European destinations
(except Far East, Middle East, South Africa, USA, Canada)
- 29 Sep: Far and Middle East (except Hong Kong and Singapore)
- 13 Oct: Hong Kong, Singapore, South Africa, USA, Canada
- 3 Nov: Cyprus, Eastern Europe, Greece, Iceland, Malta, Turkey
- 17 Nov: Western Europe.

INTERNATIONAL STANDARD AIRMAIL & INTERNATIONAL TRACKING AND SIGNATURE SERVICES:

- 28 Nov International Standard to operational HM Forces Mail
- 3 Dec: Africa, Middle East
- 7 Dec: Asia, Far East, Cyprus, Japan, Eastern Europe (except Poland, Czech Republic, Slovakia).
- 8 Dec: Caribbean, Central and South America
- 10 Dec: Australia, Greece, New Zealand
- 12 Dec Int. Standard to static HM Forces Mail
- 14 Dec Czech Republic, Germany, Italy, Poland
- 15 Dec: Canada, Finland, Sweden, USA
- 16 Dec: Austria, Denmark, Iceland, Netherlands, Norway, Portugal, Alovakia, Spain, Switzerland
- 17 Dec: Belgium, France, Ireland, Luxembourg

UK:

- 20 Dec: 2nd Class, 2nd Class Signed For
- 21 Dec: 1st Class, 1st Class Signed For
- 22 Dec Special Delivery Guaranteed

For a full list of last recommended posting dates, please visit www.royalmail.com/greetings. For British Forces last posting dates, please visit www.gov.uk and search for BFPO.

Autumn Show Trophy Winners 2016 continued

| TROPHY | DESCRIPTION | WINNER |
|------------------------------------|--|--|
| Mrs Jill London Trophy | Grade Ruan WI Cup | Janet Steadman |
| Francis Trewin Cup (1) | Most points under 18 Photography | Matthew Price |
| Francis Trewin Cup (2) | Best Exhibit under 18 Photography | Matthew Price |
| Arthur Carter Cup | Most points in Photography Grade Ruan Parishioner | Andrew Fletcher |
| J. F. Bosustow Perpetual Trophy | Most points Grade Ruan School Pupil classes 170 to 187 | Mailli Rae Carter |
| Mrs E. Pogson Cash Prizes | Best Exhibit in each School Year | R Oscar Buettner 1. Rosie Holmes 2. Billy Bodkin Allen 3. Sophie Jane 4. Rose Tonks 5. Holly Holmes 6. Jack Sherratt |
| Mr D. Julian Cash Prize | Grade Ruan Parishioner with most points in show | Boy: Tamlyn Carter Girl: Mailli Rae Carter |

BEST IN SECTION WINNERS

| SECTION | WINNER |
|----------------------|-------------------|
| Flowers | Clarence Thomas |
| Floral Art | Prue Towner |
| Vegetables | Alec Foreman |
| Fruit | Doug Stevens |
| Preserves | Margaret Evans |
| Cookery | Elizabeth Endean |
| Farm Produce | Laurel Eathorne |
| Needlework | Janet Steadman |
| Knitting and Crochet | Loretta Ruse |
| Arts and Crafts | Michelle Jeffries |
| Photography | J Lennard |
| Children 12 to 16 | Chloe Price |
| Children 8 to 11 | Mailli Rae Carter |

cont.

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AUTUMN SHOW REPORT

by David Endean

We had our Autumn show once again this year on the 8th of October it was a lovely day after a great settled spell of weather from the east, good for us but not the fishermen. We had some lovely exhibits once again over 700 although this year we were a little down on individual exhibitors with 87.

This year the show was opened by our local MP Derek Thomas who came nice and early with his father to view the show. He was impressed with the standard of entries and the numbers of people who came to view and support the event. He had particular mention for some of the children's entries, a jar of crystal clear honey exhibited by Laurel Eathorne, the display of Dahlias and the exhibit which was given the accolade of Best in show, a collection of apples which he thought were truly mouth-watering but also a true mark of Autumn. The apples were grown by Doug Stevens, a keen supporter of both our Autumn and Spring shows, he lives in St Keverne but is a Kuggar man at heart.

We had great support from exhibitors from all around West Cornwall, Clarence Thomas won several trophies including most points in show for his flowers and veg. Alec Foreman from Helston won the best exhibit in Vegetables with his long carrots, Tom Christophers from Leedstown and Colin Phillips from Fraddam both claimed many prizes. Mr Norman Hosking of Penzance judged this section for us which continued his long association with the show, he first came and showed here in 1958.

Young Elizabeth Shearer won the Mrs P Lindsay cup for most points up to 16 years old this was a combination of her entries in the children's section plus vegetables which also saw her win the most points by a parishioner in the vegetable section, the Frank Skewes Cup. She was very pleased with her box of vegetables and the cherry tomatoes which won the class against some stiff competition.

Mary Roberts entered most sections of the show and her efforts saw her gain the Mrs Wilks cup for the most points in show by a parishioner and Kyra Tonks put together a very nice collection of fresh herbs.

As usual the cookery section was hard fought with Margret Evans winning most points in the preserves, very good as she only got back from holiday the night before the show. Most points in the cookery section was retained by Janette Eathorne but she was run hard by Gina Spiers, including a very tempting chocolate cake. Elizabeth Endean gained the best exhibit in the section for her Saffron buns ,true Cornish fare.

Andrew Fletcher's stunning photography gained him the Arthur Carter Cup and the Jill London Trophy. Matthew Price won the under 18's trophies in photography.

Once again there were some very inventive exhibits to be seen in the snooker room from the children where it was the Carter household who showed how to do it with Mailli Rae winning the J F Bosustow trophy and the Desmond Julian prize for a Girl and Tamlyn who won the equivalent prize for a Boy.

We must thank everyone who came and supported us including our various sponsors without whom we could not keep going. We look forward to seeing even more of you next year - plans are afoot already as next year will be our 70th Show. Not many people have seen them all Johnno.

Rector's Ramblings

Some of you may remember the 1958 film, 'Gigi', with Maurice Chevalier and Hermione Gingold reminiscing about a former 'liaison' in their song, 'Ah yes, I remember it well':

"We met at nine";
"We met at eight."
"I was on time";
"No, you were late."
"Ah, yes, I remember it well."
"We dined with friends";
"We dined alone."
"A tenor sang";
"A baritone."
"Ah, yes, I remember it well."

It has been said that our memories make us who we are – 'We are our memories and without them we have but a physical resemblance to that person we each suppose ourselves to be.' (David Keck; '*Forgetting who We Are*'; 1996; Nashville: Abingdon Press).

But what about when we *can't* remember; or when our short-term memory is impaired? Yes, of course we all have those times when we go into the next room or upstairs to do/get something, then by the time we get there we've forgotten why we went there in the first place – and we laugh at this and often have to retrace our steps to remind ourselves of what the heck we went there for! But *real* loss of memory – dementia – is something else. In his book, 'Dementia: Living in the Memories of God', John Swinton writes:

"Who will I be when I have forgotten who I think I am; who will I become when that last tentative connection between who I thought I was then and who I think I am now has been severed?"

Dementia is an extremely difficult and challenging condition to live with – both for the sufferer and for those who care for them. Some of you will have lived or will be living through this experience, this challenge, right now. It can seem that we have, or our loved one has lost our/his/her identity – that we/they are 'not the same person'.

But God assures us: "I will not forget **you**! See, I have written your name on the palms of my hands" (*Isaiah 49:15-16*).

Those words are such a comfort; because although the dementia sufferer may have lost his/her identity and may struggle to know who they are, yet they are held and known by God in **His** memory; which means that we should be careful when we assume that a person with dementia has lost his/her identity. John Swinton writes: 'Certainly the person may have changed, sometimes quite radically so. Maybe he doesn't recognise us, and perhaps we struggle to recognise him. Nevertheless, his identity – that which holds him in his place of self and humanness – is not lost or forgotten ... it is held in the memory of God.' (John Swinton; 'Dementia: Living in the Memories of God'; 2012, SCM Press)

Held in the memory of God: we may be uncertain about who we are, but God is not. He remembers us properly because He knows and loves us. And His version of that 'Gigi' song?: "Ah, yes, I remember *you* well."

Blessings

Revd Deirdre

deirdre.mackrill@btinternet.com



Church Services



Church of England Services

November

| | | |
|----------------------|--|---------|
| Sun 6 th | Morning Praise, St Ruan Church | 11.15am |
| Sun 13 th | Remembrance Sunday Act of Remembrance at the War Memorial Followed by a United Remembrance Service at St Ruan Church | 10.45am |
| | Evensong (<i>BCP</i>), St Grade Church | 3pm |
| Sun 20 th | Family Service, St Ruan Church | 11.15am |
| | Evening Praise, St Mary's Church, Cadgwith | 3pm |
| Sun 27 th | Advent Sunday Holy Communion, St Ruan Church | 9.30am |

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Fr. Brian Kenwrick 01326 312763

Sunday Mass at

St. Mary's Helston at 9.00 a.m.

Other services at Mullion and Helston will be detailed on the church noticeboards, or at www.falmouthcatholicchurch.org.uk

Contact details for St Ruan Church, St Grade Church and St Mary's Church:

| | |
|---|--------|
| The Revd Peter Sharpe, Priest-in-Charge | 280999 |
| The Revd Deirdre Mackrill, Associate Priest | 281178 |
| Churchwarden, Sheila Stephens | 290583 |
| PCC Secretary, Chris and Barry Lovelock | 290181 |
| Church Treasurer, Revd Peter Sharpe | 280999 |

Jesus the Carpenter is looking for joiners!

The Bible says: "Together we are His house, built on the foundation of the apostles and the prophets. And the cornerstone is Christ himself. We are carefully joined together in him." (Ephesians 2: 20,21)

A cornerstone was laid on Saturday 15th October, at Wadebridge Christian Centre, when over 40 Christian disciples of different denominations came from different parts of Cornwall, (some from the Lizard peninsula), and attended the very successful short, informative and intense training workshop for them to be 'Light Bearers' spreading the Good News of Christ in their respective towns and catchment areas.

It was designed especially on 'How' to successfully share the 'Good News', rather than spending time on 'Why.' More workshops will emerge. This network of men and women, who have been called and chosen by God, are the forerunners of God's latest vision to soon have His network of 'Light Bearers' in every sizeable town and catchment area operating throughout the whole of Cornwall.

If you are a Christian and you would like to know more about this network, then please feel free to make contact with me, Howard Bray Tel. 01326 280459 or email me on f.bray11@btinternet.com

Jesus said: "You're here to be light, bringing out the God colours in the world. God is not a secret to be kept. We're going public with this, as public as a city on a hill. If I make you Light Bearers, you don't think I'm going to hide you under a bucket, do you?" (Matthew 5: 14-15)

We have a message worth shouting about, so please consider being a joiner and become either a 'Prayer Partner' or a 'Light Bearer', or both; God needs you now! *Thank you.*

Howard Bray

**Light
up
a Life**

Cornwall Hospice Care is getting ready for the ever popular Light up a Life events that take place across the county. This year we are inviting everyone to remember their loved ones with us by entering names into our books of remembrance and joining us at one of five celebration services that will take place throughout December.

There does not need to have been any connection with Cornwall Hospice Care in order to remember your loved ones with us this Christmas. The books will be available to view on-line or at the celebration services which take place in Truro Cathedral, Mount Edgcumbe Hospice, St Julia's Hospice, St Mary's Church in Launceston and at Chapel Street Methodist Church, Penzance.

To register your details for a page in the book or to find out dates for the services go to www.cornwallhospicecare.co.uk or call 01726 66868.



CAROL COOPER 1939 - 2016

We are sorry to announce the death of Carol Cooper, who with her husband Colin and family lived in Poltesco Mill House for 40 years.

Carol was born on the 8th of June 1939, the only child of George and Olive Gilson, in Six Bells, Abertillery, Monmouthshire. While a child her father's work took them first to Somerset, then to Porton Down, near Salisbury, and finally in 1952 to Reading when her father was transferred to Aldermaston.

While still at school in Reading she met Colin who had come to Reading University in 1955. They were married in the Kings Road Baptist Church on 8th of April 1961 and had chosen Cornwall for their honeymoon as neither had ever been there. They enjoyed their stay so much that they obtained teaching posts and were back in the county in January 1970 with their three children, Alison, Christopher and Nicholas.

They lived first of all near St Austell and in 1974 moved to Ruan Minor when Colin obtained a teaching post in Penzance. In 1979 Carol started her long career at Hayle Community School, where she taught English and Religious Education. She was responsible for morning assemblies and also, one year, she was asked to organise the Christmas concert, which was a great success. She retired in 1997.

She involved herself in Ruan village life, starting the Playgroup in 1975, serving as a Parish Councillor for 16 years [from which on retirement she was given a beautiful model serpentine lighthouse, specially made], and for over 30 years she was a member of the Village Hall Committee, nine years as Chairman. During this time, with Colin as Secretary, the village hall extension was built and the Diamond Jubilee of the hall's opening was celebrated with a week of events in 1994. She was also a member of the parochial church council for several years, as was Colin, who was also organist at the parish church for 14 years.

They moved to Mullion in April 2014, the old farmhouse in Poltesco being no longer suitable for Colin, now in a wheelchair having had his right leg amputated following an accident. Carol quickly realised that a lot of carers coped by themselves and set up the Mullion Carers' Group which has been recognised by Cornwall Council which gives the Group an annual grant.

At the beginning of 2016, however, Carol became seriously ill, with infections affecting kidneys and heart that made walking difficult and painful. From 1st March until she passed away on 28th September she was at home for only five days. She was transferred from hospital to Poldhu Care Home on 8th July, where Colin was able to visit her every afternoon until she passed peacefully away in her sleep, with Colin at her bedside. They were married for 55 years.

Colin would like to thank everyone for their cards, letters and phone calls and those who attended Carol's funeral in Mullion Church on 11th October. Colin is hoping to organise a memorial concert in the new year.



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Recreation Ground News

Still hard to believe it's nearly November (as I write) - still warm and Sunny, yet here we are looking forward to Firework Night, and to Christmas!

Now onto the finishing touches with the new pavilion. Floor in the main area, kitchen and toilets is finished (covered with sheets of hardboard to protect it at the moment) and looks great. Electrics and plumbing nearly finished, including loos and washbasins. All the lights work - although some of the switches are in the wrong order (should be fixed when you read this!) Ceilings and other decorating pretty much finished, and looking good too. Last time I looked, there was a stack of internal doors and boxes of handles and hinges ready to fit - first doors already in place, so the rest will be done by the time you read this.

Once the doors are fitted, the toilets are ready to use. There is one of Steve Holyer and Helen Kemp's ADI Room-Mate units in the disabled toilet, to make it easier for partially-sighted to find their way around. There are piles of boxes of stainless-steel tables, cupboards and sinks to go in the kitchen, so they should all be fitted soon. The framework for the bar is all in it's final place, and hopefully the wooden cladding and granite bar-top should be fitted soon, also negotiations are going on to have all the taps, lines and coolers installed for us. There is still some work to do in the changing rooms, but that will all be finished during the month - so they're ready for the first match!

The Football Club have delayed their

first home match until 10th December. They have worked hard to get the pitch ready and the new goalposts installed. We have decided that this would be a good day to choose for our official opening - there is a "poster" for this in the 'What's On' section of this magazine. We have invited our ex-MP Andrew George to open the building, because of his long associations with football at Ruan Minor. We hope everyone will be there for this momentous occasion!

But, before that, we have our grand firework display, again, kindly organised by Roddy Hall - and it should be bigger and better than ever! This will also be a good first opportunity for everyone to see the new building - some bits might not be completely finished yet, but most of it is!

Looking ahead, the Football Club has re-started the annual Boxing Day match with Lizard - I'm sure they will have written about it elsewhere, but this should be a really good fun event - well worth dropping in!

Also, we are in the early stages of planning a New Years Eve party - please mark it in your diaries, and look out for more information in the next Gazette (and Facebook)!

Many thanks for your continuing support,

Mike Fleetwood, Chairman.



See us on Facebook:
"Grade Ruan Recreation Ground"



Ruan Minor Football Club News



See us on Facebook:
"Ruan Minor Football Club"

At the time of going to press, the new Ruan Minor football team had played four matches in Div 4 of the Trelawney league. Here are the **results**:

| | | | |
|-----------------------------|--------------|-------|------------|
| Away to Four Lanes Reserves | 10 September | 5 - 3 | Ruan Minor |
| Away to Hayle 3rds | 17 September | 0 - 6 | Ruan Minor |
| Away to Carharrack Reserves | 8 October | 2 - 1 | Ruan Minor |
| Away to Marazion Blues | 15 October | 8 - 1 | Ruan Minor |

Man of the match in the Carhaarrack game was 'Wayne Tigger Briggs' and the goal was from Chris Ensink. Man of the match against Marazion was Peter Johnson with a goal from Chris Ensink. Ruan Minor beat St Ives Mariners in the Cup in the Cup 2-0 man of the match was Tony Bennett, goals were from Chris Ensink and Peter Johnson.



Forthcoming Fixtures:

- 22 October Away to New Inn Titans
- 29 October Away to Newbridge Athletic
- 5 November Away to Madron
- 12 November Away to Newlyn Non--Athetico Reserves
- 19 November Away to New Inn Titans

Our first home game is now taking place on the 10th December against Rosudgeon Reserves and the 'Old Boot' fixture is confirmed against The Lizard on 26th December with a 2pm kick-off. There will be a kids match played at half time followed by a presentation and Prize Auction.

Special mention should go to Claire Dougal from Cornish Coffee for sponsoring the Boy Ball and Girl Ball Kits at RMFC for home match days.



Improvements are ongoing at the Recreation Ground and here is a picture of Keith Yerrell putting up new goal posts.

Gary Pollard (Tel: 290602)



QUIZ NIGHT NEWS

Following an unexpected (and temporary) dip in form, 'THE MOTLEY CREW' were back to their quizzing best as they fought off all would-be winners to claim the September 'QUIZ NIGHT CHAMPIONS' crown.

The Crew's impressive quizzing prowess proved too hot to handle even though a concerted effort from 'JUST US 7 MINUS THE DOG' took them to the 'Runners Up' spot, just 2 1/2 points behind the winners' total. All of the other teams taking part hustled and bustled throughout the evening's 8 rounds and 135 questions but, although everyone was in with a shout until the All-Nighter scores were announced, it was only JUSMTD who, ultimately, provided a realistic challenge.

At the other end of the proceedings it was the part local, part visitor team 'WHATEVER' who claimed the honour of securing the safety of THE WOODEN SPOON for the following month; a prize which they claimed with very smiley faces indeed!

September's GUEST ROUND was composed and posted to the Quizmaster by former keen quizzier VIV. Viv left Mundys Field last year to return 'up-country' but misses Ruan and QUIZ NIGHT AT THE VILLAGE HALL to such an extent that she asked if she could compile another guest round 'for old time's sake'. The questions posed by Viv tested contestants' knowledge of 'matters feline' to the full and was very well received. When you read this Viv, "thanks". Next month sees Skinny and Mags setting the guest round challenge so we will all look forward to their usual high standard challenge.

When calmness had been restored and pulses were approaching their normal rates the final 'Scores on the Doors' were as follows:

| <u>Position</u> | <u>Team</u> | <u>Score</u> |
|-----------------|-------------------------|--------------|
| 1 st | The Motley Crew | 129.0 |
| 2 nd | Just Us 7 Minus The Dog | 126.5 |
| 3 rd | New Blood | 114.5 |
| 4 th | Cliffhangers | 110.5 |
| 5 th | The Buccaneers | 108.0 |
| 6 th | Cob Nuts | 106.0 |
| 7 th | Whatever | 98 |

Thanks again everyone for another super evening of quizzing fun and games. Take care and see you all next time *Quizmaster Dave*.

NEXT QUIZ NIGHT: 22nd November



Gardening in October

by David Endean

Well as I put the proverbial ink to paper I think autumn is truly here, there are only a few die hard Swallows left chasing fewer flies in the sky. I have seen the usual migratory birds which pass north in the spring and return south in the fall such as the wheatear and Redstarts. The first of the winter migrants are here and the Starlings are beginning to form larger flocks. But a surer sign of the changing season is that the Autumn show has passed once more and I am considering a change of hat which will surely come in November.

What can I find for you to do this month? Well best to start with some jobs that I have to do, the biggest of which is the trimming of a very long boundary privet hedge. This is such a big job that it can only be trimmed once a year. It will take me four days if the weather plays ball removing 2-3 feet of growth. As you will know if you have undertaken the task of hedge trimming it takes as long, if not twice as long, to pick the debris up than it does to cut it off. Down around here I would class Privet as a semi evergreen shrub, this is useful as it keeps some privacy but the plant is dormant at this time of year so can withstand a harder prune if necessary.

I also have some apple trees to prune, generally remove the damaged and diseased branches and reduce the new whippy growth back to three buds. This pruning is likely to encourage a heavily branched structure so it is sometimes wise

to thin this out also, firstly removing crossing branches and then thinning where needed to allow more air and light into the centre of the tree. thus reducing fungal diseases. In addition the light tends to give the apple a more appealing colour. I am also aiming to clear some of the weed and grass growth from around the base of the tree this reduces future nutrient competition.

Now is the time to order and plant bare root plants especially roses, it is also a good time to move plants like herbaceous perennials or deciduous shrubs. As with all planting, major dividends are gained from spending time on ground preparation. This work cannot be done at a date after planting so dig the area well remove all perennial weeds and add some organic matter to give the ground body and aid in moisture retention. Add a bit of fertiliser; something high in phosphorus.

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phates as this will promote root growth, bone meal is ideal for the job. The soil is still warm enough early in the month to allow the plants to put out new roots and get established. But if your desired planting spot is quite exposed to our heavily salt laden winds it is often better to delay planting until early spring as this allows less time for the winds to do their damage before the plant can start to regenerate itself. This of course is no good if you already have the plants, as leaving them out of the ground will mean that will they dry up and die. In that case you could find a sheltered spot and just temporarily heal them in. This is a process of just very rough planting so that the roots are buried and firmed into the ground but no real care is needed to ensure the plant is vertical and many plants can be crammed together, often in the shelter of a hedge.

November is the time to plant the last of your spring flowering bulbs, truly daffodils should have already been planted but it is not too late, but now is ideal for tulips. As usual prepare the ground well removing any weeds and roots add a little garden compost and some general fertiliser. Plant them deep at least three times the depth of the bulb, this helps supports the flower stems from the vagaries of the spring weather also tulips survive better to flower another year from a deeper planting. Alternatively you can plant up some reasonable sized pots and use them in the spring to brighten up spots in the garden for a short spell then replace them with something else. Hopefully you will have some blooms for the spring show which is planned for 18th of March.

Well get out and do what you can in the garden this month but most of all enjoy your gardening.



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Calling All Friends of Kennack Sands

A West Briton Article by Steve Townsend and Joey Clifton

Crises and hard times can bring people together to care for places they cherish and treasure. This summer Kennack Sands took on the great rubbish challenge and survived. Now, we are hoping to capture that community spirit by expanding the Friends of Kennack Sands group to help keep our beaches as glorious as they can be.

Like many locations in Cornwall, Kennack Sands, on the AONB Lizard Peninsula, was a victim of council cuts this spring. Well used by local people and a very popular visitor destination, the removal of waste bins at Kennack was going to be a challenging. In peak season 9 x 240L bins, often overflowing, were emptied daily!

The beach and surrounding Site of Special Scientific Interest is owned by Tregothnan Estate, and managed by Natural England as part of The Lizard National Nature Reserve. There are two beach cafes and a car park, and it is surrounded more widely by numerous well used camping and holiday parks. This complicated use and management meant there was no clear successor to take over responsibility for the waste removal.

Instead, representatives from the Parish Council, Natural England, local businesses and Ruan Minor's local waste champion - Sue Cadman - gathered together to consider the options. Many ideas were floated, and in the end the beach has remained the pristine resource we know and love thanks to the combined budgets of Natural England and Tregothnan Estate and the unstinting efforts of Sue. The unexpected and radical solution was to take away the bins - there are now no waste bins at Kennack and haven't been since June 1st. A combination of 'please take your litter home with you' information boards and Sue's daily picks have kept the waste under control. Thank you to all those who have taken away from the beach all that they brought with them, and what a joy it is to have the beachfront view unsullied by smelly bins.

But we recognise that our current solution to the high volumes of visitors and concurrent waste is not viable long term. Having made it through the peak season there's now a call for a longer term vision and plan for the future. To get this off the ground we are looking to expand the role of 'Friends of Kennack', which was set up in 2015 to deal primarily with the huge amount of rubbish washed in with winter seas. The group is seeking enthusiastic volunteers to share both ideas and practical tasks.

We have ambitious plans for Kennack which may include:

- rock pool and dune related environmental education programme for children in the summer months
- engaging information boards to connect visitors with the local natural wonders
- a bespoke driftwood recycling centre
- permanent BBQ structures to reduce disposable BBQ use
- improving beach access

So, if you love Kennack Sands and are able to offer your time and ideas to the Friends of Kennack group we'd love to hear from you. Please contact Sue Cadman 01326 291129 or patriciascadman@aol.com to find out more.

cont...

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Calling All Friends of Kennack Sands cont.....

Firstly, I would like to say a big 'thank you' to Steve and Joey for their kind words in the newspaper article which has been reproduced on the preceding page. As most folk know, I was tasked with cleaning the beach at Kennack and the surrounding dunes through the summer. It has been challenging at times and has felt like a long summer!, but I cannot think of anywhere I would rather be than Kennack at dawn, watching the sun rise over the sea. By far the worst problem has been campers, in particular teenage lads who thought it fun to break their bottles, both in the dunes and on the beach and who did not seem to have any sense of responsibility and gave no thought to the dangers of broken glass.

Having talked to several folk, I know that these campers are not locals (who are very good about taking care with bottles and cleaning up) I have been very impressed by the local children who 'encouraged' people to take their litter home - I think this was often in the form of 'Oi! you can't leave your rubbish here!' It is lovely that the children are taking pride in keeping the beach litter free and I should like to say a big 'THANK YOU' to all of them. Keep it up guys!

Another big 'Thank you' has to go to Tom who had to deal with rubbish left in the car park, including a ton of un-bagged nappies.

By and large, we have managed to cope and the combination of signage and clearing all the beaches and dunes daily has prevented any build up of rubbish. I have done my cleaning early (very!) morning, as it seemed better to start the day with clean beaches and dunes and to pick up any broken glass before someone got injured.

Although it has worked out well this year, as the preceding article says, we are looking for committed individuals to join us and share ideas for the way forward - a long-term plan. The first 'public' beach clean will be on Sunday November 6th at 10 am and thereafter on the first Sunday of the month. On the 6th November we are also having a meeting of what we hope will be an expanded Friends of Kennack. This will give folk the chance to meet our core group, which includes Steve from Natural England and members of the GRPC, and to share ideas with us. We have all been working hard through the summer and have many ideas that we would like to share with you, so please join us and lets move forward together.

Sue Cadman

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The key thing to note is that London Paddington will be closed to all rail services from Saturday 24 December to Thursday 29 December.

This will mean GWR rail services will be starting and finishing at Ealing Broadway, where customers can make a connection to the underground, or scheduled bus services for travel into London.

Ealing Broadway does not have step-free access. It is therefore recommended that customers from the West of England who are travelling with heavy luggage, children, or who find steps difficult, should change at Reading and use services from there to London Waterloo. This will inevitably mean a longer journey



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Grade Ruan's Area of Outstanding Natural Beauty

AONB have published the new Management Plan for 2016 to 2021. Although the idea of another Plan may not get you leaping to download and read cover to cover, Grade Ruan Parish Council will be looking through the 3 sections carefully, as we have been asked to. Grade-Ruan lies deep inside the Lizard Peninsula AONB section, and this is a key document for monthly work and is described as a 'toolbox' to be used by a great many audience. For one thing, the Plan carries great weight within the planning system - the AONB has the same status and protection as a National Park.

I would recommend at least reading the short Forwards by Cllr Joyce Duffin and AONB Chairman Dr Kirby-Harris – from which I paraphrase :

'We are lucky to be surrounded by beautiful coast and countryside and heritage assets, but Cornwall is losing biodiversity at a greater rate than the national average. We rely on the environment to provide us with economic gain, but don't always protect the environment while we do this. Achieving protection and enhancement poses a number of challenges. The AONB is a living working place. We can't expect to wrap it up in cotton wool and not to change; people need jobs, skills, education, health. The Plan seeks to raise awareness of the AONB and for it to work harder for the benefit of the community, economically and through health and wellbeing benefits, and in turn enhance and preserve the landscape. (The efforts by 'Friends of Kenack' are a good local example).

There is huge economic value in the 'natural capital' around us to invest in.'

Check out cornwallaonb.org.uk or if you would like your own copy let me know.

Jeb Preston

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cont



In the Post Bag

On Saturday 27th August, via public transport, I arrived at the charming and unspoilt village of Coverack. From there I walked the beautiful and exhilarating coastal footpath to Kennack Sands, and then trudged all the way up to Kuggar village. I was absolutely exhausted. At the bus stop, I waited for, I believe, the last bus, which eventually appeared but did not come to the bus stop and drove off without me.

Now stranded at Kuggar with little energy left, the only thing to do was hitch-hike. Within a few minutes, at approximately 1735, a kind lady who said she was only going to the next village, gave me a lift. She seemed really concerned at my predicament and asked if I had money for a taxi and a mobile to contact someone for a lift in need be. I affirmed that I had. The lady just kept driving (I thought the next village must have been miles back) and took me all the way to Mullion Holiday Camp bus stop. I thanked her very much. She still seemed very concerned and was hesitant to go. I assured her I would be alright now thank you and said good bye, then the lady drove off.

Within a short while a bus came along, which I caught to Redruth and then another and eventually arrived home in time to have a wash and change and go to my local pub, to have drinks and chat with some friends. That concluded by pleasant and enjoyable birthday day out.

Thank you very much kind lady, I am very grateful your help and concern.

That made my day.

Anthony Young

Carnhell Green

[Thanks for your kind donation to the Gazette. Ed]

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November Quiz

1. Who composed the "Dam Busters March"?
2. In which sport might you do a Triffus?
3. What material is used to make a Sumo Wrestling Ring?
4. Which fish spends much of its time out of water?
5. In which year did Robbie Williams leave Take That?
6. Whose eight minutes on screen were enough for an Oscar in 1998?



Answers to the October Quiz

1. Which Charles created the comic strip Peanuts? *Schultz*
2. In which U.S. State is the Painted Desert? *Arizona*
3. How many times did Jackie Stewart win the F.1 World Championship? *Three*
4. What did Tim Berners-Lee invent in 1989? *World Wide Web*
5. Which sea creature spends its life standing on its head? *Barnacle*
6. Chatsworth is the stately home of which ducal family? *Devonshire*



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Minutes of the Monthly Meeting of the Grade Ruan Parish Council held in the Committee room of the Ruan Minor Village Hall on Monday 12 September 2016 from 7.30pm

Present: Parish Councillors: J Preston (Chair), N Green (Vice Chair), P Collins, M Fleetwood, P Freeman, J Lee, G Pollard, J Trewin; Cornwall Councillor C Rule and Clerk J Castle

6 members of the public.

1. Absences and apologies:

There were apologies from Councillors Clifton, S Collins, Jones and Stephens. These apologies were accepted.

2. Declarations of interest: None

3. Mrs Dunmall spoke with regard to planning application PA16/06927. She considered that the objections raised by the Parish Council had no relevance to this application and asked the Parish Council to discuss and reconsider its response.

Mrs Elliott confirmed that she was present to answer any questions with regard to planning application PA16/06877.

4. Police report:

The Clerk read out the crime figures for June 2016: 2 cases of anti-social behaviour.

5. Cornwall Councillor's time:

Cornwall Councillor Rule reported as follows:

- The Police had attended the recent Community Network meeting. In view of budget restraints, they were looking at ways to get more involved in the community. It was noted that with limited cover for the Helston- Falmouth area, the Police have to prioritise danger to life situations over all other reported incidents and this may lead to slow or no response.
- The Telephone Box in Ruan Minor is listed by BT for possible removal
- A Government Review of Cornwall Council had taken place, giving ideas for Cornwall Council to discuss. A new Leadership Board for Cornwall had been suggested, it was noted that there was no compelling argument for a mayor and it was suggested that the relationship between Cornwall Council and the Town and Parish Councils be strengthened.
- The Community Network meeting on 7 September had been attended by Councillor Lee. Applications for the amount of £35,000 available for local development funding was discussed. 3 projects were supported to go forward to a meeting of Cornwall Council on 14 September - £10,000 for improvements in Helston; £3,000 for a Community Library in St Keverne Anglican Church and £9,000 to improve the toilet facilities at Helford and make available for use by the Helford River Children's Sailing Trust. A request from Breage regarding toilet devolution costs was deferred, pending carrying out

cont.

further research and in particular obtaining advice from other parishes. There is still money available for further applications.

- The Community Pot is still available for small requests.
- With regard to the library devolution programme, it was noted that it is likely that in Helston the library and the One Stop shop will be combined.
- Cornwall Councillor Rule asked whether the Councillors had received any complaints with regard to the Namparra festival. The Parish Councillors responded that they were not aware of any.

6. Minutes for acceptance:

Having been previously circulated and subject to one minor amendment, it was proposed by Councillor Freeman and seconded by Councillor Green that the minutes of the monthly Parish Council meeting held on 11 July 2016 be accepted. Carried 6 votes in favour and 2 abstentions.

7. Planning:

Planning Applications for consideration

- PA16/06488 - Non-material amendment to application PA14/03166 to use painted rough rendered external blockwork on walls without granite quoins on corners and granite facing of porch -Land At Ruminella View Cadgwith TR12 7JZ. Although supported by the Parish Council, this had not been considered to be a non-material amendment by the Planning Officer and a new planning application would be required to take this any further.
- PA16/06927 - Discharge of planning obligation in respect of decision notice 2/10/86/00003/F- Bodrigy Lodge Cadgwith TR12 7JU. Although the Parish Council had commented on this on 12 August, there was lengthy discussion regarding the impact of removing the s.106 restriction so that the house and the separate holiday let accommodation did not form a single planning unit. It was proposed and seconded that the Parish Council should consult with the Planning Officer with a view to removing the tie between the residential property and the commercial business whilst restricting additional development in a highly visually prominent location. Carried 7 votes in favour and 1 abstention. Cornwall Councillor Rule agreed to speak to the Planning Officer. **Action: Cornwall Councillor Rule**
- PA16/06877 - Two infill dwellings, Land Adj Trepool Treleague Crossroads Ruan Minor TR12 7JR. It was noted that whether the development is judged to be infill or not affects which housing policy the proposal is assessed by. Infill normally refers to filling in a gap in the frontage but, in the layout of Ruan Minor village, this proposal could be considered as such as it sits within the built-up area. However, the Planning Officer (Adam Carlyon) considers this to be an exception site and has asked the Agent to withdraw and amend the proposal in conjunction with the Parish Council and the Affordable Housing team. The Agent is seeking a second opinion. It was noted that the applicant is not the owner of the land. The Parish Council does in general support affordable housing and opposes speculative building which this potentially
cont.

could be. It was proposed and seconded that in view of the Planning Officer's statement that he considers this to be an exception site, the Parish Council does not support this application as it is an inappropriate development on an exception site, Carried 7 votes in favour and 1 abstention.

Planning applications decided by the planning authority since the last meeting

- PA16/05081 – Malahat, single storey dwelling amended design [Refused]
- PA16/05643 – Goonvean Farm extension to farmhouse [Approved]
- PA16/05332 – land adjacent to Lyndale, detached garage/workshop/boat store [Approved]
- PA16/06519 - Conversion of attached single garage to en-suite bathroom and separate boiler room/store, 21 Mundys Field Ruan Minor TR12 7LF [Already commented on - supported] [Approved]
- PA16/05909 - Prior Notification for the erection of a new building to store fruit from the orchards and associated equipment, Ruan Major Farm (with more information provided)- not required to be consulted on. [Approved].

8. Finance

- Financial Report – the bank reconciliation was noted, together with the statement of Income & Expenditure for August 2016.
- Audited Accounts – it was noted that the Annual Return has been signed off by the external auditors. The only comments referred the order of signing the annual governance statement and the accounting statement and the date of commencement of the notice period. The approved return now requires publication. **Action: Chairman**
- Cadgwith Thespians - it was noted that an amount of £240 had been requested. This amount is required for practitioners to engage with the community, particularly the housebound, and collect reminiscences. It was proposed by Councillor Trewin and seconded by Councillor Lee that a sum of £240 be granted, with the proviso that a permanent record is produced from the work. Carried 8 votes in favour. **Action: Chairman**
- Poppy Appeal request – further to the request from Mrs Coates for a donation, it was proposed by Councillor Preston and seconded by Councillor Collins that a donation of £100 be made. Carried 8 votes in favour.
- Payment to Bob Sanders – it was noted that his invoice dated July has been paid already and his invoice for the 3rd cut plus some additional work has now been received. The fact that he only trims at verge level was noted.
- Payments Schedule - it was proposed by Councillor Collins and seconded by Councillor Trewin that the payment schedule for September amounting to £1585.05 plus £100 for the Poppy Appeal and ratification of the payment to Bob Sanders already made amounting to £1297.36 be approved. Carried 8 votes in favour.

cont.

9. Matters arising from the minutes:

- Play Area update - it was reported that the maintenance work had been carried out including some repairs to the zip wire. The Play Area committee is looking into purchasing a small rocker for younger children. It was noted that grant funding for the extension to the zip wire had already been received and therefore this project should be progressed. Concerns were expressed about the gated exit from the playground out onto the road and it was considered that more signage is required on the road. It would also help if the hedge was kept strimmed back and the provision of a public footpath sign would provide additional warning to motorists. The Chairman agreed to speak to Hamish Gordon and the Highways department for advice regarding the exits from the playground onto the road. **Action: Chairman**
- Staffing - it was noted that the Clerk had resigned with almost immediate effect due to a house move. The recruitment process for a new Clerk had been started. It was agreed that Councillor Pollard, as a member of the Staffing committee, would place adverts in the Packet; Helston edition of the West Briton; Parish council website; notice board and the Gazette. **Action: Councillor Pollard.**

The Parish Councillors asked that their thanks to the outgoing Clerk for her work and service be recorded.

10. Matters for consideration:

- Recreation Ground Pavilion funding – Councillor Green presented a paper to the meeting. Although the project is nearing completion and the £193,908 spent to date has been to budget, there was additional expenditure that had not been foreseen that has been incurred or will be incurred, leading to a funding shortfall. The Recreation committee were submitting a request to the Parish Council that additional funding of £25,000 be provided by the Parish Council and that the Parish Council raise this sum by way of a loan from the Public Works Loan Board. The loan would be for a period of 20 years and the Recreation committee would service the capital and interest payments which the Parish Council would incur from income generated by the new building. The total capital and interest charge would be £1,489.76 per annum. There would be no impact on the precept (and thus the charge to parishioners) as the additional costs would be entirely covered by payments from the Recreation committee. The provision of the loan funding to the Recreation committee would be subject to a legal agreement being put in place to secure the repayments to be made by the Recreation committee. The legal position of a loan from the Parish Council to a charitable body from an audit viewpoint is to be checked.

The Recreation committee also requested a further £5,000 grant immediately from Parish Council reserves. The existing earmarked commitment to provide a further £1,500 from reserves, if necessary, would be cancelled. This grant would be towards the additional costs.

It was proposed by Councillor Collins and seconded by Councillor Trewin that the proposed written resolution with regard to the application to the Public Work Loan Board, as amended for the inclusion of a requirement for a formal legal agreement (to be cleared by a solicitor) between the Recreation committee and the Parish Council, be approved. Carried 5 votes in favour and 3 abstentions (from members of the Recreation committee).

It was proposed by Councillor Trewin and seconded by Councillor Lee that the written resolution for a further grant of £5000 immediately be approved. Carried 5 votes in favour and 3 abstentions (from members of the Recreation committee).

It was agreed that Councillor Green would take any necessary action with regard to the application to the Public Work Loan Board. **Action: Councillor Green**

Councillor Fleetwood expressed his gratitude on behalf of the Recreation committee for the support being provided by the Parish Council.

- Kennack update – the Chairman reported that a small steering group has been set up to oversee the situation, with funding of £3,000 which is being used to pay the beach cleaning warden. It was noted that the cafes are handling their own refuse and the signage regarding taking litter home is in place. It is hoped that Friends of Kennack Sands could become a formal group for fundraising and act as the beach management committee. If not, Natural England will continue to expand on the present position and publicise the need to take litter away. It was noted that wild camping behind the beach area is causing the most litter. **Action: Clerk**
- Food vans on Mundy's Field – it was noted that Mrs Hardy is no longer operating her food van there but Mr Penney's Fish & Chip van on a Friday evening remains popular. The Village Hall committee is to be approached regarding the use of power for lighting, which Mr Penney would pay for. **Action: Councillor Lee.**

It was decided that an additional 6 months' use would be granted with a further review at that point. **Action: Chairman**

- Road Accident- it was confirmed that Cornwall Councillor Rule is getting the whole section surveyed following the recent accident close to Long Moor in Ruan Minor. It was noted that there is scope to widen the road. It was agreed that some strimming would help to improve visibility.
- Removal of BT phone box in Ruan Minor – the Parish Council has been notified of a proposal to remove the phone box. In view of the 11 calls made from there in the last 12 months, the need to make emergency calls and the poor mobile phone coverage in the area, it was agreed that the Parish Council would object to this proposal. If the objection is over-ruled, the Parish Council would consider adopting the box. The threat to the box should be reported in the next edition of the Gazette. **Action: Chairman**

11. Correspondence:

cont.

- It was noted that Kyra Tonks had contacted the Parish Council regarding:
 - Regular maintenance of Footpath 1 - noted
Trees for the churchyard hedge - which would be looked at by the Tree Wardens
 - Speed of traffic through Ruan Minor – Councillor Preston had forwarded the recent speed statistics report. A limit around the school could be considered as part of the virtual pavement scheme.
- It was noted that Sarah Thompson had written applying for the casual vacancy. This vacancy has already been filled but she will be informed that her letter will be kept on file and that local elections for all the Grade Ruan Parish Councillors will take place in 2017

12. Footpaths, environment and treewardens:

- Committee meeting – it was noted that there is a need for a Footpaths committee meeting shortly, when a package can be put together of what extra cutting is required. It was noted that Braeside to Sea View still gets wet and needs drainage. This will require consultation with the landowner. A parishioner had queried who is responsible for maintaining the grass in front of the Todden. Councillor Preston reported that he has asked Bob Sanders to cover this and this needs to be scheduled in when he works on Footpath 6.
- Cadgwith Drainage – Councillor Fleetwood reported that the drainage problem in Cadgwith has now moved down onto the steps at Little Beach and that the general overall problem with regard to the collapse of the drainage system in Cadgwith remains.
- Potholes – Councillor Lee has reported a pothole in Cadgwith
- Railings at the cove end of Footpath 6 - will be put in this week after some additional work
- Highways: Verges – Councillor Preston has compiled a list of which verges Cornwall Council trimmed and will bring this to a later meeting.
- Highways: School area – no update over the summer. It was noted that some of the cones have disappeared.
- Mundy's Field car park – Mr Gascoigne had raised concerns regarding overnight parking and the activities of the occupants. This had been looked at and there was no evidence of anyone sleeping in the parked vehicle.
- Bridge at St Ruan– Councillor Trewin reported that one of the pillars had broken off. The Chairman agreed to look at this. **Action: Chairman**

13. In Committee: No items were discussed in committee

The meeting closed at 10.25 pm



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LIZARD VILLAGE POST OFFICE OPENING HOURS

**While the Store Post Office is
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Monday 9 am to 5 pm

Tuesday 9 am to 5 pm

Wednesday 9 am to 5 pm

Thursday 9 am to 5 pm

**Closed for lunch between 12
and 1pm**

Friday 9 am to 12 pm

Saturday 9 am to 12:30 pm

Sunday Closed

SURGERY HOURS

Ruan Minor Surgery - 290852

Monday 9am - 12 noon
Appointments 9.10am - 11.10am

Tuesday 2pm - 5.30pm
Appointments 3pm - 5pm

Wednesday CLOSED

Thursday 2pm - 5.30pm
Appointments 3pm - 5pm

Friday 9am - 12 noon
Appointments 9am - 11.10am

Mullion Health Centre - 240212

Mon 8.50-11.10am & 3.50-5.40pm

Tue 8.40-11.10am & 3.50-5.40pm

Wed 8.40-11.10am & 3.50-5.40pm

Thu 8.40-11.10am & 3.50-5.40pm

Fri 8.40-11.10am & 3.50-5.40pm

NUMBERS YOU MIGHT NEED

ST RUAN CHURCH & ST WYNWALLOW

Churchwarden: Sheila Stephens 290583
Treasurer: Derek Elliott 290432

ST MICHAEL'S, MULLION &
St Mary's, Helston. Fr. Gilbert 572378

METHODIST MINISTER
Rev Steve Swann 240200

SURGERY
Mullion 240212
Ruan Minor 290852
Out of Hours 0870 242 1242
NHS Direct 111

POLICE
Helston Police Station 08452 777444
Emergency calls 999
Non urgent calls 101
Crimestoppers 0800 555111
MOBILE LIBRARY 0300 1234111

GRADE-RUAN UNDER FIVES
Emma Trewin 290083

GRADE-RUAN C OF E SCHOOL
Secretary: Louise Walder 290613

MULLION SCHOOL 240098

GRADE RUAN PARISH COUNCIL
Chairman: Jeb Preston 07964215277

CORNWALL COUNCILLOR
Carolyn Rule 240144

VILLAGE HALL BOOKINGS
Tasha Allen 291232 or 07792292665.

RUAN MINOR STORES & POST OFFICE
Claire Bollard 290138

RECREATION GROUND COMMITTEE
Chairman: Mike Fleetwood 290365

CADGWITH GIG CLUB
Secretary: Mike Hardy 290282

NATIONAL TRUST
Rachel Holder 291174

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The Cadgwith Cove Inn

as featured on BBC's "The Fisherman's Apprentice"

Garry and Helen would like to update you on

What's New for November

A Charity Night at the Races !

Saturday 12th November at 7.30 pm

£10 a Ticket, Price Includes:

Fish & Chips Bar Meal

Bottle of Prosecco for the Winning Horse Owner

Raising money for the lizard lifeboat

Casino Night!

Saturday 26th November at 8 pm

£10 a ticket includes:

Glass of bubbly on arrival

Casino Chips

Bottle of Prosecco for "Best Dressed Guest"

Cash Prize for 1st, 2nd & 3rd Place

Tickets for both events are on Sale Now !

Let's make The Cadgwith Cove Inn the social hub of our community

We look forward to seeing you all very soon

Cadgwith, Helston, Cornwall. TR12 7JX

Telephone - 01326 290513 *Website* - www.cadgwithcoveinn.com

Email - garryandhelen@cadgwithcoveinn.co.uk



Remember, Remember the 9th of November!!

You may have noticed quite a few layout changes in the shop in recent weeks, as we start to prepare for our refit and the introduction of a new café area. We really think you will love the changes but as they say, no pain, no gain, and there will be some inconveniences to come.

We'll try to keep them to a minimum for you and keep things running as smoothly as possible.

Unfortunately, due to their own procedures, the Post Office will have to close for a short period, however, the shop will function as normal, albeit on a reduced scale, from the garage/store room at the back of the shop and the side bay window area. The planned dates are as follows at the moment, but we'll notify you of any changes as they arise;

- **Shop and Post Office to close 5pm Wednesday 9 November**
 - **Shop to operate from garage/store for normal hours Thursday 10 November to Wednesday 23 November**
 - **Shop to close 5pm Thursday 24 November**
 - **Newly refurbished shop and Post Office to open as normal Friday 25 November**
 - **New café area to open 2 to 3 days later**

We'll try to make sure the stocks of all perishable items are kept at current levels, but would ask that you try to stock up on tins and store cupboard items as these lines may reduce for the closure period.

For those of you drawing pensions, if you are able to withdraw a little extra in the next week or so to cover you for the two closure weeks, then I would urge you to do so. If that's not possible and you have no access to transport, then please let me know. I plan to run a shuttle service to the Lizard Post Office on Tuesday and Wednesday mornings during the Post Office closure period. (See page 61 for Lizard Post Office Opening Hours)

As I say, we're sure you'll love the new look shop, but please let me know if you have any issues or concerns and we'll do our very best to help.

Opening Times

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8am to 7pm

Saturday

8am to 7pm

Sunday

9am to 1pm

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